

# I'm Fine

## But Not Really



Behind the Front – Where Honesty Meets Hope.

## First Reformed Church - August 3, 2025

**Welcome Visitors!** We are glad you are here, and we have been praying for you. Visit the Welcome Center and pick up a free gift, or connect with us at [frcoc.org/welcome](http://frcoc.org/welcome).

**Nursery** available (for infant to age 3).

**Busy Bags & Children's Bulletins** available at the Welcome Center.

**Worship Location Options:** If the sanctuary isn't the best fit for you or your family, the service is live-streamed in the following spaces:

- Fellowship Hall
- Prayer Room (just outside the north sanctuary doors)
- Mother's Room (back corner of the left side of the nursery)
- Legos in the Loft (a relaxed space for families during worship, with quiet activities for kids and a live stream for parents)

## Sunday Service (9:30 AM)

### Worship Songs:

*Alive & Breathing*  
*I Believe*  
*Gratitude*

*My Faith Has Found a*  
*Resting Place*  
*It Is Well (Through It All)*

**Message:** *When I'm in Despair*

**Text:** Psalm 69 (and 88)

**Speaking:** Pastor Fred De Jong

*Communion will be served at the morning worship service next Sunday, August 10.  
Gluten-free wafers will be available.*



## This Week at FRC

### Mon 8/4:

**6:30 PM:** *How Much More* - Women's Bible Study (Chapel)

### Tues 8/5:

**6:30 AM:** Tuesday Morning Men's Bible Study (Library)

**8:30 AM:** Staff Meeting (Library)

### Sat 8/9:

**7:00 AM:** Running Group (Windmill Park Shelter)

For more information on these activities please stop at the Welcome Center after the service, visit our website at [frcoc.org](http://frcoc.org), or call the church office at 737-4909.

**Pray For Our Campers:** Many of our own FRC students are heading to camp this summer. This week please pray for the following campers who will be at Inspiration Hills:

Jordan Korver



**The August FOCUS and Prayer Calendar  
are available for you to pick up.**



## Stewardship & Giving

Offering 7/25/25 – 7/31/25: \$ 36,861  
Weekly Offering Goal: \$ 33,462  
Fiscal YTD Total Offering: \$ 145,039  
Fiscal YTD Offering Goal: \$ 133,848

To give electronically go  
to [frcoc.org/give](http://frcoc.org/give)  
or scan the  
QR code

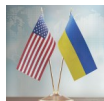


## Coming Soon & Announcements

**All-Church Potluck:** Mark your calendar! Join us for an all-church potluck on Sunday, August 10 at 11:00 AM in the Fellowship Hall, following the 9:30 AM service. Please bring a dish to share — a main dish, salad, side, or dessert — your choice. This is a great time to enjoy good food and fellowship together. We hope to see you there!

**FRC Produce Share:** On the table outside the office, share your extra garden produce. You are welcome to take fresh produce.

**Food Needed!** Help us serve the Northwestern College Athletes supper on Wednesday, August 13 and breakfast on Sunday, August 17. Please go to [frcoc.org/volunteer-signup](https://frcoc.org/volunteer-signup), the Welcome Center or call the church office (712-737-4909) if you are willing to help. Food is needed (tavern meat, salads, bars/cookies) for Wednesday.



**Senior Adults (65+):** “Starting Over in America: Anna Popova.” Thursday, August 14, 2:00 PM

**Kids & Youth Ministry Registration Is Open!** If you have children from birth through 12th grade, it's time to register them for the 2025–2026 ministry year! Our Kids and Youth Ministries are designed to help the next generation know Jesus, grow in their faith, build meaningful relationships, and have fun along the way. Visit [frcoc.org/registration](https://frcoc.org/registration) to register. Contact Sarah Kuiper (Kids) or Ross Enger (Youth) with any questions.

**Rau Family Commissioning – August 17:** Join us during both services (8:30 & 10:30 AM) as we pray for and commission Reed & Andrea Rau and their daughters for their upcoming missionary work. Then come celebrate with us at 9:45 AM between services with cupcakes and a bouncy house!



**Volunteers Needed**  
**WOOD SPLITTING**  
FOR CORN CREEK  
**MONDAYS**  
July 14 & 28  
August 11 & 25  
**AT 6:00 PM**  
RON J. DE JONG'S FARM  
@ 3536 450TH STREET, ORANGE CITY

First Reformed Church  
**RUNNING GROUP**  
New Runners & Seasoned Pros Welcome  
**SATURDAYS @ 7 AM**  
Meet at the Windmill Park picnic shelter.  
**INVITE YOUR FRIENDS!**



## REGULAR WORSHIP BROADCAST SCHEDULE

**LIVE Sunday mornings at 9:30 AM.**

- Social Media & Website (Facebook, YouTube, [frcoc.org](http://frcoc.org))
- First Reformed Orange City App (Google Play, iTunes, Roku)
- TV Channels (Long Lines: Flight Ch 51; Premier: Ch 77/Premier TV 700)
- KSOU 93.9 radio - Sunday @ 9:30 AM

### **Replay**

- TV Channels - Monday, Wednesday, Thursday @ 7:00 PM
- FRC Orange City Podcast (Apple, Google, Spotify)

## CONTACT INFORMATION

**Address:** 420 Central Avenue NW, Orange City, IA 51041

**Office Phone:** (712) 737-4909 **Prayer Line:** (712) 737-8500

**Office Hours:** Mon - Thurs 8 AM - 3 PM, Fri 8 AM - Noon

**Web:** [frcoc.org](http://frcoc.org)

**FRC App** available in the app stores.

 [@frcorangecity](https://www.facebook.com/frcorangecity)

 [@frc\\_oc](https://www.instagram.com/frc_oc)

 [@firstreformedoc](https://www.youtube.com/@firstreformedoc)



**first reformed church**  
ORANGE CITY, IA