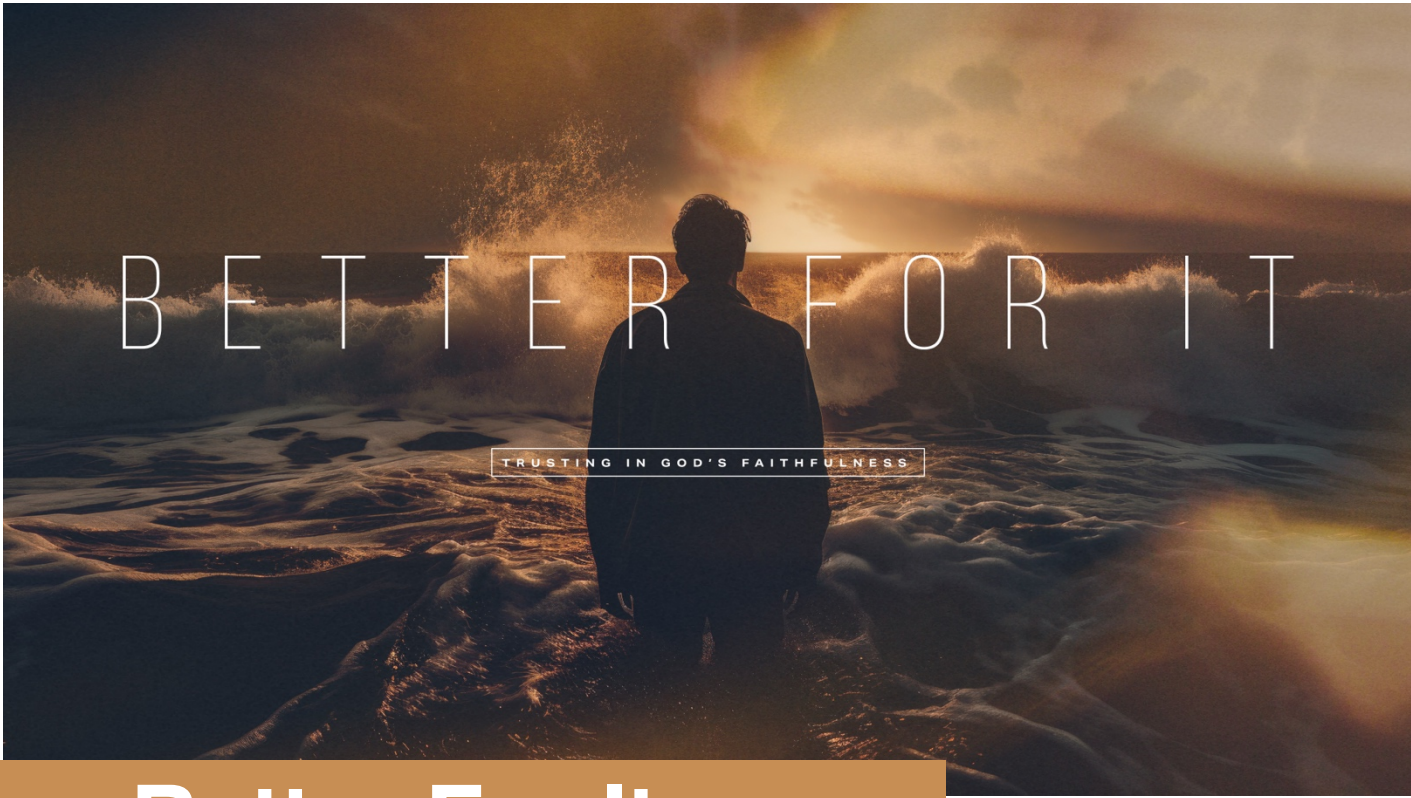


A person stands with their back to the camera on a path of clouds, looking out at a sunset. The sky is filled with golden light and clouds. The title 'BETTER FOR IT' is written in large, white, serif capital letters across the top of the image.

BETTER FOR IT

TRUSTING IN GOD'S FAITHFULNESS

Better For It

Week 1

Day 1: Hidden Files, Hidden Hurts

Reading: Psalm 139:23-24; Hebrews 4:12-13

Just as hidden files can consume computer storage without awareness, unaddressed failures and wounds consume our spiritual capacity. David's prayer invites God to search the hidden places of our hearts—those memories we've buried, those failures we've protected but that ultimately harm us. God's Word penetrates deep, revealing what we've concealed even from ourselves. The hurts from broken relationships, the shame from past mistakes, the trauma we've tried to forget—these don't just disappear. They hide in our operating system, affecting how we trust, love, and hope. Today, ask God to reveal what you've been protecting. His searching isn't to condemn but to heal. What hidden file is God highlighting in your life right now?

Better For It

Week 1

Day 2: When Failure Replays on Loop

Reading: Romans 8:1-2; 2 Corinthians 5:17

Our minds remember only three percent of life experiences, yet we vividly recall our failures. We forget blessings but replay our mistakes with painful clarity. Peter's denial must have tormented him—"I'll never leave you" echoing against his three-fold betrayal. But God's truth counters failure's narrative: there is no condemnation for those in Christ Jesus. You are a new creation. The old has gone. Failure tries to define your identity, whispering that you are your worst moment. But God declares something different. You are not what you've done; you are who He says you are. The memory may remain, but its power to define you is broken. Today, when failure's replay begins, interrupt it with truth: "I am forgiven. I am new. I am loved."

Better For It

Week 1

Day 3: The Rock Who Crumbled

Reading: Luke 22:31-34, 54-62; John 21:15-19

Jesus renamed Simon "Peter"—the Rock—long before Peter earned it. He saw Peter's destiny, not his present instability. When Peter's greatest failure came, Jesus had already prayed that his faith wouldn't fail. Notice: Jesus didn't pray that Peter wouldn't fail, but that his faith would survive the failure. After resurrection, Jesus didn't disqualify Peter; He restored and recommissioned him. Your failure doesn't surprise God or derail His plans. He's already praying for you. The question isn't whether you'll fail—we all do—but whether you'll let failure destroy your faith or deepen it. Peter's denial became the foundation for his compassion and boldness. What if your greatest failure is preparation for your greatest ministry? God specializes in using broken rocks to build His church.

Better For It

Week 1

Day 4: Learned Helplessness or Holy Confidence

Reading: Philippians 1:6; Romans 8:31-39

Elephants trained with chains eventually stop trying to break free, even when only a rope restrains them. They're imprisoned by belief, not reality. Learned helplessness convinces us that past failure predicts future outcomes. We stop trying because we've already written the ending. But holy confidence declares something different: He who began a good work will complete it. Our confidence isn't in our ability to avoid failure but in God's faithfulness despite it. Nothing—not failure, shame, or past mistakes—can separate you from Christ's love. The same Spirit who raised Jesus from death lives in you. Stop letting past chains dictate present possibilities. God isn't finished with you. Your story isn't over. Today, replace "I can't" with "God can." That's not positive thinking; that's resurrection faith.

Better For It

Week 1

Day 5: The Shell That Strengthens

Reading: James 1:2-4; 2 Corinthians 12:9-10

A mother bird watches her chick struggle to break free from its shell, resisting the urge to help. She knows the struggle is necessary for strength. Premature rescue would be fatal. The difficulty you're begging God to remove might be the very thing developing your endurance. Peter's failure wasn't the end of his story; it was essential preparation. His brokenness taught him grace. His restoration gave him boldness. His weakness revealed God's strength. Embracing failure doesn't mean accepting defeat; it means trusting God's process. Ask yourself: What did I learn about myself? What did I learn about God? How can He use this? Failure isn't final—it's formational. God redeems, restores, and repurposes everything we surrender to Him. Your breaking point can become your breakthrough. Failure isn't final. God can use this for your future.