

Keep Calm and Walk On
Colossians 2:6-7

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Pastor Wes – September 14, 2025

Passage: “Therefore as you have received Christ Jesus the Lord, so walk in Him, having been firmly rooted and now being built up in Him and established in your faith, just as you were instructed, and overflowing with gratitude.”

Main Idea: Continue walking in the truth you have received.

Outline:

- I. The Foundation of Our Walk (v. 6)**
- II. The Fuel for Our Walk (v. 7)**
 - a. God has Rooted You in Christ
 - b. God is Building You Up in Christ
 - c. God is Establishing You in the Faith
- III. The Fixture of Our Walk (v. 7)**

Extending the Impact:

1. Paul commands the Colossians, and by wider implication, all Christians everywhere, to remain resilient in the face of attack. What sort of attacks might Christians face today?

2. Describe how these 2 verses serve as Paul’s main response to these attacks?

3. Why is the word “therefore” (v.6) there for? Describe why Paul begins this section with this conjunctive adverb. How is the Colossian church behaving as they read this letter from Paul? How are they maturing since receiving salvation in Christ

4. What does it mean to walk with God? How is our “walking with God” contrasted with “walking in darkness.” (Psalm 1; Proverbs 2; Micah 6:8; Eph.4:1 Thess. 4:1; Col. 1:10).



5. What does the phrase “all talk and no walk” counter what Paul is emphasizing in this passage?
6. Discuss other examples and references in the Bible that discuss walking with God? What more can be learned about “walking with God” in obedient living? (Genesis 5:22-24; 6:9; Joshua 22:5; Jeremiah 7:23)
7. What is the meaning of the phrase “the Christian life is direction, not perfection.” What sanctifying direction are you heading? How does 1 John 1:9 apply to a believer who is “walking with God?”
8. As believers, how did we receive Jesus? If you have Jesus Christ as Lord and Savior, how do we need to continually walk in Him? (Acts 2:26)
9. What are the three metaphors described in (v.7) and why does Paul mention them here in this section of Colossians? (1 Peter 1:24; Psalm 1:1-6)
10. Looking at the three metaphors, describe the balance between God’s work in us and our work for Him. How much of your personal effort should be invested as God builds you up and establishes you in the faith? (Phil. 2; Eph 4:14)
11. Why does Paul conclude with an exhortation to be thankful? What keeps one from overflowing with gratitude and how does a thankless attitude block one’s Christian growth?
12. Personal application: Does your walk match your talk? Does your life reflect the Jesus you claim? Would others observe and conclude that Jesus is Lord of your life by what they see in your daily conduct? What does “all hat with no cattle” play into Paul’s plea?

