

Instructions/Information for Sending Medication to Camp with Your Child:

- 1) Medication must be in the original prescribed container with the correct prescribed dosage and name of the child. No prescribed meds with any name other than the child will be given.
- 2) Place medication in a ziplock bag with attached form included in bag.
- 3) Camp Zephyr does have a well-stocked Nurse's Station. Many of the basic over-the-counter medications your child may need should be available and stocked (i.e.: tylenol, ibuprofen, bandaids, Benadryl, cough medicine, Neosporin, etc). You do not need to send these types of medication with your child. However, specialty items (i.e.: Zyrtec, Allegra, etc) can be sent to camp if needed. Should your child require over the counter medication, please be sure to write your child's name on the container or box and place it in the ziplock bag.
- 4) Please fill out and send the attached form to camp with your child if they need to take medication while attending. All medications, including over the counter, must be kept in the Nurse's office and administered by the Camp Nurse. Place the ziplock bag at the top of your child's luggage to make them accessible as soon as they arrive at camp.
- 5) If you child is required to keep his rescue inhaler or epi-pen with him, designate this on the form attached and sign. Please stress to him/her the importance of keeping these items with him/her **AT ALL TIMES**.
- 6) If you choose to use essential oils while at home you may send them to camp with your child. These do not need to be kept in the Nurse's Station and will not be administered by the Camp Nurse. However, your child may keep these with them or turn them in to their church group leader. Zephyr is not responsible for damaged/lost oils while at camp.
- 7) Camp Zephyr does have a licensed Nurse on site and available 24/7 during Summer camps. Please know that we are here for your child and will do everything we can to ensure that they are well taken care of during their session of camp! However, we do not have the capability to keep up with hundreds of campers individually. **Talk** to your child (and their church group leader) about taking responsibility to come by when it is time for them to take their medication. This saves a lot of time and trouble while they are here, and ensures that they are as healthy and safe as possible!



Please fill out this form and include with prescription medication turned in to the Camp Nurse.

Camper Name:	
Church: Instructions on giving out medication at camp (use back of form for additional info if needed):	
Check here if camper is required to keep rescue inhaler or epi	i-pen with them at all times
Parent/Guardian Signature:	Date:
*Place this form inside a ziplock bag with medication & keep on the top of luggage seets to camp!	so it is easily accessible once your student