

PRAYERS FOR HEALING

God is a Good GOD, and when we go to God we can bring Him our whole selves (the “good”, the bad and the ugly). Our Bodies. Our Minds. Our Hearts. Our Spirits. Our relationships. Our Community. He cares deeply about every part of our lives, and longs to fix broken things. These prayer prompts are to assist you in recognizing God is near, and listening to your cries. It’s ok to not be ok, and God loves to yoke himself to us, to lighten our burdens.

PRAYER ONE: BODY

“He heals the brokenhearted and binds up their wounds.” Psalm 147:3

My BODY is broken. Jesus, I believe You are the Healer, and that Your hand is upon me. I surrender my life to you, that my body is YOURS. I give it to You, and trust You. I ask for healing for _____, and Trust You. Thank you.

PRAYER TWO: MIND

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.”
Philippians 4:6-7

Jesus, thank you for _____, and I trust YOU with _____. (Repeat 5-100x, depending on how anxious you are about it.)

PRAYER THREE: HEART

“He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners.” Isaiah 61:1

Spirit, protect my heart, keep it soft to respond to You. Replace the stone with flesh that is bent on pleasing You. I am asking for Your Righteousness to protect my heart, like a breastplate that is arrow proof from the enemy flaming attacks.



PRAYER FOUR: SPIRIT

“But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed.” Isaiah 53:5

My spirit is uneasy, and my stomach is in knots. I am torn and need You to bring peace to my spirit. Help me trust that when You say, “It is done”, that it is DONE. That the Spirit will produce. Love. Joy. Peace. Patience. Kindness. Goodness. Faithfulness. Gentleness. Self-Control.

PRAYER FIVE: RELATIONSHIPS

“Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.” Colossians 3:13

God, help me to love others the way you love them, that the world may come to know You, by my love for my community. Jesus help me love those that I feel like are unloveable, and have hurt me, broken me, used me... _____ me. I forgive them, and trust You to redeem what is lost and broken. Jesus help me see the log in my eye, and be quick to seek reconciliation, as I have been reconciled to You.

PRAYER SIX: COMMUNITY & WORLD

If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and their land. 2 Chronicles 7:14

Jesus, HELP the world to know You. Spirit convict the world and lead us to all Truth.

