



AUGUST 17, 2025

WONDER TRUTH:

God Is Worthy of Worship

GOD'S BIG STORY:

In Psalm 145, King David exalts God, the one true King of eternity and the only one who is worthy of being praised throughout all generations forever and ever.

WORD OF WONDER:

Worship the Lord with gladness. Come to him with songs of joy. —Psalm 100:2

- ❑ During the week, look over the lesson plan. Ensure you are familiar with the Bible story, the main theme of the lesson, and what we want the kids to take away this Sunday.

DID YOU KNOW?

WHO?

Psalm 145 is attributed to David, a shepherd from Bethlehem who was anointed the second king of Israel after God rejected King Saul. David wrote many psalms— about half of the psalms in the Bible. The Bible calls David a man after God's own heart (Acts 13:22).

WHAT?

Psalm 145 declares that God the King is worthy of unending praise. His worthiness is evident in His great goodness and wonderful deeds. He is gracious and compassionate. He is faithful and just. He always keeps His promises and does what is right.

WHERE?

Geography, or place, isn't mentioned in Psalm 145, but it was likely written in Jerusalem, the center of Israel's political and religious life during the reign of King David.

WHEN?

David was the second king of Israel and ruled during the time of the united monarchy, before the kingdom fractured in two. While an exact date is uncertain, many scholars place the psalm toward the end of David's life.

CONNECTING TO GOD'S BIG STORY

David honoured God as King and declared that God's kingdom will last forever. God later worked through David's family line to bring about this reality. Jesus, the Son of God, was born of David's line as the everlasting King whose kingdom will have no end.



LEADER GUIDE:

- ☐ Kid City Meeting (9:15/11:15)
- ☐ Classroom Team Meeting (9:30 AM / 11:30 AM)
 - If you are the lead teacher for that Sunday, please ensure that all tasks are assigned. You can find the job descriptions on your cart when you arrive.
 - If you are the helper for the Sunday, please choose one or two volunteer tasks to assist with. We are a team, and it is important that everyone shares the load to ensure things run smoothly.

REMINDERS: *When you're not engaged in one of your assigned roles for that morning, please assist in the following areas:*

- Sit with the kids and help them engage in the lesson.
- Pay attention to the room:
 - Is the teacher having trouble getting the kids' attention?
Help by sitting with a child who might be disrupting the group.
 - Is the teacher giving out prizes?
Assist by taking the kids aside and helping them choose their prize.
 - Are there any children struggling to sit and participate in the lesson?
Help by guiding them to the calm corner and offering support. Ensure the child feels seen and heard, and check if there is an unmet need.
 - Is a child misbehaving or being disrespectful?
Use a "Fair," "Firm," and "Friendly" voice to remind them of the expectations. If the behaviour escalates and intervention is needed, notify the parents or let the Ministry Lead know so everyone can decide the next course of action.

9:30 AM / 11:30 AM – ATTENDANCE

- One volunteer at the door. Be sure to look over the job description for this task. (Attached to the cart)

9:30 AM / 11:30 AM – WELCOME AND RULES

- One volunteer to do the welcome and rules. Look over the job description for this task. (Attached to the cart)
- Consider putting this question on the whiteboard when the kids walk in.





9:35 AM / 11:35 AM – BIBLE STORY INTRO & VIDEO

Welcome each kid by name. Call on several kids to share their answers to the Welcome Question:

What is your favorite song? If songs from several different song categories have been shared, be sure to ask one final, more specific question: **What's your favorite worship song?**

There are so many ways to make music, including writing songs. Today we're going to hear a psalm, or song poem, that was written by King David. Later we'll hear what, or rather who, inspired David to write this particular praise psalm.

Pose the following questions. Give kids a chance to think about and answer each one. After each question, consider having kids share their ideas with a neighbour before you call on one or two of them to share with the group.

I'm curious ...

- What makes up a good worship song?
- Why do you think people write worship songs?

Did you know that worship is also a response? God is worth celebrating, and we worship Him when we give Him the honour and glory He deserves. Today's Wonder Truth is **GOD IS WORTHY OF WORSHIP.**

Before we watch our video for today, I want to introduce you to something new that we did at the beginning of the month and that we will be reciting each week. It's called a declaration. A Declaration is something we proudly saying to the Lord. We are Declaring God's promises aloud for all to hear.

Thank You, God, that You are good! (Kids repeat.)

You made me on purpose, for a purpose. (Kids repeat.)

And I am Your kid! (Kids repeat.)

You know me, love me, and lead me. (Kids repeat.)

Thank You for letting me worship You; (Kids repeat.)

I want to worship You with my whole self! (Kids repeat.)

My life can tell of Your wonder! (Kids repeat.)

Explain to kids that one way King David worshiped God was by writing beautiful song poems called psalms. Invite kids to find the book of Psalms by turning to the middle of their Bibles. From there, guide kids to find the 145th psalm.

Let's start by reading part of God's big story directly from the Bible. Afterward, we will watch and experience more of the story!

Display the Praise Psalm Title Slide. Explain to kids that one way King David worshiped God was by writing beautiful song poems called psalms. Invite kids to find the book of Psalms by turning to the middle of their Bibles. From there, guide kids to find the 145th psalm.



Let's start by reading part of God's big story directly from the Bible. Afterward, we will watch and experience more of the story!

PLAY LESSON VIDEO

- Praise Psalm Title Slide, [A Psalm of Praise God's Big Story Video](#)

9:45 AM / 11:45 AM – BIBLE STORY REVIEW

Today's "WONDER TRUTH" is **GOD IS WORTHY OF WORSHIP**. Where did you see an example of this in our Bible Story today? Allow kids to answer freely.

David honoured God as King and declared that God's kingdom will last forever. Later, God worked through David's family to make this happen! Jesus, the Son of God, was born of David's family line, and Jesus is the everlasting King whose kingdom will never end!

Spend a few moments allowing kids to think about the wonder of God's story, ask questions,

The praise psalm is written by an earthly king to the King whose kingdom will last forever and whose name should be praised by every living creature forever and ever (Psalm 145:1, 21).

Why do you think King David described God in this way? Give kids space to imagine how David felt about God when writing this Psalm.

If you wrote a psalm of praise right now, how would you describe God? Allow time for kids to wonder about who God is to them and how they feel about Him. Then invite several kids to share something they might include in their psalms.

9:50 AM / 11:50 AM – WORD OF WONDER

Write the Memory Verse on the White Board. The **WORD OF WONDER (Memory Verse)** for this month is Psalm 100:2. There are many ways we can choose to put God first and give Him the honour and glory He deserves. This verse encourages us to worship Him with gladness and come to Him with songs of joy. Let's read the Word of Wonder together. Read the verse together from the white board

Today in God's big story, David worshiped God with gladness and sang songs to Him, just like the memory verse talks about First read the verse together in normal voices; then try shouting the words together. (Or, if some kids in your group are sensitive to loud noise, invite everyone to whisper the verse together instead.)

For an optional discussion, gather kids to talk about these questions:

- What are some different ways that people worship God? What is your favourite way to worship God? Why?
- Of all the different ways to worship God, why do you think the writer of Psalm 100:2 encourages people to come to God with songs of joy?



9:55 AM / 11:55 AM – SMALL GROUP TIME

DISCOVER GOD'S WORD

Leader Tip: Younger kids might not be able to look it up themselves, consider you looking it up and reading it.

Help the Kids Find the Verse & Read it together: **Psalm 145:1-2**

- **In his praise psalm, what are some ways that King David says we can worship God?** (Refer to Psalm 145:4–7. Possible answers include: telling others about the powerful things God does, thinking about the wonderful things He does, celebrating God's goodness, singing for joy, etc.)
- **What are some reasons that David gives for why God is worthy of our worship?** (Refer to Psalm 145:3–20. Possible answers include: because of the wonderful and powerful things God does, His acts are holy, He is good, He is gracious and kind and tender, He is slow to get angry and full of love, He keeps His promises, He takes good care of those who feel helpless, He meets the needs of every living creature, etc.)
- **Why do you think King David addressed God as “the King” at the beginning of his praise psalm?**
- **What do you think it means for God to be on the “throne” in your life? Is there an area in your life where you put God first (where He is on the throne)? Is there an area where you haven't been putting Him first? Explain.**
- **Who can you share Psalm 145 with? Who in your life needs to hear truth about God and what He's done?**

Psalm 145 invites us to give our all to the one who deserves our all. It invites us to put God first. When we make worship a part of our everyday lives, the world can't help but take notice. Let's pray right now and ask God to work powerfully through our worship to strengthen our relationship with Him and show the world just how worthy He is of being praised.

PRAYER TIME

Invite kids to take turns praying out loud and telling God how great and worthy of praise He is. Thank God for His greatest act of all—sending Jesus to save us from our sin, making a forever relationship with Him possible. Then invite kids to pray silently, asking God to show them some ways that worship can become a lifestyle as He prompts life change in themselves and others around them.

Example Prayer: God, thank You for this opportunity to come together today to praise You! We ask Your Holy Spirit to guide our thoughts and actions as we choose to put You first and give You the honor and glory You deserve. You are so worthy of our worship. In Jesus' name, Amen.

10:05 AM / 12:05 PM – ACTIVITY TIME

ACTIVITY ONE: FIVE Ws OF WORSHIP

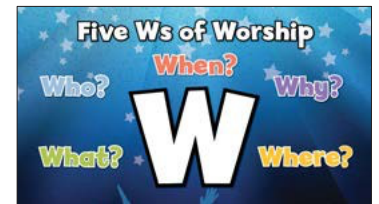
SUPPLIES: masking tape, Bible, sticky notes or tabs, highlighter, light-coloured crepe paper (2' per kid), dark-coloured washable markers. **Wonder Ink RESOURCES:** Five Ws of Worship Sheets, Five Ws of Worship Slide, [Worship with Wonder](#)

A head of time, use masking tape to create a giant letter “W” on the floor. Print the Five Ws of Worship Sheets and place one at each point of the “W” in this order: Who?, What?, When?, Where?, Why? (Their placement should mirror the image on the Five Ws of Worship Slide.) Tape the sheets to the ground. Tear off a 2' piece of light-colored crepe paper for each kid and set the pieces near the word “Why” (the last point of the “W”) along with dark-colored markers. Using sticky notes or tabs and a highlighter, bookmark a Bible with the verses you will be reading as clues for the five

Ws: Psalm 145:21 and 150:6 (*Who?*); Psalm 145:1–3 and Revelation 4:11 (*What?*); Psalm 145:2 and 34:1 (*When?*); John 4:20–24 (*Where?*); Psalm 145:3, 8–9; 1 Chronicles 16:25–29; and Revelation 4:11 (*Why?*).

In Psalm 145, David, the Israelite king, chooses to praise and celebrate the one true King of heaven and earth and the only one who is worthy of worship—God. King David understood the *who*, *what*, *when*, *where*, and *why* of worship and what it means to worship God with your whole self. We can understand the same. Let’s talk about the five Ws of worship!

Display the Five Ws of Worship Slide. Taking the marked Bible with you, invite kids to walk to each point of the letter “W” on the floor. Invite them to stop at each point, and prompt them to ask a question about worship that corresponds with the word on the floor. Then use the clues marked in your Bible along with the following bolded copy to help answer each question.



Alternatively, if your group and space are large, ahead of time make multiple “Ws” on the floor, each with its own set of question sheets taped at each point. Then assign several kids to walk along each taped “W” as you discuss the answers together. If your group and/or space are small, consider making one large “W” on the floor at the front of your space. As you talk about each “W” question word, invite 1–2 kids to the front to walk along the “W” and stop at that specific word.

Leader Tip: If space is limited, simply invite kids to stand up where they are and make the letter “W” with their arms each time they transition to another point (bent elbows by sides with forearms up and out).

At point #1, prompt kids to ask, “**Who can worship?**” (Read Psalm 145:21 and Psalm 150:6.)
Everyone! Worship is for all people who love and believe in God. He created us to worship Him.

At point #2, prompt kids to ask, “**What is worship?**” (Read Psalm 145:1–3 and Revelation 4:11.)
Worship is when we respond to God with all that we are as we give Him the honor and glory He deserves. When we worship God, we put Him first. He is most important, and nothing takes the place of Him.



At point #3, prompt kids to ask, “**When is a good time to worship?**” (Read Psalm 145:2 and Psalm 34:1.) **Anytime! We can worship God every day, all day, no matter the season, forever and ever.**

At point #4, prompt kids to ask, “**Where can I worship?**” (Read John 4:20–24.) **Anywhere! We don’t have to be in a church or a specific place to worship. Worship isn’t about where we are; it’s about loving and honoring God in our hearts!**

At point #5, prompt kids to ask, “**Why should I worship?**” (Read Psalm 145:3, 8–9; 1 Chronicles 16:25–29; and Revelation 4:11.) **Because God is worthy!**

Invite kids to make a praise streamer by writing their name on one side of a streamer, then flipping it over and writing the Wonder Truth on the other side: God Is Worthy of Worship. If time allows, play the song “Made to Praise” from the [Worship with Wonder Elementary Spotify playlist](#) and invite kids to worship God by singing, dancing, and waving their streamers to the music.

Leader Tip: For Younger Kids. Write the Wonder Truth on each streamer ahead of time.

ACTIVITY TWO: LOOPTY HOOP

SUPPLIES: Bean Bags (20), index cards (2 different colours, 10 of each colour), large plastic hoops (2),

In this game, kids take turns lassoing a ball with an attribute of God on it.

Ahead of time, create two sets of 10 index cards for each small group; On each card, write one of the following attributes of God: “compassionate,” “slow to anger,” “loving,” “good,” “powerful,” “kind,” “patient,” “promise keeper,” “helps the helpless,” “hears us.”; Then on the other 10 cards write one of the following attributes that is not of God: “Cruel”, “Untrustworthy”, “Impatient”, “unkind”, “selfish”, “Unjust”, “forgetful”, “Distant”, “Deceptive”, “Weak”. Then on two larger pieces of paper write “ATTRIBUTES OF GOD” and “ATTRIBUTES NOT OF GOD”. Tape one index card to each bean bag. Before you play the game, place the two large signs inside the the hoola hoops, and have the bean bags mixed together.

Gather kids together and help them form two equal teams. Invite teams to line up against a wall a good distance from the hoola hoops. **Let’s play a game called Loopty Hoop . In this game, you and your teammates will take turns reading the bean bag and deciding if it is an attribute of God, or something that is the opposite of who God is. When you have decided then toss the bean bag into the correct hoop.**

Cheer kids on as they take turns trying to toss the bean bags into the correct Hoop. Once all bean bags are tossed as a large group read the attributes of God aloud and explain how incredible our God is, and that He loves us so much.

In our game, we were reminded of different reasons God is worthy of our praise. God is worthy because of who He is and what He does. In [Psalm 145](#), we’re invited to put God first and praise His name!



10:15 AM / 12:15 PM – FREE TIME

- Look over the job description for this task. (Attached to the cart)

CLEANING CHECKLIST

- Kids' Supply Bins: Ensure all used bins and supplies are neatly put away.
- Tables & Chairs: Clean and reset the tables and chairs.
- Floors: Vacuum if necessary (vacuum located in Kid City tech booth).
- Green Carts: Return any extra supplies, attendance records, and nametags to Kid City in the green carts.