

This Advent, we encourage you to take time each week to slow down, light Advent candles, and reflect on the supernatural arrival of Christ our King.

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# **WEEK 1: BIRTHS FORETOLD**

Read: Luke 1:1-38

### Reflect:

- How do these angelic encounters point to the character and power of God?
- Are there promises in the Bible that, like Zechariah, you have a hard time believing God can accomplish? i.e. that God loves you (Psalm 136), forgives you (1 John 1:9), has good intentions for you (Romans 8:28), won't give up on you (Deuteronomy 31:8), is with you in trials (Hebrews 13:6), etc.

Sing: O Come all Ye Faithful

Family connection: Discuss what family traditions you have that help build anticipation for Christmas. Is there a new tradition you would like to try out as you focus on Christ this Advent?

# **WEEK 2: DECLARING THE JOY OF CHRIST'S ARRIVAL**

Read: Luke 1:39-56

### Reflect:

- Mary surely faced difficulties during her miraculous pregnancy. What are some of the struggles you imagine she experienced and how did she anchor her heart with attributes of God in her song in Luke 1:46-55?
- What attributes of God do you want to keep in mind this Advent season? **Sing**: Come, Thou Long Expected Jesus

**Family connection**: Pick attributes of God that stand out to your family. Create artwork or make an ornament proclaiming that attribute of God. Talk about the implications for our hearts and lives that God possesses that attribute.

### **WEEK 3: THE BIRTH OF JOHN**

Read: Luke 1:57-80

#### **Reflect:**

- What connections do you see between Zechariah's prophecy in Luke 1:68-79, the Old Testament, and Christ's ministry?
- Zechariah describes the tender mercy of God like a sunrise. How has God brought light into the dark places of your life? Are there places you want to continue to pray for God's light to push back the darkness?

Sing: O Come, O Come Emmanuel

Family connection: Reread Luke 1:78-79. Turn off all the lights and sit in darkness while you discuss how it feels to be in (physical and spiritual) darkness. Light a candle and discuss what it means that Christ is the Light of the World (John 8:12).

## **WEEK 4: BIRTH OF JESUS**

**Read:** Luke 2:1-7

### **Reflect:**

- How does God use the details of Jesus' birth to set the stage for the upside-down Kingdom of God that Jesus would proclaim in His earthy ministry?
- God sovereignly worked through a Roman census for taxation to accomplish
  His purposes. What circumstances feel confusing, unfair, inconvenient, etc.
  that you need to trust God to use for His purposes? How does meditating
  on Christ's birth help you trust His sovereignty?

Sing: Joy to the World

Family connection: Mary and Joseph traced their family history to know they needed to go to Bethlehem. Share stories of your family's faith history such as your personal testimony, who told you about Christ, and stories of the way God has worked in the lives of loved ones.

# CHRISTMAS EVE: ANGELS APPEAR TO THE SHEPHERDS

**Read**: Luke 2:8-21

# **Reflect:**

- The angels declared, "Fear not, for behold, I bring you good news of great joy." How did the news of Jesus' birth push back fears and welcome in great joy for the shepherds? For you?
- How will you join the angelic host in praising and giving glory to God this Christmas?

Sing: Hark, the Herald Angels Sing

**Family Connection:** Place a Bible or the baby Jesus figurine from a nativity set in a prominent place under the Christmas tree. Pray as a family, thanking God for the wonderful gift of Christ Jesus. On Christmas morning, point out that the gift of Jesus is the whole reason we celebrate.