



Twenty One ————— Days
Of Prayer & Fasting



day two:

letting go

“We make our own plans, but the Lord decides where we will go.” Proverbs 16:9

Letting go can often feel like one of the most daunting things God asks of us. We carry many burdens, some self-inflicted, others completely beyond our control, and over time, we begin to assume responsibility for things that were never meant to rest on our shoulders. Despite how heavy they feel, these burdens were never ours to carry alone.

Whether it's family, friendships, the future, or circumstances we cannot change, choosing to hold onto these weights in our own strength places us outside of God's will. To remain in Him, we must be willing to release what we are gripping the tightest. This act of surrender is one of the most difficult parts of dying to our flesh, yet it reveals the depth of our trust in God. If we cannot release what was never ours to hold, how can we truly say we trust Him fully?

As we walk through these 21 Days of Prayer and Fasting, when challenges arise and life feels overwhelming, let us choose surrender over control. When we let go and place our burdens at the feet of Jesus, we make room to experience the freedom that only He can give.