



# Kernstown



United Methodist Church | 3239 Valley Pike, Winchester, VA 22602-5303

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Rev. Dr. Victor Gomez [pastor@kernstownumc.org](mailto:pastor@kernstownumc.org) or 540-662-2432

December 2025 & January 2026

“Amazing Grace, How sweet the sound...”

The last couple of weeks, I have especially been thinking about God’s purpose in my life and facing some personal struggles, so I have been taking extra time in prayer and discernment.

A couple of years ago, I received an email from a former pastor-student of mine in Cuba. In his email, he said that he woke up at around 2:00 in the morning, humming in his head the hymn Amazing Grace, and for some reason he was thinking about me. He said that he got up from bed and began praying for me and singing this hymn. Then he said in his email, that when we face our faith battles, even though we don’t see others sticking around, even when we feel that we are alone, even when we don’t see the light at the end of the tunnel... God is always faithful and God is with us.

After I read his email, I started singing this beautiful hymn. At the end of the first verse, I was reminded that I am not blind anymore, that God’s grace is so amazing, which allows me to see the light at the end of the tunnel, and indeed, God is with me.

John Wesley’s last words were exactly that: “The best of all is, God is with us.” I am reminded of God’s amazing grace, and I am reminded of the presence of God without ceasing. I know that I will face struggles throughout my life. I know that I worry, but most important, I know that God is with me, all the time. At times you may feel that this is too far away from you. What about now? What is your best of all? What are you holding onto to get you through today? Then, I am reminded of John Wesley’s words, that God-with-us is the best news of everyday, not just one’s final day. That in Jesus, God has come to us, to live with us, and in us share that Amazing Grace.

God has promised to be with you even in the worst moments of life. God’s presence is not the guarantee that worse will not come, but that God’s best for you will never leave.

GOD is with you. No matter what! Pastor Victor

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## Advent Theme: “Be Present”

**Theological Insight:** Advent invites us to wait—not passively, but attentively—for the coming of Christ. In a world that constantly pulls our attention toward what’s next, Advent reorients us toward *presence*: God’s presence with us, and our presence with one another.

The incarnation—the mystery of *Emmanuel*, *God with us*—is at the heart of this theme. John 1:14 says, “The Word became flesh and lived among us.” God did not love us from a distance. God *showed up*—in time, in space, in the vulnerability of human life.

To “be present” is therefore to live as God lives—with attentiveness, compassion, and embodied love. It is a theological statement that our faith is not merely about believing, but about *being*—rooted, aware, and open to God’s movement in each moment.

In Wesleyan terms, being present reflects “holiness of heart and life.” Holiness is not only about moral purity, but about loving God and neighbor fully—being truly *there* for others, just as Christ is with us. When we are present, we participate in God’s sanctifying grace, allowing Christ’s love to shape our relationships and our pace of life.

**Practical Application:** “Be Present” can guide the congregation through the Advent weeks in simple but powerful ways:

- **Be Present with God:** Set aside quiet moments each day for prayer or Scripture reading. Instead of rushing through devotionals, take time to listen. Advent is less about *doing more* and more about *noticing more*—where God is already at work.
- **Be Present with Others:** During the holidays, it is easy to be surrounded by people but disconnected from them. Make it a goal to give the gift of attention—put the phone down, make eye contact, listen deeply. Presence is one of the most meaningful gifts we can offer.
- **Be Present with Yourself:** The season can stir both joy and sorrow. Allow yourself to feel what you feel. God meets us in our real emotions, not just in the festive moments.
- **Be Present in the Community:** Look for Christ in the faces of neighbors, the hungry, the lonely, the refugee, the child. Serving others becomes an act of recognizing God’s presence in the world.



### Advent Theme “Be Present”

“Presence of the Past” Concert ~ Dec 14 at 7 pm  
*Love offering benefits Winchester Rescue Mission*

“Christmas Presence” Cantata ~ Dec 21 at 10:30 am



“Reclaim Christmas” Christmas Eve  
Candlelight/Communion Service ~ Dec 24 at 7pm

“Two Wise Guys Celebrate the Three Wise Guys”  
Piano/Cello Concert Jan 4 at 2 pm

GIVE ONLINE

Scan here



Kernstown UMC

## Oct. Financial Info

Received \$ 23,381.00

Needed \$ 26,189.32

Difference \$ 2,808.32

## Care & Connect

**Our mission** is keeping people in our congregation safe and connected to God and each other. Through fellowship, food, visiting, health ministry, and sharing information about our lives, we believe the Holy Spirit moves throughout our congregation and community.

**Care & Connect Meeting** -We meet every other month at 10 am in the fellowship hall. Our next meeting is Tuesday, January 21. All church members are welcome to attend.

**Prayer & Care** - You are welcome to join Pastor Victor and our group on Wednesdays at 11 am in the fellowship hall as we pray for our congregation and the needs of our members. Complete the yellow attendance cards in the pew racks each Sunday for attendance and list any prayer requests that you may have.

**Prayer Chain KneeMail** – Contact Cathy Lichvar via cell 540-664-7280, email [prayer@kernstowntumc.org](mailto:prayer@kernstowntumc.org) or from the web [kernstowntumc.org/prayer-request](http://kernstowntumc.org/prayer-request). Contact her or call the church office with info on any immediate need for prayer, such as admission to hospital, deaths of loved ones, etc.

**Thanksgiving Eve Service** is on Wed., Nov. 26, at 7 pm. Kernstown UMC will host the service with Opequon Presbyterian Church and provide refreshments following the service.

**Fellowship times together**-Save these dates: Dec. 21 & Jan. 18. Coffee & tea-time with Pastor Victor every Sunday at 10:00 – 10:20. *Doris Miller, Chairperson.*

**Coffee Bar/Kitchen**— Keurig machine missing from coffee bar, see Doris if you know whereabouts. Cakepan/lid left in kitchen, owner pick up, please.

**Health Ministry** Mission is to promote Wholistic health and prevent/minimize illness at KUMC and surrounding community. **Parish Nurse:** Doris Miller BSN, RN, Faith Community Nurse, 540-303-3135, email [Pameric2021@Outlook.com](mailto:Pameric2021@Outlook.com)

**Blood Pressure Checks:** 2<sup>nd</sup> & 4<sup>th</sup> Sundays in mission rm. Outside fellowship hall after service.

**Walk with a DOC (Exercise)** – 2<sup>nd</sup> Wed.'s at 11 am. Meet at Valley Health Wellness & Fitness Center for a talk by a physician and walk around the lake with others for exercise.

**Flu Season:** If you have not received flu vaccine, you can still receive it. Do not attend church if you have fever or feel ill. You can watch service on line.

**Scripture:** *Psalms 46:10 NRSV*  
*"Be still and know that I am God!"*

**Health Education:** Loneliness during the holidays, 7 Ways to Combat Holiday Loneliness:

1. Put something to look forward to on your calendar

2. Even brief conversations have important benefits
3. Invite others into your life
4. Enjoy your community's holiday offerings
5. Call or text people you care about
6. Volunteering can change your perspective
7. Create new solo traditions – create a new holiday tradition that reflects your special interests, brings you satisfaction and is something you would look forward to in the future.

*Ref.: Suzanne Degges-White PhD*

Christmas Gift Suggestions:

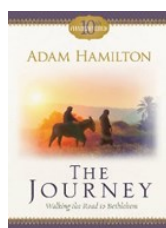
- To your enemy, forgiveness
- To an opponent, tolerance
- To a friend, your heart
- To a customer, service
- To all, charity
- To every child, a good example
- To yourself, respect

*Reference: Chaplain Kathy Mattone*

## Educate & Equip

Beginning the first Sunday of Advent, Nov 30, we will begin an encounter study at 9:00 entitled *The Journey*, by Rev Adam Hamilton.

This is a four-week study that "travels from Nazareth to Bethlehem and tells us the story of the birth of Jesus following the footsteps of Mary, Joseph, the shepherds and others". Books are available-no charge. Please contact Carolyn Carney or Ric Dunkle if you have any questions. Hope to see you there!



## Reach & Serve

**WATTS Dinner** – we will provide dinner for clients at Opequon Presby. Church on Tues., Dec. 30. Anyone who would like to assist with this meal, contact Doris Miller ([Pameric2021@Outlook.com](mailto:Pameric2021@Outlook.com)).

**United Women in Faith (UWF)**

**Scripture:** *2 John: 5 ...commandment we have had from the beginning, let us love one another*

**Meetings:** next meeting on Tue., Jan. 13, at 10:00 in fellowship hall. Program will be Installation of Officers for 2026 by our guest Mary Preston, Shenandoah River District UWF Pres.

**Christmas Luncheon:** Tues., Dec. 9, at 11:00 am at Hayfield Restaurant. Invite husband or friend to attend with you. Bring Christmas gift for your Secret Sister. Also bring gifts valued at less than \$10 for Thieves Exchange.

**District UWF Christmas Lunch:** at Camp Overlook in Blessings Lodge on Mon., Dec. 1, & Tues., Dec. 2, at noon.

**Christmas Stockings for Shut-Ins:** Bring items to place in stockings to church on Sun., Dec. 14, when we will fill the stockings after worship service.

**Reading Program:** Sept. 25 to Aug 26. Complete your reading form as you read books and report to Polly Look. All members of church are welcome to read the books. Just sign out the book and sign in when you return it.

**"Lighting the Path to the Christ Child"** Advent Project for local missions – See the lighted shrubbery outside the sanctuary during Advent.

**UM Day at Va. General Assembly, Richmond** – Thursday, January 29.

**Recycling Plastic bottles.** Only plastic bottles are accepted for recycling. We cannot accept other plastics at this time. Please place other plastics with the trash. This project is to meet our Social Justice Program's goal for Climate Justice. Place them in the blue recycling container in the fellowship hall.

**Cookbooks:** We still have cookbooks at \$3 each in the mission rm. outside the fellowship hall. See Doris Miller or Cheryl Spurr to purchase them.

**The Upper Room** is in the narthex for your use. They are provided by Reach and Serve. *Doris Miller, President*

## Worship & Wonder

**Christmas Music** - It's the holiday season and that means it's time for everyone's favorite thing, Christmas music. There are two special musical presentations during the Advent season this year. The first is called **"Presence of the Past."** It's a concert with David Landrum and several special guests that's all about memories and reuniting with friends and family which is such a wonderful part of the holiday season. It will be the evening of December 14th at 7 PM. A love offering will be collected for the Winchester Rescue Mission. Just one week later will be the choir Christmas Cantata entitled "Christmas Presence." It's a heart-warming old-fashioned style program that, through music, helps us "Be Present" as we welcome into our hearts the real "Christmas Presence." That will be during the worship service on December 21st. If that wasn't enough, we will kick off epiphany and the new year with a piano and cello concert entitled "Two Wise Guys Celebrate the Three Wise Guys." It is January 4th at 2 PM. We look forward to seeing you at these wonderful programs.



### Worship & Wonder, *continued*

**Thanksgiving Eve Service** - On Wed., Nov. 26, at 7:00 p.m., we will be joined by Opequon Presbyterian Church to celebrate Thanksgiving here at KUMC. Pastor David Witt will provide the sermon. Refreshments to follow. Offering benefits WATTS.

**Christmas Eve Candlelight Worship Service** - On Thursday, December 24 at 7pm. "Reclaim Christmas" is the message with communion.

**Christmas Decorating** - On Fri., Nov. 28, at 9 a.m., we will decorate the church for Christmas. We invite everyone to come out to join in the fellowship.

We'll be **undecorating** Jan. 2, 9 am.

### VOLUNTEER NEEDED

Kernstown United Methodist Church is looking for a Membership Secretary to help maintain and update our church membership records. This important role supports the ministry of connection- helping us keep in touch with our members and celebrate milestones in our church family.

If you're detail-oriented, and organized, we'd love to have you serve in this vital ministry. Training and support will be provided.

If you're interested or would like to learn more, please contact Pastor Victor.



### Kernstown UMC Leaders for 2026

#### Church Council

Brian Henshaw  
Danna Doyle  
Ric Dunkle  
Roy Walker  
Dave Ford  
Carolyn Carney  
Cathy Lichvar  
Lisa Dawson  
Doris Miller  
Sam Henshaw  
Danny Aube  
Steve Wells  
Lorraine Shelton  
tbd Mbrship Secty  
Rev. Dr. Gomez

#### Finance

Roy Walker  
Lisa Dawson  
Cathy Lichvar  
Brian Henshaw  
Carolyn Carney  
Dave Ford  
Ric Dunkle  
Cheryl Spurr  
Polly Look  
Roger Hill  
Edward Jackman  
Gary Lantz  
Kevin Mosser  
Rev. Dr. Gomez

#### SPPRC

Carolyn Carney  
Daniel Conklin  
Lisa Dawson  
Ric Dunkle  
Brianna Jackman  
Barb Mosser  
Richard Nenge  
Nora Seabright  
Steve Spurr  
Rev. Dr. Gomez

#### Nom. & Leadership Dev.

Rev. Dr. Gomez  
Mary Anton  
Lisa Dawson  
Ric Dunkle  
Sandy Dunkle  
Sherry Ford  
Glenda Gale

#### Trustees

Dave Ford  
Susan Hill  
Brenda Long  
Edward Jackman  
Chris Lutz  
Barbara Mallory  
Dwight Miller  
Dennis O'Neal

#### Work Area Chairs

Doris Miller, C&C  
Lisa Dawson, R&S  
Steve Wells, R&S  
Ric Dunkle, Acting E&E  
Lorraine Shelton, W&W

#### Lay Servant

Doris Miller

Approved Chrg Conf 10/26/2025

**Leadership Recognition Sunday, January 4, also Epiphany Sunday**



**Sympathy** to the family of Rev. Dr. Victor Gómez on the recent loss of his father, *Victor Gómez Matilla*

### December Birthdays

DeLaney Newcome 05  
Steven Ayers 06  
Jonathan Hill 06  
Tina Raia 06  
Mike Newcome 10  
Roger Hill 11  
Heather Gomez 13  
Richard Nenge 13  
Carla Ay 14  
Clinton Ritter Jr. 15  
Loretta Lantz 16  
Judy Chapman 17  
Aria Lorusso 17  
Tammy Look 19  
Sandra Keiter 20  
Betty Phillips 21  
Debbie Martin 24  
Roy Walker Jr. 24  
Nora Seabright 26  
Nancy Chick 27  
Christina Gibbs 28  
Lorraine Wilson 28  
Aiden Fields 29  
Emma Fields 29  
Brianna Jackman 29  
Kevin Mosser 29  
McKenna Newcome 30  
Madonna Sponaule 30  
Wendy Aube 31



### January Birthdays

Gary Yost 02  
Anele Nenge 05  
Betty Lou Langager 06  
Jim Markley 10  
Elizabeth Reed 12  
Linda Straight 12  
Beth Heaton 16  
Don Adams 17  
Jennifer Hill 17  
Aaron Rust 19  
Zachary Dawson 24  
Nicholas Dawson 24  
Barbara Mallory 28  
Edna Renner 29

### December Anniv. Date

Jonathan & Jennifer Hill 04  
Jim & Dolly Park 06  
DeAnn & Scott Whitacre 14  
Doug & Nora Seabright 20  
Steve & Linda Straight 23  
Gary & Beth Heaton 30

*Members & Friends: Birth-day or anniversary missing? Call the office to update the database or if you have directory questions.*

### ADVENT Word Search

N	P	E	A	C	E	C	A	N	D	L	E	S	L
F	H	O	E	A	O	N	K	R	C	V	U	W	L
R	A	C	J	N	E	N	A	T	I	V	I	T	Y
A	I	H	E	M	S	T	E	T	N	E	N	N	I
N	S	R	S	E	S	R	E	S	E	G	O	L	D
K	S	I	U	H	N	E	M	E	S	I	W	E	N
I	E	S	S	E	Y	S	Y	A	E	O	J	V	I
N	M	T	R	L	L	E	R	M	N	Y	R	O	T
C	S	M	A	H	T	P	R	W	J	G	R	L	L
E	A	A	M	T	M	O	H	Y	O	J	E	I	A
N	C	S	A	E	S	H	E	R	P	H	L	L	H
S	L	Y	A	B	W	R	E	A	T	H	S	R	S
E	N	O	W	A	D	V	E	N	T	S	C	N	A
S	H	E	P	H	E	R	D	S	E	H	A	A	A

STAR  
SHEPHERDS  
ANGELS  
PEACE  
GOLD  
BETHLEHEM  
JESUS  
FRANKINCENSE  
JOY  
CANDLE  
NATIVITY  
CHRISTMAS  
WREATH  
LOVE  
WISEMEN  
MESSIAH  
MYRRH  
ADVENT  
HOPE

Answer last month puzzle  
PRODIGAL SON

**From the Office** ~ In the spring, we will moving to a digital, email newsletter. Please check our directory in the narthex (dated 10/16/2025) to ensure that we have **your correct email address** as printed. We will still mail to homebound and those without an email on file. Hard copies are currently printed and will still be printed and available in the narthex each month.



Kernstown United Methodist Church  
Worship at 10:30 | Rev. Dr. Victor Gomez  
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www.kernstownumc.org | facebook.com/kernstownumc/  
Pam Brannon, Admin. Asst./Communications Coordinator  
David Landrum, Dir. Music; Kelly Henshaw, Chancel Choir Director  
Charles Harless, Pastor Emeritus  
Ric Dunkle, Lay Ldr., Cathy Lichvar, Treas.; Doris Miller, Parish Nurse

NON-PROFIT  
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Winchester, VA

Church Purpose Statement. .  
"Strives to welcome ALL into a loving church family that glorifies God through worship, nurture, and outreach to our neighbors."

December & January 2026 Lectionaries  
12/07 | Isa 11:1-10; Ps 72:1-7, 18-19; Rom 15:4-13; Matt 3:1-12  
12/14 | Isa 35:1-10; Luke 1:46b-55; James 5:7-10; Matt 11:2-11  
12/21 | Isa 7:10-16; Ps 80:1-7, 17-19; Rom 1:1-7; Matt 1:18-25  
12/24 | Isa 9:2-7; Ps 96; Titus 2:11-14; Luke 2:1-14, (15-20)  
12/25 | Isa 52:7-10; Ps 98; Heb 1:1-4 (5-12); John 1:1-14  
12/28 | Isa 63:7-9; Ps 148; Heb 2:10-18; Matt 2:13-23  
01/04 | Jer 31:7-14; Ps 147:12-20; Eph 1:3-14; John 1:(1-9), 10-18  
01/11 | Isa 42:1-9; Ps 29; Acts 10:34-43; Matt 3:13-17  
01/18 | Isa 49:1-7; Ps 40:1-11; 1 Cor 1:1-9; John 1:29-42  
01/25 | Isa 9:1-4; Ps 27:1, 4-9; 1 Cor 1:10-18; Matt 4:12-23

KUMC November & December 2025 & January 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
23 Christ the King Sunday 9 Encounter, 10 Coffee 10:30 Worship	24 10:30 Freedg 11 Music Dir hrs	25 12:4 Bridge fh 10:30 Freedg 11 Music Dir hrs	26 9-11 <sup>am</sup> BSF upstr 5 <sup>pm</sup> TOPS 11 Prayer & Care fh 6 Choir Practice 7 pm 12 <sup>pm</sup> Community Thanksgiving Eve Svc and Refreshments	27 Thanksgiving Office Closed	28 11:30 <sup>am</sup> Bridge fh Office Closed 9 W&W Decorate	29 11:30 <sup>am</sup> Bridge fh
30 1st Sunday of Advent 9 Encounter, 10 Coffee 10:30 Worship 11:30 UWF Lighting Shrubbery	1 10:30 Freedg 11 Staff Mtg 11 Music Dir hrs	2 12:4 Bridge fh 10:30 Freedg 11 Staff Mtg 11 Music Dir hrs	3 9-11 <sup>am</sup> BSF upstr 5 <sup>pm</sup> TOPS 11 Prayer & Care fh 6 Handbells/7 Choir	4 8:30 TOPS fh 4 Church Council	5 11:30 <sup>am</sup> Bridge fh	6 11:30 <sup>am</sup> Bridge fh
7 2nd Sunday of Advent 9 Encounter, 10 Coffee 10:30 Worship	8 10:30 Freedg 11 Music Dir hrs	9 12:4 Bridge fh 10:30 Freedg 11 Music Dir hrs	10 9-11 <sup>am</sup> BSF upstr 5 <sup>pm</sup> TOPS 11 Prayer & Care fh 6 Handbells/7 Choir	11 8:30 TOPS fh 4 Church Council	12 11:30 <sup>am</sup> Bridge fh	13 11:30 <sup>am</sup> Bridge fh
14 3rd Sunday of Advent 9 Encounter, 10 Coffee 10:30 Worship 3-5 Practice, 7 Concert	15 10:30 Freedg 11 Music Dir hrs 12 Staff Lunch	16 12:4 Bridge fh 10:30 Freedg 11 Music Dir hrs	17 5 <sup>pm</sup> TOPS upstr 11 Prayer & Care fh 7:00 Choir	18 8:30 TOPS fh 4 Church Council	19 11:30 <sup>am</sup> Bridge fh 3 Wedding Rehearsal sanctuary	20 10-1 Jubilee Klornal FPC 2 Wedding sanctuary
21 4th Sunday of Advent/Vincent 9 Encounter, 10 Coffee 10:30 Worship 11:30 Fellowship Brunch	22 10:30 Freedg 11 Music Dir hrs	23 12:4 Bridge fh 10:30 Freedg 11 Music Dir hrs	24 Christmas Eve Office Closes at noon 11 Prayer & Care fh 7 pm Christmas Eve Candlelight/Communion Worship	25 Merry Christmas Office Closed	26 11:30 <sup>am</sup> Bridge fh Office Closed	27 11:30 <sup>am</sup> Bridge fh
Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 1st Sunday after Christmas 9 Encounter, 10 Coffee 10:30 Worship	29 10:30 Freedg 11 Music Dir hrs WATTS dinner @ OPC serve 7-7:30	30 12:4 Bridge fh 10:30 Freedg 11 Music Dir hrs	31 5 <sup>pm</sup> TOPS upstr 11 Prayer & Care fh	1 New Year's Day Office Closed	2 11:30 <sup>am</sup> Bridge fh Office Closed 9 W&W Decorate	3 11:30 <sup>am</sup> Bridge fh
4 Epiphany Sunday 9 Encounter, 10 Coffee 10:30 Worship 2 Concert	5 10:30 Freedg 11 Staff Mtg 11 Music Dir hrs	6 12:4 Bridge fh 10:30 Freedg 11 Staff Mtg 11 Music Dir hrs	7 9-11 <sup>am</sup> BSF upstr 5 <sup>pm</sup> TOPS 11 Prayer & Care fh 6 Handbells/7 Choir	8 6:30 Trustees 7 R&S	9 11:30 <sup>am</sup> Bridge fh	10 Fellowship Hall Private Use All Day
11 Baptism of the Lord 9 Encounter, 10 Coffee 10:30 Worship	12 10:30 Freedg 11 Staff Mtg 11 Music Dir hrs	13 12:4 Bridge fh 10:30 Freedg 11 Staff Mtg 11 Music Dir hrs	14 9-11 <sup>am</sup> BSF upstr 5 <sup>pm</sup> TOPS 11 Prayer & Care fh 6 Handbells/7 Choir	15 11:30 <sup>am</sup> Bridge fh	16 11:30 <sup>am</sup> Bridge fh	17 11:30 <sup>am</sup> Bridge fh
18 2nd Sunday after Epiphany 9 Encounter, 10 Coffee 10:30 Worship 11:30 Fellowship Meal	19 10:30 Freedg 11 Staff Mtg 11 Music Dir hrs	20 12:4 Bridge fh 10:30 Freedg 11 Staff Mtg 11 Music Dir hrs	21 9-11 <sup>am</sup> BSF upstr 5 <sup>pm</sup> TOPS 11 Prayer & Care fh 6 Handbells/7 Choir	22 Tentative 4 Church Council	23 11:30 <sup>am</sup> Bridge fh	24 11:30 <sup>am</sup> Bridge fh
25 3rd Sunday after Epiphany 9 Encounter, 10 Coffee 10:30 Worship	26 10:30 Freedg 11 Music Dir hrs	27 12:4 Bridge fh 10:30 Freedg 11 Music Dir hrs	28 9-11 <sup>am</sup> BSF upstr 5 <sup>pm</sup> TOPS 11 Prayer & Care fh 6 Handbells/7 Choir	29 11:30 <sup>am</sup> Bridge fh	30 11:30 <sup>am</sup> Bridge fh	31 11:30 <sup>am</sup> Bridge fh