

2026



PRAYER & FASTING

BOOKLET

Day 1

Romans 12:1,2

To begin this journey of 21 days of prayer and fasting. You are invited into the inner circle of God's team of yielded servants. Romans chapters 12-16 are the practical application of all that Paul taught in the first eleven chapters. When a believer decides to 'Live Sent,' then they are willing to incorporate 3 spiritual considerations:

CONSIDERATION #1: DEDICATE YOUR BODY:

To live your life with intention and purpose, you must make a concentrated decision of your will to dedicate your body to the Lord. Paul, the author of Romans, is 'appealing' or making a summons. It is

a direct address to each individual Christian to sign a personal resignation to fully devote yourself themselves to a specific discipline in the Christian faith. Live Sent by dedicating your body to the full surrender of God's Word.

CONSIDERATION #2: DETERMINE TO RENEW YOUR THINKING:

The next consideration is a new mindset. We become what we think. The Holy Spirit is encouraging us to place Biblical thoughts into our minds. To think Biblically is to renew your mind. Our thoughts come from what we see, hear, and do. If a change in thinking is necessary, then you may need to develop new resources to provide purer, practical, and Godly thoughts.

CONSIDERATION #3: DISCERN THE WILL OF GOD:

The final consideration to begin to 'Live Sent' is for the discernment for the will of God. It is a daily battle in the mind for the will of God or the will of an individual. We are selfish and sinful by our nature.

Only God can change our nature and appetites. Discerning the will of God is based in how closely you are willing on how closely you are willing to be with the Holy Spirit.



Day 2

As we prayerfully prepare our hearts for the year 2026, we reflect on the concept of living sent. We must recognize that God has sent us into this world for a purpose. God has plans and purposes for us and desires to use us for His glory. Our lives are not our own; we have been purchased at a high cost.

To embrace the idea of living sent, we can consider four key ways to do so. The first way is illustrated in **Hebrews 11**, commonly referred to as the "Hall of Faith." In this chapter, the author of Hebrews highlights the faith-filled actions and defining moments of many heroes of the faith, demonstrating how they lived, how they pleased God, and what we learn from their examples.

Hebrews 11:6 states, "And without faith, it is impossible to please Him, for whoever would draw near to God must believe that He exists and that He rewards those who seek Him."

To Live Sent this year, we must remember the importance of drawing near to God in faith. As we strive to please God with our lives, we can only do so through our faith in Him. But how do we accomplish this? What does it mean to live by faith? Faith is the assurance of what we hope for; it is the evidence of things we cannot see. To Live Sent in faith means to walk confidently in the promises, nature, and commands of our God. Even though I cannot see God, I know He is real. I know He died to save me; I know that because of His promise, I am called righteous. I understand that I am His son or daughter and have been called to be His ambassador. My assured confidence in what He has said shapes all that I will do. It shapes the way I will spend my time. It changes the way I see my days on earth.

As a challenge, take some time this morning to read through Hebrews 11. Journal about and record what the lives of those described in Hebrews 11 looked like in light of their faith.



Day 3

Hebrews 11:17-18 By faith Abraham, when God tested him, offered Isaac as a sacrifice. He who had embraced the promise was about to sacrifice his one and only son. Even though God had said to him, “It is through Isaac that your offspring will be reckoned,” God tells Abraham that he will make a great nation as promised through his son Isaac. When God tests his faith by telling him to sacrifice his son Isaac, Abraham without questioning God how will He be able to keep his promise of using Isaac to make a great nation obeys God and takes Isaac up the mountain to sacrifice him. Abraham’s faith was in total obedience and trusting that no matter what happened, God would keep his promise. Living a life of faith is in total obedience of God’s word and will. We need to take out our own thoughts and desires and never question God’s instructions. It is when you live by faith that God does great works in your life. In **Matthew 17:20**, Jesus tells us faith as small as a mustard seed, which is the smallest of seeds, yet grows with a deep and extensive root system into a tree. You can tell a mountain to move from one place to another, and it will happen. With faith like this, nothing will be impossible. Start living your life like that of a mustard seed, let your faith develop a deep and extensive root system, and grow, then you will see God move in your life in a great way.

When studying about Abraham and Isaac, it is easy to wonder what you would do in that situation, or ask yourself how do you get that kind of faith. Like the mustard seed, start out small, read the Bible daily with prayer and quiet meditation on your daily studies. With this seed planted and growing deep, strong, and extensive roots, your faith will grow. When faced with a test or trial in your life, it will be easier to handle it with your faith.



Day 4

Roman 4:1-6

Have you ever wanted to prove you were good enough? Have you ever faced stiff competition and risen to the challenge, and defeated your opponent? It feels great to win a game, run the race, and finish first.

God asks a penetrating question of Abraham: "What did he find according to the flesh?" God asked this question regarding justification. Just as Abraham had no reason to boast before God regarding justification, so we, by our own good works, could never attain the righteousness we need to stand before a just and Holy God. Abraham believed in God and put his faith in the promise of God. And that's what made the difference! His righteousness was a result of a gift from God, not a result of His own good works. God justifies the ungodly who bow before Him as a humble servant, and not an arrogant do-gooder. Both David and Abraham could boast about God. What a good God to give us a righteousness, a perfect righteousness based on His own good work. The work of Jesus. This type of righteousness fuels us to do good works in the spirit. Never do what you do in the flesh. It is laying up treasures on the Earth. Those who have the righteousness of God as a gift work harder, play harder, and pursue God with more vigor because it results in riches in Heaven. Amen.



Day 5

Hebrews 11:39–12:2

The heroes of faith in Hebrews 11—Abraham, Moses, Rahab, and many others—lived by faith in promises they never fully saw fulfilled. They trusted God’s word, endured hardship, and kept walking forward, even when the outcome was unseen. Verse 39 reminds us that they were “commended through their faith,” yet they “did not receive what was promised.” Why? Because God had a greater plan—one that included us. Their story wasn’t complete until Christ came, and through Him, we share in the perfection of God’s plan.

Then Hebrews 12 shifts the focus to us: “Therefore, since we are surrounded by so great a cloud of witnesses...” These faithful ones are not distant figures; they are reminders that we, too, are called to live by faith. Their lives surround us like a cheering crowd in a great stadium, urging us not to give up when the race feels long or the burdens feel heavy.

The writer urges us to “lay aside every weight and sin which clings so closely.” Just as a runner strips off anything that slows their stride, we must cast off distractions, doubts, and sins that keep us from running freely toward Christ. The race of faith requires endurance—steady, daily perseverance.

But we are not running alone or in our own strength. Our eyes are fixed on Jesus, “the founder and perfecter of our faith.” He ran His own race with joy, enduring the cross and despising its shame because He saw beyond it—to the victory of salvation and eternal life. Now seated at the right hand of God, He is both our example and our source of strength. Today, remember: the same faith that sustained the saints of old is available to you. Keep your eyes on Jesus—and run your race well.



Day 6

Are you in a situation where it seems the deck is stacked against you? Has God given you a task, and now the resistance is raising its ugly head? Your resolve is crumbling; you are tempted to hide from the work God is calling you to.

Queen Esther lived in such a time. You will immediately think of the high-stakes moment when she approached the King unannounced, a certain death wish! The Queen's resolve was not born in that moment but was strengthened over time and obedience.

After her parents died, she was raised by her cousin Mordecai. She learned to trust him and follow his instructions. He raised her as a Jew in a foreign culture. Mordecai would ensure she knew what every Jewish daughter should...Yahweh was her God, her all-powerful authority.

Mordecai instructed her not to disclose her lineage (**Esther 2:10**) as she was preparing to be presented to the king as a potential wife.

She followed his direction.

When the life of the Jews was at stake, Mordecai informed Esther, instructing her to go to the king.

While she reminds him of the danger of that request, she follows his instructions.

Her strengthening resolve is evident in her call to prayer and fasting, a gesture of faith in Yahweh's hand in her life. Mordecai's instruction had always reflected God's guidance in her life.

Read **Hebrews 1:1-14**, especially v. 13-14.

Facing your challenge, are you inclined to hide, to cower, to be silent?

Or like Esther, are you willing to call yourself and others to prayer and fasting, seeking to strengthen your resolve to do the work of God?

He is the One who holds a righteous Scepter over His Kingdom. (v. 8)

What will you do next to strengthen your resolve to pursue God's calling?



Day 7

“As you sent me into the world, so I have sent them into the world.” John 17:18

In your Bible, you will see that this section is labeled in most versions as “Jesus’ High Priestly Prayer”. It is a section of the discussion that takes place between Jesus and God the Father. Prayer is connected to action, and Jesus gives a living example of urgent and intentional petitioning to God. Jesus gives a direct commissioning of the Disciples on how to advance the Kingdom of Heaven.

Believers are to continue Jesus’s mission and to go and make disciples in all the world and to every nation!

You and I, as Jesus’s disciples, are instructed to do the same thing. We are called to be Jesus’ ambassadors in our home, at our place of work, and in our community. God has a specific mission for you, and there is a direct connection between the church’s commissioning on Earth and eternal results in Heaven!

The Gospel has an immeasurable eternal impact. Let us go in confidence and obey Jesus’ instruction to **“Live Sent.”**



Day 8

And if it is evil in your eyes to serve the Lord, choose this day whom you will serve, whether the gods your fathers served in the region beyond the River, or the gods of the Amorites in whose land you dwell. But as for me and my house, we will serve the Lord. Joshua 24:15 (ESV)

As you read this devotional, pause and reflect:

1. What do you choose this day?
2. When the world's voice grows louder than God's Word, how will you stand?
3. What governs your decisions—your convenience, your comfort, or your conviction?

Joshua's final address at Shechem was both a reminder and a challenge. He called the people to remember God's unwavering faithfulness and to respond with wholehearted devotion. His bold declaration, "...as for me and my household, we will serve the Lord," remains a timeless call to covenant faithfulness and personal resolve.

When you walk into my home, immediately to the left, you'll see a needlepoint on the wall that reads: "...as for me and my house, we will serve the Lord." For years, I've kept it there—sometimes near the front door—as a constant reminder that I resolve to serve Jesus Christ. Each morning when I step out of my home, and each evening when I return, those words greet me and settle deep into my spirit. They remind me that serving the Lord is not a one-time decision, but an act of resolve renewed with each sunrise.

No matter the climate at work, the challenges within family, or the shifting attitudes of friends and peers, or the stranger, this verse calls me back to center. Each interaction, each decision, and each conversation becomes a moment to ask: Will I serve the Lord today? It isn't always easy. In a world divided politically, morally, and spiritually, serving the Lord wholeheartedly requires courage. It demands a daily renewed mind and a steadfast Jesus-

centered heart. Whether it's the values we model in our families, the integrity we uphold in our work, or the legacy we leave behind, it all stems from one deliberate choice—to serve the Lord.

Some see legacy only through the lens of children and family, but even those without children leave a legacy—through our actions, our faith, and the influence we have on others and in our communities. In a time when truth is often twisted and values blurred, Joshua’s words remind us that neutrality is not an option. To “choose this day” means we cannot be passive or complicit. We must decide—intentionally and urgently resolve—whom we will serve.

Today's Challenge:

Let your service to the Lord shine through in how you love people—the friend, the stranger, and the one in need. May your life be the sermon that declares your household belongs to God.

Day 9

At one point or another, we've all been passionate about a cause — whether it was helping in the community, responding to disaster relief, or supporting a cause close to our hearts. Passion moves us to act. But here's the question: have you ever been just as eager, or even more fervent, for the cause of Christ? Have you ever felt your heart ache at the thought of people living and dying without knowing Jesus?

When Jesus looked upon the crowds, "He was moved with compassion for them, because they were harassed and helpless, like sheep without a shepherd" (Matthew 9:36). His heart broke for the lost. He saw their spiritual need and longed to bring them the salvation that only He could give.

As believers, we've been called to that exact cause — to be witnesses for Jesus Christ. In Acts 1:8, Jesus tells us, "You will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the end of the earth." The Holy Spirit we receive at salvation gives us power, not fear (2 Timothy 1:7). He equips us with boldness and compassion to share the Gospel with those around us.

But where is your Jerusalem? It's your community. Your workplace. Your school. It's wherever you live and move each day. Jesus said, "The harvest is plentiful, but the laborers are few; therefore, pray earnestly to the Lord of the harvest to send out laborers into His harvest" (Matthew 9:37-38). Before we can go, we must pray. Pray for the unbelievers around you — by name if you can. Ask God to soften their hearts and give you opportunities to speak truth and hope into their lives.

We all know someone who doesn't yet know Jesus — a family member, a neighbor, a coworker, or a classmate. Take time now to intercede for them. Be the mediator who pleads on their behalf, asking God to open doors for you to begin a Gospel conversation. Be willing to be the one He sends.



Day 10

Resolve is the firm determination to stay faithful to God's calling, even when the path is difficult or unpopular. In **Philippians 2:14-18**, Paul calls believers to live with such a holy resolve—a steadfast commitment to honor Christ in both attitude and action.

He begins with a challenge that strikes close to home: "Do all things without grumbling or disputing." It's easy to complain when life feels unfair, when others fail us, or when the work before us is hard. But Paul reminds us that grumbling dims the light of our witness. When we choose gratitude over complaint, we reflect the peace and joy of Christ in a world that is, as Paul describes, "crooked and twisted."

To live blamelessly and shine as lights requires resolve. It means holding fast to "the word of life"—clinging to Scripture and the truth of the gospel when circumstances tempt us to drift. Our strength to persevere doesn't come from sheer willpower but from the One who lives within us. Christ enables us to live with purity, integrity, and joy, even when darkness surrounds us.

Paul also shows us the heart of true resolve: joyful sacrifice. He says that even if his life is "poured out as a drink offering" for their faith, he rejoices. His resolve was not rooted in comfort or success but in pleasing Christ and seeing others grow in faith.

In the same way, God calls us to a life of steadfast joy—a life that refuses to complain, holds tightly to truth, and radiates His light through every challenge.

Today, resolve to shine. Let your faith be unwavering, your spirit thankful, and your joy unshaken, knowing that even the smallest act of obedience can illuminate a dark world for the glory of Christ.



Day 11

Text: 1 Corinthians 15:57–58

No one likes to be on a losing team.

Last year, my daughter played on a 6th-grade volleyball team that really struggled. Morale was high during the first few home games — even though they lost all but one. However, once they began traveling and the losses continued, that excitement quickly faded. Before long, the team began to feel defeated before the first serve was even made. They were being sent to lose, not sent for victory.

But for the Christian, our story is completely different.

As Paul reminds us in 1 Corinthians 15:57, God “gives us the victory through our Lord Jesus Christ.” From the very beginning of this chapter, Paul points to the source of our guaranteed victory: the Gospel we have received, Christ’s resurrection, and the promise of our own resurrection to come.

As we **LIVE SENT**, we are Sent for Victory. This isn’t a maybe; it’s a guarantee. Victory isn’t something we achieve through our own effort; it’s a gift from God Himself to every believer. Every future victory is already yours in Christ because He has already won every battle at the cross.

No matter what struggle you face today or what uncertainty lies ahead, move forward as one who is already victorious in Jesus. In verse 58, Paul calls us to respond boldly, to be “steadfast, immovable, always abounding in the work of the Lord,” knowing that “in the Lord your labor is not in vain.”

Christian, step forward today and live in the victory that is already yours in Christ.



Day 12

As we run the race that God has called us to in this life, it is essential to strive to live each day with purpose. Understanding the context of our calling is crucial. As Christians, we are not running this race with the hope of possibly accomplishing God's goals; instead, we run with the confidence that we already have the victory because Jesus is the Victor.

In **Romans 8:37**, Paul illustrates the nature of this victory: for those of us who are in Christ, we are justified based on what Jesus accomplished on the cross and through the empty tomb. Christ is for us, and if He is for us, who can oppose us? Who can separate us from the love that God pours out upon us? Paul reminds us that we are more than conquerors in Christ. The New Living Translation states, "No, despite all these things, overwhelming victory is ours through Christ, who loved us" (Romans 8:37, NLT). In the passage, Paul lists seven things that someone might believe could separate them from Jesus. All seven challenges Paul faced, and yet, despite these unimaginable difficulties, we have an overwhelming victory. Can tribulation separate us from the love of Christ? No. Can distress or persecution do that? No. What about famine or nakedness? Even then, we are more than conquerors. How about danger or the sword? None of these can separate us from the love of Christ. No matter what the world throws at you, victory is assured in Jesus. His love is always present, and Jesus continually intercedes on our behalf. Therefore, live sent in Victory.

In your walk with Christ, remember that as you strive to fulfill the good works He has called you to, your identity in Him is secure. His love for you is everlasting, and an overwhelming victory is guaranteed in Jesus.

Challenge:

Take some time today to read through Romans chapter 8, and then spend 15 minutes in prayer, thanking God for the victory we have in Him and praising Him for His everlasting love.



Day 13

Victory can hold different meanings for various individuals. For example, my son was a cross-country runner, and victory for him could manifest in two ways. First, the most common perception would be winning the race itself, which indeed represents a true **VICTORY**. However, there's another form of victory he could achieve: the Personal Record (PR). This is when he surpasses all his previous times, achieving his best running performance.

Consider the notion of victory in Jesus. We've all heard the song: "O Victory in Jesus, my Savior, forever. He sought me and bought me with His redeeming blood. He loved me ere I knew Him, and my love is due Him; He plunged me to victory beneath the cleansing flood." A relationship with Jesus signifies victory for us, but it's not due to our own actions. The victory we experience is a result of what Jesus accomplished, and He offers it to us freely. As stated in **Ephesians 2:8-9**, For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast." It is a gift.

While the victory is ours, it is a gracious gift from Jesus for all who are open to receiving it. You did nothing to deserve it. However, this victory comes with a sense of responsibility. Although you don't need to pay for it, you are encouraged to share it with those who have yet to discover Jesus. Since Jesus sacrificed His life for us, we bear the duty to convey this important message to others.

During our prayer and fasting period of **LIVE SENT**, what do you perceive as your calling? How do you plan to **LIVE SENT** in your own life?



Day 14

Standing Strong in Victory

Ephesians 6:13 – “Put on the full armor of God so that when the day of evil comes, you can stand your ground, and after you have done everything, to stand.”

Following Jesus doesn't mean life will always be easy. We all face difficult times, such as fear, worry, or feeling alone. But God gives us what we need to stand strong. The Bible refers to this as the armor of God. It's not something we wear on the outside; it's what protects our hearts and minds on the inside. This armor is made up of truth, righteousness (doing what's right), peace, faith, salvation, and the Word of God. Each part helps us stay strong when life gets tough. When we pray, read the Bible, and trust God, it's like putting on this armor every day. Paul reminds us that when we've done everything we can, we should still stand. That means don't give up. Even when things don't go our way, we can still trust that God is working. Standing strong shows that our faith is genuine. The best part is that Jesus has already won the victory for us! Because He died and rose again, we don't have to fight to win—we already have the victory. Our job is to keep trusting Him and not give up, no matter what happens.

Action Steps:

1. Read Ephesians 6:10–18 and think about which piece of God's armor you need most right now.
2. Ask God to help you stand firm in faith this week.
3. Remind yourself each day: Jesus already won so that I can stand firm today.



Day 15

Elizabeth Bishop, a Pulitzer Prize-winning poet, once quipped in her poem “One Art” that “the art of losing isn’t hard to master.” There is some worldly wisdom in this line of poetry. Certainly, life is a series of losses, from cradle to grave. One by one, our possessions, our friends, our loved ones, and our very lives fade away. You WILL lose every worldly, mortal thing, and every day will be a battlefield with many battles, seen and unseen.

But dear believer, losing is not your story. Losing is not your fate. Losing is not your inheritance. In Christ, you are one of a chosen people, called out “for God’s own possession.” You are a new creation, called out of darkness into His glorious light (1 Peter 2:9). If you have Jesus, then all of life’s trials and losses are gains. All of it is victory. Jesus said, “In the world you will have tribulation, but take heart, I have overcome the world” (John 16:33).

No matter what you are facing, take heart, my brothers and sisters in Christ, for you were already known, already loved, already chosen, and already victorious before the world was even created.

The Recipe for Victory: Remembering, Praying, Growing, Obeying, Thanking, Rejoicing
We can successfully wait for and achieve victory over life’s trials and battles by:

- Remembering the victories He has already given you in your life and His promises.
(Psalms 40:1-3)
- Praying without end, centering your life around prayer, and desiring an intentional, intimate relationship with Him. (1 Thessalonians 5:16–18; Ephesians 6:18; Philippians 4:6–7)
- Growing in our faith and knowledge, because scripture teaches us, rebukes us, corrects us, and trains us in righteousness (2 Timothy 3:16-17).
- Obeying His Word, maintaining a pure heart, and fully relying on the power of the Holy Spirit. (John 14:15; James 1:22; Luke 6:26; John 14:23; Psalm 51:10)
- Thanking Him for all things and cultivating a grateful, joyous, and contented heart.
(Psalm 100:4; Psalm 136:1; Isaiah 12:4)
- Rejoicing always, even in the storm, maintaining an eternal perspective and victorious resolve. (Philippians 4:4; Romans 5:3)



Day 16

Everyone faces conflict at some point in life—whether conflict with family, friends, coworkers, or even church members. We encounter conflict because we live in a sinful world full of sinful people. **2 Timothy 3:2** reminds us that people are lovers of self, lovers of money, prideful, arrogant, and much more.

The real test is to see how you, as a believer, will handle conflict when a brother or sister in Christ sins against you. Is your first instinct to gossip about how someone has hurt you instead of speaking directly to them? Do you respond with harsh words, justifying yourself because you were hurt? Or do you avoid confronting them altogether? Relationships have been damaged because it was easier to talk about someone than to address the misunderstanding and hurt.

Jesus teaches us that conflict will happen and how to deal with it when it does. He tells us in Matthew 18:15, “If your brother (or sister) sins against you, go and tell him his fault, between you and him alone.” Jesus commands us in one word: GO. Go directly to the person who has sinned against you. Keeping the conflict between you and them.

Go not to bring shame or guilt; not to win an argument, but to restore a broken relationship with them. Jesus continues in that verse by telling us that, “If he listens to you, you have gained your brother (or sister).” A restored relationship brings unity and love to the body of Christ. A restored relationship allows God to use us more fully for His glory.

Take time today to pray. Ask God to reveal any broken relationships you need to mend, so that you can be sent out to do His will.



Day 17

The saying goes, “I’ll believe it when I see it.”

That may describe how many unbelievers think about Christianity, but it also often reflects the attitude of many believers. We wait for signs and visions before we really believe in our calling. Many everyday Christians never reach their potential as witnesses because they’re waiting for the right time, the right person, or the right feeling to begin.

Peter was no different. Even after seeing the risen Christ, he returned to fishing, uncertain of his calling as a witness. In Acts 10, God had to give Peter a vision to prompt him to respond to the opportunity that was literally knocking at his door.

Meanwhile, a Gentile man named Cornelius had also received a vision, one that pointed him toward a witness who could share the Gospel with him. That witness was Peter. But Peter wasn’t ready until God intervened.

Here’s the truth: you don’t need a vision to be a witness. You already have a clear calling and command.

Jesus has called every one of us to be His witnesses (John 20:21). He has commanded us to go into all the world and make disciples (Matthew 28:18–20). And He’s promised that The Comforter — the Holy Spirit — will go with us (John 15:26). We also have the complete Word of God to guide our every step.

So stop waiting for a vision when God has already given you a mission **LIVE SENT** as a witness for Christ today.



Day 18

John 4:4-30

We are often the biggest reason we don't share the Gospel with others: our doubts, our fear, our shame, our lack of confidence.

If there were ever a woman who would not be a candidate for missionary of the year, it would be the Samaritan woman. We don't even know her name, but her label says volumes to every Jew. The 700-year-old feud continued to burn, barring any good Jew from associating with her.

In her own Samaritan village, she lived hidden from others, rejected by five husbands (in a culture where ONLY men could divorce) and now finding shelter living with another man. Coming to the well at noon, alone, was evidence enough that she was roundly rejected by the rest of the village. She was not welcome by the women who fetched water at the first light of day.

None of this stopped Jesus, a Jew, a good Jew. He sat and spoke with her. Offered her Living Water. Recited her history of rejection, not to shame or reject her but to let her know He KNEW her and still had something to offer her. (v. 14-18) Then, the greatest gift, He reveals to her that He is the Messiah. He elevates her with this momentous declaration. (v.26) From that moment, the woman whose actions screamed, "Don't see me", ran off to the village to declare, "Come and See Messiah!". (V. 29-30) The difference? She had been seen by Jesus for who she really was: a woman rejected in need of the Savior.

What are you ashamed of...afraid of...?

Jesus sees your doubts, your fears, your faults, and transforms you to be His Witness. What has God done in your life lately that compels you to say with the Samaritan Woman, Come and See...Jesus!



Day 19

Matthew 5:13-16 called the disciples, a small group of men, to be salt to the entire earth and lights in a dark world. Sound defeating? First, Jesus said, “You are the salt...”. One handful of salt spreads its qualities in many ways and does excellent work. Salt enhances flavor and balances taste. Believers filled by the Spirit are to live the gospel in a dark world needing flavoring with kindness and grace, ready to share the “good news” with others through our actions, deeds, and conversations.

The disciples were not well known before Jesus called them to follow Him and serve others in a dark world. Once the disciples chose to take up this mission, they not only were salt in a world needing flavor, but also they were lights in a perverse world. They were no longer able to hide. Having the Light living in you automatically illuminates darkness. Hidden things become revealed with the Light. Living the gospel calls us not to hide our Light. The gospel is so powerful, a light like a city on a hill, the Light CANNOT be hidden. The gospel automatically illuminates the Light.

To live the gospel, the believer aligns their thoughts, actions, and character to Christ. I Peter 4:11 states, “If anyone speaks, they should do so as one who speaks the very words of God. If anyone serves, they should do so with the strength God provides so that in all things God may be praised through Jesus Christ...” NIV

What can you and I, as believers living sent, do in our land where God placed us? When you enter a room, will the Light illuminate from your presence? Will your speech be seasoned with God’s words, grace, truth, and flavored by the salt of the Holy Spirit?

“....to Him be the glory and the power forever and ever. Amen. “ I Peter 4:11 (NIV)



Day 20

During our 12-day trip around the Ring Road in Iceland, there were plentiful sheep dotting hillsides and grazing in fields. Iceland sheep and horses, combined with a picturesque landscape, made for beautiful photos for the five travelers from Ohio. Unfortunately, on the eastern side of the country, on a partly sunny, calm, Thursday, October morning, a ewe darted in front of our rented SUV, and I was unable to safely avoid hitting it. The ewe lost its blood and life. I reported the incident to the police, and a picture of the ewe and the vehicle damage was recorded. The photos and testimony were compiled by the investigating officer, summarizing the facts and evidence.

Revelations 12:11 “And they have conquered him by the blood of the Lamb and by the word of their testimony, for they loved not their lives even unto death.”

Unlike the ewe who lost is life on an Icelandic road, the Lamb mentioned in this verse was sacrificed for our sins. We point first to Christ’s sacrifice on the cross and His resurrection. After pointing to the cross, we examine the evidence and testimony. The witnesses of the early church testified to the evidence. They did not rely on their own perspective, knowledge, or feelings. They simply pointed to the evidence and verbalized the truth. Many were martyred for not forsaking the Truth.

Just as a police officer relies on evidence and facts to compile a police report, the early witnesses mentioned in Revelation 12:11 would not deny the truth of their testimony.

People are not convinced by our emotional reactions, opinions, and perspectives. People yearn for Truth—truth of Jesus evidenced by scripture and our transformed lives.

Prayer: “Lord, let us speak up and proclaim the blood of the Lamb, testifying to the evidence of our transformed lives, and to your power that allows us to overcome the evil one. Amen.”



Day 21

John 20:19-23 (ESV)

19 On the evening of that day, the first day of the week, the doors being locked where the disciples were for fear of the Jews, Jesus came and stood among them and said to them, “Peace be with you.” **20** When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. **21** Jesus said to them again, “Peace be with you. As the Father has sent me, even so I am sending you.” **22** And when he had said this, he breathed on them and said to them, “Receive the Holy Spirit. **23** If you forgive the sins of any, they are forgiven them; if you withhold forgiveness from any, it is withheld.”

To live your life with intentional purpose, as if you are sent on a mission—often for something greater than yourself.

Welcome to the finish line. You have been on a spiritual walk for the past 20 days. You have fasted some, meditated, prayed and dove into the Word of God. The Holy Spirit has taught you new truths. You have grown.

Now you have questions. What is God saying to me about ‘Living with intention?’ What does surrender look like with my family, my career, and my interests? Where is God asking me to GO?

To ‘**Live Sent**’ means you have to embrace the mission. Thinking of John 20:21, “As the Father has sent Me, even so I am sending you.”

Let’s take inventory:

What is one area the Holy Spirit has revealed to you where a change is required for you to ‘**Live Sent**’?

Where is God sending you to GO in His Name and For His Will?

Write down ONE gain you have made in the past 21 days, and how this gain has changed your life.



