



DO HARD THINGS

staying the course when you'd rather run

Do Hard Things Week 1

Day 1: God's Persistent Love

Reading: Jonah 1:1-17

Devotional: God's love is relentless, even when we run. Just as God pursued Jonah with a storm, He pursues us with His grace. Sometimes what feels like disaster is actually God's method of bringing us back to Him. Reflect on a time when you felt far from God. How did He draw you back? Remember, God loves you too much to leave you where you are. His correction, though sometimes painful, is always rooted in love. Today, open your heart to God's pursuit and allow His love to transform you.

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Day 2: Facing Our Storms

Reading: Mark 4:35-41

Devotional: Life's storms can be terrifying, much like the one Jonah and the sailors faced. Yet often, it's in these tumultuous moments that we encounter God's power most profoundly. Jesus demonstrated His authority over nature, proving He is with us even in our darkest hours. What storm are you facing today? Instead of trying to weather it alone, invite Jesus into your boat. Trust that He can calm not just the external chaos, but also the turmoil within your heart. Let this be a day of surrendering your fears to the One who commands even the wind and waves.

Day 3: The Unexpected Path of Deliverance

Reading: Genesis 50:15-21

Devotional: Joseph's story, like Jonah's, reminds us that God's path to deliverance often looks nothing like we expect. What Joseph's brothers meant for harm, God used for good. Similarly, Jonah's "disaster" of being swallowed by a fish became his salvation. Where in your life have you experienced unexpected blessings from apparent setbacks? God specializes in turning our disasters into deliverances. Today, look at your challenges through the lens of faith, trusting that God is working all things for your good and His glory.

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Day 4: Surrender and Transformation

Reading: Romans 12:1-2

Devotional: True transformation begins with surrender. Jonah's story turned around when he finally surrendered to God's will. Paul urges us to offer our bodies as living sacrifices, allowing God to renew our minds. What areas of your life are you still holding back from God? Surrender isn't a one-time event, but a daily choice. Today, consciously offer every part of yourself to God – your plans, your desires, your fears. Ask Him to transform you from the inside out, aligning your will with His perfect plan.

Day 5: God's Bigger Picture

Reading: Isaiah 55:8-11

Devotional: God's ways are higher than our ways, and His thoughts than our thoughts. Jonah couldn't see how his mission to Nineveh fit into God's plan, but God saw the bigger picture of a city's salvation. Often, we struggle to understand God's direction for our lives. But like rain and snow accomplishing their purpose, God's word never returns void. What situations in your life seem confusing or purposeless? Trust that God is weaving your story into His grand tapestry. Today, pray for eyes to see beyond your immediate circumstances and faith to trust in God's ultimate good purpose for your life.