



## **TALK IT OVER GUIDE- Do You Want to Get Well?**

Opening Prayer: Begin the session with a prayer, asking God to open hearts and minds to His message and guide the discussion.

### **Key Takeaways:**

- Jesus asks us two important questions: "Do you want to get well?" and "Do you want to join the Father in helping others get well?"
- Healing comes from encountering the person of Jesus, not just following religious rules.
- God is always at work, and He invites us to participate with Him in His work.
- We need to develop spiritual awareness to see where God is working and join Him.
- Asking God daily what He wants us to see, know, and do can help us tune into His work.

### Discussion Questions:

- What stood out to you most from the sermon? Why?
- Mark mentioned that sometimes we want "just enough Jesus to feel better about ourselves." Have you ever felt this way? How can we move beyond this mentality?
- Discuss a time when you felt God was working in a situation, but you almost missed it due to distractions or preconceived notions.
- How do you typically respond when God asks you to step out of your comfort zone to help others? What holds you back?
- Mark also mentioned "selective awareness" and how it can prevent us from seeing God at work. How can we cultivate a greater awareness of God's presence and activity in our daily lives?
- Reflect on the three questions: What does God want me to see? What does He want me to know? What does He want me to do? How might regularly asking these questions change your perspective and actions?
- Mark shared, "You need Jesus so you can be well. You need the power of Jesus through his Spirit in you to help others get well." How does this statement challenge or encourage you?

### Practical Applications:

- This week, intentionally set aside time each day to ask God the three questions: What do you want me to see? What do you want me to know? What do you want me to do? Journal your experiences.
- Identify one area in your life where you need healing or growth. Commit to bringing this before God daily, asking for His help to "get well."
- Look for an opportunity to participate in God's work this week by helping someone else in their journey towards wellness (spiritual, emotional, or physical).
- Practice minimizing distractions (e.g., limit phone use) to increase your awareness of God's presence and work around you.

Closing Prayer: Close the session by praying for each other, asking God to help everyone grow in their desire to be well and to join Him in His work of healing others.