



PURPOSE

The purpose of the course *Following Jesus* is to help believers learn how to walk with Jesus and be ever growing in our faithfulness to Him. Jesus calls His disciples to take up our cross and follow Him. Following Jesus means dying to our old way of life and embracing selflessly becoming like Christ. Following Jesus means learning what is important to Him but also learning how to put that into practice. There are rhythms of grace that God has given to His people to help us to continually be growing and maturing the life of faith. *Following Jesus* will unpack the conviction and practice of those pathways of grace.

LEARNING OBJECTIVES

Each student should learn the core rhythms of grace that help build faith in Christ and faithfulness to Him. These rhythms of grace are the normal means by which God matures His people greater Christ-likeness. The goal of the class is not just for students to learn head knowledge about these practices, but to learn how to implement and live them out in their own lives.

SCHEDULE: Following Jesus

- **Week 1:** January 13 | What does it mean to follow Jesus?
- **Week 2:** January 20 | Rhythms of Grace: Devoted to the Word
- **Week 3:** January 27 | Rhythms of Grace: Dependent in Prayer
- **Week 4:** February 3 | Rhythms of Grace: Constant in Confession
- **Week 5:** February 10 | Rhythms of Grace: Embracing the Church
- **Week 6:** February 17 | Rhythms of Grace: Enduring Suffering

HOMEWORK

- **Reading** – You will be asked to read and thoughtfully engage with an article to discuss in class. We encourage you to take notes or underline what you agree or disagree with in the article so we can discuss it together.
- **Writing** – Most weeks you will write a paragraph (100-150 words) interacting with your reading or Word-work. We will provide the specific question to answer in your writing and will give you feedback.
- **Word-work** – Each week you will answer specific questions about a passage of Scripture. Most weeks you will discuss your work in your small group.
- **Form for Homework** – Every week you will fill out a form sent through GroupMe to turn in your homework.



SMALL GROUP INSTRUCTIONS:

- Working out our understanding of the Word together is good for us! Small group is where we have time to work out the lecture and homework.
- The point of these times is to have full participation — which means we want everyone in the group participating each week. Due to group size and time constraints, there is no need to give extended, long-winded answers. However, the goal is to get us to work out the Word together in such a way that goes beyond the surface.
- Small Group leaders will be facilitating the conversation and keeping time. If the small group leader “cuts you off” for the sake of keeping time, please do not get offended. We want each small group to get through all the questions each week.
- In your small group, those who are eager to talk, may be asked to refrain from answering a question so that those who are more reserved can speak up. Again, please do not take it personally if you are asked to speak less or speak up.