



**Sep 13-14, 2025**

### **Break the Ice**

-When things feel uncertain, what is your normal go-to reactions? Is there a particular form of comfort you go to, does your body language change, etc?

### **Up**

-Read Ruth Ch1. What stands out, confuses, or challenges you from this passage or the message?

-From this chapter, what do we learn about suffering and about our own responses to our dark times?

-When the plan is unclear, how hard is it for you to continue to trust in God and His goodness?

### **In**

-What can be lost or missed when we leave so much of our lives within our proverbial black boxes-that place where no matter our circumstances, we don't let people in?

-What fears cause you to keep your thoughts, events, and hurts within your black box?

### **Out**

-How has the Lord been working in your heart with a way you can grow to create more of a safe space within your group for those around you?

-What might God be inviting you to remain faithfully in right now, even when you can't see the outcome? How can our group help?

### **Prayer**

-Spend time praying as a group for God to continue forming your group into a place that is safe for people to share their dark times.