

# I'm Fine

## But Not Really

Behind the Front — Where Honesty Meets Hope.



## First Reformed Church - August 31, 2025

**Welcome Visitors!** We are glad you are here, and we have been praying for you. Visit the Welcome Center and pick up a free gift, or connect with us at [frcoc.org/welcome](http://frcoc.org/welcome).

**Nursery** available (for infant to age 3).

**Busy Bags & Children's Bulletins** available at the Welcome Center.

**Worship Location Options:** If the sanctuary isn't the best fit for you or your family, the service is live-streamed in the following spaces:

- Fellowship Hall
- Prayer Room (just outside the north sanctuary doors)
- Mother's Room (back corner of the left side of the nursery)
- Legos in the Loft (a relaxed space for families during worship, with quiet activities for kids and a live stream for parents)

## Sunday Service (8:30 & 10:30 AM)

### Worship Songs:

*Made for More*  
*Echo Holy*  
*No Other King*

*He Will Hold Me Fast*  
*In Christ Alone/Solid Rock Medley*

**Message:** *When I Am Afraid and Angry*

**Text:** Psalm 109; Psalm 118:7-8.14

**Speaking:** Pastor Mark Haverdink

Beginning next Sunday, September 7



FOR CHILDREN AGES 3 - TK

during the preaching portion  
of our morning services

Located downstairs in the Kids Ministry area.

## Sunday Evening Gathering

Starting Next Sunday,  
September 7

Sundays @ 5:30 PM – In the Chapel

## This Week at FRC

### Mon 9/1:

**The church office will be closed for Labor Day.**

**6:30 PM:** *How Much More* - Women's Bible Study (Chapel)

### Tues 9/2:

**6:30 AM:** Tuesday Morning Men's Bible Study (Library)

**8:30 AM:** Staff Meeting (Library)

### Wed 9/3:

**1:30 PM:** Library Board Meeting (Phyllis)

**5:15 PM:** Evening Meal - Creamed Chicken Buns (A \$4-5 donation/person is appreciated.) (Gluten-free available.)

**6:00 PM:** Kids Choir

**6:30 PM:** K-5 Ministries

JAM Middle School Youth

Men's Bible Study (Library)

Prayer Warriors (Pastor Mark's Office)

**7:00 PM:** Prayer Partners (Fellowship Hall)

**7:30 PM:** Sanctuary Choir Rehearsal (Chapel)

**8:00 PM:** SURF High School Youth

### Thu 9/4:

**2:00 PM:** Mary Martha Circle (Library) (Herodias - Matthew 14:3-12; Mark 6:14-29; Luke 3:19-20; 9:7-9)

### Sat 8/30:

**7:00 AM:** Running Group (Windmill Park Shelter)

For more information on these activities please stop at the Welcome Center after the service, visit our website at [frcoc.org](http://frcoc.org), or call the church office at 737-4909.



The Summer Milestone, September FOCUS and Prayer Calendar are available for you to pick up.

## VOLUNTEERS NEEDED!

Register at [frcoc.org/volunteer](http://frcoc.org/volunteer) or at the Welcome Center

**SIGN UP NOW!**



## Stewardship & Giving

Offering 8/22/25 – 8/28/25: \$ 30,647

Weekly Offering Goal: \$ 33,462

Fiscal YTD Total Offering: \$ 266,110

Fiscal YTD Offering Goal: \$ 267,696

To give electronically go to [frcoc.org/give](http://frcoc.org/give)

or scan the QR code



## Coming Soon & Announcements

**FRC Produce Share:** On the table outside the office, share your extra garden produce. You are welcome to take fresh produce.

**Sanctuary Choir:** Adult singers are invited to join the Sanctuary Choir! Rehearsals begin Wednesday, Sept. 3 at 7:30 pm in the Chapel. Use your voice to bless others. Contact [Tom Hydeen](#) for more info.

**FRC Ministry Preview:** Get updates on the year ahead, new classes, and the chiller project. Watch at [froc.org/preview](http://froc.org/preview) or read more about the chiller project in the FOCUS.

**Senior Adults:** Service Project to Gospel Mission in Sioux City, Thursday, September 11, 12:30-4:00 p.m. Please RSVP to the church office by Tuesday, September 9.



**New Adult Bible Study:** Join Lyle & Mary Lundgren on Sunday evenings for "Parables" by John MacArthur. Starts late September, 7:30-8:45 PM (12-14 sessions through April). Sign up at the Welcome Center or email Lyle at [77lymal@gmail.com](mailto:77lymal@gmail.com).

### ELIJAH

God at work in a world off course.



New Sermon Series Begins September 7.  
Register for a Bible Reading Plan at [froc.org/elijah](http://froc.org/elijah).



## Join us for Sunday School on September 7

**FRC KIDS SUNDAY SCHOOL**

3 YEARS OLD THROUGH 5TH GRADE

Starting September 7  
in the Kids Sunday School Classrooms

**SUNDAY YOUTH BIBLE STUDY**

in the gym 9:45 AM  
starting September 7

Leader: **Leader's Picks**

**YOUNG ADULTS & COLLEGE**

**Real Talk: Faith & Life**

**SUNDAYS IN SEPTEMBER**  
(9/7, 9/14, 9/21, 9/28)

**9:45 - 10:15 AM in the LOFT**

**ADULT CHRISTIAN EDUCATION**  
Come Any Sunday, Leave Encouraged

**Journeying as Disciples**  
Hymn Stories, Testimonies, Bible Studies, and more in the **Chapel**, 9:45 - 10:25 am

**The Guide**  
An In-Depth Look at Scripture in the **Office Conference Room**, 9:45 - 10:25 am

**BEGINS SEPTEMBER 7**

First Reformed Church

# RUNNING GROUP

New Runners & Seasoned Pros Welcome

**SATURDAYS @ 7 AM**

Meet at the Windmill Park picnic shelter.

**INVITE YOUR FRIENDS!**



## Trout Lake Camp

High School Retreat November 7-9



September 25 Deadline  
**\$50 Per Student**

Register at [frcoc.org/retreat](http://frcoc.org/retreat)



**FRC** FREE College Breakfast

Sunday Mornings  
9:30 - 10:30 AM

*Best Breakfast*  
-IN TOWN-



**KIDS' & YOUTH REGISTRATION FOR 2025-2026 IS OPEN**


Register at [frcoc.org/registration](http://frcoc.org/registration).





ALL ARE INVITED TO OUR  
**WEDNESDAY EVENING MEAL - SEPTEMBER 3 @ 5:15 PM**

See our menu and sign up to serve at [frcoc.org/wednesdaymeal](http://frcoc.org/wednesdaymeal) or at the Welcome Center



## REGULAR WORSHIP BROADCAST SCHEDULE

**LIVE Sunday mornings at 8:30 & 10:30 AM.**

- Social Media & Website (Facebook, YouTube, [frcoc.org](http://frcoc.org))
- First Reformed Orange City App (Google Play, iTunes, Roku)
- TV Channels (Long Lines: Flight Ch 51; Premier: Ch 77/Premier TV 700)

## **Replay**

- KSOU 93.9 radio - Sunday @ 9:45 AM
- TV Channels - Monday, Wednesday, Thursday @ 7:00 PM
- FRC Orange City Podcast (Apple, Google, Spotify)

## CONTACT INFORMATION

**Address:** 420 Central Avenue NW, Orange City, IA 51041

**Office Phone:** (712) 737-4909 **Prayer Line:** (712) 737-8500

**Office Hours:** Mon - Thurs 8 AM - 3 PM, Fri 8 AM - Noon

**Web:** [frcoc.org](http://frcoc.org)

**FRC App** available in the app stores.

 [@frcorangecity](https://www.facebook.com/frcorangecity)

 [@frc\\_oc](https://www.instagram.com/frc_oc)

 [@firstreformedoc](https://www.youtube.com/@firstreformedoc)

 **first reformed church**  
ORANGE CITY, IA