

FOC Summer/Fall 2025 Schedule



Saturday, September 27, 2025 - Big Meadow to Dardanelles Lake via Tahoe Rim Trail, Hwy 50/89 S, 7.2 miles, 1,335' gain. Al Reeder leads. 949-533-6800, Leave fish hatchery: 8:15 AM, Leave Placerville: 9 AM

Thursday, October 16, 2025 - Paige Meadows Loop via Ward Creek, west of Lake Tahoe, Hwy 80E. 6.8 miles, 787' gain. Fall color hike. Foresthill Road: 8:30 AM. Lorraine leads. 916-205-7398. Combined hike with Hangtown Hikers.

Saturday, October 18, 2025 - San Francisco - Bernal Heights to Corona Heights - 8 miles with 800' elevation gain. A few of the high points: a stop at Tartine--an amazing French Bakery in the Mission District, Bernal Heights Park and views of the City, a stop Esmerelda Slides for a bit of fun, a stroll through Noe Valley and stop for lunch at Barney's Gourmet Hamburgers, hike through the Castro District and Corona Heights for another great view of downtown San Francisco. We'll take BART from the Lafayette station into the City. Tracy Miller leads. 916-953-8186, Leave Big Lots: 8:00 AM

Tuesday, November 4, 2025 - Lake Natomas Loop. Hwy 50, 12 miles (paved), 200' gain. Short option possible with buddy and car drop at Snook Candies and Chocolate Factory - 729 Sutter St, Folsom. At midpoint we will eat our sack lunches at Folsom Powerhouse State Park picnic tables and make a possible ice cream stop at Snook's. Clement Yam leads. 916-934-4287, Meet at Fish Hatchery at 9 AM.

Tuesday, November 11, 2025 - Consumes River Nature Preserve Nature Trail, Staten Island (Bird Watching), Hwy 50, 7 miles, min gain. Bird watching, bring binoculars. Late lunch in Elk Grove at Journey to the Dumpling ([7419 Laguna Blvd. Ste 180, Elk Grove](#)) Clement Yam leads. 916-934-4287, Leave Big Lots: 8:30 AM.

Saturday, November 29, 2025 - Hike Off the Turkey Hike - Sugar Pine Trail near Meadow Vista. Hwy 80, 6.6 miles round trip, 1181' gain. Dave Evensen leads. 916-943-5711, FOC: 8 AM, Eureka Park & Ride: 8:25 AM, Foresthill: 9 AM

Tuesday, December 9, 2025 - Pioneer Express Trail lollipop loop from No Hands Bridge to Auburn Overlook, Hwy 80, 8.5 mi, 1125 gain. This is an out and back hike, so short hike is possible. Free parking along Hwy 49 between Confluence & Quarry Trail. Stephanie Lindsay leads. Please text. 916-320-2048, FOC: 8 AM, Eureka Park & Ride: 8:25 AM, or TH: 9:00 AM

Sunday December 14 - End of an Era - Slideshow and Potluck - Bring a potluck dish to share. Celebrate the past 15 years of hiking together plus the 2025 hiking year with a slide show set to music. Come honor our hiking leaders and photographers. All invited!

Location: AMC building at Fair Oaks Church, 11427 Fair Oaks Blvd, Fair Oaks, CA 95628, Time: 12 noon – 2:00 or 2:30 PM. RSVP to LorraineMartin205@gmail.com or 916-205-7398 by Saturday, December 13. Lorraine's cell: 916-205-7398, Tom's cell: 530-306-4339

*Contact Tom and Lorraine at 916-205-7398 or LorraineMartin205@gmail.com or hiking leader if you have any questions about a hike. All hikes subject to change due to weather and/or trail conditions. *An email with more details about a hike will come out a week before and will include short hike lengths if not stated on the schedule. After two hikes you can request to be placed on the FOC Hiking Group email list. If new and not on the email list yet, contact Lorraine for the detailed email that comes out a week before a hike.*

Carpool Locations:

TH refers to Trailhead in the schedule.



FOC: Fair Oaks Church - 11427 Fair Oaks Blvd., Fair Oaks, CA
(north, front parking lot)

Big Lots parking lot (Right next to Dutch Brothers Coffee) - 8700 La Riviera Blvd., Sacramento, CA – Exit Hwy 50 and go N on Watt Ave. Quickly get in R lane and turn R on La Riviera Dr. Make another quick R into the Big Lots parking lot.

Eureka Rd. Park and Ride (aka: Roseville - Taylor Road Park and Ride) –Hwy 80 to Eureka Rd exit. Go north through the intersection and turn L into the Park and Ride Lot.

Foresthill Road: Take Hwy 80 E. Turn R on Foresthill Rd. and immediately get in the middle-left turn lane. Turn L on Lincoln Way. Turn R just before El Burrito Taqueria on Silver Bend Way. Park in the paved parking lot on your right on the street side of the lot or along the curb on Silver Bend Way.

Placerville - McDonald's off the Broadway exit. Park in the back. - 1200 Broadway, Placerville, CA

Nimbus Fish Hatchery – 2001 Nimbus Road, Gold River, CA – Take Hazel Ave. in a northerly direction. Turn left on Gold Country Blvd. and right on Nimbus Road. Take a slight right into the parking lot.

