



## **Upcoming Events**

### **TMW WINTER WONDERLAND PROGRAM**

Thursday, January 8, 1:00 p.m., Family Life Center

Questions – contact Libby Gregg – [lgregg129@gmail.com](mailto:lgregg129@gmail.com)

### **CONNECT LUNCH**

***Open to anyone new to our church!***

Sunday, January 11, 11:45 a.m., Upper Family Life Center

Contact Bonnie with questions/RSVP at [bonnie@troymc.org](mailto:bonnie@troymc.org)

**See our website for additional details– [troymc.org/events](http://troymc.org/events)**

## **Message Notes**

December 28, 2025

### **Pause: To Pray**

Romans 12:9-21

### **Recap of the Advent Season**

#### ***Pause: Slow Down to Receive More***

Pause to Seek – Matthew 2:1-6

Pause to Reconsider – Matthew 1:18-25

Pause to Surrender – Luke 1:26-38

Pause to Hope – Luke 2:21-38

Pause to Celebrate – Luke 2:1-20

Pause to Pray – Romans 12:9-21

### **What does it look like to follow Jesus wholeheartedly?**

1. It's a journey
2. It requires regular pausing
3. It requires prayer

### **When we pause, we can:**

Look back

Look within ourselves

Look beyond ourselves

Look forward

### **New Year Challenge: 30 Days of Prayer!**

### **Resources:**

“Prayer” by Timothy Keller

“Fervent: A Woman’s Battle Plan for Serious, Specific, and Strategic Prayer” by Priscilla Shirer

“Celebration of Discipline” by Richard J. Foster



