

I'm Fine

But Not Really

Behind the Front — Where Honesty Meets Hope.



First Reformed Church - July 20, 2025

Welcome Visitors! We are glad you are here, and we have been praying for you. Visit the Welcome Center and pick up a free gift, or connect with us at frcoc.org/welcome.

Nursery available (for infant to age 3).

Busy Bags & Children's Bulletins available at the Welcome Center.

Worship Location Options: If the sanctuary isn't the best fit for you or your family, the service is live-streamed in the following spaces:

- Fellowship Hall
- Prayer Room (just outside the north sanctuary doors)
- Mother's Room (back corner of the left side of the nursery)
- Legos in the Loft (a relaxed space for families during worship, with quiet activities for kids and a live stream for parents)

Sunday Service (9:30 AM)

Worship Songs:

Faithful Now
O Praise the Name (Anástasis)

How Great Thou Art
Come as You Are

Baptisms:

Hadassah Rau - daughter of Reed and Andrea Rau

Message: *When I'm Sad*

Text: Psalm 42 and 34: 17-18

Speaking: Pastor Fred De Jong

ICE CREAM SOCIAL TONIGHT!

At Fred & Ingrid's House - 902 6th St SW, Orange City

EVERYONE WELCOME! 6pm - 8pm



New Weekly Devotion Newsletter

Midweek encouragement, right in your inbox.

We'd love to help you carry Sunday's message into your week! Sign up for our new **Weekly Devotion** newsletter to receive a thoughtful, midweek reflection based on the sermon, delivered to your inbox every Wednesday.



You can also subscribe to our **All Church Notifications** and **Prayer Line** newsletters to stay connected in other ways.

Join us at frcoc.org/newsletters to get started!

This Week at FRC

Tues 7/22:

6:30 PM: Tuesday Morning Men's Bible Study (Library)

8:30 AM: Staff Meeting (Library)

1:30 PM: Naomi Circle (Library)

Wed 7/23:

1:00 PM: Blocks & Knots (Leora)

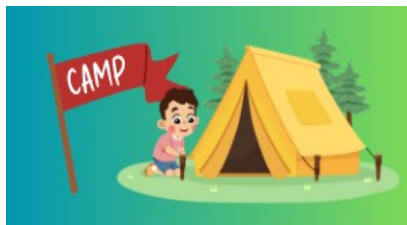
Sat 7/26:

7:00 AM: Running Group (Windmill Park Shelter)

For more information on these activities please stop at the Welcome Center after the service, visit our website at frcoc.org, or call the church office at 737-4909.

Pray For Our Campers: Many of our own FRC students are heading to camp this summer. This week please pray for the following campers who will be at Inspiration Hills:

Jordan De Koster Heath Fischer



Stewardship & Giving

Offering 7/11/25 – 7/17/25: \$ 27,861

Weekly Offering Goal: \$ 33,462

Fiscal YTD Total Offering: \$ 80,962

Fiscal YTD Offering Goal: \$ 66,924

To give electronically go to frcoc.org/give

or scan the
QR code



Coming Soon & Announcements

Staffing Update: Lyle Lundgren will step down from his role as Connections Coordinator at the end of August. Since 2021, Lyle has faithfully served in this newly established position at FRC. He will continue to be part of the FRC family in a less formal way, focusing on mentoring and investing in the lives of young men in our community and region (and enjoying some fishing and camping).

Power Connection Trip is collecting donations for Second Stork — diapers (especially preemie, newborn, and size 1) and preemie clothing. We're also collecting gently-used shoes for a ministry called Shoe Away Hunger. Please tie them together and make sure they're in like new condition. You can drop donations off at the church office before 11:00 AM on Tuesday.

I'm Fine Bible Reading Plan: You can journey with us through the Psalms this summer by joining our weekday Bible Reading Plan, which aligns with each Sunday's message. You can also sign up for a small texting group to share short reflections or encouragement as you go. Sign up at frcoc.org/biblereading.

All-Church Potluck: Mark your calendar! Join us for an all-church potluck on Sunday, August 10 at 11:00 AM in the Fellowship Hall, following the 9:30 AM service. Please bring a dish to share — a main dish, salad, side, or dessert — your choice. This is a great time to enjoy good food and fellowship together. We hope to see you there!

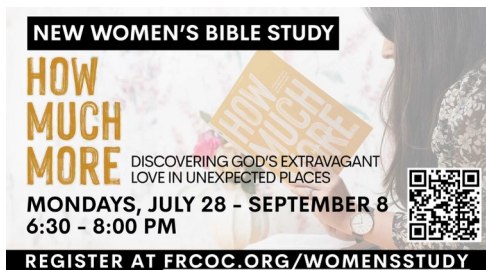
FRC Produce Share: On the table outside the office, share your extra garden produce. You are welcome to take fresh produce.

NEW WOMEN'S BIBLE STUDY

HOW MUCH MORE DISCOVERING GOD'S EXTRAORDINARY LOVE IN UNEXPECTED PLACES

MONDAYS, JULY 28 - SEPTEMBER 8
6:30 - 8:00 PM

REGISTER AT [FRCOC.ORG/WOMENSSTUDY](https://frcoc.org/womensstudy)



Volunteers Needed

WOOD SPLITTING
FOR CORN CREEK
MONDAYS
July 14 & 28
August 11 & 25
AT 6:00 PM

RON J. DE JONG'S FARM
@ 3536 450TH STREET, ORANGE CITY



First Reformed Church
RUNNING GROUP

New Runners & Seasoned Pros Welcome

SATURDAYS @ 7 AM

Meet at the Windmill Park picnic shelter.

INVITE YOUR FRIENDS!



Pray For Our Middle School Power Connection Trip:

Please pray for our Power Connection participants—for traveling safety, meaningful team times, sincere worship time, and to better experience scripture.



Kylin Baker	Bethany Haverdink	Grantley Samuels
Allison Beaver	Sam Haverdink	Caden Sigsbee
Andrew Beaver	Kaseyn Hiemstra	Tyler Stamer
April Beaver	Matthew Junc	Kyle Swisher
Jocelyn Beukelman	Harper Klein	Bennet Vaas
Lucas Bundt	Ethan Kleinwolterink	Hayden Valentine
Wesley Byon	Timothy Korver	Jamey Valentine
John Dagle	Jacob Maassen	Levi Van Ravenhorst
Carter De Koster	Alaina Mouw	Cole Verschuure
Jude De Koster	Ellia Netten	Lily Vitamvas
Jackie Enger	Jacoby Nonnemacher	Zach Vitamvas
Ross Enger	Azariah Samuels	Ethan Warntjes

REGULAR WORSHIP BROADCAST SCHEDULE

LIVE Sunday mornings at 9:30 AM.

- Social Media & Website (Facebook, YouTube, frcoc.org)
- First Reformed Orange City App (Google Play, iTunes, Roku)
- TV Channels (Long Lines: Flight Ch 51; Premier: Ch 77/Premier TV 700)
- KSOU 93.9 radio - Sunday @ 9:30 AM

Replay

- TV Channels - Monday, Wednesday, Thursday @ 7:00 PM
- FRC Orange City Podcast (Apple, Google, Spotify)

CONTACT INFORMATION

Address: 420 Central Avenue NW, Orange City, IA 51041

Office Phone: (712) 737-4909 **Prayer Line:** (712) 737-8500

Office Hours: Mon - Thurs 8 AM - 3 PM, Fri 8 AM - Noon

Web: frcoc.org

FRC App available in the app stores.

