

**Explore ways you can help clients accelerate learning and transformation through using assignments.**

Listed below is a sampling of suggestions of what you might invite a client to consider.

**1 | ASSIGN QUESTIONS**

- Ask clients to list how they think things are going in their life or ministry, or for their team members.
- Ask clients what prevents them from being their best selves with their family, colleagues, etc.
- Ask clients to reflect on how passionate they are about the causes they're investing in.
- Ask clients what they'd need to do to obtain different results than what they're getting now.
- Ask clients to identify at least 4 new approaches or actions beyond what they've already considered.

**2 | LIST OBSERVATIONS**

- Invite clients to reflect on the pace and the progress of their transformation. List what's changed.
- Invite clients to list what has helped or hinder their progress so far.
- Invite clients to list who speaks up and who doesn't in a team meeting.
- Invite clients to list who needs your help and who needs some nudging.
- Invite clients to list who are the dreamers, doers, or delegators in the group.

**3 | READ BOOKS & ARTICLES; VIEW WEBSITES**

- Invite clients to learn more about the process of change.
- Invite clients to learn more about themselves (i.e. Enneagram, Strengthsfinder, DISC, etc.).
- Invite clients to learn more about subject they seek to influence.
- Invite clients to learn more about discernment, spiritual practices, and theological perspectives.

**4 | GATHER & INTERPRET RESEARCH**

- Invite clients to learn more about their organization or faith community.
- Invite clients to learn more about the demographics of their local community.
- Invite clients to learn more about the trends shaping society or people's religiosity.
- Invite clients to learn what similar organizations are paying attention to or doing related to key issues.

**5 | INTERVIEW PEOPLE**

- Invite clients to ask 5 members 3 questions that are related to your initiative.
- Invite clients to ask 3 people how they handled or would hand a certain situation in life and ministry.
- Invite clients to ask 3 people how they could see themselves contributing to this project.
- Invite clients to ask 3 people in the community a question about your church or the community.

**6 | KEEP A JOURNAL; SHARE TWO INSIGHTS**

- Invite clients to write about their patterns of success; list what they do well.
- Invite clients to write about what they could let go of so they could focus on the "one" thing.
- Invite clients to describe the perfect day, week, meeting, vacation, or staff member.
- Invite clients to list what they'd want to be different in their life/ministry within 30 days, 90 days, or one year.
- Invite clients to list about what they'll no longer tolerate in life, and what it's costing them right now.
- Invite clients to list the things they're willing to give up to get what they really want.

**7 | PREPARE FOR NEXT COACHING SESSION**

- Invite clients to list what they want to take away from the next coaching session.
- Invite clients to list what they're learning about themselves and their setting.
- Invite clients to list what they plan to do within the next 30 days related to their preferred future.
- Invite clients to describe in greater detail their desired results or preferred future.

