ADULT EDUCATION & SPIRITUAL FORMATION 2025 FALL OFFERINGS



Scan the QR code to register!

Register today to attend one or more of our upcoming classes/groups.

Questions? Contact Pattye Hewitt at phewitt@firstmethodist.org or 225-383-4777 x255



HEW

'The Shared Table'

<u>Kick-off Dinner - Sunday September 7</u> 5:00pm - 6:30pm ~ FUMC Conference Center

This ministry fosters friendship, food & faith through small gatherings of 6-10 people over meals—breakfast, lunch, dinner, coffee & desserts, BBQs, and more. Reflection resources will be provided.

Coordinated by Inviting & Welcoming Ministries and led by Chelsey Geeting, groups will form at the Kick-off Dinner to plan their own schedules and locations. *If you can't attend, you'll be placed in a group after registering.

**Use the QR code on top of page.

'Transformation through the Enneagram'

October 3, 6pm - 8pm & October 4, 9am-4pm
FUMC Conference Center

The Enneagram helps us discern both our brokenness and our path toward healing. By understanding our Enneagram type (one of nine numbers, 1-9), we begin a lifelong journey of spiritual work to move beyond episodic meaning and inherited patterns of behavior to wholeness and transformation.

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NEW

'Sacred Stories ~ Guest Voices'

A Different Sunday School Experience

Begins Sunday August 10 and continuing through May 2026 9:45am - 10:45am ~ AB Room 118

This school year, we'll explore a wide variety of faith topics with a lineup of guest speakers and teachers every 4-6 weeks. Each session will bring something freshnew voices, new insights, and meaningful conversations.

We'll begin our journey August 10-31 with: "Behind the Music: Hymns and Praise Songs that Shape God's People" led by Tré & Tracie Wharton and Kyle Johnston & Heather Peloquin. You will be led through an inspiring study on the stories behind the hymns and praise songs we sing in worship. You'll not only learn the history and meaning of each—you'll also get to experience them in real time, beautifully played on acoustic guitar by Tré and Kyle.

Come when you can, bring a friend, and enjoy a rich time of learning and growing. Registration is appreciated but not required. Use the QR code on top of page.

BIBLE STUDIES

Lunchtime Bible Study - Ongoing

Thursdays 12:00pm - 1:00pm
FUMC Campus - AB 117
Attend in-person or via Zoom
*Email Virginia Guffey for the Zoom link:
vguffey@firstmethodist.org

Join Rev. Brady Whitton to explore and discuss the scriptures that will guide the upcoming week's sermon.

** Registration is appreciated but not required. Use QR code on top of front page.

Men's Coffee & Bible Study - Ongoing

<u>Tuesdays 9:00am - 10:00am</u> FUMC Campus - AB 106 Attend in-person only

Led by Rev. Dr. Don Cottrill, Mike Steinkamp,, and John Hickey, participants look to the scriptures to grow their lives with God and with one another.

** Registration is appreciated but not required. Use QR code on top of front page.

Women's Bible Study - Begins September 3

<u>Wednesdays 6:30pm - 7:45pm</u> FUMC Campus - AB 113 Attend in-person or via Zoom Childcare available upon request

Led by Colette Blanchard, participants study the Bible using various resources of trusted pastors, scholars and authors to experience more and more of God's love and grace.

** Registration is appreciated but not required. Use QR code on top of front page.

Advanced New Testament Bible Study Meets weekly via Zoom September thru May

<u>Wednesdays 5:00pm - 6:30pm</u> Begins September 3

Led by Gwen Redding, participants will look to the resource: *Christian Doctrine* by Shirley C. Guthrie, Jr., the scriptures and theological teaching videos to deepen their knowledge and experience of God.

**Use QR code on top of front page to register





Twenty-three weeks beginning September 3

<u>Wednesdays 6:00pm - 7:30pm</u> FUMC Campus - Ory Parish Hall Attend in-person or via Zoom

Knowing who Jesus is calls for study of and reflection on the four Gospels. Matthew invites us to learn and grow in the gospel message and the new way of life that results from it.

Led by Rev. Brady Whitton and Pattye Hewitt. Participant books are \$35.00.

**Use QR code on top of front page to register.



DISCIPLE 1 FAST TRACK

Twenty-five weeks beginning September 3

<u>Wednesdays 6:00pm - 7:30pm</u> FUMC Campus - AB 106 Attend in-person or via Zoom

Disciple 1 Bible study gives the Old and New Testaments equal time, emphasizing the wholeness of the Bible as a revelation of God. Personal Bible reading and study of each participant, and dynamic group discussion is the rhythm of this offering.

Co-led by Brooke Lambertson & Shan Schatzle. Participant study manual = \$40.00.

**Use QR code on top of front page to register.



DISCIPLE 2 FAST TRACK

Twenty-five weeks beginning September 7

<u>Sundays 5:00pm - 6:30pm</u> FUMC Campus - AB 106 Attend in-person or via Zoom

Disciple 2 Bible study offers a deep dive into Genesis/Exodus, Luke/Acts. Personal Bible reading and study of each participant, and dynamic group discussion is the rhythm of this offering.

Co-led by Anne Edwards & Deborah Guedry. Participant study manual = \$40.00.

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SPIRITUAL FORMATION



Soul Circle - September thru May

Sundays 5:00pm - 6:30pm Led by Mary Byo Wednesdays 5:30pm - 7:00pm Led by Kristen Jacobs & Georgia Small Location: Center for Spiritual Formation Childcare available upon request

Each woman is invited to connect with God, herself, and others through contemplative spiritual practices and guided, deep-dive discussions. Each week's content is stand alone. Attend as your schedule allows!

**Registration is appreciated but not required. Use QR code on top of front page.



Why? Making Sense of God's Will Four weeks: September 14 - October 5

<u>Sundays 5:00pm - 6:30pm</u> FUMC Campus - McKenzie Library

"Why?" is one of the most asked questions of the Christian life. Bestselling author and pastor Adam Hamilton explores how a loving, all-powerful God can allow suffering. Rejecting easy answers, he offers thoughtful insights into God's will and the presence of pain in our world. Led by Pattye Hewitt

** Registraiton is appreciated but not required. Use QR code on top of front page.



Renovaré Book Club October 2025 thru April 2026

<u>2nd Friday of each month</u> <u>12:00pm - 1:00pm</u> FUMC Campus - McKenzie Library

"While a good book doesn't guarantee spiritual growth, God often uses the right book at the right time to spark life especially when you read and pray and discuss in community."

The Renovaré Book Club combines curated books, a guided path, and reading friends into a journey of renewal.

** Use QR code on top of front page to

Visit <u>https://renovare.org/bookclub</u> for more information. Co-led by Dr. Tasha Whitton and Margaret King.



'Growing With' by Kara Powell Eight weeks beginning Sept. 7

<u>Sundays 5:00pm - 6:30pm</u> FUMC Campus AB 113

register.

For any parent who longs for their kids to keep their roots even as they spread their wings, *Growing With* offers practical help and hope for the days--and years--ahead. If you are a parent of a recent high school graduate and/or high school senior, join us to gain useful tools that will guide you through the relationship changes that come with transitions in this season of life. Led by Shannon Hyde.

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Adult Sunday School Classes 2025-2026

At First United Methodist Church, Sunday School is foundational in making disciples of Jesus Christ

For adults, there are eighteen classes in which to be a part of. We encourage you to visit as many as you would like and then settle into the one that is the best fit.

Not sure where to begin?

Contact Pattye Hewitt, Director of Adult Education and Spiritual Formation at phewitt@firstmethodist.org or 225-383-4777 x255 to find out more.

9:45 am - 10:45 am

Aldersgate	AB 106	Love God, Love People	SB L06
Colloquium	CB 109	Milestone	AB 115
Community	SB L04	Rings & Ivy	AB 117
Covenant	AB 111	The Esthers (women)	AB 113
Encountering God	AB 105	Sisters in Spirit (women)	AB 112
Foundations	SB L10	Spiritual Formation	Center for SF
Good News	CB Chapel	Wesley Fellowship	SB L02
Journey	CB Library	Sacred Stories, Guest Voices	AB 118

Exploring a wide variety of faith topics with a lineup of guest speakers and teachers every 4-6 weeks, each session will bring something fresh—new voices, new insights, and meaningful conversations.

11:00 am - 12:00 pm

America Street CB 109

<u>12:15 pm - 12:45 pm</u>



The Music and The Message

SB I 04

For musicians & musically minded people, participants will reflect upon and share what the scripture, sermon and music of that morning's worship service brought to heart and mind.

AB - Adult Building
CB - Chapel Building
SB - Sanctuary Building (Lower Level - take stairs or elevator)
Center for SF - Historic white house on the northwest corner of the campus