

ADULT EDUCATION & SPIRITUAL FORMATION

FALL 2025

SUNDAY SCHOOL

18 classes are available on Sunday mornings. Email phewitt@firstmethodist.org to learn more.

LUNCHTIME BIBLE STUDY

Thursdays 12:00pm - 1:00pm
FUMC Campus - AB 117
Attend in-person or via Zoom
*Email Virginia Guffey for the Zoom link: vguffey@firstmethodist.org

Join Rev. Brady Whitton to explore and discuss the scriptures that will guide the upcoming week's sermon.

MATTHEW FOR EVERYONE

Wednesdays 6:00pm - 7:30pm
FUMC Campus - Ory Parish Hall
Attend in-person or via Zoom

Knowing who Jesus is calls for study of and reflection on the four Gospels. Matthew invites us to learn and grow in the gospel message and the new way of life that results from it.



THE SHARED TABLE SUPPER CLUBS

This ministry fosters friendship, food & faith through small gatherings of 6-10 people over meals—breakfast, lunch, dinner, coffee & desserts, BBQs, and more. Groups meet in different locations throughout the month.

ADVANCED NEW TESTAMENT STUDY

Wednesdays 5:00pm - 6:30pm
Zoom only

Led by Gwen Redding, participants will look to the resource: Christian Doctrine by Shirley C. Guthrie, Jr., the scriptures and theological teaching videos to deepen their knowledge and experience of God.

DISCIPLE I

Wednesdays 6:00pm - 7:30pm
FUMC Campus - AB 106
Attend in-person or via Zoom

Disciple 1 Bible study gives the Old and New Testaments equal time, emphasizing the wholeness of the Bible as a revelation of God. Personal Bible reading and study of each participant, and dynamic group discussion is the rhythm of this offering.

DISCIPLE II

Sundays 5:00pm - 6:30pm
FUMC Campus - AB 106
Attend in-person or via Zoom

Disciple 2 Bible study offers a deep dive into Genesis/Exodus, Luke/Acts. Personal Bible reading and study of each participant, and dynamic group discussion is the rhythm of this offering.

FOR WOMEN

SOUL CIRCLE

Sundays 5:00pm - 6:30pm, or
Wednesdays 5:30pm - 7:00pm
Center for Spiritual Formation
Childcare available upon request

Each woman is invited to connect with God, herself, and others through contemplative spiritual practices and guided, deep-dive discussions. Each week's content is stand alone. Attend as your schedule allows!

BIBLE STUDY

Wednesdays 6:30pm - 7:45pm
FUMC Campus - AB 113
Attend in-person or via Zoom
Childcare available upon request

Participants study the Bible using various resources of trusted pastors, scholars and authors to experience more and more of God's love and grace.

FOR MEN

MEN'S COFFEE & BIBLE STUDY

Tuesdays 9:00am - 10:00am
FUMC Campus - AB 106

Led by Rev. Dr. Don Cottrill, Mike Steinkamp,, and John Hickey, participants look to the scriptures to grow their lives with God and with one another.

RENOVARE BOOK CLUB

October 2025 thru April 2026
2nd Friday of each month, 12:00pm - 1:00pm
FUMC Campus - McKenzie Library

The Renovaré Book Club combines curated books, a guided path, and reading friends into a journey of renewal

TRANSFORMATION THROUGH THE ENNEAGRAM RETREAT

Guest presenter: Hunter Mobley
October 3, 6pm - 8pm & October 4, 9am-4pm
FUMC Conference Center

The Enneagram helps us discern both our brokenness and our path toward healing. By understanding our Enneagram type (one of nine numbers, 1-9), we begin a lifelong journey of spiritual work to move beyond episodic meaning and inherited patterns of behavior to wholeness and transformation.

REGISTER:
WWW.FUMCBR.ORG/ENNEAGRAM25

WHY? MAKING SENSE OF GOD'S WILL

Why? Making Sense of God's Will
Sundays 5:00pm - 6:30pm
FUMC Campus - McKenzie Library

"Why?" is one of the most asked questions of the Christian life. Bestselling author and pastor Adam Hamilton explores how a loving, all-powerful God can allow suffering. Rejecting easy answers, he offers thoughtful insights into God's will and the presence of pain in our world.

GROWING WITH

Growing With' by Kara Powell
Sundays 5:00pm - 6:30pm
FUMC Campus AB 113

For any parent who longs for their kids to keep their roots even as they spread their wings, Growing With offers practical help and hope for the days--and years--ahead. If you are a parent of a recent high school graduate and/or high school senior, join us to gain useful tools that will guide you through the relationship changes that come with transitions in this season of life.