# PULPIT COMPANION

PERSEVERE
THROUGH THE
FEAR

NUMBERS 33:50-56,

MINISTER DEBORAH MOODY



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1811 S.7TH STREET, SAN JOSE, CA WWW.MARANATHACC.COM





In this powerful message, we delve into the transformative journey of overcoming fear through faith.

The story of Moses leading the Israelites out of Egypt serves as a profound backdrop, illustrating how God equips ordinary people for extraordinary tasks. We're reminded that fear often manifests as a fear of judgment, change, or the unknown – but God calls us to persevere. The scripture 'Fear not, for I am with you' (Isaiah 41:10) anchors us, emphasizing that God's presence is our ultimate source of strength. As we confront our deepest fears – whether it's public speaking, failure, or success – we're challenged to recognize how these fears can hold us in bondage. Yet, we're also reminded that 'God did not give us a spirit of fear, but of power and of love and of a sound mind' (2 Timothy 1:7).

This message encourages us to shift our focus from our limitations to God's limitless power, urging us to step out in faith and embrace the growth that comes from facing our fears.

### **SCRIPTURES FROM PULPIT AI**

- Isaiah 41:10
- 2Timothy 1:7
- John 8:36





# **DEVOTIONAL**

Day 1: Overcoming Fear with Faith Reading: Isaiah 41:10 and 2 Timothy 1:7

**Devotional:** Fear often paralyzes us, preventing us from stepping into God's calling for our lives. Just as Moses initially hesitated to lead the Israelites, we too may feel inadequate or afraid. But God reminds us in Isaiah 41:10 that He is with us, strengthening and upholding us. 2 Timothy 1:7 further assures us that God has not given us a spirit of fear, but of power, love, and self-discipline.

Today, reflect on areas where fear may be holding you back. Ask God to replace that fear with faith, remembering that He equips those He calls. Take one small step of faith today, trusting in God's presence and power.

# Day 2: Embracing Change and Growth Reading: Joshua 1:9 and Romans 12:2

**Devotional:** Change can be uncomfortable, yet it's often necessary for our spiritual growth. The Israelites faced significant changes as they left Egypt and journeyed to the Promised Land. Similarly, we may resist changes in our lives, preferring the familiar even if it's not ideal. Joshua 1:9 encourages us to be strong and courageous, knowing God is with us wherever we go. Romans 12:2 calls us to be transformed by the renewing of our minds.

Today, consider an area of your life where God might be calling you to change or grow. Pray for the courage to embrace this change, trusting in God's guidance and presence through the process.





# Day 3: Finding Freedom in Christ Reading: John 8:31-36 and Galatians 5:1

**Devotional:** True freedom comes not from external circumstances, but from our relationship with Christ. The Israelites were physically freed from slavery in Egypt, but many still carried a slave mentality. Similarly, we may be free in Christ but still bound by fears, doubts, or past experiences. John 8:36 reminds us that if the Son sets us free, we are free indeed. Galatians 5:1 urges us to stand firm in this freedom.

Today, examine your heart. Are there areas where you're still living in bondage, despite Christ's offer of freedom? Surrender these to God, asking Him to help you fully embrace the freedom He provides.

# Day 4: Trusting God in Uncertainty Reading: Proverbs 3:5-6 and Jeremiah 29:11

**Devotional:** Uncertainty can breed fear and anxiety, but God calls us to trust Him even when we can't see the way forward. The Israelites faced many unknowns as they journeyed through the wilderness, yet God remained faithful. Proverbs 3:5-6 encourages us to trust in the Lord with all our hearts and lean not on our own understanding. Jeremiah 29:11 assures us that God has plans to prosper us and give us hope. In times of uncertainty, we're called to trust God's character and promises rather than our circumstances.

Today, identify an area of uncertainty in your life. Surrender it to God, asking Him to increase your trust and help you see His hand at work.





# Day 5: Shining God's Light Reading: Matthew 5:14-16 and Ephesians 5:8-10

**Devotional:** As children of God, we're called to shine His light in the world. The poem "Our Deepest Fear" reminds us that we are meant to shine, and in doing so, we give others permission to do the same. Matthew 5:14-16 describes us as the light of the world, called to let our light shine before others. Ephesians 5:8-10 urges us to live as children of light. Our light shines brightest when we overcome our fears and fully step into who God created us to be.

Today, consider how you can let God's light shine through you. Is there a gift or talent you've been hesitant to use? A word of encouragement you've been afraid to share? Ask God for the courage to shine His light boldly, remembering that as you do, you inspire others to do the same.





# SMALL GROUP GUIDE: "Persevere Through Fear"

# **Opening Prayer:**

Begin the session with a prayer, asking God to open hearts and minds to discuss fear and faith.

## **Key Scripture:**

# **Discussion Questions:**

- 1. The speaker mentioned several common fears (public speaking, failure, success, the unknown, change, judgment). Which of these do you struggle with most and why?
- 2. How has fear held you back from pursuing opportunities or following God's calling in your life?
- 3. The sermon stated, "Fear is binding, but freedom is limitless." What does this mean to you personally?
- 4. Discuss a time when you had to "do it afraid." What was the outcome, and what did you learn?
- 5. How can we differentiate between healthy caution and debilitating fear?
- 6. The speaker shared a personal story about being paralyzed by fear until surrendering to God. Have you experienced a similar moment of breakthrough? Share with the group.
- 7. Reflect on the Marianne Williamson quote, "Our deepest fear is that we are powerful beyond measure." How does this challenge your perspective on fear?

# **Practical Applications:**

- Fear Inventory: Take time this week to write down your fears. Next to each one, write a truth from Scripture that counters that fear.
- Accountability Partners: Pair up with someone in the group to check in regularly about overcoming a specific fear.
- Faith Over Fear Challenge: Each day this week, intentionally do one small thing that pushes you out of your comfort zone, trusting God in the process.
- Gratitude Practice: Start a daily gratitude journal to shift focus from fears to blessings.
- Memorize Scripture: Choose a verse about God's protection or peace (e.g., Isaiah 41:10 or 2 Timothy 1:7) to memorize and meditate on when facing fear.





# **Key Takeaways:**

- 1. Fear often stems from judgment, both of ourselves and others.
- 2. God equips those He calls, even when we feel inadequate.
- 3. Living in fear is living in bondage; God wants us to be free.
- 4. We must learn to trust God and relinquish control.
- 5. Fear is temporary, but faith is everlasting.

# **Closing Prayer:**

End the session by praying for courage, faith, and freedom from fear for each group member.

