

# ***PRAYERS FOR PREGNANCY AND NEW LIFE***

Our hope is that these prayers for pregnancy and new life will be helpful for not only expectant moms, but also moms who have lost babies due to miscarriage and also those women struggling with infertility. Prayer during difficult times is often the most challenging. We are confused, hurt or angry by our situation and wondering where God fits in. Can He help me? Does He even care? How can this be a part of His plan? If you are pregnant, you might be experiencing a lot of worry about the new life growing inside of you. Our hope is that these prayers may guide you closer to the Lord during times of anxiety, disappointment, or uncertainty.

## ***A PRAYER FOR LONGING FOR A CHILD***

(Based on 1 Samuel 1, Psalm 84:11)

### **How long O Lord?**

**How long must I wait with empty arms and eyes full of tears? Like Hannah who was deeply distressed and wept bitterly before you, I come to you now-asking, begging, longing for a child. I have poured out my heart and soul before you. Please have mercy on your servant and grant my request.**

**Raise me up from the ash heap of barrenness and affliction and allow me experience the joy of motherhood and new life!**

**Even in the midst of my longings, Lord, I submit to you. Your ways are higher than mine and your timing is always perfect. Help me to not grow weary in waiting but to be strong and steadfast. Let me never doubt your goodness but to always remember that you are my sun and shield and withhold no good thing from those who are upright.**

**Amen**



# ***A PRAYER FOR GRIEF AND LOSS***

(Based on Psalm 23, Lam. 3:22-23, Rev. 21:4-5)

**Lord, I pray for your sustaining power now as I am here before you, crippled by grief, collapsing under the weight of my sorrow.**

**In the midst of my dark valley, all seems lost and I feel so alone. Yet I know that you are with me. Comforting me, leading me toward green pastures and quiet waters. You are truly my good shepherd.**

**Teach me to persevere through this trial. Thank you for daily bearing my burdens. Thank you, Jesus, that you are no stranger to grief, but you are man of sorrows, familiar with suffering. You are my rock and my redeemer, my strength and my shield. I look forward to the day when you will wipe away every tear and make all things new.**

**Surely the steadfast love of the Lord never ceases. His mercies never come to an end. They are new every morning. Great is thy faithfulness!**

**Amen**

# ***A PRAYER FOR A HEALTHY PREGNANCY***

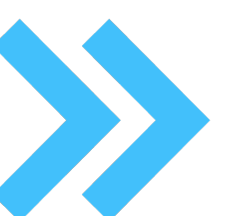
(Based on Ps. 121, 139, Eph. 2:10)

**Lord thank you for the gift of new life! Help me to never take for granted the awesome joy and responsibility of caring for this child.**

**Father, according to your Word, you are lovingly and faithfully knitting together this new life in my womb. I praise you that my child is fearfully and wonderfully made. I pray for a healthy child, but even if my baby is not outwardly flawless, help me to remember that he or she is your workmanship, created in Christ Jesus to do good works and to bring you glory.**

**Thank you Lord that my help comes from you, the maker of Heaven and earth. Thank you that even though I may grow tired and weary, that you never slumber nor sleep. That day or night, your eyes are on me and my sweet baby. Thank you for your love and protection over us. Thank you for the promise that you will keep us from all harm and watch over our lives. I entrust myself and my child to you. You are the giver of life. You are where our help comes from.**

**Amen**





# ***A PRAYER FOR PEACE IN PREGNANCY***

(Based on Heb. 12:2, Ps. 27:1, 46:1-3, Is. 41:10)

**O God of all Comfort, comfort me now. My mind is racing with all the possibilities of all that could go wrong. Help me to focus my mind and my heart on you.**

**As I battle worry and anxiety, I pray for your perfect peace. You are the prince of peace. I have a tendency to think of all the ways I could fail as a mom. I think of my own shortcomings and tremble. I confess that I have Googled and agonized over every possible condition in pregnancy and allowed my own unfounded fears to run rampant too many times. Lord Jesus help me to fix my eyes on you, the author and perfectly of my faith. Uphold me with your righteous right hand. You are my light and my stronghold, God, I have nothing to fear.**

**Even though, I may be weak, I know that you are strong. Where I fall short, I know that you will fill in the gap. You are my refuge and strength, my ever present help in times of trouble. Therefore I will not fear, though I am overwhelmed and underprepared. Thank you God that you have promised to fight for me! Fight for me, fight for my little one and protect us against the Enemy. Lead me to the Rock that is higher than I.**

**Amen**

# ***A PRAYER FOR HOPE WHEN ALL SEEMS HOPELESS***

(Based on Ps. 25, Rom. 12:12, 15:13, Is. 40:31)

**Lord have mercy on me and help me. I feel that I am lost and hopeless without you. As I face many fears and uncertainties about the future, I am tempted to forget that you hold the future in your hands. Help me to remember that no one who trusts in you will ever be put to shame. Help me to know that my longings and my desire are safe with you.**

**Grief and pain are isolating. No one seems to truly care or understand. Some days I feel like you have forsaken me. That you have forgotten me or are punishing me. But you are the God of all hope! You have promised to renew my strength and to fill me with joy and peace.**



**Turn to me Lord. Be gracious to me and help me! Do not forget about me, your servant. I take refuge in you. You are my only hope. Though I may be suffering and in pain, remind me that there is always a purpose in my pain. When I am frustrated by delays and disappointments and feel like you don't care, remind me that your timing is always perfect. When all seems impossible to me, Lord, I know that is just a chance for you to shine brighter. Help me to be joyful in hope, patient in affliction and faithful in prayer.**

**Amen**