

UPPER ELEMENTARY

Flight Plan

September 14th



Lesson	The Plagues and the Passover
Bible Passage	Exodus 5-12
Story Point	God delivered His people and proved that He is the one true God.
Key Passage	<p>"I have been the Lord your God ever since the land of Egypt; you know no God but me, and no Savior exists besides me."</p> <p>Hosea 13:4</p>
Big Picture Q & A	<p>Is there anything God cannot do?</p> <p>God can do all things according to His character.</p>



Ten Plagues

Use the key to identify the 10 plagues that came upon Egypt.

1. B	2. F R G
3. G N T	4. F F E T C K
5. B	6. H
7. H	8. C U T
9. R K N E	10. E E T H

1. _____ 6. _____
2. _____ 7. _____
3. _____ 8. _____
4. _____ 9. _____
5. _____ 10. _____

Wrong Rhymes

Read each statement and replace the underlined word with a word that rhymes to make the statement correct.

1. Moses said to Pharaoh, "What about the Lord, again. Let My people go!" _____

2. God sent seven plagues to punish the Egyptians. _____

3. God turned the water in the Nile River into good. Then he sent dragons into Egypt. _____

4. God told every Israelite family to kill a goat and sprinkle it blood on their doorposts. _____

5. At midnight, God struck every firstborn in Egypt. There was a great cry in Egypt because every man's house without someone died. _____

6. The Israelites left Egypt quickly. They were happy too. _____

leader bible study

God had a plan to rescue the people of Israel from slavery in Egypt. He chose and called Moses for the task and allowed Moses' brother, Aaron, to help him.

Moses and Aaron faced a huge obstacle in leading the Israelites out of Egypt, and his name was Pharaoh. Pharaoh did not recognize the Lord's authority: "Who is the LORD that I should obey him by letting Israel go?" (Ex. 5:2) Pharaoh hardened his heart against the Lord, but all of this fit into God's plan to reveal to Pharaoh—and all of Egypt—who He is.

First, God sent a series of plagues that wrecked Egypt. The plagues were acts of judgment designed to show the Egyptians who God is—and the Egyptians learned their lesson. Read Exodus 8:19; 9:20,27; and 10:7.

The tenth plague was the most severe and had the greatest impact on the Egyptian people. God told Moses that around midnight, every firstborn male in Egypt would die. But God gave specific instructions to the Israelites. They were to slaughter a lamb or goat and put its blood on their doorposts. The blood on the doorpost would be a distinguishing mark. When God saw the blood, He "passed over" the house.

The Israelite people were sinful, and they deserved death just as much as the Egyptians did. But God graciously provided a way out. By marking their doorposts with the blood of a lamb, they were spared from the judgment and death they deserved. The lamb was killed instead. The heart of the gospel is found in the story of the Passover: Jesus never sinned, but He was crucified for our sins. We deserve death, but He died instead.

As you teach kids this week, highlight the Passover and help them look ahead to the true spotless lamb—Jesus, "the Lamb of God, who takes away the sin of the world" (John 1:29).



Vision for Grace Airways
We navigate the scriptures,
training up bold disciples,
on our ongoing journey to Jesus!

Gospel—Centered Preparation:

The heart of preparation is rooted in your understanding of the gospel and your personal application of the story.

After your study ask yourself:

- How do the verse and Big Picture Question connect to this story?
- What am I excited to teach from this passage?
- The main point this week is: _____
- Where is the gospel in this story?

September Focus: God's People Delivered



Sept 7th : Moses was Born and Called *Exodus 1-4*

Story point: God called Moses to deliver His people from captivity



Sept 14th: The Plagues and the Passover *Exodus 5-12*

Story Point: God delivered His people and proved that He is the one true God.



Sept 21st: The Red Sea Crossing *Exodus 13-15*

Story Point: God parted the Red Sea for His people to cross.



Sept 28th: Bread from Heaven *Exodus 15-17*

Story Point: God provided for the physical needs of His people



Co-Pilot—Included Preparation:

On a Sunday morning, the Pilot is leading everyone in our ongoing journey to Jesus— that includes both flyers and Co-Pilots! The more consistency and continuity we have between Pilots, the better we can prepare our helpers to succeed and grow! With that consistency comes the mentorship aspect for our youth volunteers in particular, and utilizing our adult co-pilots as well: sharing activities, engaging them in the morning, and encouraging their involvement.

As you prepare for the lesson, ask yourself:

- **Does my planning allow for Co-Pilot participation throughout the morning?**
- **How did I prepare my Co-Pilot to help with classroom management?**
- **What specific activities will my Co-Pilot assist with today?**
- **In what ways can I encourage my Co-Pilot?**

Engagement

- Sit with child during the story
- Playing alongside flyers
- Reengage chatty/distracted kids
- Ask to volunteer an example during discussion
- Help play to Co-Pilot's strengths

Activities

- Attendance stickers
- Timeline
- Joining in the verse and BPQ&A
- Assigned to a specific flyer
- Helping find books in the Bible
- Leading crafts & songs

Encouragement

- Thank you for stepping in there!
- You did a great job with _____.
- You really helped me while I was _____.
- Thank you for being _____'s buddy today.
- Your help really made this morning go smoothly.
- _____ was the right thing to do. You handled it well!
- I'm so glad you are here today!

Sunday Morning Flight Plan



Take Off

- Open in Prayer
- Hook
- BPQ and A & Key Passage
- Timeline & Introduce Story

10 Min

Journey

- Attendance & Bible Sticker
- Bible Story
- God's Attributes

15 Min

Flight Lab

- Experience of the Bible Story
(Make connections through an activity & motion)

15 Min

Pilot's Log

- Pray
- Calm activity during pick-up
- Give activity sheets to parents as they pick up students

5 Min

Expected Dismissal	
First Service	Second Service
9:40	11:40



10 min

Take Off

Celebrate being here! Introduce the morning.

Open in Prayer

Hook

- Who do you think is the most famous person in the world (famous or a character) What would they tell them?
- Today we are going to hear about Moses' visit to Pharaoh—the ruler of Egypt!

Big Picture Question

- Do any of you remember our big picture question and answer? [Allow kids to respond.] ***Is there anything God cannot do? God can do all things according to His character.*** That's right. Now this is an important question and answer to remember when you think about Moses and the Israelites in Egypt. Their situation seemed kind of impossible, but God was in control.

Key Passage

- Show the key passage poster. Lead the boys and girls to read together Hosea 13:4.
- These words from the prophet Hosea were for the people of Israel hundreds of years after God brought them out of Egypt. Through Hosea, God reminded His people of what is true. These words are true for us today—thousands of years later!

Timeline/Introduce Bible Story:

- Last week's story came from the Book of Exodus. The Israelites were slaves in Egypt, and they cried out to God for help. **God called Moses to deliver His people from captivity.**
- Moses needed to confront Pharaoh, the king of Egypt. Moses was unsure, but God was with him. Let's hear how Pharaoh reacted to Moses' message to let God's people go. Today's story begins in Exodus 5 .
- Transition to Bible Story: (OPTIONAL) Show the Bible Story Video.



15 Min

Journey

Where we travel into God's word

Bible Story

Open your Bible to **Exodus 5-12** Read from the Bible or use your storytelling skills to help you tell the story.

Can you imagine everywhere you go, all you see is frogs? Why do you think God sent plagues to Egypt? What did the plagues teach the Egyptians and the Israelites? [Allow kids to respond.]

God showed that He is the one true God. You see, the Egyptians worshiped false gods. They had a false sun god, a false river god, a false god for this, and a false god for that. Pharaoh and his magicians thought their false gods were just as powerful as the Israelites' God, but the plagues showed the Egyptians that the Lord is the one true God. God used the plagues to judge Pharaoh and the Egyptians for their sin of worshiping false gods.

God also wanted to confirm to the Israelites that He is the one true God. The land of Goshen—the area of Egypt where the Israelites lived—did not experience most of the plagues. For three days, the Egyptians lived in total darkness. But the Israelites had light where they lived. God showed His power to the Israelites.

The most severe plague was the tenth plague: death of the firstborn. God warned Moses about what would happen, and He instructed the Israelites about how to get ready. The Israelites fixed a meal with unleavened bread and bitter herbs. They marked their doorways with the blood of a lamb. They were dressed and ready to go.

When the Lord passed through Egypt, the firstborn in every house died except for the houses marked by blood. God passed over them, and then Pharaoh let the people go. God delivered His people and proved that He is the one true God.



By His grace, God spared the Israelites from judgment by requiring the blood of a lamb. Jesus is the Lamb of God, who takes away the sin of the world. His death was the ultimate sacrifice, and those who trust in Christ are under His saving blood and will be passed over in the final judgment..

Age Appropriate Story

The Plagues and the Passover

Exodus 5-12

STORY POINT: GOD DELIVERED HIS PEOPLE AND PROVED THAT HE IS THE ONE TRUE GOD.

God's people were slaves in Egypt. God called Moses to rescue them. So Moses and his brother Aaron went to Pharaoh: "This is what the LORD, the God of Israel, says: Let My people go."

God sent ten plagues to punish the Egyptians.

First, God turned the water in the Nile River into blood. But Pharaoh would not let the

people go. God sent frogs into Egypt.

Pharaoh refused to let the people go.

So God sent gnats into Egypt. Then

God sent flies, and He caused all

the livestock to die. Still, Pharaoh

did not let the people go. God

sent boils that covered the people

in Egypt, but Pharaoh's heart

was hard. Not even a terrible

hailstorm changed Pharaoh's

mind. God sent locusts and

darkness. Still Pharaoh said no.

God told Moses, "I will bring

one more plague. Then Pharaoh

will let you go." God told every

Israelite family to sprinkle a lamb's

blood on the doorposts of their houses.

This would be a special mark that God

would see and "pass over." No one in the

Israelites' families would die.

At midnight, God struck every firstborn in the

land of Egypt. Pharaoh called for Moses and Aaron.

"Go!" he said. The Israelites left Egypt quickly. God led His

people out of Egypt. The Israelites were finally free!



Christ Connection: By His grace, God spared the Israelites from judgment by requiring the blood of a lamb. Jesus is the Lamb of God, who takes away the sin of the world. His death was the ultimate sacrifice, and those who trust in Christ are under His saving blood and will be passed over in the final judgment.

Discussion & Bible Skills

Distribute a Bible to each kid. Help them use the table of contents to find **Exodus 5–12**. Explain that we use Bible divisions to organize the books of the Bible. Remind them that Exodus is in the Old Testament and part of the Law. Lead the group to discuss:

1. **What was the final plague and how did the Israelites avoid suffering under it?** (the death of every firstborn; spreading lamb's blood over their doorposts, Ex. 12:12-13)
2. **Why do you think Pharaoh refused to let the Israelites go?** Discuss the fact that Egypt worshiped many false gods, and the plagues demonstrated that the one true God had power and the false gods did not.
3. **What are some ways God used the Israelites' time in Egypt for His glory and their good?** Although Israel's time as slaves was difficult and sad, God worked through it to show His power and rescue them. As God's people left Egypt, they took animals, clothing, and money from the Egyptians. Through their time in Egypt, Israel became a large and wealthy nation.
4. **Why is Jesus called the Lamb of God?** Help kids connect the story of the Passover to Jesus' sacrifice to spare believers from God's judgment against sin. (Option: Choose a volunteer to read John 1:29.)
5. **Pharaoh asked, "Who is the Lord?"** How would you answer this question? Invite kids to share based on what they've learned from the Bible.
(Option: Choose a volunteer to read Ps. 18:2.)

God's attributes- helping the children understand what God is like, shown to us in the Bible. In today's story we see that God is:

-King -Powerful

Travel Guide:

Use the travel guide for maps, charts, etc... as useful with helping the children learn and understand today's story.



15 min

Flight Lab

Instill Wonder as you experience the Bible
CHOOSE ONE ACTIVITY

Going on a Journey

Option: For an added challenge, make a secret rule about what items may or may not go on the journey. For example, allow only items that begin with the letter S. Kids must figure out the rule as they request items to bring.

Instruct kids to sit in a circle. Choose a player to begin. The first player will say, "I'm going on a journey, and I'm taking along a(n) [*name an item*]." For example, " ... I'm taking along a hairbrush."

The second player will repeat the first player's sentence and add a second item: " ... I'm taking along a hairbrush and a book." Continue around the circle. Each player will add an item, repeating the previous items in order.

If a player forgets an item, begin with the first player and review the items. Challenge kids to see how many items they can remember.

- Imagine going on a long journey, taking only what you could carry. Today we are going to hear a Bible story about a journey God's people took out of Egypt. They put sandals on their feet, led their flocks and herds, and wrapped bowls of bread dough in their clothes. We'll find out where they were going.

Hailstorm!

Tape one end of a towel to the floor at one side of the room. Position a laundry basket across the room, about 15 feet away. Choose two players to go first. Player 1 should stand or kneel behind the towel. Player 2 will place a table tennis ball on the towel.

Player 1 should hold the free end of the towel with two hands and snap it up and down to launch the ball toward the laundry basket. Give the players 60 seconds to see how many table tennis balls they can land in the laundry basket.

Allow other pairs of players to participate. If your group is large, provide additional supplies for multiple teams to play at once.

- Have you ever been in a hailstorm? Hail can really do a lot of damage to plants and property! The Egyptians learned this firsthand when God sent to Egypt a series of plagues—including a hailstorm.

Drawing in the Dark

Give each kid a pencil and a piece of paper. Blindfold kids or tell them to close their eyes. Explain that you will review the Bible story and tell them what to draw. Read the following script:

- God sent 10 plagues to punish the Egyptians. Write the number 10.
- First, God turned the water in the Nile River into blood. Draw a river.
- But Pharaoh would not let the people go. God sent frogs into Egypt. Draw a frog.
- Pharaoh said, "Ask your God to take away the frogs. Then I will let the people go." But when God removed the frogs, Pharaoh refused to let the people go. So God sent gnats into Egypt that bit the people and animals. Then God sent flies, and He caused all the livestock to die. Draw gnats or flies.
- Still, Pharaoh did not let the people go. God sent boils that covered the people in Egypt, but Pharaoh's heart was hard. Draw a heart.
- Not even a terrible hailstorm changed Pharaoh's mind. Locusts ate up the plants. Draw a plant.
- And then darkness covered the land for three days. But still Pharaoh said no. God told every Israelite family to kill a lamb and sprinkle its blood on the doorposts of their houses. Draw a door.
- God would "pass over" the Israelites' houses. No one in the Israelites' families would die. Draw an X.
- At midnight, God struck every firstborn in the land of Egypt. Pharaoh called for Moses and Aaron. "Go!" he said. Now, at the bottom of the page, write today's story point: God delivered His people and proved that He is the one true God.
- The ninth plague God sent to the land of Egypt was darkness. For three days, no one could see anything! But the Israelites had light where they lived. God spared the Israelites from His judgment against Egypt. Everyone who trusts in Jesus receives forgiveness and eternal life. God spares believers from His judgment against sin.

Frog Toss

Tape a line on the floor. Provide a few plastic spoons and small plastic frog toys. Allow kids to take turns standing on the tape line. Kids will use the spoon to launch a frog as far as they can. Whoever sends the frog flying the farthest wins.

- When Pharaoh refused to obey God, God sent plagues to punish Egypt. One of the plagues was armies of frogs filling the land. Can you think of any other plagues?



5 min Pilot's log

Where we prepare to depart.

Pray:

If time, share prayer requests and allow kids to record in the **prayer journal section of their *Travel Guide***.

ALWAYS CLOSE THE MORNING WITH PRAYER.

This is how we model incorporating prayer into their lives.

Waiting for parents/Activity Page:

Tie back into the lesson, remind them of the Big Picture Question/verse, etc...

Be sure to **re-set expectations on what their choices are while waiting for mom and dad:**

- Activity page
- Key Passage Activity (See next page for list of options)
- Coloring page
- Gospel Kit Activities
- Anything quiet at the tables you are ok with (*origami, free draw on blank paper, hangman game at white board, putting Book of the Bible cards in order, etc....*)

Be sure that the Co-Pilots hand out the Activity sheet to each child or to parents so they can go home with families.

Key Passage Review Extra Ideas:

Invite kids to sit around tables. Give each kid a pencil. Show the key passage poster and lead them to read it aloud.

Give a piece of paper to one kid at each table. Instruct him to write down the first word of the key passage and pass the paper to the person on his right. That person will write down the second word, pass the paper to her right, and so on. Kids will pass the paper around the table, writing one word at a time until they finish the key passage. When kids finish, invite groups one at a time to say the key passage together.

Display the key passage poster. Lead the kids to read it aloud. Then challenge them to read it in various ways: whispering, shouting, quickly, slowly, and so on.

Form two groups of kids. Call on the first group to say the key passage together. Then call on the second group to say it.

Prompt the first group to say the passage a few phrases at a time, pausing for the second group to echo. When kids finish saying the key passage, lead the second group to begin and the first group to echo.

Instruct kids to sit or stand in a circle. Choose one kid to begin by saying the first word of the key passage. Guide kids to say the key passage, one word at a time, moving around the circle.

Allow kids to look at the key passage poster if they need help remembering the words. Continue around the circle a few times. Consider shouting, "Switch!" and letting kids move to another place in the circle before playing again. *Or toss the ball to different kids rather than go in order.*

Before the session, write out the key passage on a chalkboard or dry erase board in eight separate phrases. Display the phrases where kids can see them. Give each kid a marker and eight craft sticks. Instruct kids to copy from the board, writing each phrase on a separate stick. Then instruct kids to mix up their sticks and then quickly rearrange the phrases in the correct order. Kids may work individually or in pairs. Provide rubber bands for kids to bundle their sticks and keep them as a method of practicing the key passage during the week.

Prayer Extra Ideas:

Prayer Chain—In small groups, ask children/co-pilot to write prayer requests on a few paper strips. Connect paper strips into a chain and display our growing conversation to the Lord. Feel free to revisit older requests as well.

Painted Rocks—Have each child choose a painted rock to write on. Write a word of encouragement, a word about Jesus, a name, etc. The goal is to take it with them and place it somewhere near their typical living space— a neighbor's house, a store, a playground, etc. Then pray over the place or the people who are there.

Pointing to a Map—Choose one or two kiddos to spin/close their eyes/ find a certain color (you can be creative and have fun) and point to a country on the map. Place a pin in the place(s) and pray over it as a group. Even if you don't know anything about the country, we can lift up the people, pray for Jesus' light to shine there, the Gospel to be active there, and churches to grow, etc.

Looking out the Window—Grab a dry erase marker, have the kids gather at the windows, and look outside. Ask the children to look for 3 things they can see out of the window to pray over. Using the dry erase marker, write those things on the window (PreK & K may draw things) and then pray over those things. Feel free to leave them on the window, so whenever we look through, those things are brought to our mind to pray for again.

Head Shoulders Knees and Toes—Pray through the song.

- Head (mind, imagination, thoughts, creativity)
- Shoulders (physical strength, things we might be dealing with)
- Knees (dancing, playing, jumping, etc.)
- Toes (walking and following after Jesus, standing strong in our faith)
- Eyes, ears, mouth & nose (seeing goodness, listening to Him, speaking truthful words, our senses, etc.)

Preschool Carpet Bag Prayers— Choose an item(s) out of the carpet bag. Discuss the item and different people/things the item could represent (car—driving safely, mechanics, trips, first responders, etc) Encourage kids to “think outside the bag” and help them make connections. Pray over the people, places, and things that were discussed.