

Be faithful in prayer - Romans 12:12 NIV

Wednesday Morning Prayer & Care Group - At 11:00 AM, every Wednesday morning, the congregation is invited to meet with the pastor for a time of praying for the concerns of the church. Join us during this journey together each week.

Prayer Concerns since 7/2: Tina Spencer; Simone Poulin; Zachary; Schulhof family; Connie; Becky Cather; Judy & Jerry; Denny & Bonnie; Mark Wells; Denise Wright; Juanita Maddox; Pat Taylor (*Charlie's sister*); Russ & Lara Conklin & their families; Dan & Suzanne Conklin; Jim Driscoll; Chris McLain; the leaders of our country; thanks for beauty, rain, sunlight and friends; Sabrina; Emma; Kelynn; Madonna & Bill; Craig & Dennis Clem; Frank Moore; Bennie Baker; Terri Smith; Dennis Henry; Doug; June & Nate; Katie; Dusti; Debbie; Patty; Chief Dan Doyle; Judy G.; Margot; all persons with upcoming surgeries; Sage, Sarah & Amanda; Blake; Schott family safe travels; Jeff; homeless; Laura & Mike; Bobbie (*Vicky Maphis friend*); Wilsons; Walkers; Scott Maphis; Nick Kelchner (*Audrey's grandson*); Will Rodgers & family; Mary Katherine Clark; Shirley Dick; Mary Shetler; Jane Thomas; Tina & Shane Weagley; Marilyn Stelzl; Rev. Clay & Lisa Knick; Nellie Snoots; Florence Roman; Adele Birnbaum; Sharon & George Teets; Doc Madagan; Amy, Frank Haines & boys; Simon & Vicky Newlin; our world; Betty Murphy; Michele's family; Constantino family

Care Facilities: *Consulate H/C:* Connie Mitchell (PA); *Lynn Care:* Rosalie Wehn; Marilyn Stelzl (112A); *Mt. Vernon:* Virginia Ebbs; *Search Grp.Home:* Steven Dobbin; *Spring Arbor:* Lloyd Henry (210); Marietta Lipscomb (239); Jean Snider (144); *W/C:* Linda Sullivan; *Military:* Douglas Castro; 2LT Jared Castro; CPO Tiffany McMahan; LTC Tom Crowley; CDR Robert Littman; *Other:* Jeanne Newlin & Janie Slater; Peggy Gillich, her great-grandson, Lawton, & grand-daughter; *Missionaries:* Gregg & Jayne Yarian; Pr. Michael & Lupe Geiss

Scriptures for the week – Genesis 24:34-38, 42-29, 58-67; Psalm 45:10-17; Psalm 72; Romans 7:15-25a; Matthew 11:16-19, 25-30

Calendar

Sunday, July 9 10:20 Worship <i>Greeters:</i> Kevin & Barb Mosser <i>Counters:</i> Brian Henshaw & Cathy Richard	Thursday, July 13 8:30 TOPS (<i>f.hall</i>) 6:00 VBS Work day
Tuesday, July 11 12-4 Bridge (<i>f. hall</i>) 6:00 VBS Work day 7:00 Reach & Serve	Friday, July 14 12-4 Bridge (<i>f. hall</i>)
Wednesday, July 12 11:00 Prayer & Care (<i>f.hall</i>) 5:30 TOPS	Saturday, July 15 10:00 VBS Work day
	Sunday, July 16 10:20 Worship 5:00 VBS <i>Reader:</i> Sarah Gordon <i>Greeters:</i> Charlie Donohoe & Cathy Lichvar <i>Counters:</i> Lorraine Shelton & Kevin Mosser



Please know that ALL children are **ALWAYS welcome** to attend our entire church service in the sanctuary. We offer an optional short **Children's** Church program during Sunday worship.



6th Sunday of Pentecost



10:20 a.m. Worship Service

July 09, 2023

Rev. Gary Heaton

3239 Valley Pike, Winchester, VA 22602, 540-667-7298 kernstownumc.org

** All who are able, please stand; **bold print - all respond***

Prelude	David Landrum
Ringling of the Bell	Sam Henshaw
Greeting /Announcements	Cathy Richard
* Call to Worship	Rev. Heaton

Come to Jesus, all you who have suffered a beat down this week.

Come to Jesus, all you who have experienced family turmoil this week.

Come to Jesus, all you who are tired of conflict all around, tired of high gas prices, tired of glass ceilings, quotas, minimum wage jobs, and limited family values.

Come to Jesus, all you who have a job that is getting on your last nerve.

Jesus said, "I'll give you rest. I'll bring you relief. I'll provide your deliverance. I'll make a way."

Jesus will give us wonderful re-creative rest!

*Hymn Love Divine, All Loves Excelling UMH 384
Lighting of Altar Candles Sam Henshaw
Scripture Lesson Romans 7:15-25a Brian Henshaw
Response to the Word My Forever Friend Lorraine Shelton
Offering and Children's Church Give Thanks

Give thanks with a grateful heart, give thanks to the Holy One, give thanks because He's given Jesus Christ His Son. And now let the weak say, "I am strong" Let the poor say, "I am rich because of what the Lord has done for us." Give thanks.
Prayers of the People Rev. Heaton
Congregational Prayer Rev. Heaton

God of compassion and mercy, You claim each one of us as Your children. Like a parent, You are joyful when we find joy and Your heart aches when we fall, fail, or feel less than the beloved heirs to the kingdom You meant us to be. The yoke the Bible describes doesn't burden us; but reminds us that You yearn for us to be a church, a community, that supports, steadies, and sustains when life makes us weary. Grant that we walk with You in gratitude for this yoke that helps us finish the race in faithfulness. Bless our worship, prayers, and giving in Christ's name. Amen.

*Hymn Lord of the Dance UMH 261
Sermon "Dance Away Your Weariness" Rev. Heaton
(Matthew 11:16-19. 25-30)

Congregational Workshop
Pastoral Prayer & Lord's Prayer UMH 895
Invitation to Holy Communion
The Lord be with you.
And also with you.
Lift up your hearts.
We lift them up to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

The Lord's Supper
*Hymn Come, Thou Fount of Every Blessing UMH 400
*The Benediction Rev. Heaton

Choral Benediction Grace, Love, and Fellowship
May the grace of Christ, our Savior, and the love of God, our Father, and the fellowship of the Spirit be with us. May the grace of Christ, our Savior, and the love of God, our Father, and the fellowship of the Spirit be with us forever, and ever, forever more. Amen.
Postlude David Landrum

(*Please stand as able) CCLI # 114088

Announcements

Who's Who in The Pew - Member Attendance & Visitor Info - Please fill out the card located in the pews and place it in the offering basket. Include your name and any prayer requests or concerns for our church leaders. If you are a visitor, please include your contact info and any requests.

VBS is a GO! We are still accepting additional volunteers, as we are expecting well over 50 kids at this point. If you'd like to help, please see or email Kelly at vthenshaw5@gmail.com. Please also spread the word that registration for kiddos is open and can be found on the church's VBS website at www.kernstownumc.org/vbs. Can't wait to sing God's PRAISE with everyone in two weeks!



Reservations for MEALS for volunteers, participants, et al – In order to plan accordingly, sign up on list on the kitchen door in the fellowship hall or online at <https://forms.gle/VMx2Hpx13fxHseno7>. Menu this year is kid friendly and simple meals:



Sunday: Hot Dogs, Baked Beans & Chips
Monday: Chicken Tenders & Mac'n Cheese
Tuesday: Sloppy Joes & Tater Tots
Wed.: Fish Sticks & Mac'n Cheese
Thursday: Pork BBQ & Scalloped Potatoes
Friday: Pizza Donated by Bridge Club

Applesauce, Salad, & Cookies available each night

VBS Workdays - Come join us for VBS art work days – Tuesday, 7/11 and Thursday, 7/13 at 6pm and Saturday, 7/15 at 10am. No artistic ability required! Many hands make light work, so please plan to come help out.

VBS Bright Futures Drive – Once again, we will be collecting Schools Supplies and Food for Bright Futures. Currently, more than 1,200 students across 26 schools in Winchester & Frederick Co. are supported by Bright Futures programs. You should have received a shopping list with specific items (below) for their school supply needs, ready-to-eat food items and healthy snacks. Items will be collected thru July, at VBS, or you can drop them in the bins in the mission room.

School Supply Needs: <ul style="list-style-type: none">• Backpacks <i>Large for HS</i>• Crayons• Dry Erase Markers• Full Sized Pencil Boxes• Headphones & Earbuds (<i>Wired Only, No wireless</i>)• Index Cards• Tissues/Kleenex• Magic Markers-<i>Thin & Regular</i>• Pencil Sharpeners, <i>Hand Held</i>• Pens, <i>Blue or Black</i>• Permanent Markers/Sharpies• Post-Its• Tab Dividers• Water Bottles, <i>Reusable</i>	Ready-to-eat Breakfast Items: <ul style="list-style-type: none">• Cereal treat bars• Granola bars/protein bars• Oatmeal (<i>single servings</i>)• Single-serve cereal <i>no large boxes</i> Ready-to-eat Lunch Items: <i>nothing that requires a can opener</i> <ul style="list-style-type: none">• Beef stew/chili <i>single-serve pop-tops</i>• Ravioli, Spaghetti-O's <i>pop-top</i>• Ready to Eat Soup <i>soup on the go</i>• Ready to Eat Meals• Canned Ham or Chicken	Healthy, Child-Friendly Snack Food Items Single Serve-NO CHIPS <ul style="list-style-type: none">• Trail Mix, Pretzels, Chex-Mix• Goldfish Crackers, Animal Crackers, Rice Crispy Treats, Oatmeal Cookies• Popcorn• Real fruit snacks• Raisins/fruit n' yogurt snacks NO glass & NO expired food
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