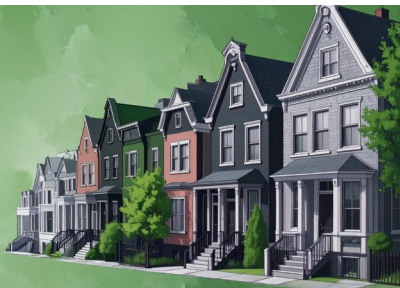


I'm Fine

But Not Really

Behind the Front — Where Honesty Meets Hope.



First Reformed Church - August 17, 2025

Welcome Visitors! We are glad you are here, and we have been praying for you. Visit the Welcome Center and pick up a free gift, or connect with us at frcoc.org/welcome.

Nursery available (for infant to age 3).

Busy Bags & Children's Bulletins available at the Welcome Center.

Worship Location Options: If the sanctuary isn't the best fit for you or your family, the service is live-streamed in the following spaces:

- Fellowship Hall
- Prayer Room (just outside the north sanctuary doors)
- Mother's Room (back corner of the left side of the nursery)
- Legos in the Loft (a relaxed space for families during worship, with quiet activities for kids and a live stream for parents)

Sunday Service (8:30 & 10:30 AM)

Worship Songs:

Name Above All Names

All Creatures of Our God and King

Rejoice

His Glory and My Good

Faithful Now

Rau Commissioning

Message: *When I Am Stressed*

Text: Psalm 46 and 86

Speaking: Pastor Fred De Jong

TODAY, SUNDAY, AUGUST 17

RAU'S COMMISSIONING
During both Services

AND SEND OFF

At 9:45 am
with Cupcakes & Bouncy House



JOIN US FOR OUR SUNDAY SCHOOL HOUR!

Classes for all ages 3 & up begin **September 7**
between our services (9:45 - 10:25 AM).

Kids (Preschool - 5th Grade)

God's Big Story
@ Kids Sunday School Classrooms

Youth (6th - 12th Grade)

Leader Treks Bible Study
@ Gym during September

Young Adult & College

Real Talk: Faith & Life
@ Loft during September

Adult

Adult Discipleship Topics @ Chapel
The Guide @ Conference Room

This Week at FRC

Mon 8/18:

6:30 PM: *How Much More* - Women's Bible Study (Chapel)

Tues 8/19:

6:30 AM: Tuesday Morning Men's Bible Study (Library)

8:30 AM: Staff Meeting (Library)

7:00 PM: Consistory Meeting (Chapel)

Sat 8/23:

7:00 AM: Running Group (Windmill Park Shelter)

For more information on these activities please stop at the Welcome Center after the service, visit our website at frcoc.org, or call the church office at 737-4909.



BLESSING OF THE BACKPACKS

AUGUST 24
during the services

Bring your backpack
to church for a
special prayer time.



Stewardship & Giving

Offering 8/8/25 - 8/14/25: \$ 34,138

Weekly Offering Goal: \$ 33,462

Fiscal YTD Total Offering: \$ 212,750

Fiscal YTD Offering Goal: \$ 200,772

To give electronically go
to frcoc.org/give

or scan the
QR code



Coming Soon & Announcements

FRC Produce Share: On the table outside the office, share your extra garden produce. You are welcome to take fresh produce.

Kingdom Network Gathering: Join us Tuesday, August 26 from 6:00–8:30 PM at Maurice Reformed Church for food, church updates, and a special presentation of Missions Upside Down, a global missions series by Aaron Baart and Mark Volkers. Please RSVP at the Welcome Center or frcoc.org/KNRG.



Brazil Vision Trip: As part of our growing collaboration with Kingdom Network, Sara Van Zee and Pastor Fred will travel to Manaus, Brazil, August 29–September 5, to explore a potential new mission opportunity. They'll join an IPM Vision Trip that travels by medical boat to share the gospel with unreached people groups along the Amazon. This trip will help us discern how our church might be involved in future mission work in Brazil.



FUEL
(YOUNG ADULTS)
AXE THROWING
SUNDAY, AUGUST 24
11:30 AM
LEARN MORE AND SIGN UP AT
FRCOC.ORG/FUEL



Sunday Evening Gathering
Starting September 7

Sundays @ 5:30 PM – In the Chapel

**KIDS' & YOUTH
REGISTRATION
FOR 2025-2026 IS
OPEN**
Register at frcoc.org/registration



Trout Lake Camp
High School Retreat November 7-9
September 25 Deadline
\$50 Per Student
Register at frcoc.org/retreat



Volunteers Needed
WOOD SPLITTING
FOR CORN CREEK
MONDAYS
July 14 & 28
August 11 & 25
AT 6:00 PM
RON J. DE JONG'S FARM
@ 3536 450TH STREET, ORANGE CITY



First Reformed Church
RUNNING GROUP
New Runners & Seasoned Pros Welcome
**SATURDAYS
@ 7 AM**
Meet at the Windmill Park picnic shelter.
INVITE YOUR FRIENDS!



VOLUNTEERS NEEDED!



MINISTRIES OPPORTUNITIES
cards are available at the
Welcome Center or go to
frcoc.org/volunteer.



PARENT & TEEN THROWDOWN

MIDDLE SCHOOL

ONE EPIC NIGHT OF
GAMES, STORIES & VISION
FOR THE YEAR AHEAD

HIGH SCHOOL

WEDNESDAY, AUGUST 27
THE LOFT 7:30-8:30 PM

FRC KIDS MINISTRIES

BOUNCE BACK BASH

WEDNESDAY, AUGUST 27
6:30 - 7:30 PM

Join us for Lawn Games, Bouncy
Houses, and a Scavenger Hunt!

REGULAR WORSHIP BROADCAST SCHEDULE

LIVE Sunday mornings at 8:30 & 10:30 AM.

- Social Media & Website (Facebook, YouTube, frcoc.org)
- First Reformed Orange City App (Google Play, iTunes, Roku)
- TV Channels (Long Lines: Flight Ch 51; Premier: Ch 77/Premier TV 700)

Replay

- KSOU 93.9 radio - Sunday @ 9:45 AM
- TV Channels - Monday, Wednesday, Thursday @ 7:00 PM
- FRC Orange City Podcast (Apple, Google, Spotify)

CONTACT INFORMATION

Address: 420 Central Avenue NW, Orange City, IA 51041

Office Phone: (712) 737-4909 **Prayer Line:** (712) 737-8500

Office Hours: Mon - Thurs 8 AM - 3 PM, Fri 8 AM - Noon

Web: frcoc.org

FRC App available in the app stores.



first reformed church
ORANGE CITY, IA