



**Sunday January 25, 2026 I Peter 1:13-19**  
**“Training”**

There is N\_\_\_\_\_ A\_\_\_\_\_ U\_\_\_\_\_ T\_\_\_\_\_ for the C\_\_\_\_\_

vs 13 “gird up” O/L – \_\_\_\_\_

Training; W\_\_\_\_\_ D\_\_\_\_\_ N\_\_\_\_\_ I\_\_\_\_\_ **John 21:18**

Training; C\_\_\_\_\_ by God to P\_\_\_\_\_ **Jeremiah 1:15-19**

**#1** Training to S\_\_\_\_\_ & T\_\_\_\_\_

vs 14 **#2** Training for S\_\_\_\_\_ to God’s W\_\_\_\_\_

**Romans 5:19, II Corinthians 10:4-6**

vs 15-16 **#3** Training for S\_\_\_\_\_ from the W\_\_\_\_\_

- God’s W\_\_\_\_\_ is N\_\_\_\_\_ **Acts 20:27-28, John 16:32-33, II Timothy 3:16**

- God’s H\_\_\_\_\_ N\_\_\_\_\_

vs 17 **#4** Training for My L\_\_\_\_\_

- M\_\_\_\_\_ will be M\_\_\_\_\_ - **I John 1:9**
- M\_\_\_\_\_ will be E\_\_\_\_\_ - **Psalms 31:4**
- M\_\_\_\_\_ is E\_\_\_\_\_ - **II Peter 3:17-18**

vs 18-19 **#5** Training for H\_\_\_\_\_ P\_\_\_\_\_, N\_\_\_\_\_ M\_\_\_\_\_

My Notes: \_\_\_\_\_  
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Week of Sunday January 25, 2026

**I Peter 1:13-19 - “Training”**

The “One Thing”

From Today’s Passage: What is the One-Thing you would make your teaching?  
 (have each in the group share their one-thing)

Ice Breaker: What was a training exercise you had to experience that was a waste of time? Was there any that were beneficial?

The passage opened with “*therefore gird up the loins of your mind*”  
 It speaks of being ready to take-on a challenge. How did you take on a challenge this week that you were glad to have the Lord accompany you?

Training included submission to God’s Will

Take time to have some in the group read the verses below and discuss how they challenge your walk with God.

- Hebrews 4:12 - \_\_\_\_\_
- Psalms 119:105 - \_\_\_\_\_
- Matthew 4:4 - \_\_\_\_\_
- John 17:17 - \_\_\_\_\_

Let’s close out the Life Group time discussing Maturity in the Christians life.  
 What are signs of maturity?  
 What are challenges to maturing in a relationship with the Lord?  
 What is a lesson you wish you had learned/accepted sooner in your walk?

Close in Prayer for one another



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