

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

SCRIPTURE | Proverbs 4:10-27

SESSION SUMMARY

Proverbs is a book of godly wisdom, recorded mostly by King Solomon for his descendants. The passages in this session remind us to dig into God's Word, especially when we don't know what to think or do. As we study, we'll see that the only way to faithfully walk with Christ is to hold on to His Word. Here are the main points:

- · Avoid the wicked path (Prov. 4:10-19).
- · Guard your heart (Prov. 4:20-27).

CONVERSATION QUESTIONS

- Who does each family member tend to go to for advice? Who does our family as a whole turn to for advice about big decisions?
- · When is it easy for our family to get "off track" as we follow God? How can we get back "on track"?
- · What does it look like for our family to guard our hearts as we try to live like Jesus?

FAMILY CHALLENGE

Give each family member an index card and invite him or her to write out one thing he or she needs to guard his or her heart from. Place them all in the middle of the table and mix them up. (As a note, these can be anonymous or named.) Make sure no one gets his or her own card. Spend some time in silent prayer for the person on the card you get, praying for God to strengthen and help him or her to guard his or her heart.