

GRACE BIBLE CHURCH

— Lorton —

Discipleship Fundamentals Course

"My brothers and sisters, I myself am convinced about you that you also are full of goodness, filled with all knowledge, and able to instruct one another." — Romans 15:14

Followers of Jesus Christ are called to community. Throughout all of life, we need to counsel, exhort, encourage, and even correct one another, and we need to receive counsel, exhortation, encouragement, and correction from our brothers and sisters.

Discipleship Fundamentals is a 15-week, 30-hour class to help equip you to serve one another by humbly applying God's Word to life's varied circumstances. This class is also an introduction to biblical counseling and will be taught by Pastors Doug and Bob on Monday nights, beginning Sept 11. The class will be taught at church.

Reading

The following books are to be purchased.

Books

1. *Instruments in the Redeemer's Hands*
 - a. By Paul David Tripp; ISBN-13: 978-0875526072
2. *Unpacking Forgiveness*
 - a. By Christ Brauns; ISBN-13: 978-1581349801

Reading for the first half of the course is from *Instruments in the Redeemer's Hands* (2002) by Paul David Tripp. Then, you will have two months (Nov 6 – Jan 8) to read *Unpacking Forgiveness* (2008) by Chris Brauns.

Schedule on next page...

Schedule

DATE All Classes - Mondays, 7-9 PM		READING To be completed prior to the class.
<i>Dates will be provided before this class begins.</i>	The Need for Biblical Counseling (BC) The Definition & Goal of BC	Chaps 1 & 2
	Secular & Integration Theories What Makes BC Biblical	
	Progressive Sanctification Process of Biblical Change	Chaps 3 & 6
	Qualifications of a Biblical Counselor Getting to Heart Issues	Chaps 4 & 5
	Establishing Involvement Giving Hope	Chaps 7 & 8
	Gathering Data Discerning Problems Biblically	Chaps 9-10 & Appendixes 1-3
	Providing Instruction Giving Homework	Chaps 11 & 12
	God's Purpose for Marriage Roles of Husband and Wife	Chap 13 & Appendix 4
	Communication Depression	Chap 14 & Appendix 5
	Goal of Parenting Parental Instruction	
	Parental Discipline Guilt and Repentance	
	Forgiveness Trials and Suffering	Over the break, read <i>Unpacking Forgiveness</i> by Chris Brauns
	Fear and Worry Anger	
	Biblical Sexuality Sexual Sin	
	Physical Illness and BC Psychotropic Drugs and BC	