

045: GIVING, PRAYING, FASTING

SHOW NOTES

Maximize your potential as a Christian. Maximize your potential as a prayer warrior.

Ephesians 6:12 NKJV For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.

- Many of the problems people have today mentally, emotionally, physically are related to demonic influence oppressing their life.

- Jesus teaches 3 primary areas that a Christian need to be proficient in, in order to maximize our potential in spiritual warfare.

Matthew 6:1-4 KJV Take heed that ye do not your alms (giving) before men, to be seen of them: otherwise ye have no reward of your Father which is in heaven. **2** Therefore when thou doest thine alms, do not sound a trumpet before thee, as the hypocrites do in the synagogues and in the streets, that they may have glory of men. Verily I say unto you, They have their reward. **3** But when thou doest alms, let not thy left hand know what thy right hand doeth: **4** that thine alms may be in secret: and thy Father which seeth in secret himself shall reward thee openly

- We must have a pure heart in order to be effective in spiritual warfare.

Three things Jesus expects His followers to do in secret:

1. **Giving**

    - What we do in private is what God rewards openly

- What we do in private is who we really are.

Matthew 6:4 KJV that thine alms may be in secret: and thy Father which seeth in secret himself shall reward thee openly

- You have to have the right motive, you don't give, pray and fast for the reward of others, you do it for the reward of the Lord.

Matthew 6:2 KJV Therefore **when thou doest thine alms**, do not sound a trumpet before thee, as the hypocrites do in the synagogues and in the streets, that they may have glory of men. Verily I say unto you, They have their reward.

1 Corinthians 16:2 KJV Upon the first day of the week let every one of you lay by him in store, as God hath prospered him, that there be no gatherings when I come.

- The early church taught people weekly giving.

- You work all week, come to church on Sunday, pay your tithe and give your offerings on a regular basis.

- This is critical for maximizing your potential as a Christian.

Matthew 6:24 KJV No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon (money).

- Maximize your potential as a prayer warrior.

Matthew 6:4 KJV that thine alms may be in secret: and thy Father which seeth in secret himself shall reward thee openly

2. **Prayer**

Matthew 6:5 KJV And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward.

Matthew 4:19 KJV And he saith unto them, Follow me, and I will make you fishers of men.

Matthew 6:5 KJV And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the

streets, that they may be seen of men. Verily I say unto you, They have their reward.

- The power received comes as a result of what you do in your private prayer life.

Matthew 26:40 KJV And he cometh unto the disciples, and findeth them asleep, and saith unto Peter, What, could ye not watch with me one hour?

- That hour needs to be a combination of: Walking the floor, speaking God's Word AND Walking the floor, praying in other tongues.

Matthew 6:6 KJV But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

- To be victorious in spiritual warfare you must be disciplined in giving and disciplined in your prayer life.

John 14:12 KJV Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.

- You cannot do the greater works until you live by the principles that Jesus Himself lived by.

3. **Fasting**

Matthew 6:16-18 KJV Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward. **17** But thou, when thou fastest, anoint thine head, and wash thy face; **18** that thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly.

- When your fasting, don't get around your brothers & sisters and complain about how hungry you... that's your reward.

- Fasting has to be spirit lead.

2 Corinthians 11:27 KJV In weariness and painfulness, in watchings often, in hunger and thirst, in fastings often, in cold and nakedness.

Acts 27:33 KJV And as day was about to dawn, Paul implored them all to take food, saying, "Today is the fourteenth day you have waited and continued without food, and eaten nothing.

- As spiritual warriors we need to study the subject of fasting and make it a regular part of our Christian life.

PODCAST RESOURCES

- More from John: www.johnpolis.com
- Sign up for the Show Notes: www.johnpolis.com
- Subscribe on Apple Podcasts: https://podcasts.apple.com/us/podcast/battle-prayer-podcast-with-john-polis/id1650216895
- Subscribe on Spotify: https://open.spotify.com/show/7dUdpoJPxsfmVKhmjowPgk?si=a10c9011ca18411b
- Subscribe on Google Podcasts: https://podcasts.google.com/feed/aHR0cHM6Ly9wb2RjYXN0cy5zdWJzcGxhc2guY29tL3IzNDNnN3gvcG9kY2FzdC5yc3M
- Subscribe on YouTube: https://www.youtube.com/channel/UCLDl0fulp4-BrJda3Oup43Q

CONNECT WITH JOHN

- Ask questions: info@johnpolis.com
- Facebook: www.facebook.com/johnpolisministries
- Twitter: @johnpolismin
- Instagram: @johnpolisministries
- TikTok: @johnpolisministries

LEAVE A REVIEW

If this podcast has increased your prayer life, you can help share it by leaving quick Apple Podcasts review.