

HOMECALL NOTES



STUCK NO MORE: TIME TO RUN!

PASTOR LOUIS HOLTZHAUSEN | 19 NOVEMBER 2025

ANNOUNCEMENTS - POTCHEFSTROOM

Sunday Service

- 08:30 & 17:00, Dagbreek Estate
- Come expectant and with a friend!

Christmas Production

- A Collision with Grace, 23 November 17:00
- Invite your world!

CRC Kids

- No Kids Care on the 23rd of November.
- Kids Church closes 7 December 2025.
- Kids Church opens: 11 January 2026.

ANNOUNCEMENTS - KLERKSDORP

Sunday Service

- 10:00 and 17:00, Portuguese Hall, Wilkoppies
- Come expectant and with a friend!

CRC Cares Christmas Drive

- Bring a wrapped gift (around R150) for a child aged 4-18. Write the age and boy/girl on the gift.
- Or donate R150 cash per gift, and we'll handle the shopping and wrapping.
- Drop is until the 23rd of November.
- The Outreach and Christmas party where we will be handing out the gifts to the needy will be on Saturday, 29 November.

Christmas Production

- A Collision with Grace, 23 November 17:00
- Invite your world!



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WELCOME & CONNECT – ICE BREAKER

Welcome all members who are joining the Homecell.

PRAISE & WORSHIP

Sing at least 1 dynamic praise song and 2 intimate worship songs. As leaders, we set the pace for Praise & Worship, led by example and with confidence!

ENGAGE – THE WORD

Read: John 5:1-9

Let us discuss this passage:

At the Pool of Bethesda, Jesus met a man who had been paralyzed for 38 years, not out of laziness or lack of desire for healing, but simply because life had dealt him relentless blows that left him stuck, waiting by the water with no one to help him in. In that moment, Jesus saw not a failure, but a man worn down by circumstance, and chose to step in with the question that changed everything: “Do you want to get well?”.

How does this apply to us today?

Today, many of us feel exactly the same as the man at the pool of Bethesda:

- Stuck emotionally
- Stuck spiritually
- Stuck financially
- Stuck in destructive habits
- Stuck in discouragement
- Stuck in endless cycles of waiting for rescue

Three reasons people get stuck, let us talk about these points:

1. Trauma: Life “hit them hard.”

- I want you to think: What paralyzed you? Froze your movement and stole your confidence?
- You can be alive but not living, present but paralyzed.

Read Proverbs 18:14

A man can endure physical sickness but a broken heart can keep one down, until Jesus heals both body and spirit with one word.

MULTIPLY

Multiplication



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- What is the Good News or the truth?
 - o God is NOT the author of your destruction.
 - o Jesus still walks into your Bethesda and can heal you TODAY!
- Three Practical Keys When Trauma Hits
 - o Word is life.
 - o Surround yourself with people of faith.
 - o Ask for help – friends, pastors, counsellors; swallow pride.

Give members the opportunity to share on when trauma hit them and they saw God's healing? Did they also apply God's word, surrounded themselves with people of faith and ask for help!

2. Passiveness / waiting on others: "Someone else must help me."

- Ask the members to share:
 - o What are you still waiting for someone or something else to do before you'll move?
 - o Who's been waiting for the "perfect moment" or a big sign instead of acting today?
 - o If Jesus said, "The keys are already in your hand," what have you actually been holding onto this whole time?
- Let us discuss truth:
 - o Waiting on people or perfect conditions only delays what God wants to do in your life right now.
 - o God is a NOW God, with Jesus you can stand up, change your mind, and step into a better, prosperous life today.

3. Wrong or limited beliefs: "This is my only way out."

- Ask the members to share:
 - o What's your "Pool of Bethesda" the one way you're convinced God has to use to fix you?
 - o Which lie keeps you stuck the most: "It's been too long," "I've missed my chance," or "God's goodness isn't for me"?
 - o Deep down, what wrong belief about yourself or God is still holding you down?

Three reasons to stand up again:

1. Jesus comes to where you are.

- Ask the members to share:
 - o Where is your "stuck place" that you thought Jesus would never walk into?



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- When you look around right now, do you actually believe Jesus is standing here for YOU?
- What would change tonight if you really believed you're not forgotten and God sees your value?
- **Let us discuss this:**
 - Jesus comes to stuck places
 - Jesus comes to painful places, long-term messes, and hidden suffering
 - You are NOT alone.
- **2. His word carries power your situation doesn't have.**
- **Let us discuss this:**
 - How God's word comes
 - Through the Bible you read and believe.
 - Through preaching of the word.
 - Through prophecy.
- **Ask the members to share:**
 - How their personal Bible study, hearing the word being preached and even a word of prophecy has changed circumstances they found themselves in.
- **Practical application**
 - Give members a chance to write down scriptures they would like to speak over areas of their lives.

3. You have a part to play, obedience activates breakthrough.

- **Let us have a quick chat about the following:**
 - The miracle didn't happen until the man obeyed: "Immediately the man was made well, took up his bed, and walked" (John 5:9)
 - Your breakthrough is waiting on the other side of your obedience.
 - God won't do your part, but He WILL empower you when you move.
- **Let us make it a one on one discussion, let each member get a friend and answer the following questions: (please note it is okay if some members do not want to share, facilitate this how you see fit)**
 - Where have you not moved in obedience and you know you have to?
 - What are you going to do different starting today to ensure you move in obedience?

Okay, let us conclude:

- **Rise from everything that's kept you down:** Trauma, passiveness, limiting beliefs.



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- **Rise into everything He has for you:** Rise into healing, rise into purpose, rise into freedom, rise into your next.
- **Your move decides your miracle:** The man was healed the moment he obeyed.?

Altar call

WORKS & APPLICATION

Encourage members to share personal testimonies of times when God came through against all odds when the situation seemed hopeless, the diagnosis was grim, but God stepped in and turned everything around.

Allow these moments to foster a supportive environment where the group can join hands and pray together for those facing challenges, drawing strength from Revelation 12:11 that says: And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death.

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