



Making disciples of the Lord Jesus Christ

SNOHOMISH **COUNTY** **RESOURCES**

**This resource has been compiled
by Cornerstone Bible Church
Updated 2022**



FOOD BANKS BY CITY 8

Arlington 8

Bothell 8

Darrington 8

Edmonds 8

Everett 8

Granite Falls 9

Lake Stevens 9

Lynnwood 10

Maltby 10

Marysville 10

Mill Creek 10

Monroe 10

Mountlake Terrace 10

Mukilteo 11

Snohomish 11

Sultan 11

Stanwood 11

Warm Beach 12

SNOHOMISH COUNTY SOUP KITCHENS/
MEALS BY DAY OF THE WEEK 12-15

OTHER COMMUNITY SERVICES 16

Housing and Essential Needs Program (HEN)
(425) 388-3360 16

Rent Assistance and essential needs 16

2-1-1 16

CLOTHING 16

SHELTER AND HOUSING ASSISTANCE 20

Programs & Services 20

Low Cost Housing 20

Showers 21

Laundry Services 21

Utility Assistance 21

Financial Assistance 22

Miscellaneous Services 22

Child Care Help 23

Poison Hotline 23

Suicide Prevention 23

Domestic Violence 24

Domestic Violence Hotlines 24

Legal Services for Low Income and Seniors
19

ADDITIONAL RESOURCES: 27-31

CANCER CARE

OTHER SUPPORT GROUPS/NETWORKS

Addicted Angels

Alzheimer's Association

Breast and Cervical Cancer

Arthritis

Brain Injury and Stroke

Caregivers

CHADD: ADHD

Childhood Sexual Abuse and Rape

Widows and Widowers

Bereaved Parents

Diabetes

Foster Kids

Fibromyalgia

Grief and Loss

La Leche League

Meth

Parents of Children with Special Needs

RESOURCES FOR EMPLOYMENT

FOOD BANKS BY CITY

Arlington

Arlington Community Food Bank

19118 63rd Ave NE, Arlington, WA 98223

(360) 435-1631 |

www.arlingtonwafoodbank.org

Monday, noon

Arlington Stillaguamish Seniors Food Bank

18308 Smokey Point Blvd,

Arlington 98223 | (360)

435-1631

Wednesday 5:30pm-6:30pm;

Friday 12:00-1:00pm

Monday 12-1:00pm. For seniors or disabled.

Also offers emergency clothing, diapers/wipes, household items, mental health counseling, emergency financial help, job search assistance, and resume cover letter, housing search assistance, budgeting classes, assist with healthcare applications and DSHS applications, holiday giving program, veteran's services.

Bothell

Canyon Hills Community Church

22027 17th Ave SE, Bothell, WA

98021 | (425) 488-4121

www.canyonhillscommunitychurch.com/foodbank-aid/

Darrington

Darrington Food Bank

1045 Montague Avenue

Darrington, WA 98241

360-631-3175 | Wed 10am-12pm, 1pm-2pm, 1st&3rd full week/mo.

Edmonds

Edmonds Food Bank

828 Caspers St SW, Edmonds, WA 98020

www.edmondsuwc.org/foodbank

Edmonds Westgate Chapel Food Bank

22901 Edmonds Way, Edmonds, WA | (425) 977-4500

In The Commons | 11 am-2 pm Thursday

Everett

VOA-Hands of Hope Food Bank Everett

1230 Broadway, Everett, WA 98201

(425) 259-3191 ext. 13014 |

www.voaww.org/foodbank

1st & 3rd Mondays, 10am-1pm; 2nd & 4th Tuesdays, 3-6pm

Wednesday, 9am-3pm (closed 11:45am-12:30pm)

Thursday, 9am-1pm; 3rd Saturday, 10am-1pm

VOA-Wetmore Ave. Food Bank

1st Baptist Church, 3120 Wetmore Ave. Everett, WA 98201

425-259-3191 ext. 13014 |

www.food@voaww.org

Anyone residing in zip codes
98201, 98203, 98204, 98208, or
98012 can shop at the food bank
twice per month | 2nd & 4th
Mondays, 10am-1pm

VOA-South Everett Mobile Food Bank

Bible Baptist Church, 805 W.
Casino Rd, Everett, WA 98204
(425)-259-3191ext 13014 |
www.food@voaww.org
Anyone residing in zips 98201,
98203, 98204, 98208, 98012 can
shop at the food bank twice per
month. Open 3-6pm, 1st & 3rd
Tuesdays

Faith Lutheran Church

6708 Cady Rd, Everett, WA 98203
| (425) 353-4758
www.faithineverett.com |
Thurs-Fri, 12-2:30pm

Everett Gospel Mission Day Center

3711 Smith Ave Everett, WA
98201
(425) 740-2550 |
www.egmission.org/get-help/
Food Boxes: Tues & Thurs,
1:30-3:00pm

Everett United Church of Christ

2624 Rockefeller Ave. Everett, WA
98201
last 2 Mondays / month

Salvation Army

2525 Rucker Ave, Everett, WA
98201 | (425) 259-8129
Mon-Wed: 10am-4:30pm, Thur
11am-5:30pm

Madison Community Church

6900 Wetmore Ave, Everett, WA
98203
(425) 353-2293 | Friday

Granite Falls

Granite Falls Community Coalition Food Pantry

402 S Granite Ave, Granite Falls,
WA 98252
(360) 691-4253 |
www.granitefallscommunitycoalition.org/

Lake Stevens

Lake Stevens Community Food Bank

2111 117th Ave NE, Lake Stevens,
WA 98258
(425) 334-3430 |
www.lakestevensfoodbank.org
Monday, 9 a.m.

Lake Stevens Impact Christian Church Food Bank

Cavelero Mid High School, 8220
24th St SE, Lake Stevens
(425) 345-6457 | 2nd Sunday,
12-1:30pm

Lynnwood

Lynnwood Food Bank

5320 176th St SW, Lynnwood, WA
98037

(425) 745-1635 |
www.lynnwoodfoodbank.org
Wednesday, 2:30pm

**Lynnwood Food Bank-Silver
Creek Family Church**
5320 176th St SW, Lynnwood, WA
Wed. 2:30-6:15pm; Assisted
service Wed, 2pm

Maltby

Maltby Food Bank
21104 86th Ave SE, Snohomish,
WA
[www.maltbyfoodbank.org/
wordpress/](http://www.maltbyfoodbank.org/wordpress/)
Thursday 2-4:45pm | *We follow
Monroe School District's closing
due to weather. If Monroe is
closed, we will be, too.

Marysville

Marysville Community Food Bank
4150 88th St NE, Marysville, WA
98270
(360) 658-1054 |
www.marysvillefoodbank.org
9 a.m. Monday

**Allan Creek Community Church
Foodbank**
7302 44th Ave. NE, Marysville,
WA | (360) 659-7335
Wed. Noon-2 pm. Also clothing,
household supplies, resource
consultations, classes, job
assistance, free resumes,
Budgeting 101, and other training
tools.

Mill Creek

**VOA Mill Creek Food Bank
-Advent Lutheran Church**
4306 132nd St. SE, Mill Creek
98012
425-259-3191 ext. 13014 |
food@voaww.org
2nd and 4th Thursdays 4pm to
6pm

Mill Creek Community Food Bank
425-876-7158
4326 148th St SE, Mill Creek, WA
98012
Thursdays 4-7pm

Monroe

Sky Valley Food Bank
233 Sky River Pkwy, Monroe
98272 | (360) 794-7959
www.svfoodbank.org | Monday
9 a.m.

The Rock Church Food Rescue
16891 146th St. SE, Monroe
98270
(360) 805-0699

Mountlake Terrace

Concern for Neighbors Food Bank
4700 228th St SW, Mountlake
Terrace, WA 98043
(425) 778-7227 |
www.concern4neighborsfb.org
Tuesday 9:30 a.m.

Mukilteo

Mukilteo Presbyterian Church

Food Bank

4514 84th St. SW Mukilteo, 98275
(425) 355-2802 |

www.mukilteofoodbank.org

2nd & 4th Monday, 3-5:30 p.m.; 2nd
& 4th Tuesday, 9-10:30 a.m.

Snohomish

Snohomish Food Bank

1330 Ferguson Park Rd

Snohomish, 98290

(360) 568-7993 |

[www.snohomishfoodbank.org/
get-help/](http://www.snohomishfoodbank.org/get-help/)

Tuesday 3-6 pm | Friday 10
am-1:00 pm

Clients can visit Food Bank once
each week

Snohomish Food Bank

Government Commodities Program

TEFAP (The Emergency Food
Assistance Program). Clients can
receive goods once a month while
supplies last. Specific distribution
dates are posted at: [http://
snohomishfoodbank.org/get-
help/2017-snohomish-
community-food-bank-calendar/](http://snohomishfoodbank.org/get-help/2017-snohomish-community-food-bank-calendar/)

Hope Foursquare Church

5002 Bickford Avenue, Snohomish
98290

425-397-6465 | Tuesday

Midnight Cry Community Fellowship

611 2nd St # K, Snohomish
98290-2934

(360) 563-0471 | Sunday at 7pm

Snohomish Community Food Bank

1330 Ferguson Park Rd,
Snohomish | (360) 568-7993

www.snohomishfoodbank.org |

Tuesday 3 p.m.

Sultan

Sultan Food Bank

701 1st St, Sultan, WA 98294 |

(360) 793-2400

www.voaww.org/foodbank |

Thursday, 5 p.m.

VOA Sultan Food Bank

703 1st St, Sultan 98294 |

info@voaww.org

Thursday 5-7pm; Friday

9:30am-12pm. Anyone living in
Sultan, Startup, Gold Bar, Index,
or Skykomish can shop 2x/month.

Stanwood

Stanwood Camano Food Bank

27030 102nd Ave NW, Stanwood,
WA | (360) 629-2789

[www.stanwoodcamanofoodbank.
org](http://www.stanwoodcamanofoodbank.org) | Wednesday, 10 a.m.

Warm Beach

Warm Beach Free Methodist Church Food Bank

20815 Marine Dr, Stanwood |
(360) 652-6555

www.wbfmc.org | Wednesday, 9 a.m.

SNOHOMISH COUNTY SOUP KITCHENS/MEALS BY DAY OF THE WEEK

Daily

Gospel Mission-Men's Shelter and Day Center

3711 Smith Ave, Everett | (425)
252-1297 | [www.egmission.org/
get-help/](http://www.egmission.org/get-help/) | Men, women,
children: Lunch 11:30 Dinner 4:30

Daily Monday through Friday

Carl Gipson Senior Center of Everett

Senior Dining Program, 3025
Lombard Ave, Everett 98201
(425) 257-8780 | Meal Times: M-
F, 11:30am

Snohomish Senior Center Congregate Meals

506 4th St, Snohomish, WA |
(360) 568-0934.

Breakfast: 1st Saturday,
8:30-10:30am Lunch: M-F,
11:30am

COST: Tue-Thurs: \$4.00 M / \$5.00
NM; Mon & Friday: Senior
Services \$3.00 suggested
donation 60+ years. All others
must pay \$6.00

Hoff Foundation-Esther's Place

1st Presbyterian Church, 2936
Rockefeller Ave., Everett
M-F, 9am-1:30pm | Day center
for women over 18 with children.
Breakfast, lunch, personal care
items, support groups, life skill
classes, job training, haircut,
community resources, medical/
dental care.

Sunday

Bothell United Methodist Church-Bothell Community Kitchen

18515 92nd Ave NE, Bothell, WA,
98011 | (425) 486-7132 |
Sunday 5-6 p.m. Hot meal to
anyone in need

Central Lutheran Church Hot Meal Program

2702 Rockefeller Ave, Everett, WA,
98201 | (425) 252-8291
Hot meals: March-Oct: Sun. 5pm;
Nov-Feb: (Mar-Oct), 4pm

Gold Creek Community Church

Parking Lot | Hot meal and sack
lunches
1st, 3rd, & 5th Sunday, 5-6 p.m.

Central Lutheran Church

2702 Rockefeller Ave., Everett. |
Clothing available some days.
Qualified persons can sign up for
free urgent dental care on dental
van that comes once a month. Ask
Jessica for details.

Monday

Saint John's Episcopal Church

Meal Program

Snohomish Community Kitchen
913 2nd St, Snohomish, WA,
98290
(360) 568-4622 | M & Th,
4:30-6:30 pm

Snohomish Senior Center

Congregate Meals | 506 4th St,
Snohomish | (360) 568-0934
Breakfast: 1st Sat, 8:30-10:30am;
Lunch: M-F, 11:30am

Bethesda Lutheran Church Hot Meal Program

23406 56th Ave. W. Mountlake
Terrace, WA 98043
425 778-6390 | Hot meal for
anyone in need
Monday: Lunch at 1pm; Dinner at
5:30pm

Everett First Church of the Nazarene Meal Program

2502 Lombard Ave, Everett, WA,
98201

Salvation Army of Everett Fellowship Meals:

2525 Rucker Ave., Everett, 98201
| (425) 259-8129
5:15 p.m. Recovery meetings held
at 6 p.m. Mondays.

Evergreen Unitarian Church (Snohomish Community Kitchen)

1607 4th St. Marysville, WA 98270
| (360) 659-6621 | 1 pm

Tuesday

Monroe Covenant Church

202 S. Sams St., Monroe, WA
98272 | (360) 794-1022
"Take the Next Step" Dinner
6-6:45 pm

Faith Lutheran Church Free Community Meals

6708 Cady Road, Everett, WA |
(425) 353-4758
2nd & 4th Tuesday, 5-6:30 p.m. Hot
meal & and conversation.
Referrals to other community
services available.

Sultan Community United Methodist Church

212 Birch St. Sultan | Loaves and
Fishes free supper 4-5 p.m.

Salt of the Earth Soup Kitchen

Westminster Presbyterian Church,
2531 Hoyt Ave., Everett, WA
Call Sandra (425)-355-1042 | Hot
Meals at Noon

Salvation Army of Everett fellowship meals:

2525 Rucker Ave., Everett. |
425-259-8129
5:15 p.m. Recovery meetings held
at 6 p.m. Mondays.

Westminster Presbyterian Church "Salt of the Earth Ministries"

2531 Hoyt Ave., Everett | (425)
252-3757 | noon lunch

Wednesday

First Presbyterian Church of Everett Meal Program

2936 Rockefeller Ave, Everett, WA
(425) 259-7139 | hot meals: 5:30
PM

Community dinner at Zion Lutheran Church

4634 Alger Ave., Everett, WA |
425-252-1429
www.zionlutheranofeverett.com
| 6 p.m.

Monroe Community Church "Take the Next Step"

Sack lunches 10 am-5 pm, first
come, first served

Edmonds Lutheran Church "Annie's Kitchen"

23525 84th Ave. W., Edmonds |
(425) 744-8090 | Dinner 5 pm

Thursday

Saint John's Episcopal Church Meal Program

Snohomish Community Kitchen |
913 2nd St, Snohomish, WA
(360) 568-4622 | M Th,
4:30-6:30 pm

Ebenezer Lutheran Church Meal Program

2111 117th Ave NE, Lake Stevens,
WA 98258
Th, 5-6:30pm, except holidays
(Thanksgiving, Christmas, New
Year's)

Everett United Church of Christ

2624 Rockefeller Ave, Everett, WA
| (425) 252-7224

Dinner Bell Outreach-doors open
at 5pm; dinner at 5:30pm

The Table-free community dinner: 6 p.m.

Mountain View Church, 4501 88th
Street, Marysville
360-659-0445 | Children
welcome

Salvation Army of Everett fellowship meals:

2525 Rucker Ave., Everett. |
425-259-8129
5:15 p.m. Recovery meetings held
at 6 p.m. Mondays.

Northlake Christian Church Community dinner

19029 North Road, Bothell |
425-672-8044
6 p.m. second Thursday

Our Savior's Lutheran Church (360) 629-3767

27201 99th Ave. NW, Stanwood |
5:30 pm

Friday

Snohomish Senior Center Congregate Meals

506 4th St, Snohomish, WA,
98290 | (360) 568-0934
Breakfast: 1st Sa, 8:30-10:30am;
Lunch: M-F, 11:30am
Cost: Tue-Thu- \$4.00 M-\$5.00 N-
M Mon & Friday: Senior Services

\$3.00 suggested donation 60+ years. All others must pay \$6.00

First Baptist Church Meal Program

1616 Pacific Ave, Everett, WA, 98201 | (425) 259-9166

Provides hot meals to those in need-Fridays, 5pm

Saturday

Trinity Lutheran Church

6215 196th St. SW, Lynnwood | (425) 778-2159

8:30-10:30 am Breakfast

OTHER COMMUNITY FOOD PROGRAMS

Washington State Basic Food Program

The Washington State Basic Food Program is often referred to as “food stamps” or “SNAP.” The goal of this program is to reduce hunger and malnutrition by providing people with financial help to buy groceries. You are not alone! At this time, 12.5% of Washington residents participate in the Basic Food Program. To apply for food assistance, contact us at 425-347-1229 or 800-824-2183. Or email your name and phone number to basicfood@homage.org.

WIC (Women Infants Children)

1819 100th Pl. SE, Everett | 425-316-8929

www.doh.wa.gov/

[YouandYourFamily/WICMeals](#)

Meals on Wheels

11627 Airport Rd. # B, Everett | (425) 347-1229 or (800) 824-2183

www.Sssc.org/nutrition/meals_on_wheels

SENIOR DINING (Must be at least 60 years old.) Delicious, hearty meals dished up throughout Snohomish County. In addition to a nutritious meal, participants get together with friends, take part in activities, and receive help finding services. Guests are welcome to enjoy a meal with you! Spouses can be included for a \$3 suggested donation (or whatever you can afford). Anyone living at your home with a disability is also welcome to enjoy their meal for a \$3 suggested donation (or whatever you can afford). Family and friends can enjoy their meal for \$6. Donations are confidential and can be made with cash, check, or Basic Food Program voucher (food stamps). www.homage.org/wp-content/uploads/2018/04/Senior-Dining-Locations.pdf for meal site locations and schedule.

children age infant-18 yrs old.
December only.

OTHER COMMUNITY SERVICES

Housing and Essential Needs Program (HEN) (425) 388-3360

Rent Assistance and essential needs

Korean Women's Association
4629 168th Street SW Suite G,
Lynnwood | 425-742-6396
www.kwacares.org/ | Offers
social and human services

Hoff Foundation-Esther's Place(425) 512-0749
2936 Rockefeller Ave., 1st
Presbyterian Church, Everett
98201
(425) 512-0749 | M-F,
9am-1:30pm. A day center for
women over 18 with children.
Offers breakfast, lunch, personal
care items, support groups, life
skills classes, job training,
haircuts, community resources,
medical/dental care.

Christmas House of Snohomish County
Boys & Girls Club gym, 2316-12th
Street, Everett, WA
www.christmas-house.org/ |
Christmas House is a 100%
volunteer, non-profit organization
that provides an opportunity for
qualifying, low-income,
Snohomish County parents to
select free holiday gifts for their

2-1-1

Washington 211 maintains a
statewide database of community
resources, partnering with services
statewide to meet community needs

CLOTHING

**Cornerstone Bible Church-
Clothing Closet Ministry**
15533 75th St. NE, Lake Stevens,
WA | 360-386-9871
1st & 3rd Thursday, 10:30 am-1:30
pm.
Provides clothing and bedding to
persons in need.

Saint Joseph's Clothing Bank
1925 4th St. Marysville, WA |
Tuesday & Thursday 10am-12pm
and 1pm-4pm | Saturday
9am-12pm (Closed on 5th week of
month)

Catholic Community Services
1918 Everett Ave., Everett |
(425) 257-2111
www.ccsww.org | Layette
program for babies

Operation School Bell
5107 Evergreen Way, Everett |
425-252-3011
www.assistanceleagueofeverett.org
Mon-Sat. 9:30 am-5:30 pm (Thrift
shop)

Faith Lutheran Church

6708 Cady Road, Everett | (425)
971-0402

Free community clothing bank
Thurs.& Fri. 12-2:30 pm.

Westgate Chapel Clothing Bank

22901 Edmonds Way, Edmonds |
425-977-4500
[www.westgatechapel.com/
emergency-services/](http://www.westgatechapel.com/emergency-services/)

**Pregnancy Aid-Maternity/Infant
Clothing**

3202 Hoyt Ave. Everett |
425-252-6444
www.pregnancyaidsc.org | M-
Th, 9 am-3 pm

Salvation Army-Clothing Help

2424 Rucker Ave., Everett | 425
259-8129
www.everett.salvationarmy.org

**St. Vincent de Paul-Clothing
&Furniture**

6424 Broadway Ave., Everett |
425 355-3525 |
www.svdpwa.com M-Sun 9:30
am-6 pm | Check Facebook for
monthly sales and events:
www.facebook.com/st.vincent

Volunteers of America

2802 Broadway Ave. Everett |
425-259-3191 |
www.voaww.org/

**YWCA Working Women's
Wardrobe**

3301 Broadway Ave., Everett | by
appt only, call to schedule

425 258-2766 or 425 774-9842

[www.ywcaworks.org/programs/
working](http://www.ywcaworks.org/programs/working)

Clothes for Kids

16725 52nd Ave. West, Suite B,
Lynnwood | 425-741-6500
www.Clothesforkids.org | free/
reduced lunch in Snohomish
County. Must request form from
school office, fill in all info on
form. Open to all students

Arlington Kids Kloset

135 S French St, Arlington |
360-435-4875 | Times vary.
Please call

**Christ the King Community
Church, "The Kings Clothing
Closet"**

825 Ave D, Snohomish |
360-568-7271
1st & 3rd Tuesday, 6pm; 3rd
Saturday, 10am-1pm

Edmonds Lutheran Church

23525 84th Ave W, Lynnwood |
425-744-8090

Valley Clothing

17146 Beaton Rd. SE, Monroe |
360-794-7749
Email:
SnoValleyClothing@yahoo.com |
1st & 3rd Wed, 10 a.m.-12 and 6-8
p.m. Clothing donations accepted
during open hours or by
arrangement.

Compass Health Growth Ctr. Peer Clothing Room

3322 Broadway Everett, WA |

Open daily 10 am-1 pm

SHELTER AND HOUSING ASSISTANCE

Women and Children's Shelter

Everett, WA 98203 | (425)

740-2501 | Mon-Fri. 9-5

Overnight shelter available for women and women with children

Everett Gospel Mission Men's Shelter and Day Center

3711 Smith, Everett, WA |

425-740-2550 |

Client must call by 10 a.m. Names are drawn randomly; Client is called and notified if they have obtained a bed. If Client does not get a bed that day, they can call again the next morning. They are allowed to stay at the shelter for 90 days.

Interfaith Family Shelter

2507 Cedar Ave., Everett |

425-303-9774

This emergency shelter is available to households with children.

Salvation Army Cold Weather Shelter

2525 Rucker Ave., Everett |

425-259-8129 ext. 233

8pm-7am. Arrive between

8-10pm

Snohomish County Human Services

3000 Rockefeller Ave, M/S 305

Everett | 425-388-7200

The mission of Human Services is to help all persons meet their basic needs and develop their potential by providing timely, effective human services and building community.

PROGRAMS & SERVICES

Some of the programs that we support include:

- Services to help maintain elderly and disabled adults in their own home or in a community setting
- Drug and alcohol treatment for both youth and adults
- Mental Health counseling
- 24-hour services for persons in either a mental health or drug and alcohol crisis
- Services to help low-income households meet their basic needs or obtain specific help to overcome barriers to improving their economic situation
- An Early Childhood Education Program for low-income families with four-year old children
- Employment and community support programs for persons with developmental disabilities and their families
- Community programs for children and families
- Help for veterans

- Weatherization and help for low-income households to pay their heating bills

Housing Hope | 425-347-6556

Provides programs for: Homeless, Education, Child and Housing. Provides transitional housing (wait list), does not have shelters.

Cocoon House for Teens

(Arlington, Monroe, Everett)

2929 Pine St. Everett, WA 98201

| 425-259-5802 ex. 123 or

info@cocoonhouse.org

Get Help 24/7: Call or text

425-877-5171 or email

safeplace@cocoonhouse.org

Cocoon House can help you figure out your next steps. Help is available for ages 12-24. Stop By for ages 12-20: 1421 Broadway, Everett; weekdays 2-6:30 pm or weekends 10am-1:00 pm. Get a place to sleep, do laundry, take a shower, eat, get help getting a job.

Cocoon House conducts outreach to, and provides short- and long-term housing for homeless and at-risk young people, including their children. Parents of teens can also find support for themselves and their families at Cocoon House so that young people do not become homeless. We have two emergency shelters located in Everett and Monroe, a maternity group home in Arlington, and transitional living in Everett.

Everett Housing Authority

3107 Colby Ave. Everett, WA

98201 | 425-258-9222

www.evha.org | Do you need

help finding affordable housing?

Locate housing that accepts

vouchers at:

www.housingsearchnw.org

Fresh Start Housing of

Washington

Mukilteo | (206) 486-4493 |

Housing and homeless shelter,

halfway house. Supportive

transitional housing for men and

women in various stages of life

recovery from addiction, mental

health, homelessness, and jail re-

entry. We provide transitional

housing with programs to help

residents acquire the skills to

cope in their lives.

Welcome Home Society

Lake Forest Park | 206-365-1400

| Residential addiction treatment

center for those aged 19-34.

Minimum 2-year program is

extremely effective, with 98% of

cost currently being subsidized.

We only accept those who firmly

commit to change their lives.

Hands Together Cold Weather Shelter

Arlington | (360) 403-4674 |

Open only when forecast calls for

temps below 32° F for 3+ hours.

Call for location, as it changes.

The New Bethlehem Day Center

Kirkland | (425) 679-0350 |
Sun-Thurs, 2-8 pm. Essential
services for homeless families
(adults with children <18),
including showers, laundry,
computers, social Services,
snacks, dinner.

**Snohomish County Housing
Authority**

425-290-8499

ShelterListings.org

[www.shelterlistings.org/city/
snohomish-wa.html](http://www.shelterlistings.org/city/snohomish-wa.html)
[www.shelterlistings.org/county/
wa-snohomish-county.html](http://www.shelterlistings.org/county/wa-snohomish-county.html)

**The Walnut Group Clean and
Sober Housing**

1924 Hoyt Ave, Everett, WA |
(206) 841-6769

**The Lazarus House Clean and
Sober Housing**

5105 South 3rd Ave Everett, WA |
425-207-6875

**Oxford House Addiction Recovery
Housing**

[www.oxfordhouse.org/
directory_listing.php](http://www.oxfordhouse.org/directory_listing.php)

The Christian House Ministries

5013 Delaware Ave, Everett |
425-610-4444
Faith-based transitional housing
and counseling

**Everett Transitional Housing
Services**

425-200-0033 | Transitional
Housing, emergency shelter,
affordable rental housing, drug
and alcohol treatment.

Low Cost Housing

- Housing Search Northwest:
www.housingsearchnw.org/
- Everett Housing Authority: (425)
252-9222
- HUD: (206) 220-5140
- Snohomish Housing Authority:
(425) 290-8499
- Snohomish Affordable Housing
Group: (360) 568-4951
- Parkside apartments: (425)
353-0300
- Senior Services Housing
Management: (425) 290-5165
- Create Housing:
[www.snohomish.createhousing.o
rg/](http://www.snohomish.createhousing.org/)
- Project Based Voucher
Community Partners:
 - Bridgeway's: (425) 355-8668
 - Housing Hope: (425)
347-6556
 - Mercy Housing: (206)
838-5700
 - Salvation Army: (425)
259-8129
 - Compass Health: (425)
349-8200
 - Sunrise Services: (425)
212-4200
 - Catholic Comm. Services:
(425) 257-2111

Showers

Everett Gospel Mission

Men's Shelter, 3711 Smith Ave
Everett, WA

Women's Showers (toiletries
available) 11:30am-1pm daily

Men's Showers (toiletries
available) 2:30pm-4pm daily

YMCA Everett

425-258-9211 | Sunday evenings

YMCA Mill Creek

425-337-0123 | M-F with valid ID

The New Bethlehem Day Center

Kirkland | (425) 679-0350 |

Hours: 2-8 pm Sun-Thurs.

Essential services for homeless
families (adults with children
<18), including showers, laundry,
computers, social Services,
snacks, dinner.

First Presbyterian Church

2936 Rockefeller, Everett | (425)

259-7139 | Wed. 5 pm-9:30 pm.

We provide towels, wash cloths,
body wash, shampoo, conditioner,
underwear, socks, toiletries,
clothes, sleeping bags, blankets,
hats.

Trinity Lutheran Church

6215 196th St. SW, Lynnwood, WA

| Showers: Sat. 8 am-3 pm. We
provide towels, wash cloth, body
wash, shampoo, conditioner,
underwear, socks, clothes, hats,
toiletries, sleeping bags, blankets.
Breakfast, Food Pantry, and

Clothing also available on
Saturdays

Laundry Services

First Presbyterian Church

2936 Rockefeller, Everett

(425) 259-7139 | Wed. 4:30-8:30
pm

Mobile Laundry Service at

Snohomish Co. Food Bank

Tues & Thurs: 9am-5pm

Smokey Pt. Laundry Outreach at Suds & Duds:

3131 Smokey Point Blvd.,
Arlington (by PA Fitness and Life
Church)

Tues. 6:30-9 pm (last load in at
7:45 pm). Supplies provided for
each person to do one small load.

Arlington Laundry Outreach at Arlington Laundry Station

102 W. 5th St., Arlington | Wed.

6:30-9 pm (last load in at 7:45
pm). Supplies provided for each
person to do one small load.

Trinity Lutheran Church

6215 196th St. SW, Lynnwood |

(425) 778-2159

Every Sat. 7:30-11 am. Breakfast,
Food Pantry, and Clothing

Utility Assistance

- Snohomish County PUD
Emergency Hotline: (425)
783-1000
- Snohomish County Energy
Assistance: (425) 388-3880

- Energy Assistance Program: (425) 259-5185
- VOA Family Support Services: (425) 259-3192
- PUD Energy Assistance: (425) 793-1000
 - PUD Discount Program: www.snopud.com/account/discounts.ashx?p=1188
 - PUD Discount application form: www.snopud.com/Site/Content/Documents/custpubs/2350_DiscountApp_2016_web.pdf
- Salvation Army: (425) 259-8129
- St. Vincent DePaul: (425) 355-3504
- American Red Cross: (425) 252-4109
- Arlington Community Chest (98223 res. only): (360) 386-7989
- Lutheran Community Services NW: (425) 670-8984
- Stanwood/Camano Comm. Resource Ctr.(res. only): (360) 629-5257
- Westgate Chapel (when funds are available): (425) 775-2776

Project PRIDE

6424 Broadway Everett |
 425-374-1243 | Mon. & Wed.,
 9:30-3pm
 Applications available at
pudprojectpride@hotmail.com
 For families or individuals whose
 income is < 125% of federal
 poverty level. Recipients must
 have notice of disconnection of
 service, and family cannot have

received a grant from federal
 energy program.

Federal Low Income Home Energy Assistance Program(LIHEAP)

Snohomish County Residents:
 Visit Snohomish County's website
 or call 425-388-3880. Camano
 Island Residents: call the
 Stanwood Camano Community
 Resource Center at 360-629-5257
 Mon-Fri, 9am-5pm | Help with
 heating bills is available, whether
 residents heat with electricity,
 natural gas, propane, oil, or wood.
 Certain eligibility requirements
 apply. Grant Range: \$25-\$1,000

Finanacial Assistance

- Dept. of Social & Health Services: (425) 438-4971
- Volunteers of Am. Family Support Ctr: (425) 259-3192
- Lutheran Community Services: (425) 670-8984
- St. Vincent DePaul (when funds are available): (425) 355-3504
- Salvation Army (gas vouchers & bus fare): (425) 259-8129

Miscellaneous Services

Family Health Hotline

1-800-322-2588
 M-Thu 8am-5:30pm; Fri 8am-5pm
 We can help you understand and
 apply for a variety of food and
 health resources in Washington
 state, including:

- WIC (Women, Infants & Children Nutrition Program)
- Basic Food (Food Stamps)
- Health Insurance for children, pregnant women and adults
- Birth control through the Take Charge Program
- Health and family planning clinics
- Developmental screenings
- Pregnancy and baby supplies
- Breastfeeding support
- Food banks
- and much more...

"Right at Home"

425-209-0564 | Provides Home Care in Snohomish County.

Whether a family member needs a little extra help around the house, assistance recovering from a hospital stay, end of life care, 24 hour supervision, or someone to check in on them throughout the week, we could be the answer.

Child Care Help

Child Care Aware of America:

www.childcareaware.org/help-paying-child-care-federal-and-state-child-care-programs/

Working connections Child Care-DSHS

1-877-501-2233

Working Connections Child Care-CCC of WA

1-800-466-1114 | Choose "homeless call center experts" option when calling

Poison Hotline

- Emergency: 911
- Poison Hotline: 1-800-222-1222

Suicide Prevention

National Suicide Prevention Hotline

1-800-273-8255

Volunteers of America Care Crisis Line

(425) 285-4357 or (800) 584-3578

Domestic Violence

Domestic Violence is abuse by one person in a current or former intimate relationship in order to maintain power and control over the other person. Abuse can take many forms, including physical, sexual, verbal, social, economic, emotional, psychological, environmental. It affects both parties involved, their children, their families, their friends. No one deserves to be abused. Often times Domestic Violence:

- Is a learned behavior
- Is often repeated and escalated
- Is coercive and targeted
- Is present in all ages, races, ethnicities, cultures, sexual orientations, religions, economic levels, and educational levels
- Creates an environment of fear and intimidation

Domestic Violence Shelters

If you're a victim of domestic violence, get out of the situation.

This may mean staying with a friend or family member until you're safe. There are also many shelters available in the area for domestic violence victims, including:

- Domestic Violence Services of Snohomish County, offering temporary shelter services in emergency situations. 24-hour hotline: 425-252-2873.
- YWCA Housing & Shelter for Snohomish County, offering various types of housing for women and their children. 425-258-2766.
- Snohomish County Center For Battered Women: (425) 252-2873
- Hopelink/Kenmore Shelter (no. King County): 211-800-223-8145

Domestic Violence Hotlines

The following hotlines are available 24-hours a day and are free of charge in Snohomish County:

- Snohomish Center for Battered Women: (425) 252-2873
- CARE Crisis Line: (800) 584-3578 or (425) 258-4357
- Eastside Domestic Violence Program: (800) 827-8840

- National Domestic Violence Hotline: (800) 799-SAFE (7233)
- Providence Sexual Assault Center: (425) 252-4800
- Domestic Violence Services of Snoh. Co.: (425) 252-ABUSE(2873)
- Washington State Domestic Violence Hotline: (800) 562-6025

The following resources are from Domestic Violence Services of Snohomish County: dvs-snoco.org/how-to-get-help-resources/

- Domestic Violence Services of Snohomish County: 425-25-ABUSE (425-252-2873) 24 hour support line
- Domestic Violence Services of Snohomish County Legal Advocates: 425-259-2827 During regular business hours
- Statewide Domestic Violence Hotline: 1-800-562-6025
- Care Crisis Line 425-258-HELP: (425-258-4357) or 1-800-584-3578
- National Deaf Hotline: 1855-812-1001
- National Domestic Violence Hotline-Deaf: 1-800-787-3224 (TTY) or hotline@adwas.org

- WA. State Coalition Against Domestic Violence Hotline (WSCADV): 1-800-799-7233
- Protection Orders (Sno. Cnty Superior Court Clerk): 425-388-3638
- Police Emergency 911-Call or Text
- Police Non-Emergency: 425-407-3999
- Child Protective Service (CPS): 1-866-363-4276 (1-866-END-HARM) toll free/ 24 hours per day
- Superior Court Clerk (3000 Rockefeller, Everett): 425-388-3466

Police Departments

- Arlington: 360-403-3400
- Bothell: 425-486-1254
- Brier: 425-775-5452
- Darrington: 360-436-1186
- Edmonds: 425-771-0200
- Everett: 425-257-8400
- Gold Bar: 360-793-2836
- Granite Falls: 360-691-6611
- Lake Stevens: 425-334-9537
- Lynnwood: 425-744-6900 or 425-670-5600
- Marysville: 360-363-8300
- Mill Creek: 425-745-6175
- Monroe: 360-794-6300
- Mountlake Terrace: 425-670-8260
- Mukilteo: 425-263-8100
- SuakSuiattle Tribe: 360-436-1438
- Snohomish: 360-568-0888
- Stanwood: 360-388-5290
- Sultan: 360-793-1051

Municipal Courts

- Bothell Municipal Court: 425-487-5587
- Edmonds Municipal Court: 425-771-0210
- Everett Municipal Court: 425-257-8778
- Lynnwood Municipal Court: 425-670-5100
- Marysville Municipal Court: 360-363-8050
- Monroe Municipal Court: 360-863-4548

District Courts

- Cascade District Court (415 E. Burke, Arlington): 360-433-7700
- Everett District Court (3000 Rockefeller, Everett): 425-388-3331
- Evergreen District Court 14414-179th Ave. SE, Monroe: 360-805-6776
- South District Court 20520 68th St. W, Lynnwood: 425-774-8803

Prosecutors and DV Resources

- Snohomish County Prosecutor's Office: 425-388-6304
- City of Everett Domestic Violence Prosecutor's Office: 425-257-8406
- The Law Offices of Zachor& Thomas, serving Arlington, Edmonds, Lake Stevens, Lynnwood, Mill Creek, Monroe, Mukilteo, Woodway: 425-778-2429

City Victim/Witness Coordinators & Victim Advocates

- Lynnwood: 425-670-5621
- Mountlake Terrace:
425-744-6257
- Mill Creek & Edmonds:
425-275-4502
- Everett: 425-257-8513

Legal Services for Low Income and Seniors

Northwest Justice Project

27131 Wetmore Ave, Ste 410,
Everett
415-252-8515 |
www.nwjustice.org

VICTIM SUPPORT SERVICES

5023 Claremont Way, Everett |
425-252-6081 |
www.victimsupportservices.org |
24 hour hotline: 1-888-288-9221
Contact: Michaela Weber:
michaela@victimsupport.org
lora@victimsupport.org |
Advocacy Agency: FREE of charge
for victims of crime. arson,
assault, bullying, fraud, burglary,
gang violence, harassment, hate
crime, homicide, human
trafficking, identity theft,
kidnapping, missing persons,
property crime, vehicular assault
or homicide, vulnerable adult
abuse & elder abuse.

FELDMAN & LEE, Attorneys At Law

425-771-3600 |
www.feldmanlee.com

NICOLE NAGEL, Social Srvc
Advocate
socialservice@feldmanlee.com
Help with warrants and some
other legal issues.

VOA DISPUTE RESOLUTION CENTER

2801 Lombard, Everett |
425-339-1335 | Mediation &
training programs, conflict
resolution services, fair housing,
landlord tenant services, small
claims court mediation,
workplace consultations. FREE
Tenant Rights Workshops: James
Rankin

Child Abuse

For concerns about possible abuse, to
help prevent child abuse, or you
know someone who has been
abused, call the following numbers:

- Hotline: 866-ENDHARM
(866-363-4276). If you see
someone abusing a child, call 911
- Daytime-Local CPS Office, for
Snohomish County:
866-829-2153
- Nights and Weekends:
800-562-5624
- TTY Callers: 800-624-6186
- If you know a sexually abused
child who needs counseling,
contact Compass Health
Children's Advocacy Program:
425-349-7300
- If you want a presentation by law
enforcement to your group,
contact the Snohomish County
Sheriff: 425-388-6371

- If you want a prevention presentation at your child's school by Open Door Theatre: 425-303-8783

ADDITIONAL RESOURCES

- American Red Cross: 425 252-4103
- Bethany Christian Assembly: 425 339-3303
- Big Brothers and Big Sisters: 425 252-2227
- Boys and Girls Club of Monroe: 360 794-4775
- Catholic Community Services: 425 257-2111
- Community Transit dial-A-Ride: 800 562-1381
- Compass Health: 425 349-6200
- DSHS: 360 794-1350
- Everett Transit Customer Information: 800 562-1375
- FamiliasUnidas: 425 513-2880
- Head Start Snohomish Co./Edmonds CC: 360 794-0539
- Matthew House Simon of Cyrene Society, Inc.: 360 794-8720
- Medalia Medical Group Monroe Medical Ctr: 360 794-7994
- Refugee & Immigrant Forum of Snoh. Co: 425 388-9307
- Sea Mar Community Health Ctr: 360 653-1742
- Senior Info. & Assistance Hispanic Outreach: 800 422-2024
- YMCA of Snohomish County-Monroe Branch: 360-805-1879

CANCER CARE

Women Helping Women:

Providence Everett Medical Center, Pacific Campus
425-258-7796 | Support Group, 6:30-8 p.m., 2nd & 4th Wednesday

Angel Care Breast Cancer Foundation

(425) 861-5655 | www.angelcarefoundation.org

Providence Regional

1717 13th St., Everett 98201
(425) 297-5521

Providence Regional Cancer Partnership

1718 13th St., Everett 98201
425-297-5520

Free Wigs: American Cancer Society

Enrapture Salon and Spa, 10530 19th Ave Ste 203, Everett, WA (425) 338-1711 | Open to cancer patients. Patients are eligible for 1 wig every rolling 12 months while they are in active treatment, regardless of insurance status. Appointments are required

American Cancer Society

Providence Regional Cancer Partnership Wig Bank
Cancer Resource Center
1717 13th St, Everett
425-297-5608

American Cancer Society-Swedish-Edmonds Campus
Cancer Resource Center

21632 Hwy 99, Edmonds,
Washington 98026
425-673-8319 | Open to cancer
patients.

Patients are eligible for 1 wig
every rolling 12 mo. while they in
active treatment, regardless of
insurance status. Appointments
not required; however, hours can
vary. Patients are encouraged to
call to check availability prior to
stopping by.

**Other Free Wig Resources for
cancer patients:**

[www.cancer.org/about-us/local/
resources-list.listing.html/
Washington.html](http://www.cancer.org/about-us/local/resources-list.listing.html/Washington.html)

OTHER SUPPORT GROUPS/NETWORKS

Addicted Angels

Call Cathy: 425-344-3520. For
families who have lost a loved one
from addiction to drugs or
alcohol.

Alzheimer's Association

Maplewood Presbyterian Church
19523 84th Ave. W., Edmonds |
425-745-4645
Caregiver Support: 7:30-9:30
p.m., 1st & 3rd Mondays

Breast and Cervical Cancer

**Angel Care Breast Cancer
Foundation**

877-861-5655 |
angelcare3@aol.com
www.angelcarefoundation.org |

Free help for newly diagnosed
breast cancer patients. Volunteers
needed.

**Providence Everett Medical
Center**

Pacific Campus | 425-258-7796

**Washington Breast & Cervical
Health Program**

800-865-3647 | 10-11:30 am, 2nd
& 4th Wednesday
Free mammograms, diagnostic
services, and help finding
treatment

Arthritis

Stanwood Senior Center

7430 276th St. NW, Stanwood
360-629-7403 | 1-2:30 p.m. 4th
Friday

Brain Injury and Stroke

Stevens Hospital

21601 76th Ave. W., Edmonds
425-640-4000 | 6:30 p.m. 3rd
Thursday

Edmonds Community College

Meadowdale Building, Room 124
20000 68th Ave. W., Lynnwood
425-776-7264 | Caregivers and
family

Living with Stroke

Garden Court Retirement
Community
520 112th St. SW, Everett |
425-438-9080
1:30 p.m., 4th Thursday, 6:30-8:30
p.m., 3rd Thursday

Caregivers

Family Support Center,

6330 195th St. SW, Lynnwood
425-670-8984 | 1-2:30 p.m. 4th
Fridays

Providence Hospice and Home Care of Snohomish County

425-261-4801 | 6:30-8 p.m., 1st
Monday

Stanwood Senior Center

7430 276th St. NW, Stanwood
360-629-7403 | 1:30-3 p.m. 3rd
Tuesday

Alterra Clare Bridge at Silver Lake

2015 Lake Heights Drive, Everett
425-337-6336 | 6:30 p.m. 1st
Wednesday

Mill Creek Senior Center

WSU extension office conference
room
600 128th St. SE, Mill Creek |
425-357-6002
10-11:30 a.m. Friday. No
registration required.

CHADD: ADHD

Evergreen Hospital, Surgery and
Physicians Center
12040 NE 128th St., Kirkland |
206-622-2127 |
www.nwchadd.org
Support group, 7-9 p.m. 3rd
Tuesday

Childhood Sexual Abuse and Rape:

For adult female survivors of
childhood sexual abuse and rape.

Call Eileen: 425-355-1736

Widows and Widowers

Circle of Friends

Everett Senior Center
3025 Lombard Ave. |
425-257-8780
12:30 p.m. 1st and 3rd
Wednesday

Bereaved Parents

Compassionate Friends

Marysville United Methodist
Church
5600 64th St. NE
Support group: 7 p.m., 3rd
Thursday

Diabetes

Cascade Valley Hospital

330 S. Stillaguamish Ave.,
Arlington
360-435-2133, ext. 4705101
6:30-8 pm, 2nd Thursday

Valley General Hospital

14701 179th Ave. SE, Monroe
360-794-1411
Diabetes Ed.: 7:30-8:30 pm 2nd
Monday

Stevens Hospital Cafeteria

21601 76th Ave. W., Edmonds
425-640-4395 | 6:30-8 pm, 4th
Wednesday

Stanwood Senior Center

7430 276th St. NW |
360-629-7403
11 am-noon, 3rd Monday

Foster Kids

Families for Kids

Denny's, 2903 Pacific Ave., Everett
425-268-7145 |

www.familiesforkids.org

Foster Parent Group: 11am-1 pm,
2nd Tuesday

Families for Kids

Aly's Pizza, 9330 State St.,
Marysville | 360-941-4085

Foster Parent Group: 11 am-1 pm,
3rd Thursday

Fibromyalgia:

Holy Cross parish office

1805 Main St., Lake Stevens
425-334-6556 | 6 pm, 3rd
Tuesdays

Grief and Loss

East County Senior Center

276 Sky River Parkway, Monroe |
360-794-6359

2nd and 4th Thursdays, 12:30-2
p.m. | Provides a safe place to
talk about your feelings and share
with others

La Leche League

Help Lines: 425-303-0311,
800-525-3243

www.lalecheleague.org

St. Michael's Church

1514 Pine Ave., Snohomish
360-793-0219 | 10 a.m. 2nd
Thursday

Mountain View Presbyterian

5115 100th St. NE, Marysville
425-397-9757 | 10 a.m. 2nd
Thursday

Gold Bar

Call for location: 360-793-2128
1 p.m. first Thursday

Monroe Library

360-799-1218 | 6 p.m. 2nd
Monday

La Leche

3727 Rockefeller Ave., Everett
425-397-9757 | 9:30 am, 3rd
Tuesdays

Hope Lutheran Brethren Church

11329 23rd Drive SE, Everett
7 p.m. 1st Tuesdays

Stanwood Library

9701 271st St. NW, Stanwood
360-856-6479 | 10:30 a.m. 3rd
Monday

Meth

Life Changes Ministry

2820 Hewitt Ave., Everett
425-252-6484 | 8:30-9:30 pm,
Tuesday

Parents of Children with Special Needs

Family Support Center

6330 195th St. SW, Lynnwood
425-670-8984 | 7-8:30 pm, last
Tuesday

Westgate Chapel

22901 Edmonds Way, Edmonds

425-775-2776 | 7 pm, 1st

Monday

RESOURCES FOR EMPLOYMENT

Labor Ready

19915 64th Ave., W., Lynnwood,
WA

425-712-7025 | M-TH 5:30 am-6
pm

WorkSource

3201 Smith Ave #330, Everett, WA
| (425) 258-6300

Housing Hope Edu-employment Program

Facilitates career pathways for
individuals in households
experiencing homelessness or
poverty through a model of
education, employment readiness
training, work experience and
employment. Contact:

TimothyJackson@housinghope.org

Goodwill Free Job Training and Educational Center

9315 State Ave., Marysville |
(360) 657-4058

Crystal Jensen:

crystal.jensen@seattlegoodwill.org

Habitat for Humanity Job Training

2302 Broadway, Everett |
425-354-3343

www.habitatsnohomish.org

Workforce Snohomish

808 134th St. NW Everett

425-921-3442 |

www.workforcesnohomish.org

Contact: Erin Monroe:

erin.monroe@workforcesnohomish.org