# **PRIMETIMERS**

## **OCTOBER 2025 NEWSLETTER**

PrimeTimers is Ridgepoint's ministry for ages 60+. To learn more or stay updated about events, visit *ridgepointwichita.com/primetimers*.

### **UPCOMING EVENTS**

#### October 16

# STRONG FOR LIFE IN ACTION 10:00 a.m. | Activity Center

Each attendee will be empowered with the knowledge and experience to build a safe but challenging at-home exercise program that is specific to what his/her body is capable of and comfortable with. Attendees will be encouraged, but not required, to perform various stretches, strengthening exercises, and balance exercises so they can receive real time coaching from **Dr.** 

**Ashton Reichmann** to maintain good form and safety.

Afterward, we will enjoy fresh fruit.
Please bring some fresh fruit or fruitsalad to share. Thank you!

#### November 13

# CELEBRATION HYMN SING 10:00 a.m. | Worship Center

You are invited to a Celebration
Hymn Sing event! Join us for a
wonderful time of praise and worship
in the Worship Center!
Following the event, a soup lunch will
be provided in the Activity Center.

### **December 4**



# PRIMETIMERS CHRISTMAS BANQUET 6:00 p.m. | Activity Center

Please join us for our annual Christmas Banquet! Musical program will be provided by *Intrepid Brass Wichita* Quintet.

Please sign up at the Connect Cart on November 16, 23 & 30.
Cost information will be provided in our next newsletter.

### **Previous Event | September**

We had a fantastic time on our day trip to Concordia! We learned the story of the Whole Wall Mural, and toured the beautiful Grand Theater, the National Orphan train Museum, and the WW2 POW Camp Museum. The day trip to Concordia was a memorable event indeed! We appreciate you coming along and making this trip special!

### **BIRTHDAYS**

Diane Walker October 2 Carrie Krehbiel October 2 October 3 George Doerksen Jack Dawson October 3 Randy Fugua October 4 Patti Harms October 4 Jim Goentzel October 5 **Carol Troyer** October 6 Mary Ellen Soden October 7 Jim Harms October 8 Carol Dawson October 8 Kathy Jurius October 8 **Evelyn Fisher** October 8 Darrell Owen October 8 Elaine Jelinek October 9 October 10 **Margaret Stukey** October 10 **Dorothy Hicks** Jeff Moore October 10 CaroLee Derksen October 11 **Bob Walker** October 11 Dana Wiggins October 11 Phyllis Epp October 13 **Gary Wohlgemuth** October 14 Tammy Barney October 14 Kurt Jantz October 15 October 15 Joan Ehresman Kathy Davis October 15 Diane Varnell October 16 Frances Holmes October 16 Fen Blow October 17 October 18 **Brad Heyen** Jay McNeil October 18 Lucille Hahn October 18 **Russ Spitolnick** October 18 Linda Mast October 19 Melinda Bannon October 19 **Tracey Hershey** October 19 Sue Bransford October 21 Wendy Wine October 21 Ty Herrington October 21 **Chester Berg** October 22 Donna Hershey October 22 October 22 Joel Clement Celia Lutz October 22 Michelle Harms October 24 Susan Haney October 24 Jack Willey October 25 Sandy Flickinger October 26 October 26 Brenda Jansen Mary Alice Hildebrandt October 28 **Brad Unruh** October 29 October 29 Mark Barker Vern Klassen October 30 Don Mast October 31 **Tibb Scheer** October 31

### **ANNIVERSARIES**

Dave & Dyan Thornton
Gregg & Pam Miller
Mike & Victoria Whitworth
Marvin & Connie Angleton
Kurt & Susie Jantz
Jeff & Wende Doyle
Rick & Margi Ehresman
Tim & Gina Hiebert
Greg & Judy Dotson

October 8, 1988 October 8, 1977 October 10, 2004 October 10, 1981 October 14, 1967 October 14, 1995 October 15, 1988 October 24, 2014 October 24, 1981

