

I'm Fine

But Not Really

Behind the Front — Where Honesty Meets Hope.



First Reformed Church - August 24, 2025

Welcome Visitors! We are glad you are here, and we have been praying for you. Visit the Welcome Center and pick up a free gift, or connect with us at frcoc.org/welcome.

Nursery available (for infant to age 3).

Busy Bags & Children's Bulletins available at the Welcome Center.

Worship Location Options: If the sanctuary isn't the best fit for you or your family, the service is live-streamed in the following spaces:

- Fellowship Hall
- Prayer Room (just outside the north sanctuary doors)
- Mother's Room (back corner of the left side of the nursery)
- Legos in the Loft (a relaxed space for families during worship, with quiet activities for kids and a live stream for parents)

Sunday Service (8:30 & 10:30 AM)

Worship Songs:

*The King Is in the Room
Saved My Soul
Love of God*

*The Solid Rock
Come as You Are*

Backpack Blessings

Message: *When I'm Anxious*

Text: Psalm 25

Speaking: Pastor Fred De Jong

Receive Prayer After Service: People in purple lanyards are available in the left and right wings of the Sanctuary after service.

FRC Ministry Preview

This morning at 9:45 AM

Hear live updates from staff, discover new ways to get involved, and connect with ministry leaders to learn more.

Available to watch online Monday morning (8/25) at frcoc.org/preview.

This Week at FRC

TODAY, Sun 8/24:

9:45 AM: FRC Ministry Preview (Sanctuary)

11:30 AM: Fuel (Young Adults) Axe-Throwing (Meet at FRC)

5:30 PM: K-5 Teacher Orientation (Children's Area)

6:30 PM: Preschool Teacher Orientation (Children's Area)

Mon 8/25:

6:00 PM: Corn Creek Wood Splitting (Ron J. De Jong Farm)

6:30 PM: *How Much More* - Women's Bible Study (Chapel)

Tues 8/26:

6:30 AM: Tuesday Morning Men's Bible Study (Library)

8:30 AM: Staff Meeting (Library)

1:30 PM: Naomi Circle (Library)

6:00 PM: Kingdom Network Regional Gathering (Maurice Ref.)

Wed 8/27:

1:00 PM: Blocks & Knots (Helen)

5:15 PM: Evening Meal - Hamburgers/Hot Dogs (A \$4-5 donation/person is appreciated.) (Gluten-free available)

6:30 PM: Bounce Back Bash - Kids Ministry Kickoff

7:30 PM: Parent & Teen Throwdown - Youth Ministry Kickoff

Sat 8/30:

7:00 AM: Running Group (Windmill Park Shelter)

For more information on these activities please stop at the Welcome Center after the service, visit our website at frcoc.org, or call the church office at 737-4909.



The Summer Milestone,
September FOCUS and
Prayer Calendar are available
for you to pick up.



Stewardship & Giving

Offering 8/15/25 – 8/21/25: \$ 22,713

Weekly Offering Goal: \$ 33,462

Fiscal YTD Total Offering: \$ 235,463

Fiscal YTD Offering Goal: \$ 234,234

To give electronically go
to frcoc.org/give

or scan the
QR code



FALL MINISTRY KICK-OFF

ALL ARE INVITED TO OUR WEDNESDAY EVENING MEAL

Starting August 27
5:15 - 6:15 pm
Hamburgers & Hot Dogs



See our weekly menu at
frcoc.org/wednesdaymeal



FRC KIDS' MINISTRIES

BOUNCE BACK BASH

WEDNESDAY, AUGUST 27
6:30 - 7:30 PM

Join us for Lawn Games, Bouncy
Houses, and a Scavenger Hunt!

PARENT & TEEN THROWDOWN

MIDDLE SCHOOL

HIGH SCHOOL

ONE EPIC NIGHT OF
GAMES, STORIES & VISION
FOR THE YEAR AHEAD

WEDNESDAY, AUGUST 27
THE LOFT 7:30-8:30 PM

ELIJAH

God at work in a world off course.



New Sermon Series Begins September 7.

Register for a Bible Reading Plan at frcoc.org/elijah.



Begins September 7

FOR CHILDREN AGES 3 - TK

during the preaching portion of
our morning services

Located downstairs in the Kids Ministry area

Join us for Sunday School on September 7

**FRC KIDS
SUNDAY SCHOOL**

3 YEARS OLD THROUGH 5TH GRADE

Starting September 7
in the Kids Sunday School Classrooms

SUNDAY YOUTH
BIBLE STUDY

in the gym 9:45 AM
starting September 7

LeaderPicks
YOUTH MINISTRY

YOUNG ADULTS & COLLEGE

**Real Talk:
Faith & Life**

SUNDAYS IN SEPTEMBER
(9/7, 9/14, 9/21, 9/28)

9:45 - 10:15 AM in the LOFT

ADULT CHRISTIAN EDUCATION

Come Any Sunday, Leave Encouraged

Journeying as Disciples

Hymn Stories, Testimonies, Bible Studies, and more
in the Chapel, 9:45 - 10:25 am

The Guide

An In-Depth Look at Scripture
in the Office Conference Room, 9:45 - 10:25 am

BEGINS SEPTEMBER 7

Sunday Evening Gathering

Sundays @ 5:30 PM - Starting September 7th - In the Chapel

Coming Soon & Announcements

FRC Produce Share: On the table outside the office, share your extra garden produce. You are welcome to take fresh produce.



Brazil Vision Trip: Please pray for Sara Van Zee and Pastor Fred as they travel to Manaus, Brazil, August 29 – September 5, to explore a potential new mission opportunity.

Sanctuary Choir: Adult singers are invited to join the Sanctuary Choir! Rehearsals begin Wednesday, Sept. 3 at 7:30 pm in the Chapel. Use your voice to bless others. Contact [Tom Hydeen](#) for more info.

New Chiller Project: We're replacing the failing chiller that provides air conditioning for our building. Work will begin this fall and be completed before winter. Check out the FOCUS for full details on the project and how you can help.

FUEL
(YOUNG ADULTS)
AXE THROWING
SUNDAY, AUGUST 24
11:30 AM
LEARN MORE AND SIGN UP AT
FRCOC.ORG/FUEL



FRC
FREE College
Breakfast



Sunday Mornings
9:30 - 10:30 AM

Best Breakfast
-IN TOWN-

First Reformed Church
RUNNING GROUP
New Runners & Seasoned Pros Welcome
SATURDAYS
@ 7 AM
Meet at the Windmill Park picnic shelter.
INVITE YOUR FRIENDS!



Trout Lake Camp
High School Retreat November 7-9



September 25 Deadline
\$50 Per Student
Register at frcoc.org/retreat



Volunteers Needed
WOOD SPLITTING
FOR CORN CREEK
MONDAYS
July 14 & 28
August 11 & 25
AT 6:00 PM
RON J. DE JONG'S FARM
@ 3536 450TH STREET, ORANGE CITY



KIDS' & YOUTH
REGISTRATION
FOR 2025-2026 IS
OPEN



Register at frcoc.org/registration.

VOLUNTEERS NEEDED!



MINISTRIES OPPORTUNITIES
cards are available at the
Welcome Center or go to
frcoc.org/volunteer.



Great Plains Region

KINGDOM NETWORK REGIONAL GATHERING

Tuesday, August 26
6:00 - 8:30 PM
Maurice Reformed Church

Connect with other Kingdom
Network churches for food, church
updates, and a special presentation
of Missions Upside Down.



RSVP at frcoc.org/KNRG

REGULAR WORSHIP BROADCAST SCHEDULE

LIVE Sunday mornings at 8:30 & 10:30 AM.

- Social Media & Website (Facebook, YouTube, frcoc.org)
- First Reformed Orange City App (Google Play, iTunes, Roku)
- TV Channels (Long Lines: Flight Ch 51; Premier: Ch 77/Premier TV 700)

Replay

- KSOU 93.9 radio - Sunday @ 9:45 AM
- TV Channels - Monday, Wednesday, Thursday @ 7:00 PM
- FRC Orange City Podcast (Apple, Google, Spotify)

CONTACT INFORMATION

Address: 420 Central Avenue NW, Orange City, IA 51041

Office Phone: (712) 737-4909 **Prayer Line:** (712) 737-8500

Office Hours: Mon - Thurs 8 AM - 3 PM, Fri 8 AM - Noon

Web: frcoc.org

FRC App available in the app stores.

 [@frcorangecity](https://www.facebook.com/frcorangecity)

 [@frc_oc](https://www.instagram.com/frc_oc)

 [@firstreformedoc](https://www.youtube.com/@firstreformedoc)



first reformed church
ORANGE CITY, IA