

The Kernstown Courier



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Rev. Gary Heaton



November 2023

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From the Pastor

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, Hebrews 12:1

This time of year is a wondrous reminder of the everchanging events in our lives and the never changing presents and movement of God in the world. Our faith gives us the comfort and assurance that God is the beginning and the end of all things and that we need not fear change. The changing of the seasons, the ebbing of the tide and the setting of the sun encourage us to believe that the dawn will come, spring will arrive, and the tide will ebb and flow. We strive in our faith journey to mimic the consistency and the rhythms of creation. The keeping of the sabbath, celebrating holy days and saying daily prayers are all endeavors of the saints of God to keep in step with the God of creation. November begins and ends with reminders of our role in keeping the faith. On All Saints Sunday, we take encouragement from the believers of the past who's faith encourages and strengthens us for our own journey. At Thanksgiving, we gather with others to give thanks for God's provision and our connection to one another. All these endeavors are our spiritual practices to keep our attention on the work of God, on not on the uncertainty of the world.

We have the great privilege to offer our community the promise of hope in a world full of anxiety and uncertainty. The welcoming hospitality of Kernstown United Methods Church is our part in God's redeeming love in a broken world. I encourage everyone to embrace our role as a church in God's work in the world. We are honored and blessed to be able to provide the space to call people to worship and serve in the name of Jesus. I personally am encouraged by the saints in Kernstown United Methodist Church; Past, Present & Future.

Gary

Charge Conference
In-Person
Macedonia UMC
2:00 pm, Sunday,
Nov. 12, 2023



Our next New Member Sunday is Dec. 24. The orientation classes will be Dec. 3, 10, & 17. Any questions, see Rev. Heaton



Above Rich Lichvar (Restored Member), Ruvimbo Nenge (Transferred Member) & JJ Gibbs (Associate Member) also pictured Rev. Heaton from 10/8/2023

NOVEMBER 5



**FALL
BACK**

Advent & Christmas Planning

Some important dates & information so you can invite friends and neighbors to join us for Advent & Christmas. Our theme is **"Starlight for Our Journey Through the Darkness"**. We will have special music and preaching each week as well as an evening stargazing on December 9th & 16th. The cantata is on the 17th and Christmas Eve is on the last Sunday of Advent. Please invite others to worship with you.

Care & Connect

Hospitality Group is looking for volunteers to help with the lunch portion of the Wednesday Advent Service/Lunch program. 4 folks are needed to bring a large crockpot of soup or chili and additional folks to bring about a dozen sandwiches/cornbread or hotdogs each week. Watch for more details and sign-up for this fellowship beginning Wednesday, Nov. 29 at noon.

Health Ministry - Purpose is to promote Wholistic health & prevent/ minimize illness at KUMC and the surrounding community. Contact me if you have any health concerns that I can help or if you would like a hospital or home visit from me, **Parish Nurse**, Doris Miller, BSN, RN, Faith Community Nurse, cell 540-303-3135 (leave msg), *I have been having problems with my Yahoo email so I have a new one:* Pameric2021@Outlook.com

Scripture: *Isaiah 41:10 (NRSV) Do not fear, for I am with you, do not be afraid, for I am your God; I will strengthen you, I will help you, I will uphold you with my victorious right hand.*

Blood Pressure Checks: 2nd (Nov. 12) and 4th Sundays (Nov. 26) in Mission Room after worship service.

WALK with a DOC - Nov. thru Jan. - only on the 2nd Wednesday, Nov. 8, at 11 am - 12 noon. Meet at Valley Health Wellness and Fitness Center for a talk by a Physician and walk around the lake with others.

Friends & Family CPR - I am planning another class in November. Sign-up sheet in narthex. Contact Doris if you have any questions.

Update on FLU /COVID/Respiratory Syncytial Virus Prevention tools: Vaccines, handwashing and cleaning, air ventilation by opening windows, masks. It is not too late to receive the flu vaccine. **Respiratory Syncytial Virus (RSV)** is a common respiratory virus that causes mild, cold-like symptoms. Most people recover in a week or two, but RSV can be serious. Infants and older adults are more likely to develop severe RSV and need hospitalization. It is highly contagious. **Symptoms:** *(Usually show symptoms within 4-6 days after getting infected):* runny nose, decrease in appetite, coughing, sneezing, fever, wheezing, sore throat. In very young infants with RSV, the only symptoms may be irritability, decreased activity, and breathing difficulties. **Transmission:** Spread through contact with droplets from the nose and throat of infected people when they cough and sneeze. It can also spread through dried respiratory secretions on bed-

clothes and similar items. Direct contact with the virus can also spread the virus. RSV vaccine is available to protect adults 60 and older from severe RSV. Ref: *Centers for Disease Control & Prevention (CDC)*

Reach & Serve

CCAP Thanksgiving Items are due in the next 2 weeks! Drop them off at church by **Sunday, Oct. 29th**. Shopping Lists are in the narthex. We will continue to collect the same items for Christmas, due by **Sunday, Nov. 26th**



CCAP Thanksgiving & Christmas Dinner Donation List

Thanksgiving Items need to be at church by Oct 29th
& Christmas items need to be at church by Nov. 26th

Canned Yams
 Canned Green Beans
 Marshmallows
 Cranberry Sauce
 Boxed Potatoes
 Gravy Packets/Cans
 Dressing/Stuffing Mix
 Brownie/Cookie Mix
 Pancake Mix
 Cooking Oil
 Roasting Pans
Turkeys
Hams

BASTAS—Be a Santa to a Senior program with Home Instead Senior Care tags will be here in November. Watch for more info.



United Women in Faith (UWF)

Sisters in Christ **Scripture:** *Matthew 6:6 "...whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you."*

Next meeting: Tuesday, Nov. 14, at 10:00 in fellowship hall. Program - World Thank Offering by Suzanne Conklin. Be saving money each day for things that you are thankful for and bring to November meeting.

Zone Meeting; Saturday, Nov. 11 at 9:30 at Greenwood UMC

Christmas Luncheon: Tuesday, December 12, offsite location tbd.

Reading Program: Continue reading the books for UWF Reading Program **Fund Raiser** for Local Missions - Lighting project - **"Lighting the Pathway to The Christ Child"** during Advent - We will be having the Christmas lights on the shrubbery outside the sanctuary again this year during Advent. They will be electric & more visible from Valley Pk. The service to light them will be on the first Sunday in Advent (Dec. 3) at 5 pm. The collection of forms to honor or in memory ended on Sept. 30. If you did not have chance to complete this in Sept., see Doris Miller or Cheryl Spurr.

Upper Room & Our Daily Bread: In narthex. When you take a copy, leave a donation in the jar next to them to help cover the cost of it.

Cookbooks: We still have cookbooks at \$3 each in the mission room outside the fellowship hall. Leave money for them in the jar next to them.

CCAP Project - UWF will be collecting canned meats for CCAP during November. Leave donations in container in the narthex. Doris Miller, Pres.

Educate & Equip

Confirmation Class

Rev. Heaton (KUMC) & Rev. Keith Ritchie (Macedonia UMC) will be offering a Confirmation Class for young people ages 12-17 in February and March of 2024. The congregation is encouraged to share this opportunity with young people you know who may be interested in learning and exploring a relationship with Jesus through church membership.

Worship & Wonder

Christmas Decorating - Friday, December 1, starting at 9 a.m., the Worship and Wonder team will be decorating the church for the Christmas season. Everyone is welcome to join in this fun time of fellowship.

September 23 Financial Report

Tithes & Gifts Received \$26,181.⁰⁰
 Needed to meet Budget \$27,313.⁶⁴
Difference \$1,132.⁶⁴



November Birthdays

Carole Ay	01
Mary Kay LaFollette	02
Lynn Martin	02
Jeanne Seckman	02
Nancy Tisinger	03
Tammy Corey	05
Richard Homer	05
Doug Chapman	06
Sarah Gordon	06
Eugene Wise	06
Noah Bloxom	07
Shirley Dick	08
Hannah Minter	08
Courtney Rust	10
Mary Walker	10
David Donohoe	11
Mary Morgan	12
Katie Sanders	12
James Nesselrodt	13
Ginny Birdsong	14
Sarah Charles	15
Daniel Folger	15
James Nesselrodt	16
John Butler	20
Alexis Hill	20
Andrew Greene Jr.	21
Alexis Greene	21
Jerry Puffinburger	21
Polly Look	22
Eric Wilson	23
Mark Fuller	24
Christopher Hill	25
Kenny Minter	27
LaPaula Smith	28
Ruth Folger	30
Barbara Sankovich	30



November Anniversaries

Name	Date	#Yrs
Danny & Wendy Aube	02	38 th
John & Gina Elder	13	2 nd
Brian & Kelly Henshaw	13	24 th
Jimmy & Maria Castro	16	38 th
Tammy & Curt Corey	17	6 th
Mark & Allyson Hottle	18	17 th
Margo & Rick Young	25	
Barbara & Ed Cooper	27	47 th



Line Dancing

We had a great response to our Line Dancing class in Sept., and everyone had a great time; so, we are doing it again on Friday, November 17, at 6:00 p.m. Light refreshments available. Come join the fun!



Trustee Update

The replacement/repair of the roof on the education building/fellowship hall will be taking place during the first two weeks of November.

*Thank you
for your patience.*

Stewardship Moments in October w/ Finance Committee & Work Area Teams



Top Row: Lichvar, Roy Walker, Roger Hill, Lisa Dawson

Bottom: Lorraine Shelton, Doris Miller, Steve Wells, Lisa Dawson and Ric Dunkle

With Deepest Sympathy

Helen Dessin Spurr
(Steve Spurr's step mom)
was received into the arms of
Christ on October 11, 2023.
Please keep their family in your
prayers.

Directory Updates

Update Nellie Snoots replace
Phone # to her cell 540-272-0009

Update Paul & Patty Burchard's
address to 31 Amy Lyne Drive,
Smithfield, PA 15478

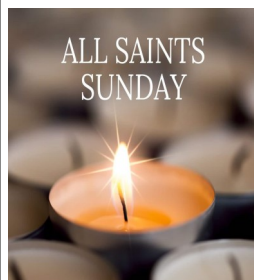
(they moved and are doing fine.)
Email or call updates to the office. Updated
directories are in the cubby by the coat
rack in the narthex, pick up your today.

Saints

We honor the fol-
lowing members on
All Saints Sunday,
November 5:

Irene Gates
Raymond Hess
Ann Rodgers
Marilyn Harper

ALL SAINTS
SUNDAY



A Community Thanksgiving Dinner will be
Thursday, Nov. 23 from 12-2 pm. Take out
meals or delivery will be coordinated at FPC.
Call 540-751-8873 **between 11/01-11/20** to
order a meal for pickup or delivery.

Monetary donations may be sent to First Presbyterian Church at
116 S.Loudoun St., Winchester, VA 22601-memo "Community Thanksgiving
Dinner." Special thanks to our corporate sponsors, church partners,
organizations & individuals for making this happen. Watch for flyer on
bulletin board by the elevator for more information.

KERNSTOWN UNITED METHODIST CHURCH

Gary Heaton, Pastor

3239 Valley Pike

Winchester, VA 22602-5303

540-667-7298; email: office@kernstownumc.org

Worship at 10:20

www.kernstownumc.org | facebook.com/kernstownumc/

Return Service Requested

Charles Harless, Pastor Emeritus
Cathy Richard, Lay Leader
Kelly Henshaw, Chancel Choir Director
Cathy Lichvar, Treasurer
Doris Miller, RN, Parish Nurse
Vicky Maphis, Nursery Attendant
David Landrum, Director of Music Ministries
JJ Gibbs, Director of Program Ministry
Pam Brannon, Administrative Assistant



November Lectionary/Scripture Readings:

11/5 Josh 3:7-17; Ps 107:1-7, 33-37; 1Thess 2:9-13; Matt 23:1-12.

All Saints : Rev 7:9-17; Ps 34:1-10, 22; 1 John 3:1-3; Matt 5:1-12

11/12 Josh.24:1-3a;14-25; Ps.78:1-7; 1Thess 4:13-18; Matt 25:1-3

11/19 Judg 4:1-7; Psalm 123 or 76; 1 Thess 5:1-11; Matt 25:14-30

11/26 Ezek 34:11-16, 20-24; Ps.100; Eph 1:15-23; Matt 25:31-46;

NON-PROFIT

U.S. POSTAGE

PAID

PERMIT NO. 66

Winchester, VA

November 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9-11 ³⁰ BSF 2-3 rms upstrs 11 Prayer & Care fh 5:30 TOPS (DeMoya) 6 Handbells 7 Choir	2 8 ³⁰ TOPS fh	3 9 ³⁰ -2 ³⁰ Bridge fh	4 OCC Packing Party 10-1
5 Daylight Savings Time Ends ALL SAINTS Sunday , 23 rd Sun. A.Pent. 9:00 Art of Hospitality Team 9:00 John Bible Study Demoya 10:20 Worship 7:00 Sml Grp Adult Pop Topic	6	7 12-4 Bridge fh 12 Staff Mtg	8 9-11 ³⁰ BSF 2-3 rms upstrs 11 Prayer & Care fh 5:30 TOPS (DeMoya) 6 Handbells 7 Choir	9 8 ³⁰ TOPS fh 6 ³⁰ Trustees 7 Finance Mtg	10 Veterans Day Observed Office Closed 9 ³⁰ -2 ³⁰ Bridge fh	11 Veterans Day
12 24th Sunday After Pentecost 9:00 Art of Hospitality Team 9:00 John Bible Study Demoya 10:20 Worship 2:00 Charge Conf. @Macedonia 7:00 Sml Grp Adult Pop Topic	13	14 10 UWF fh 12-4 Bridge fh 7 Reach & Serve	15 9-11 ³⁰ BSF 2-3 rms upstrs 11 Prayer & Care fh 5:30 TOPS (DeMoya) 6 Handbells 7 Choir	16 8 ³⁰ TOPS fh	17 9 ³⁰ -2 ³⁰ Bridge fh 6 Line Dancing	18 W&W Decorate for Thanks- giving
19 25th Sunday After Pentecost 9:00 Art of Hospitality Team 9:00 John Bible Study Demoya 10:20 Worship 7:00 Sml Grp Adult Pop Topic	20 News letter Dead line for Dec-Jan	21 10 C & C fh 12-4 Bridge fh	22 9-11 ³⁰ BSF 2-3 rms upstrs 11 Prayer & Care fh 5:30 TOPS (DeMoya) 7:00 Thanksgiving Eve Service w/ Opequon Presb at KUMC	23 Thanks- giving Office Closed	24 Office Closed 9 ³⁰ -2 ³⁰ Bridge fh	25
26 Christ the King Sunday 26th Sunday After Pentecost 9:00 John Bible Study Demoya 10:20 Worship	27	28 12-4 Bridge fh	29 9-11 ³⁰ BSF 2-3 rms upstrs 11 Prayer & Care fh 12 Advent Service/Lunch 5:30 TOPS (DeMoya) 6 Handbells 7 Choir	30 8 ³⁰ TOPS fh	Dec 1 Friday Decorate Sanctuary for Christ- mas 9am All welcome	

Note: No Church Council in November, next meeting December 7th