People Builder's Network Firm Foundation Series Lesson Eight: **PRAYER** 

The Bible has much to say on the subject of prayer and its importance to Christian Living. In this lesson we will briefly discuss how to pray effectively.

1. Prayer is a two way conversation between God and man. God spoke through Jeremiah saying "Call unto Me and I will thee, and shew thee great and mighty things which thou knowest not". Jeremiah 33:3 This is an open invitation to dialogue with God.					
2. Learning to pray is the quest of every true disciple and the sign of deep spiritual hunger. "And it came to pass, that, as He was in a certain place, when He ceased, one of His disciples said unto Him, Lord, us to, as John also taught His disciples". Luke 11:1					
3. Learning to pray usually happens by associating with "people of prayer", like with Jesus and His disciples. Proverbs 13:20 says, "He that with wise men shall be: but a of fools shall be"					
4. Teaching the new believers to pray was a primary focus of early church leadership. "And they continued steadfastly in the Apostles and, and in breaking bread and in". Acts 2:42					
5. Corporate prayer gatherings were very much a part of the prayer ministry of the early church. "And when they had, the place was shaken where they were; and they were all with The Holy Ghost, and they The Word of God with ". Acts 4:31 We see from this example of prayer, that great power was released upon the church for service.					
6. Prayer was the means of bringing deliverance from the most difficult circumstances, as when Peter was imprisoned for preaching the Gospel. Acts 12:5 says, "Peter was therefore kept in, but was made without of the Church unto God for him". Read Acts 12: 1-19					

## **PRAY WITHOUT CEASING**

7. The importance of prayer was emphasized by Paul to the Thessalonians when he told them, " without". 1 Thessalonians 5: 17				
8. And to the Ephesians when they were encountering spiritual warfare.  " always with all prayer and in the Spirit, and watching thereunto with all and supplication for all ". Ephesians 6:18				
9. Jesus mentions to His readers that the answer to affliction is prayer. The word affliction actually means trouble or vexation. "Is any, let him". James 5:13				
<b>10.</b> Power for healing and miracles is released by the heartfelt prayers of righteous living people. "The effectual prayer of a man availeth much". James 5: 16b The Amplified version actually says "makes much power available, dynamic in its working".				
KINDS OF PRAYER				
PRAYER OF FAITH				
11. Prayer alone is not sufficient, but the faith released in prayer is the key to answers. "And all things,				
12. Another example of the Prayer of faith is found in Mark 11:24, which says, "Therefore I say unto you, what things soever you desire ye, that ye them, and ye shall have them". The Greek word "receive" is lambano and means to take by force. So when we pray we are to take the answer and we shall have it. Taking it by faith (unseen) is required before "ye shall have it" (see it).				
13. Receiving answers "by faith" or before they are realized in the material realm, is a necessary aspect of trusting God's integrity. God wants us to learn to take Him at His Word, just like we would any honest person. "And this is the that we have in Him, that if we anything according to His, He heareth us; And if we that He hear us, whatsoever we ask,				

we	that we	(not see or feel) the petitions that we desired of
Him". I Jol	hn 5: 14-15	
The first is everything	s thanksgiving. In the stands that is the stands to the stands that is the stands are stands and the stands are stands ar	om God has some necessary helpers in the process. Philippians 4:6 says, "Be careful for; but in supplication with let your own unto God". After you have asked God for the thing the thing the thing the thing the thing of the answer because it is done.
you desire	OTTIIII, THAN	triiii loi the answer because it is done.
proof in th	is natural realm.	ieve that the prayer IS answered, before we see any That is why He said that "faith is the s not seen". Hebrews 11:1 Another word for evidence
is proof.		
God, ye m have aske	therefore your _ For ye have nighted God and than ther word for "pa	assistance" of "patience" to accomplish its work. "Cast which hath great recompense of need of that, after ye have done the will of the". Hebrews 10: 35-36. After you ked Him for answering your prayer, then continue in tience" is actually "constancy" or "remaining the same atinue to believe that God HAS ANSWERED your
	nything, nor unc	s "love". "For in Christ Jesus neither circumcision ircumcision; but".
there is no	o love". Forgiver _, if ye have any	It is safe to say that where there is no forgiveness, ness is love in action. "And when ye stand praying, thing against anyone; that your Father in heaven may". Mark 11: 25

## **PRAYER OF WORSHIP**

**19.** One of the most important kinds of prayer is the Prayer of Worship. This type of prayer is not petitioning God for anything, but fellowshipping with Him through The Holy Spirit. The Prayer of Worship is the cry of a heart that is hungry for God, not just for something you can get from Him. Psalm 29: 1-2 says, "Give unto the Lord, O ye mighty, give unto the Lord glory and strength. Give unto the

Lord the glory due unto His name;	the Lord in the beauty of
with thanksgiving. "Enter into His	ayer is a step by step process beginning with, and into His or 4 Think of all the wonderful things God
has done for us in Christ and you will ha	ave much to say thank you for.
<b>21.</b> After thanking Him for all things, we "O unto the Lord a new Psalm 98:1	begin to rejoice before Him with singing; for He hath done marvelous things".
•	d God, rejoicing before Him with singing, where we commune intimately and wait for
"Truly my soul upon God: fr Psalm 62:1	rom Him cometh my".
intimate communion and worship to hea	
PRAYER OF INTERCESSION	
<b>24.</b> To "intercede" means to "stand in great example of intercession, He repre	
	m to the uttermost that come unto God by for them". Hebrews 7:25
of, be made for all men; for; that we may lead a qui	, and giving

<b>26.</b> In Genesis 18: 27-28, we find the intercessory prayers of Abraham spared the lives of his relatives living in a wicked city about to be destroyed. "And Abraham answered and said, Behold now, I have taken upon me to					
27. Daniel's prayer of intercession for Israel's backslidden condition (Read Daniel 9: 3-27), brought an angelic visitation with revelation of end time events. "Yea, while I was speaking in, even the man Gabriel, whom I had seen in the vision at the beginning, being caused to fly swiftly, touched me about the time of the evening oblation. And heme, and talked with me, and said, O Daniel, I am now come forth, to give thee and  ". Daniel 9: 21-22					
<b>28.</b> Intercessory prayer brings new births into the kingdom of God. "For as soon as Zion, she brought forth her". Isaiah 66:8					
29. Spiritual growth in believers is the result of intercessory prayer on their behalf. Paul prayed for the image of Jesus to be seen in the Galatian Christians. "My little children, of whom I in, until Christ be in you". Galatians 4:19					
30. Intercession is a spiritual exercise and can only produce eternal results with the help of The Holy Spirit. All believers must learn to depend on, and flow with The Spirit as He works through us in prayer. "Likewise the Spirit also our: for we know not what we should pray for as we ought: but the Spirit maketh for us with groanings which cannot be uttered. And he that searcheth the hearts knoweth what is the mind of the Spirit, because He maketh for the according to the Will of God". Romans 8: 26-27					
Ask The Holy Spirit to be your guide in prayer and to teach you the art of intercession.					
DISCIPLINE IN PRAYER					
<b>31.</b> Having a daily time of prayer is vital to our spiritual health and growth. "Now Peter and John went up together into the temple at the of, being the ninth hour". Acts 3:1					

into your daily planning.					
	•	editate upon the Lord without ace of solitude for intimate prayer			
the, pray to the	y Father which is in secr	, and when thou hast et; and thy Father which seeth in			
the, pray to the	· · · · · · · · · · · · · · · · · · ·				

Stay sensitive to The Holy Spirit's drawing to prayer, and put your prayer time