Flight Plan September 14th

AIRW	
Lesson	The Plagues and the Passover
Bible Passage	Exodus 5-12
Story Point	God delivered His people and proved that He is the one true God.
Key Passage	"I have been the Lord your God ever since the land of Egypt; you know no God but me, and no Savior exists besides me." Hosea 13:4
Big Picture Q & A	Is there anything God cannot do? God can do all things according to His character.





leader bible study

God had a plan to rescue the people of Israel from slavery in Egypt. He chose and called Moses for the task and allowed Moses' brother, Aaron, to help him.

Moses and Aaron faced a huge obstacle in leading the Israelites out of Egypt, and his name was Pharaoh. Pharaoh did not recognize the Lord's authority: "Who is the LORD that I should obey him by letting Israel go?" (Ex. 5:2) Pharaoh hardened his heart against the Lord, but all of this fit into God's plan to reveal to Pharaoh—and all of Egypt—who He is.

First, God sent a series of plagues that wrecked Egypt. The plagues were acts of judgment designed to show the Egyptians who God is—and the Egyptians learned their lesson. Read Exodus 8:19; 9:20,27; and 10:7.

The tenth plague was the most severe and had the greatest impact on the Egyptian people. God told Moses that around midnight, every firstborn male in Egypt would die. But God gave specific instructions to the Israelites. They were to slaughter a lamb or goat and put its blood on their doorposts. The blood on the doorpost would be a distinguishing mark. When God saw the blood, He "passed over" the house.

The Israelite people were sinful, and they deserved death just as much as the Egyptians did. But God graciously provided a way out. By marking their doorposts with the blood of a lamb, they were spared from the judgment and death they deserved. The lamb was killed instead. The heart of the gospel is found in the story of the Passover: Jesus never sinned, but He was crucified for our sins. We deserve death, but He died instead.

As you teach kids this week, highlight the Passover and help them look ahead to the true spotless lamb—Jesus, "the Lamb of God, who takes away the sin of the world" (John 1:29).

Vision for Grace Airways
We navigate the scriptures,
training up bold disciples,
on our ongoing journey to Jesus!

Gospel—Centered Preparation:

The heart of preparation is rooted in your understanding of the gospel and your personal application of the story.

After your study ask yourself:

- How do the verse and Big Picture Question connect to this story?
- What am I excited to teach from this passage?
- Where is the gospel in this story?

September Focus: God's People Delivered



<u>Sept 7th</u>: Moses was Born and Called *Exodus 1-4* Story point: God called Moses to deliver His people from captivity



<u>Sept 14th:</u> The Plagues and the Passover *Exodus 5-12* Story Point: God delivered His people and proved that He is the one true God.



<u>Sept 21st:</u> The Red Sea Crossing Exodus 13-15 Story Point: God parted the Red Sea for His people to cross.



<u>Sept 28th:</u> Bread from Heaven *Exodus 15-17* **Story Point:** God provided for the physical needs of His people



Co-Pilot—Included Preparation:

On a Sunday morning, the Pilot is leading everyone in our ongoing journey to Jesus— that includes both flyers and Co-Pilots! The more consistency and continuity we have between Pilots, the better we can prepare our helpers to succeed and grow! With that consistency comes the mentorship aspect for our youth volunteers in particular, and utilizing our adult co-pilots as well: sharing activities, engaging them in the morning, and encouraging their involvement.

As you prepare for the lesson, ask yourself:

- Does my planning allow for Co-Pilot participation throughout the morning?
- How did I prepare my Co-Pilot to help with classroom management?
- What specific activities will my Co-Pilot assist with today?
- In what ways can I encourage my Co-Pilot?

Engagement

- Sit with child during the story
- Playing alongside flyers
- Reengage chatty/distracted kids
- Ask to volunteer an example during discussion
- Help play to Co-Pilot's strengths

Activities

- Attendance stickers
- Timeline
- Joining in the verse and BPQ&A
- Assigned to a specific flyer
- Helping find books in the Bible
- Leading crafts & songs

Encouragement

- Thank you for stepping in there!
- You did a great job with
- You really helped me while I was
- Thank you for being _____'s buddy today.
- Your help really made this morning go smoothly.
- was the right thing to do. You handled it well!
- I'm so glad you are here today!

Sunday Morning Flight Plan

GRACE AIRWAYS

Take Off

- Open in Prayer
- Hook
- BPQ and A & Key Passage
- Timeline & Introduce Story

10 Min

Journey

- Attendance & Bible Sticker
- Bible Story
- God's Attributes

15 Min

Flight Lab

 Experience of the Bible Story (Make connections through an activity & motion) 15 Min

Pilot's Log

- Pray
- Calm activity during pick-up
- Give activity sheets to parents as they pick up students

5 Min

Expected Dismissal		
First Service	Second Service	
9:40	11:40	



AIRWAYS Celebrate being here! Introduce the morning.

Hook

- Who do you think is the most important person in the world (famous or a character)? What would they tell them?
- Today we are going to hear about Moses' visit to Pharoah—the ruler of Egypt!

Big Picture Question

Do any of you remember our big picture question and answer?
[Allow kids to respond.] Is there anything God cannot do? God can do all things according to His character. That's right. Now this is an important question and answer to remember when you think about Moses and the Israelites in Egypt. Their situation seemed kind of impossible, but God was in control.

Key Passage

- Show the key passage poster. Lead the boys and girls to read together Hosea 13:4.
- These words from the prophet Hosea were for the people of Israel hundreds of years after God brought them out of Egypt. Through Hosea, God reminded His people of what is true. These words are true for us today—thousands of years later!

Timeline/Introduce Bible Story:

- Last week's story came from the Book of Exodus. The Israelites were slaves in Egypt, and they cried out to God for help. God called Moses to deliver His people from captivity.
- Moses needed to confront Pharaoh, the king of Egypt. Moses was unsure, but God was with him. Let's hear how Pharaoh reacted to Moses' message to let God's people go. Today's story begins in Exodus 5.
- Transition to Bible Story: (OPTIONAL) Show the Bible Story Video.



15 Min

Journey

Where we travel into God's word

Bible Story

Open your Bible to Exodus 5-12 Read from the Bible or use your storytelling skills to help you tell the story.

•What an amazing story of God's faithfulness and power! You know, during a few of the plagues, Pharaoh's magicians were able to mimic the things God did. That might have lead Pharaoh to continue thinking that the false gods he worshiped were also powerful. But the funny thing is that when God had sent a plague, mimicking the plague wouldn't help anything. When God filled the land with frogs, making more frogs did not help at all. The false Egyptian gods were actually powerless! They could not undo God's plans.

God sent the plagues to judge the Egyptians for worshiping false gods. Egypt had a false god of the river, but God turned the river to blood. They had a false god of medicine, but God made them sick with boils and sores. They had a false god of the sun, but God covered the land in darkness. No matter which false god the Egyptians might have prayed to, the one true God was proving that only He has power.



The final plague did more than prove God's power to Egypt, it pointed forward to when Jesus would come. By His grace, God spared the Israelites from judgment by requiring the blood of a lamb. Jesus is the Lamb of God, who takes away the sin of the world. His death was the ultimate sacrifice, and those who trust in Christ are under His saving blood and will be passed over in the final judgment.

Age Appropriate Story

The Plagues and the Passover

Fxodus 5-12

STORY POINT: GOD DELIVERED HIS PEOPLE AND PROVED THAT HE IS THE ONE TRUE GOD.

God's people were slaves in Egypt. God called Moses to rescue them. So Moses and his brother Aaron went to Pharaoh: "This is what the LORD, the God of Israel, says: Let My people go."

God sent ten plagues to punish the Egyptians. First, God turned the water in the Nile River into blood. But Pharaoh would not let the people go. God sent frogs into Egypt. Pharaoh refused to let the people go. So God sent gnats into Egypt. Then God sent flies, and He caused all the livestock to die. Still, Pharaoh did not let the people go. God sent boils that covered the people in Egypt, but Pharaoh's heart was hard. Not even a terrible hailstorm changed Pharaoh's mind. God sent locusts and darkness. Still Pharaoh said no.

God told Moses, "I will bring one more plague. Then Pharaoh will let you go." God told every Israelite family to sprinkle a lamb's blood on the doorposts of their houses. This would be a special mark that God would see and "pass over." No one in the Israelites' families would die.

At midnight, God struck every firstborn in the land of Egypt. Pharaoh called for Moses and Aaron. "Go!" he said. The Israelites left Egypt quickly. God led His people out of Egypt. The Israelites were finally free!

Christ Connection: By His grace, God spared the Israelites from judgment by requiring the blood of a lamb. Jesus is the Lamb of God, who takes away the sin of the world. His death was the ultimate sacrifice, and those who trust in Christ are under His saving blood and will be passed over in the final judgment.

Discussion & Bible Skills

Distribute a Bible to each kid. Help them use the table of contents to find Exodus 5–12. Explain that we use Bible divisions to organize the books of the Bible. Remind them that Exodus is in the Old Testament and part of the Law. Lead the group to discuss:

- What was the first plague God sent to Egypt? (God turned the Nile to blood, Ex. 7:20-21)
- A few times Pharaoh agreed to release the Israelites if God ended the plagues. Did Pharaoh keep his word? (No, he changed his mind each time God showed mercy; Ex. 8:15,31-32; 9:34-35)
- What was the final plague and how did the Israelites avoid suffering under it? (the death of every firstborn; spreading lamb's blood over their doorposts, Ex. 12:12-13)
- 4. Why do you think Pharaoh refused to let the Israelites go? Discuss the fact that Egypt worshiped many false gods, and the plagues demonstrated that the one true God had power and the false gods did not.
- 5. What are some ways God used the Israelites' time in Egypt for His glory and their good? Although Israel's time as slaves was difficult and sad, God worked through it to show His power and rescue them. As God's people left Egypt, they took animals, clothing, and money from the Egyptians. Through their time in Egypt, Israel became a large and wealthy nation.

<u>God's attributes</u>-helping the children understand what God is like, shown to us in the Bible. In today's story we see that God is:

-King -Powerful

Travel Guide:

Use the travel guide for maps, charts, etc... as useful with helping the children learn and understand today's story.



15 min

Flight Lab

Instill Wonder as you experience the Bible CHOOSE ONE ACTIVITY

Key Passage Activity

Invite volunteers to say the key passage from memory. Praise each kid's efforts and encourage them all to keep working on the passage. Write each word of the key passage on a separate sticky note. Arrange the notes in a random order on a focal wall. Challenge kids to come up in pairs and alternate back and forth swatting the words in order. See which pair can go fastest without making a mistake. (variation: have them swat sticky notes off the wall with their hand and place them in order.)

Pretty Please

Invite the kids to stand in a line, shoulder-to-shoulder. Choose one kid to be Pharaoh. Her job is to stand at the front of the room and listen to requests made by the other kids. Each kid will have a turn to approach Pharaoh and say, "Pretty please, will you ..." and end with a silly request. Pharaoh must say, "no" without laughing or smiling. If she is successful, the next kid will take a turn. If she smiles or laughs, allow another kid to take her place as Pharaoh.

Suggested requests:

let me cuddle a porcupine let me kiss the soap dispenser let me snooze through lunch let me sniff dirty socks

• Today we heard about a very important request that Moses and Aaron made to Pharaoh. In fact, it was more like a demand! Pharaoh was stubborn and refused to obey God. What happened next?

Frog Toss

Tape a line on the floor. Provide a few plastic spoons and small plastic frog toys. Allow kids to take turns standing on the tape line. Kids will use the spoon to launch a frog as far as they can. Whoever sends the frog flying the farthest wins.

• When Pharaoh refused to obey God, God sent plagues to punish Egypt. One of the plagues was armies of frogs filling the land. Can you think of any other plagues?

Passover

Form pairs of kids. Provide each group with a playground ball. Instruct the groups to stand across from each other with one cone, folding chair, or other obstacle between them. Kids will pass the ball over the obstacle, adding an additional obstacle after each successful pass. Play as time allows, seeing which pair can pass the ball over the most obstacles without dropping it.

• Because the Israelites had faith to obey God, He passed over them when it was time for the last plague. Each year they would celebrate and remember that God delivered His people and proved that He is the one true God. Jesus' crucifixion and resurrection have some important similarities to Passover. We celebrate Easter as we look back on what Jesus did so that God's anger about our sin would pass over us!

Create Swarm Pictures

Give a child a sheet of paper and markers. Show how to touch the tip of a marker to the paper to make small dots. As children add more and more dots, the picture will begin to look like a swarm of insects. Open the Bible to Exodus 8 and show a child the place where this real story is found. Consider printing and showing the "Plague Insects" printable. Show children the pictures. Point to the picture of the swarm of flying insects. Talk about how it would feel to be in the middle of it.

God sent swarms of insects to the Egyptian people as a punishment because the king would not let the Israelites go. God kept His people safe from the last plague, and God rescued His people. Many years later, God's Son, Jesus, took the punishment for sin when He died on the cross. Everyone who trusts in Jesus is kept safe from the punishment of sin.

Explore Ice

Place a shallow plastic storage tub on a towel. Dump ice cubes into the tub. Add enough water so that cubes do not stick together. Place bowls and cups in the tub for pouring. Provide slotted spoons, small colanders, and tongs. Allow children to play with the ice, feel the coldness, and hear the sound the cubes make. Make sure the ice water is not too cold. Do not allow the children to put ice in their mouths.

• God sent a hailstorm to the land of Egypt. Hail is large pieces of frozen rain that fall from the sky. Does it hurt when rain falls on you? No, but when hail falls, it hurts people, crops, houses, and animals. The hailstorm was another one of the punishments God sent to Egypt. God rescued His people. Because of our sin, we deserve to be punished, but God made a way to keep us safe from punishment. When we trust in Jesus, God's Son, He takes away our sin.



Pray:

If time, share prayer requests and allow kids to record in the **prayer** journal section of their *Travel Guide*.

ALWAYS CLOSE THE MORNING WITH PRAYER.

This is how we model incorporating prayer into their lives.

Waiting for parents/Activity Page:

Tie back into the lesson, remind them of the Big Picture Question/verse, etc...

Be sure to re-set expectations on what their choices are while waiting for mom and dad:

- Activity page
- Key Passage Activity (See next page for list of options)
- Coloring page
- Gospel Kit Activities
- Anything quiet at the tables you are ok with (origami, free draw on blank paper, hangman game at white board, putting Book of the Bible cards in order, etc....)

Be sure that the Co-Pilots hand out the Activity sheet to each child or to parents so they can go home with families.

Key Passage Review Extra Ideas:

Invite kids to sit around tables. Give each kid a pencil. Show the key passage poster and lead them to read it aloud.

Give a piece of paper to one kid at each table. Instruct him to write down the first word of the key passage and pass the paper to the person on his right. That person will write down the second word, pass the paper to her right, and so on. Kids will pass the paper around the table, writing one word at a time until they finish the key passage. When kids finish, invite groups one at time to say the key passage together.

Display the key passage poster. Lead the kids to read it aloud. Then challenge them to read it in various ways: whispering, shouting, quickly, slowly, and so on.

Form two groups of kids. Call on the first group to say the key passage together. Then call on the second group to say it.

Prompt the first group to say the passage a few phrases at a time, pausing for the second group to echo. When kids finish saying the key passage, lead the second group to begin and the first group to echo.

Instruct kids to sit or stand in a circle. Choose one kid to begin by saying the first word of the key passage. Guide kids to say the key passage, one word at a time, moving around the circle.

Allow kids to look at the key passage poster if they need help remembering the words. Continue around the circle a few times. Consider shouting, "Switch!" and letting kids move to another place in the circle before playing again. Or toss the ball to different kids rather than go in order.

Before the session, write out the key passage on a chalkboard or dry erase board in eight separate phrases. Display the phrases where kids can see them. Give each kid a marker and eight craft sticks. Instruct kids to copy from the board, writing each phrase on a separate stick. Then instruct kids to mix up their sticks and then quickly rearrange the phrases in the correct order. Kids may work individually or in pairs. Provide rubber bands for kids to bundle their sticks and keep them as a method of practicing the key passage during the week.

Prayer Extra Ideas:

Prayer Chain—In small groups, ask children/co-pilot to write prayer requests on a few paper strips. Connect paper strips into a chain and display our growing conversation to the Lord. Feel free to revisit older requests as well.

Painted Rocks—Have each child choose a painted rock to write on. Write a word of encouragement, a word about Jesus, a name, etc. The goal is to take it with them and place it somewhere near their typical living space— a neighbor's house, a store, a playground, etc. Then pray over the place or the people who are there.

Pointing to a Map—Choose one or two kiddos to spin/close their eyes/ find a certain color (you can be creative and have fun) and point to a country on the map. Place a pin in the place(s) and pray over it as a group. Even if you don't know anything about the country, we can lift up the people, pray for Jesus' light to shine there, the Gospel to be active there, and churches to grow, etc.

Looking out the Window—Grab a dry erase marker, have the kids gather at the windows, and look outside. Ask the children to look for 3 things they can see out of the window to pray over. Using the dry erase marker, write those things on the window (PreK & K may draw things) and then pray over those things. Feel free to leave them on the window, so whenever we look through, those things are brought to our mind to pray for again.

Head Shoulders Knees and Toes—Pray through the song.

- Head (mind, imagination, thoughts, creativity)
- Shoulders (physical strength, things we might be dealing with)
- Knees (dancing, playing, jumping, etc.)
- Toes (walking and following after Jesus, standing strong in our faith)
- Eyes, ears, mouth & nose (seeing goodness, listening to Him, speaking truthful words, our senses, etc.)

Preschool Carpet Bag Prayers— Choose an item(s) out of the carpet bag. Discuss the item and different people/things the item could represent (car—driving safely, mechanics, trips, first responders, etc) Encourage kids to "think outside the bag" and help them make connections. Pray over the people, places, and things that were discussed.