

# I'm Fine

## But Not Really

Behind the Front — Where Honesty Meets Hope.



## First Reformed Church - August 24, 2025

**Welcome Visitors!** We are glad you are here, and we have been praying for you. Visit the Welcome Center and pick up a free gift, or connect with us at [frcoc.org/welcome](https://frcoc.org/welcome).

**Nursery** available (for infant to age 3).

**Busy Bags & Children's Bulletins** available at the Welcome Center.

**Worship Location Options:** If the sanctuary isn't the best fit for you or your family, the service is live-streamed in the following spaces:

- Fellowship Hall
- Prayer Room (just outside the north sanctuary doors)
- Mother's Room (back corner of the left side of the nursery)
- Legos in the Loft (a relaxed space for families during worship, with quiet activities for kids and a live stream for parents)

## Sunday Service (8:30 & 10:30 AM)

### Worship Songs:

*The King Is in the Room*  
*Saved My Soul*  
*Love of God*

*The Solid Rock*  
*Come as You Are*

### Backpack Blessings

**Message:** *When I'm Anxious*

**Text:** Psalm 25

**Speaking:** Pastor Fred De Jong

**Receive Prayer After Service:** People in purple lanyards are available in the left and right wings of the Sanctuary after service.

**FRC**  
**Ministry Preview**

This morning at 9:45 AM

Hear live updates from staff, discover new ways to get involved, and connect with ministry leaders to learn more.

Available to watch online Monday morning (8/25) at [frcoc.org/preview](https://frcoc.org/preview).

## This Week at FRC

### TODAY, Sun 8/24:

**9:45 AM:** FRC Ministry Preview (Sanctuary)

**11:30 AM:** Fuel (Young Adults) Axe-Throwing (Meet at FRC)

**5:30 PM:** K-5 Teacher Orientation (Children's Area)

**6:30 PM:** Preschool Teacher Orientation (Children's Area)

### Mon 8/25:

**6:00 PM:** Corn Creek Wood Splitting (Ron J. De Jong Farm)

**6:30 PM:** *How Much More* - Women's Bible Study (Chapel)

### Tues 8/26:

**6:30 AM:** Tuesday Morning Men's Bible Study (Library)

**8:30 AM:** Staff Meeting (Library)

**1:30 PM:** Naomi Circle (Library)

**6:00 PM:** Kingdom Network Regional Gathering (Maurice Ref.)

### Wed 8/27:

**1:00 PM:** Blocks & Knots (Helen)

**5:15 PM:** Evening Meal - Hamburgers/Hot Dogs (A \$4-5 donation/person is appreciated.) (Gluten-free available)

**6:30 PM:** Bounce Back Bash - Kids Ministry Kickoff

**7:30 PM:** Parent & Teen Throwdown - Youth Ministry Kickoff

### Sat 8/30:

**7:00 AM:** Running Group (Windmill Park Shelter)

For more information on these activities please stop at the Welcome Center after the service, visit our website at [frcoc.org](http://frcoc.org), or call the church office at 737-4909.



The Summer Milestone,  
September FOCUS and  
Prayer Calendar are available  
for you to pick up.



## Stewardship & Giving

Offering 8/15/25 – 8/21/25: \$ 22,713

Weekly Offering Goal: \$ 33,462

Fiscal YTD Total Offering: \$ 235,463

Fiscal YTD Offering Goal: \$ 234,234

To give electronically go  
to [frcoc.org/give](http://frcoc.org/give)

or scan the  
QR code



## Coming Soon & Announcements

**FRC Produce Share:** On the table outside the office, share your extra garden produce. You are welcome to take fresh produce.



**Brazil Vision Trip:** Please pray for Sara Van Zee and Pastor Fred as they travel to Manaus, Brazil, August 29 – September 5, to explore a potential new mission opportunity.

**Sanctuary Choir:** Adult singers are invited to join the Sanctuary Choir! Rehearsals begin Wednesday, Sept. 3 at 7:30 pm in the Chapel. Use your voice to bless others. Contact [Tom Hydeen](#) for more info.

**New Chiller Project:** We're replacing the failing chiller that provides air conditioning for our building. Work will begin this fall and be completed before winter. Check out the FOCUS for full details on the project and how you can help.

**FUEL**  
(YOUNG ADULTS)  
**AXE THROWING**  
SUNDAY, AUGUST 24  
11:30 AM  
LEARN MORE AND SIGN UP AT  
[FRCOC.ORG/FUEL](http://FRCOC.ORG/FUEL)



**FRC**  
FREE College  
Breakfast



Sunday Mornings  
9:30 - 10:30 AM

*Best Breakfast*  
-IN TOWN-

First Reformed Church  
**RUNNING GROUP**  
New Runners & Seasoned Pros Welcome  
**SATURDAYS**  
**@ 7 AM**  
Meet at the Windmill Park picnic shelter.  
**INVITE YOUR FRIENDS!**



**Trout Lake Camp**  
High School Retreat November 7-9



September 25 Deadline  
\$50 Per Student  
Register at [frcoc.org/retreat](http://frcoc.org/retreat)

**Volunteers Needed**  
**WOOD SPLITTING**  
FOR CORN CREEK  
**MONDAYS**  
July 14 & 28  
August 11 & 25  
AT 6:00 PM  
RON J. DE JONG'S FARM  
@ 3536 450TH STREET, ORANGE CITY



**KIDS' & YOUTH**  
**REGISTRATION**  
**FOR 2025-2026 IS**  
**OPEN**



Register at [frcoc.org/registration](http://frcoc.org/registration).

# VOLUNTEERS NEEDED!



**MINISTRIES OPPORTUNITIES**  
cards are available at the  
Welcome Center or go to  
[frcoc.org/volunteer](http://frcoc.org/volunteer).



Great Plains Region

## KINGDOM NETWORK REGIONAL GATHERING

**Tuesday, August 26**  
**6:00 - 8:30 PM**  
**Maurice Reformed Church**

Connect with other Kingdom  
Network churches for food, church  
updates, and a special presentation  
of Missions Upside Down.



**RSVP at [frcoc.org/KNRG](http://frcoc.org/KNRG)**

## REGULAR WORSHIP BROADCAST SCHEDULE

**LIVE Sunday mornings at 8:30 & 10:30 AM.**

- Social Media & Website (Facebook, YouTube, [frcoc.org](http://frcoc.org))
- First Reformed Orange City App (Google Play, iTunes, Roku)
- TV Channels (Long Lines: Flight Ch 51; Premier: Ch 77/Premier TV 700)

### **Replay**

- KSOU 93.9 radio - Sunday @ 9:45 AM
- TV Channels - Monday, Wednesday, Thursday @ 7:00 PM
- FRC Orange City Podcast (Apple, Google, Spotify)

## CONTACT INFORMATION

**Address:** 420 Central Avenue NW, Orange City, IA 51041

**Office Phone:** (712) 737-4909 **Prayer Line:** (712) 737-8500

**Office Hours:** Mon - Thurs 8 AM - 3 PM, Fri 8 AM - Noon

**Web:** [frcoc.org](http://frcoc.org)

**FRC App** available in the app stores.



**first reformed church**  
ORANGE CITY, IA