

- 1 | To what degree do you have a need to control another person's agenda?
- 2 | What percentage of time do you typically talk during coaching session?
- 3 | How often do you make note of your coachees' progress or short-term wins?
- 4 | How often do you interrupt the people being coached, and for what reasons?
- 5 | in what ways do your grace-giving comments inspire and encourage your coachees?
- 6 | To what degree does a fear of rejection hinder you from being more of a truth-teller?
- 7 | When has it been most unpleasant for you to tell the truth? What was the result?
- 8 | How might you make a habit of being a grace-filled truth-teller in your coaching relationships?
- 9 | In your present coaching settings, where does the truth need to be expressed more intentionally?

10 | How might the truths you share in coaching relationship be stated as "observations" (I've noticed . . .) or "wonderings" (Are you okay with the results you're getting . . . Are you okay with your views being discounted?"

