

MULTI-DAY RAFTING TRIP

PACKING LIST:

- ☐ Non-cotton shorts and tank-tops/t-shirts to wear on the river
- ☐ Change of clothes for end of the day- warm & cool weather
- ☐ Sandals with ankle strap or old tennis shoes (not flip-flops)
- ☐ Extra set of shoes or lightweight hiking boots
- ☐ Wide brim hat, with straps, to shade your face
- ☐ Sunscreen & Chapstick
- ☐ Bug Spray
- ☐ Water bottle
- ☐ Sunglasses, with retaining strap
- ☐ Eyeglass retaining strap if you wear glasses on the water
- ☐ Sleeping bag
- ☐ Sleeping pad (if you prefer to use your own)
- ☐ Toiletries (toothbrush, toothpaste, deodorant, etc)
- ☐ Small flashlight/headlamp
- ☐ Bible, with pen/pencil and notebook/paper



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