

# Times of Refreshing

ACTS 3:19-21

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- *<sup>19</sup> Repent ye therefore, and be converted, that your sins may be blotted out, when the times of refreshing shall come from the presence of the Lord. <sup>20</sup> And he shall send Jesus Christ, which before was preached unto you: <sup>21</sup> Whom the heaven must receive until the times of restitution of all things, which God hath spoken by the mouth of all his holy prophets since the world began.*

- *Now refreshing means this in the Greek (anapsuxis) – recovery of breath; revival.*
- *It comes from a word meaning – to cool off or relieve*

- *Being refreshed physically and spiritually is to be able to fight, to reach out and to minister effectively*

- *Repentance isn't "I'm sorry".*
- *Repentance is that I show you I'm sorry by my actions; It's not trying to make atonement, but if I am truly sorry, I will change my very behavior*

- *“Anything that hinders personal fellowship with God stands in the way and jeopardizes the reception of the fruit of Christ’s atonement for our lives” – Stanley Horton*

- *Romans 14:17 – “for the kingdom of God is not eating and drinking, but righteousness and peace and joy in the Holy Spirit.” (NKJV)*
- *The kingdom of God is first righteousness; when we are righteous before Him that all the blessings come*

- *Proverbs 10:6 – “Blessings are upon the head of the [uncompromisingly] righteous (the upright, in right standing with God) but the mouth of the wicked conceals violence.” (AMP)*



# *Psalm 63:1-5*

- *O God, You are my God; Early will I seek You; My soul thirsts for You; My flesh longs for You in a dry and thirsty land where there is no water. <sup>2</sup> So I have looked for You in the sanctuary, to see Your power and Your glory. <sup>3</sup> Because Your lovingkindness is better than life, my lips shall praise You. <sup>4</sup> Thus I will bless You while I live; I will lift up my hands in Your name. <sup>5</sup> My soul shall be satisfied as with marrow and fatness, and my mouth shall praise You with joyful lips.*

- *With the seeking should always come the expectations, “I looked to see Your power and glory”*
- *“When Jesus said, ‘It is finished’, the work necessary for the whole person – body, soul and spirit was complete” - Stanley Horton*

# *Ephesians 3:16-19*

- *<sup>16</sup> I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit. <sup>17</sup> Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God's love and keep you strong. <sup>18</sup> And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is. <sup>19</sup> May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God. (NLT)*

