***CCNW MR25 FAQ***

***Do I need to bring a bedroll and linens?***

No. They will be provided by Camp Zephyr.

***What should I NOT pack for camp?***

Do not bring alcohol, tobacco, or drugs of any kind. We also ask that you do not bring clothing with vulgar, profane, or offensive messages. Ideally, we also recommend that you leave electronics at home.

***Will I have cell phone service?***

More than likely depending on the carrier.

***Is there Wi-Fi?***

Yes.

***What should I pack?***

Bring your Bible, a notebook, comfortable clothing and shoes, toiletries, and personal medications.

***What if I have dietary needs?***

Send special dietary restrictions to Dale King no later than 25 September (Two weeks prior to Retreat).

***What should I expect?***

Teaching, fellowship, and activities designed for self-reflection, growth, and personal development. There will be time for prayer, sharing, Q&A, After Glow, and Communion.

***How can I prepare for the retreat?***

Pray and give yourself permission to take time away from work or family. Be flexible with your expectations.

***Will food be provided?***

Various grilled meats will be provided Thursday evening in keeping with our annual tradition. It will not, however, be a full course meal. It is recommended that you eat before checking in on Thursday.

All meals after Thursday (Friday – B, L, D and Saturday – B) are included in the $160 registration fee. You are welcome to bring whatever additional snacks you desire.

***Hotel Lodging***

Newly remodeled hotel rooms offer the perfect option for adult/family retreats. There are 39 rooms that sleep 2-4 guests per room. Each room has AC/heat control, a private bathroom, and wifi access. \****Linens provided.\****

***Meals***

A professional chef prepares delicious, nutritionally balanced meals. The menu boasts a wide variety of home-cooked meals straight out of the oven or hot off the grill. A stocked salad bar compliments each meal, and fresh fruit is available at breakfast. If your group has any special dietary needs, we will do our best to accommodate them!

***What to Bring***

***Personal Items:***

* Bible
* Notebook and pen
* Comfortable clothing and shoes
	+ (*Flip flops are not good due to stickers and ants that might be present out in the field.*)
* Toiletries (soap, shampoo, toothbrush/paste, etc)
* Brush or comb
* Towels & washrags
* Raincoat or umbrella
* Insect Repellant
* Sunscreen
* Flashlight
* Sunglasses
* X2 1-gallon jugs of water
* Personal prescription medications

***Do Not Bring***

* Do not bring alcohol, vape, tobacco, drugs, or mind-altering substances of any kind.
* We also ask that you do not bring clothing with vulgar, profane, or offensive messages.
* Do not bring guns, knives, or weapons of any kind.
* Do not bring fireworks, pets, ATV.
* Ideally, we also recommend that you leave electronics at home.
	+ This is a time of personal growth, reflection, and meditation. The goal is to draw closer to God, thus it’s necessary distractions be eliminated.