

# Preschool & Kindergarten Flight Plan

## Moses was Born & Called

### September 7th



Bible Passage	Exodus 1-4
Story Point	God chose Moses to save His people
Key Passage	“You know no God but me, and no Savior exists besides me” Hosea 13:4b
Big Picture Q & A	<p>Is there anything God cannot do?</p> <p>God can do all things</p>



### Where Did Moses Go?

INSTRUCTIONS: Use the key to find and circle baby Moses.



Preschool Activity Pages  
Unit 4 • Session 4  
Moses Was Born and Called

**BIBLE STORY SUMMARY:**

- God saved Moses' life as a baby.
- God spoke to Moses through a burning bush.
- God chose Moses to save His people.

**KEY PASSAGE:** Hosea 13:4b

**BIBLE STUDY QUESTIONS:**

- Is there anything God cannot do?
- Can God do all things?

**FAMILY DISCUSSION STARTERS:**

- What would you do if you found a baby alone in a basket?
- How do we know God loved His people's cries for help? Who can we turn to when we need help?
- What does God's name "I AM WHO I AM" mean? Read John 8:18. Talk about how Jesus is God's Son.

**FAMILY ACTIVITIES:**

- Prepare a meal or donate clothes to a family collecting the food of a baby or an adoption.
- Take a walk outside. Stop at a bush. Imagine what it would be like to see the bush and for God to be speaking up.

**LET'S GO** **DOWNLOAD THE LIVING KIDS APP**

## Gospel—Centered Preparation:

The heart of preparation is rooted in your understanding of the gospel and your personal application of the story.

### After your study ask yourself:

- How do the verse and Big Picture Question connect to this story?
- What am I excited to teach from this passage?
- The main point this week is: \_\_\_\_\_
- Where is the gospel in this story?

## September Focus: God's People Delivered



**Sept 7th: Moses was Born and Called, Exodus 1-4**

**Story point:** God chose Moses to save His people

**Sept 14th: The Plagues and the Passover, Exodus 5-12**

**Story Point:** God rescued His people

**Sept 21st: The Red Sea Crossing, Exodus 13-15**

**Story Point:** God led His people through the Red Sea on dry ground

**Sept 28th: Bread from Heaven, Exodus 15-17**

**Story Point:** God gave His people food and water



# Leader Bible Study

Moses was born into a culture that hated his people. The Israelites—descendants of Israel (Jacob)—had set up their home in Egypt when a famine forced them to seek out food. They became so numerous that Pharaoh felt threatened and forced them into slavery. But their families still grew, and Pharaoh instituted an unimaginable method of population control: kill all of the baby boys.

Moses' story is a clear picture of God's sovereignty. Not only was Moses' life spared by the Egyptian princess, Moses' mother was able to care for him. Moses grew up in Pharaoh's house and then spent years shepherding in Midian before God called him to his task.

Imagine the encounter between God and Moses at the burning bush. God drew a curious Moses to Himself and then spoke: "Moses, Moses!"

God identified Himself as the God of Abraham, of Isaac, and of Jacob. He testified to His own grace: "I have observed the misery of my people ... and I know about their sufferings ... I am sending you ... so that you may lead my people, the Israelites, out of Egypt" (Ex. 3:7-10).

God revealed His name: "I AM WHO I AM." The most basic and important fact about God is that He exists; He always has and always will exist. God does not change. God revealed to Moses who He is so that the people would trust in Him.

Help the children you teach understand that God rescued Moses to deliver His people from captivity. Emphasize how the calling of Moses points to a greater calling and rescue—the call of Jesus to come to earth to save God's people from sin.



**Vision for Grace Airways**  
We navigate the scriptures,  
training up bold disciples,  
on our ongoing journey to Jesus!

## Co-Pilot—Included Preparation:

**On a Sunday morning, the Pilot is leading everyone in our ongoing journey to Jesus—** that includes both flyers and Co-Pilots! The more consistency and continuity we have between Pilots, the better we can prepare our helpers to succeed and grow! With that consistency comes the mentorship aspect for our youth volunteers in particular, and utilizing our adult co-pilots as well: sharing activities, engaging them in the morning, and encouraging their involvement.

**As you prepare for the lesson, ask yourself:**

- **Does my planning allow for Co-Pilot participation throughout the morning?**
- **How did I prepare my Co-Pilot to help with classroom management?**
- **What specific activities will my Co-Pilot assist with today?**
- **In what ways can I encourage my Co-Pilot?**

### Engagement

- Sit with child during the story
- Playing alongside flyers
- Reengage chatty/distracted kids
- Ask to volunteer an example during discussion
- Help play to Co-Pilot's strengths

### Activities

- Attendance stickers
- Timeline
- Joining in the verse and BPQ&A
- Assigned to a specific flyer
- Helping find books in the Bible
- Leading crafts & songs

### Encouragement

- Thank you for stepping in there!
- You did a great job with \_\_\_\_\_.
- You really helped me while I was \_\_\_\_\_.
- Thank you for being \_\_\_\_\_'s buddy today.
- Your help really made this morning go smoothly.
- \_\_\_\_\_ was the right thing to do. You handled it well!
- I'm so glad you are here today!

# Morning Routine



Stay with this order.

Adjust pictures on schedule according to your plan.

Review schedule with the children at the start of the morning.



## Take Off

VBS song  
Verse/BPO

5 Min

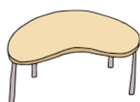


## Journey

Prayer  
Bible Story  
God Attributes



10 Min



## Flight Lab

Bible Story Activity

15 Min

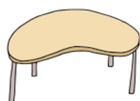


## Free Play

Inside or on  
playground

10 Min

At congregation last song—clean up/move inside



## Pilot's Log

Prayer  
Take Home Page  
Settle and Review



5 Min



# 5 Min Take Off

*Celebrate & being here! Introduce the morning*

## Gather

As the children enter, have them gather at the TV to begin with worship/singing.

Have your co-pilot check attendance.

## Song

Do a song or 2 of your choice as time allows to help children prepare for the lesson,

## Key passage

Transition from singing into the Verse Song. Lead the kids with the **hand motions in the video!**

**“You know no God but me, and no Savior exists besides me”**

**Hosea 13:4b**

## Big picture question

**Is there anything God cannot do?**

God can do all things

*Repeat the question 2-3 times for learning!*

## Transition to the Bible Story

Clap a simple rhythm for the children to copy, use a finger play, etc... Set expectations for the children: “my turn to talk, your turn to listen, eyes on me, hands in your lap”

Choosing the same transition every week works super well with child and kindergarten ages.

# Fingerplay Ideas:

## **Bible FingerPlay:**

1, 2 (hold up fingers) The Bible is true (hands like book), God loves me (cross arms, point to me) and God loves you (cross arms, point to class)

## **Open Shut them:**

*Hold hands in front as you open and shut them while saying:*

Open shut them, open shut them, give a little clap

Open shut them, open shut them, lay them in your lap.

Creep them creep them, slowly to your chin

Open wide your little mouth (pause), but do not let them in!

## **Active Preparing to sit and listen:**

I stomp my feet, I clap my hands, I jump up from the ground.

I stomp my feet, I clap my hands, I turn myself around.

I stomp my feet , I clap my hands, I sit myself right down

I stomp my feet (*while sitting*) , I clap my hands, I do not make a sound (*finger over lips, spoken in a whisper*).



10 Min

# Journey

*Where we travel into God's word*

## Introduce the Bible Story

Use our Bible Finger play each week to transition to the Story.

- Today's Bible story is from Exodus, the second book in the Bible.

We will hear the true story about a man named Moses, whom God chose to save His people.

**Point to the Bible story picture on their timeline.** The Bible tells us the big story of how God rescues sinners through His Son, Jesus.

## Tell the Bible Story

Using the Pictures, tell the Bible Story or watch the video (***This lesson is on page 45 of It's All About Jesus Bible Storybook***). Tell the story using your own words keeping eye-contact with the children.

- After Jacob's whole family moved to Egypt to be with Joseph, their family became larger and larger. Joseph died, and the new king forced his whole family to work hard. **God chose Moses to save His people**, the Israelites, from the king in Egypt and get them to the land He planned to give them. God used His Son, Jesus, to save people in an even better way. Jesus gave up His life to save people from sin.

## Talk about the Bible Story

*Show the Bible story picture as you ask the following questions.*

1. **How did the Israelite mother keep her baby boy safe?** (*hid him, put him in a basket at the river's edge*)
2. **Who found the baby boy in the basket?** (*the princess of Egypt*)
3. **What did the princess name the baby?** (*Moses*)
4. **What did God want Moses to do?** (*God chose Moses to save His people.*)
5. **What did God tell Moses to say if people asked His name?** (*I AM WHO I AM.*)
6. **Is there anything God cannot do? God can do all things.**

**God's attributes-** helping the children understand what God is like, shown to us in the Bible. In today's story we see that God is:

**-I Am - With Us**

**Have a student place the story picture on the 'timeline'**



## Age Appropriate Bible Story

*Use your own words—Trust the Holy Spirit to speak through you!*

### Moses was Born & Called — Exodus 1-4

Joseph's family lived in Egypt for many years. The family grew bigger and bigger. All the people in the family were called Israelites because they came from the family of Jacob, who was called Israel.

After Joseph died, a new pharaoh, or king, took over Egypt. The new king did not like the Israelites. He made them work very hard, and he was afraid because there were so many of them. The king ordered all of their baby boys to be killed.

Around this time, a woman had a baby boy. She wanted him to live, so she hid him. When the baby was bigger, she put him in a basket and set the basket at the edge of the river. The baby's older sister, Miriam, stayed nearby to watch the basket.

Soon, the princess of Egypt went to the river to take a bath. She found the basket and the baby inside, and she felt sorry for the baby. The princess wanted the baby to be her son. The princess named the baby Moses.

When Moses grew up, he left Egypt and went to Midian. Moses found a job as a shepherd, taking care of sheep. He got married and had a family.

Back in Egypt, the king had died and a new king took over. But the new king still made the Israelites work very hard. They cried out to God for help. God heard their cries, and He planned to help them.

One day, Moses saw a bush on fire. The angel of the LORD was in the fire, and the bush was not burning up. Suddenly, God called from the bush, "Moses! Moses!". "Here I am," Moses said. God told Moses to take off his sandals. Then God said, "My people are suffering. I want you to lead them out of Egypt to a good land I have for them. First, lead them into the desert so they can worship Me."

"What if they ask for Your name? What should I tell them?" Moses asked. God said, "I AM WHO I AM. Tell them: I AM has sent me to you." God warned that Moses' job would not be easy. The king in Egypt would say no, but God promised that the king would one day let God's people go. So Moses headed back to Egypt.



**Christ Connection:** *God saved Moses' life so Moses could grow up and save God's people from the Egyptian king. God used His Son, Jesus, to save people in an even better way. God sent Jesus to earth, and Jesus gave up His life to save us from our sin.*

## Picture Card Lesson

*Use your own words—Trust the Holy Spirit to speak through you!*

### Moses was Born & Called — Exodus 1-4

**Card 1:** Jacob's family grew to be a big nation in Egypt. A new pharaoh made God's people work very hard in Egypt making bricks out of mud. The Pharaoh did not like God's people. He was not kind to them.

**Card 2:** One Hebrew mother put her son in a basket in the Nile to protect him from the angry Pharaoh. Pharaoh's daughter found the baby. She named him Moses. Moses grew up as the princess's son.

**Card 3:** Moses saw the people in Egypt hurting and sad. Moses did not want to be part of Pharaoh's family anymore. He remembered He was part of God's people. He did not like how God's people were being treated. Moses ran away to a place called Midian and became a shepherd.

**Card 4:** Moses saw a burning bush. God called from the bush, "I am the God of Abraham, Isaac, and Jacob. I have seen how My people are suffering. I want you to lead them out of Egypt."

God warned that Moses' job would not be easy, but God would be with Moses and help him rescue the people. Moses' life pointed to a better Rescuer: Jesus.

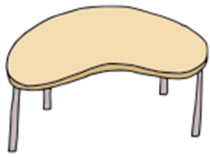


**Christ Connection:** *God saved Moses' life so Moses could grow up and save God's people from the Egyptian king. God used His Son, Jesus, to save people in an even better way. God sent Jesus to earth, and Jesus gave up His life to save us from our sin.*

### Bible Storytelling Tips:

**Use props:** Show story-related objects as you tell the story. Use a baby doll, a basket, a stuffed or plastic sheep, branches from a bush, and a sandal.

**Draw and follow:** Post three blank sheets of paper in different locations around the room. While telling the story, guide children to follow you. On one sheet of paper, draw water and a basket with a baby while talking about baby Moses. Move to the next sheet and draw a sheep while mentioning that when Moses was older, he was a shepherd and took care of sheep. Move to the next sheet and draw a bush and fire.



# 15 min Flight lab

*Learning the story in an interactive way*

*Choose from below or use your own idea-however the Lord leads. Then go into free-play.*

## **Search for Moses**

Show a baby doll to the children. Ask boys and girls to close their eyes while you hide the doll somewhere in the room. Instruct children to open their eyes and look around the classroom for the hidden baby. Continue playing the game, allowing children to take turns hiding the baby.

- A mother hid her baby boy to keep him safe. The princess found the basket, and she wanted the baby to be her son. She named the baby Moses.

## **Match the shoes**

Gather two large boxes and several pairs of different types of shoes. Separate the pairs by putting one shoe into each box. Call children together and empty the contents of one box in a pile on the floor. Invite a child to select a shoe from the box and find its match among the shoes on the floor. Be sure to sanitize hands after playing.

- After Moses grew up, he was caring for the sheep in a field. He noticed that a bush was on fire. Then he heard a voice call his name, and God told him to take off his sandals because the place where he was standing was holy ground. Moses obeyed and listened to what God said.

## **Weave a basket**

Cut paper into strips. Fold a paper plate in half. Beginning at the fold cut parallel slits about an inch apart toward the curved edge, leaving a 1-inch border. Unfold. Give a child a plate and some construction paper strips. Demonstrate how to weave the strips through the plate to create a woven basket. Staple a paper strip to the

plate to form a handle.

- To save her baby's life, an Israelite mother put him into a basket and set him at the edge of the river. The princess of Egypt found the baby and named him Moses. God saved Moses' life so Moses could grow up and rescue His people from Egypt. ***Is there anything God cannot do? God can do all things.*** God knew that everyone in the world needs to be saved from sin, so Jesus, God's Son, came to earth and gave up His life on the cross. Jesus saves us from sin.

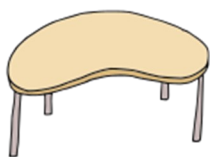
## Follow a path

Tape the Bible story picture to one wall at child's height. Use colorful tape to make a zigzag or looping path on the floor for children to follow, leading them to the picture. Briefly retell the Bible story. God talked to Moses through a burning bush. God chose Moses to bring His people out of Egypt. Later, God chose Jesus to rescue us. ***Is there anything God cannot do? God can do all things***

## Paint with leaves

Gather a few leaves and tape them together to fashion a brush. Squirt red, yellow, and orange paint onto a foam plate. Help a child put on a smock. Show a child how to dip the leaves into the paint and touch it to a sheet of paper. Clean hands with wipes as needed. Set aside artwork to dry.

- Moses was surprised to discover a bush that was on fire that was not burning up. Moses heard God's voice coming from the bush. **God chose Moses to save His people** and lead them out of Egypt. God sent His Son, Jesus, to save people in a better way. Jesus gave up His life to



# 5 Min Pilot's Log

*Where we prepare to go home*

After flight lab, allow the children to play. **When congregation begins last song, move to the tables.**

## ***Pause and settle***

- Signal the end of free play, (use the time-timer to count down)
- Sing the clean-up song and guide children to clean their areas. Wash hands or use hand sanitizer if needed.
- Have children sit around the table.

## **ALWAYS CLOSE THE MORNING WITH PRAYER**

*This is how we model incorporating prayer into their lives*

- After prayer, hand out the activity/coloring page. Direct children accordingly to complete the page. Remind children of what they can take away from today's lesson.

If a child finishes the activity/coloring page while waiting for mom and dad or is not interested, only offer options that can be completed at the table (playdough, puzzle, select a book to examine, practice the verse, etc) **Keep children at the table to maintain a calm and quiet environment for easy transition to mom and dad.**

When parents pick up their children, as appropriate share something their child enjoyed doing or did well during the morning.

**Be sure that the Co-Pilots hand out the Activity sheet to each child or to parents. Have your Co-Pilot encourage parents to use this to talk to their kids about what they learned in class today.**

## PREK/K Prayer Extra Ideas:

**Prayer Chain** — in small groups, ask children for their prayer requests and have the Pilot or Co-Pilot write them on a few strips of paper. Connect paper strips into a chain and display our growing conversation with the Lord. Feel free to revisit old prayer requests as well.

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**Pointing to a Globe** — Have a child or Co-Pilot spin the globe and place their finger on a country. Place a star sticker on the place(s) and pray over it as a group. We will provide a PreK/K age geography book to help guide discussion and prayer. Even if you don't know anything about the country, we can lift up the people, pray for Jesus, light to shine there, the Gospel to be active there, and churches to grow, etc.

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**Looking out the Window** — Grab a dry-erase marker, have the kids gather at the windows, and look outside. Ask the children to look for 3 things they can see out of the window to pray over. Using the dry-erase marker, write or draw these things on the window then pray over them.

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**Preschool Carpet Bag Prayers**— Choose an item(s) out of the carpet bag. Discuss the item and different people/things the item could represent (car—driving safely, mechanics, trips, first responders, etc) Encourage kids to “think outside the bag” and help them make connections. Pray over the people, places, and things that were discussed.

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**Head Shoulders Knees and Toes**—Pray through the song.

- Head (mind, imagination, thoughts, creativity)
- Shoulders (physical strength, things we might be dealing with)
- Knees (dancing, playing, jumping, etc.)
- Toes (walking and following after Jesus, standing strong in our faith)
- Eyes, ears, mouth & nose (seeing goodness, listening to Him, speaking truthful words, our senses, etc.)