



STUCK IN THE

IN-BETWEEN

Weekly Devotion

Week 3

Day 1: Trusting God in Exhaustion

Reading: Psalm 23:1-6

Devotional: In our fast-paced world, exhaustion often leaves us vulnerable to temptation and poor decision-making. Just as Joseph faced temptation when he was likely tired and stressed, we too encounter challenges when we're worn out. Yet, Psalm 23 reminds us that the Lord is our shepherd, leading us to rest and restoration. Today, reflect on areas of your life where you feel depleted. How can you allow God to lead you to green pastures and quiet waters? Remember, even in your exhaustion, God is present and wants to provide you with rest. Take time to be still in His presence and allow Him to renew your strength.

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Day 2: Resisting Temptation

Reading: 1 Corinthians 10:12-13

Devotional: Joseph's encounter with Potiphar's wife illustrates the constant battle we face with temptation. Paul acknowledges this struggle in Romans, admitting he often does what he doesn't want to do. Yet, in 1 Corinthians, we're assured that God provides a way out of temptation. Consider a recurring temptation in your life. How has God provided ways of escape that you may have overlooked? Remember, resisting temptation isn't about willpower alone, but about relying on God's strength and seeking His guidance. Pray for discernment to recognize God's "exit routes" when temptation arises.

Day 3: Faithfulness in Adversity

Reading: James 1:2-4

Devotional: Joseph's story teaches us that doing the right thing doesn't always lead to immediate rewards. In fact, his integrity initially led him to prison. James encourages us to view trials as opportunities for growth. Reflect on a time when you faced adversity despite your best efforts to honor God. How did that experience shape your faith? Consider how God might be using your current challenges to develop perseverance and maturity in your character. Thank Him for His refining work in your life, even when it's difficult.

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Day 4: Delayed Gratification

Reading: Hebrews 11:24-26

Devotional: The marshmallow experiment mentioned in the sermon illustrates the importance of delayed gratification. Moses, as described in Hebrews, chose to suffer with God's people rather than enjoy the fleeting pleasures of sin. What "marshmallows" in your life tempt you to settle for immediate satisfaction rather than waiting for God's best? Ask God for the wisdom to discern between momentary pleasures and eternal rewards. Pray for the strength to make choices that align with His will, even when the benefits aren't immediately apparent.

Day 5: God's Presence in Our Suffering

Reading: Romans 8:28-39

Devotional: Joseph's journey from the pit to the palace demonstrates God's ability to work all things for good, even in our darkest moments. Paul's powerful words in Romans 8 assure us that nothing can separate us from God's love. Reflect on a painful experience in your past. How has God used that situation for good in ways you might not have initially recognized? Even if you're currently in the midst of suffering, trust that God is present and at work. Close your devotional time by declaring the truths of Romans 8:38-39 over your life, affirming God's unwavering love and presence in all circumstances.