Please e-mail your responses to the questions below to Jim LaDoux. You'll be asked to share a few of your responses with other students at Session 1.

What are 10 things you'd like your trainers to know about you and your setting?
1.
2. $\qquad$
3.
4. $\qquad$
5.
6. $\qquad$
7. $\qquad$
8. $\qquad$
9. $\qquad$
10. $\qquad$

What experience and training have you had related to coaching or being coached?

What are your intentions for using the knowledge and skills from this course in your personal and professional life?

What would you like to be celebrating three years from now related to coaching or building a coaching business?

Do you have a target audience in mind about the type of people you are most interested in coaching?

What types of topics are you most interested in addressing with clients?

What do you need to thrive in this course? How do you learn and apply information best?

Upon your completion of this course, what would you like to be saying about this experience to others?

