

# UPPER ELEM Flight Plan February 22nd



<b>Lesson</b>	<b>Jesus Showed His Glory</b>
<b>Bible Passage</b>	Matthew 17, Mark 9, Luke 9
<b>Story Point</b>	Jesus showed His glory to Peter, James, and John.
<b>Key Passage</b>	“Lord my God, you have done many things— your wondrous works and your plans for us; none can compare with you. If I were to report and speak of them, they are more than can be told.” Psalm 40:5
<b>Big Picture Q &amp; A</b>	<p><b>Why did Jesus perform miracles?</b></p> <p>Jesus performed miracles to glorify God, to show He is the Son of God, and to care for people.</p>



**Up on a Mountain**  
Use the clues to match each mountain with the correct person.

The first set of numbers that don't fit and an O's missing that one!

<b>Mount</b>	Mount Everest	Mount Fuji	Mount Kilimanjaro	Mount McKinley	Mount Rainier	Mount Rushmore	Mount St. Helens	Mount Whitney
<b>Person</b>								
<b>Clue</b>								

**Clues:**

1. Everest did not get its name until a century later.
2. The base of Fuji is covered in snow.
3. Mount McKinley was the first person to climb it.
4. Mount Rainier is the most snow-capped mountain in the United States.
5. Mount Rushmore is a famous landmark in the United States.
6. Mount St. Helens is a volcano that erupted in 1980.
7. Mount Whitney is the highest mountain in the United States.

**Changed!**  
Use the code to fill in the letters.

J \_ \_ \_ \_ W \_ \_ D \_ \_ \_ L \_ \_ Y  
P \_ \_ \_ J \_ M \_ \_ D J \_ \_ \_

**THE TRANSFIGURATION** is a change in Jesus' appearance

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# leader bible study

As Jesus traveled and taught, people were trying to figure Him out. Who was this man? Was He a prophet? Was He crazy? Where did He come from? Some people thought He was John the Baptist who had been raised from the dead; others thought He was Elijah or another ancient prophet. Peter recognized Jesus as God's Messiah. (See Luke 9:19-20.)

One of the ways Jesus revealed His identity was through His miracles. Jesus performed miracles to glorify God, to show He is the Son of God, and to care for people. For three of Jesus' disciples—Peter, James, and John—Jesus' identity became even more clear when they witnessed His transfiguration, or change in appearance. The disciples accompanied Jesus to a mountain to pray. The location was likely Mount Hermon, which sits about 40 miles north of the Sea of Galilee.

Jesus' appearance changed as He prayed: His face changed and His clothes became dazzling white. Moses and Elijah appeared with Him, and they talked about Jesus' upcoming departure (His death and resurrection). Peter, James, and John had been sleeping, but they awoke to the incredible sight.

When you teach, review who Moses and Elijah were. In the Old Testament, God called Moses to lead the Israelites out of Egypt. Later, Elijah was a prophet to Israel. As Moses and Elijah were leaving, a cloud covered the whole group and a voice—God the Father's—said, "This is my Son, the Chosen One; listen to him!"

At the transfiguration, Peter, James, and John beheld Jesus' glory. We look forward to the day when Jesus will return in full glory to make all things new. While we wait, God calls us to share the gospel with others so they can share in the joy of knowing Jesus, the Son of God, and seeing His glory when He returns.

**Vision for Grace Airways**  
**We navigate the scriptures,**  
**training up bold disciples,**  
**on our ongoing journey to Jesus!**

## Gospel—Centered Preparation:

The heart of preparation is rooted in your understanding of the gospel and your personal application of the story.

### After your study ask yourself:

- How do the verse and Big Picture Question connect to this story?
- What am I excited to teach from this passage?
- The main point this week is: \_\_\_\_\_
- Where is the gospel in this story?

## February Focus: Jesus shows He is God



### **FEB 1st: Jesus Calmed a Storm**

*Matthew 8, Mark 4-5, Luke 8*

**Story point:** Jesus calmed a storm to show the disciples He is God



### **FEB 8th: Jesus Fed a Crowd**

*Matthew 14, Mark 6, Luke 9, John 6*

**Story Point:** Jesus miraculously fed a crowd with five loaves and two fish.



### **FEB 15th: Jesus Walked on Water**

*Matthew 14, Mark 6, John 6*

**Story Point:** Jesus showed He is God by walking on water.



### **FEB 22nd: Jesus Showed His Glory**

*Matthew 17, Mark 9, Luke 9*

**Story Point:** Jesus showed His glory to Peter, James and John.



## Co-Pilot—Included Preparation:

On a Sunday morning, the Pilot is leading everyone in our ongoing journey to Jesus— that includes both flyers and Co-Pilots! The more consistency and continuity we have between Pilots, the better we can prepare our helpers to succeed and grow! With that consistency comes the mentorship aspect for our youth volunteers in particular, and utilizing our adult co-pilots as well: sharing activities, engaging them in the morning, and encouraging their involvement.

As you prepare for the lesson, ask yourself:

- **Does my planning allow for Co-Pilot participation throughout the morning?**
- **How did I prepare my Co-Pilot to help with classroom management?**
- **What specific activities will my Co-Pilot assist with today?**
- **In what ways can I encourage my Co-Pilot?**

### Engagement

- Sit with child during the story
- Playing alongside flyers
- Reengage chatty/distracted kids
- Ask to volunteer an example during discussion
- Help play to Co-Pilot's strengths

### Activities

- Attendance stickers
- Timeline
- Joining in the verse and BPQ&A
- Assigned to a specific flyer
- Helping find books in the Bible
- Leading crafts & songs

### Encouragement

- Thank you for stepping in there!
- You did a great job with \_\_\_\_\_.
- You really helped me while I was \_\_\_\_\_.
- Thank you for being \_\_\_\_\_'s buddy today.
- Your help really made this morning go smoothly.
- \_\_\_\_\_ was the right thing to do. You handled it well!
- I'm so glad you are here today!

# Sunday Morning Flight Plan



## Take Off

- Open in Prayer
- Hook
- BPO and A & Key Passage
- Timeline & Introduce Story

10 Min

## Journey

- Attendance & Bible Sticker
- Bible Story
- God's Attributes

15 Min

## Flight Lab

- Experience of the Bible Story  
(Make connections through an activity & motion)

15 Min

## Pilot's Log

- Pray
- Calm activity during pick-up
- Give activity sheets to parents as they pick up students

5 Min

PICK UP:

First Service:  
Around 9:45

Second Service:  
Around 11:45



# 10 min Take Off

*Celebrate being here! Introduce the morning.*

## Open in Prayer

### Hook

Prompt kids to tell about a time they took a trip with friends (field trip, vacation, or so forth). What made the trip memorable?

### Big Picture Question

If you remember our big picture question and answer, shout out the answer after I ask the question: ***Why did Jesus perform miracles?*** [Allow kids to respond.] ***Jesus performed miracles to glorify God, to show He is the Son of God, and to care for people.*** Great! When you listen to today's Bible story, think about how Jesus was glorifying God, showing He is the Son of God, or caring for people.

### Key Passage

Show the key passage poster. Lead the boys and girls to read together Psalm 40:5. Do you remember who wrote Psalm 40? (*King David*) These words that David wrote are still true today. God has done so many wondrous things—even things we aren't aware of! He has good plans for us. No one can compare with Him.

### Timeline/Introduce Bible Story:

We learned that **Jesus calmed a storm to show the disciples He is God.** He protected His disciples from sinking and showed His power. We also talked about the time **Jesus miraculously fed a crowd with five loaves and two fish.** Again, Jesus was showing compassion on the hungry people and proving that He is God. When another storm put the disciples in danger, **Jesus showed He is God by walking on water.** They all worshiped Him and glorified God after that. This week, we will look at a story called "Jesus Showed His Glory."

Transition to Bible Story: (OPTIONAL) Show the Bible Story Video.



# 15 Min Journey

*Where we travel into God's word*

## Bible Story

Open your Bible to **Matthew 17; Mark 9; Luke 9**. Read from the Bible or use your storytelling skills to help you tell the story.

What an incredible experience for three of Jesus' disciples! Which of the disciples went up on the mountain with Him? (Peter, James, and John) These men were Jesus' closest friends. They went up on the mountain to pray. As Jesus prayed, His appearance changed.

How was Jesus changed? Look at Matthew 17:2. [Allow kids to read the verse and respond.] Jesus' face shone like the sun and His clothes were as white as light. [Choose a volunteer to find and read aloud Psalm 104:1-2.]

Who else appeared on the mountain? Look at Matthew 17:3. [Allow kids to read the verse and respond.] Moses and the prophet Elijah also appeared in glory. Luke 9 tells us that they talked to Jesus about Jesus' departure—that is, His death and resurrection.

Jesus' disciples saw Jesus, Moses, and Elijah. They were terrified! A cloud covered them and a voice said, "This is My beloved Son ... Listen to Him!"

Do those words sound familiar? Can you think of another time God the Father spoke those words? (at Jesus' baptism) Then the disciples didn't see Moses or Elijah anymore; they only saw Jesus.



*Jesus showed His glory to Peter, James, and John. Jesus said He would die, rise from the dead, and return to heaven. One day, Jesus will come back to earth in His glory to make all things new.*

# Jesus Showed His Glory

Matthew 17; Mark 9; Luke 9

**STORY POINT: JESUS SHOWED HIS GLORY TO PETER, JAMES, AND JOHN.**

One day, Jesus led three of His disciples—Peter, James, and John—up on a high mountain to pray. As Jesus prayed, His appearance suddenly changed. His face was shining like the sun, and His clothes were as white as the light. The disciples woke up and saw Moses and Elijah talking with Jesus.

Peter said, “Lord, it is good for us to be here.” While Peter was still speaking, a bright cloud suddenly covered them. A voice from the cloud said, “This is My beloved Son, with whom I am well-pleased. Listen to Him!” The disciples heard this and fell facedown.

“Get up,” Jesus said. “Don’t be afraid.” When the disciples looked up, they did not see Moses or Elijah anymore. They only saw Jesus.

As they were coming down the mountain, Jesus said to them, “Don’t tell anyone what you saw until the Son of Man is raised from the dead.”

The disciples did not tell anyone, but they wondered what Jesus meant. They asked Him, “Why do the scribes say that Elijah must come before the Messiah comes?”

Jesus explained that a prophet like Elijah had come. Then the disciples realized Jesus was talking about John the Baptist.

*Christ Connection: Jesus showed His glory to Peter, James, and John. Jesus said He would die, rise from the dead, and return to heaven. One day, Jesus will come back to earth in His glory to make all things new.*



FOLD

## Discussion & Bible Skills

Distribute Bibles. Guide boys and girls to open their Bibles to Matthew 17. Explain that today's Bible story is found in three of the four Gospels—Matthew, Mark, and Luke. Challenge kids to name as many of the New Testament books (in order) as they can. Jesus and three of His disciples went up a mountain to pray. The Bible doesn't tell us which mountain, but it was probably Mount Hermon, northeast of the Sea of Galilee. On the mountain, Jesus was changed—or transfigured. **Jesus showed His glory to Peter, James, and John.** Choose a volunteer to read aloud Matthew 17:5. Lead the group to discuss:

- 1. What do you think the disciples realized about Jesus after they saw Him changed?** *Lead kids to conclude that this event further confirmed that Jesus is God's Son. Remind them of God's words at Jesus' baptism (Mark 1:11) Point out that even though Jesus said He would rise from the dead, the disciples did not understand what He meant. (Mark 9:10) (Option: read Ps. 104:1-2.)*
- 2. How is Jesus greater than Moses and Elijah?** *Help kids recall that Moses had seen a glimpse of God's glory. Afterward, Moses reflected God's glory in his face. (See Ex. 34.) Elijah told people about God's glory. (1 Kings 18) Jesus, however, showed God's glory directly and brings us into God's presence. (Option: read Heb. 3:3-6.)*
- 3. Why should we listen to Jesus?** *Remind kids that at Jesus' transfiguration, a voice said, "This is My beloved Son ... Listen to Him!" Jesus is God in the flesh. We listen to Jesus by submitting to Him as the King of our lives, listening to what He tells us through His Word, and obeying Him. (Option: Choose a volunteer to read John 14:23.)*

**God's attributes-** helping the children understand what God is like, shown to us in the Bible. In today's story we see that God is:

**-Powerful -Holy**

## Travel Guide:

Use the travel guide for maps, charts, etc... as useful with helping the children learn and understand today's story.



15 min

# Flight Lab

*Instill Wonder as you experience the Bible*  
**CHOOSE ONE ACTIVITY**

## Key Passage Activity

Instruct the kids to line up in a single file. Give a playground ball to the first kid in the line. He will pass the ball under his legs to the kid behind him, who will pass it over her head to the kid behind her. Each time a kid passes the ball, she should say a word from the key passage in order. Play multiple rounds. If your group has fewer kids than words in the key passage, kids must move to the back of the line after saying their word..

## Light or Dim

Print and cut apart the “Light or Dim” printable. Display all the cards and direct kids to work together to sort the cards based on whether the picture depicts something bright or dim.

- Sometimes, what we think is bright or dim depends on what our eyes are used to seeing. A flashlight may seem bright on a dark night when the power goes out. But in the middle of a sunny day, the same light might seem dim. Today we will learn about a time Jesus shone brighter than just about anything we could imagine. Why do you think Jesus might shine brightly?

## Suncatchers

Provide each kid with two sheets of clear contact plastic. Help the kids remove the backing from one. Show them how to tear bits of tissue paper and stick them to the contact plastic. Instruct the kids to leave about a half-inch border around the edge. When kids finish sticking bits of colored tissue paper to their first sheet, help them remove the back from the second sheet and place it over the first sheet so that the two sticky sides are facing inwards, sealing the tissue paper inside.

- These suncatchers will look beautiful when sunlight shines through them. Today we will learn about a time Jesus shone brightly with glory. What do you think that would have been like to see?

## A Change in Appearance

Guide kids to form pairs. Tell partners to stand back to back. Instruct each partner to change something about his appearance (change in hairstyle, accessories added or removed, pant cuffs rolled up or down, button undone, or so forth). Consider providing dress-up clothes or accessories for kids to use.

After a minute, tell partners to face each other. Challenge the partners to identify what changed about the other partner's appearance. Play additional rounds with different partners as time allows.

- Some of those changes were hard to recognize! Today heard about a time three disciples saw Jesus' appearance change in a big way.

## Glow in the Dark

Provide a variety of glow-in-the-dark objects. Invite the kids to play with the objects. Occasionally dim or turn out the lights so the kids can see how brightly the items glow and how quickly they fade.

- Glow-in-the-dark objects cannot shine unless they absorb the light-energy of other sources of light. Even after absorbing that energy, they quickly give off all the light they were able to store. In a way, these objects can help us think about the way we "shine" for Jesus.

We cannot give off any light apart from Jesus. In our story, **Jesus showed His glory to Peter, James, and John**, and it shone as bright as the sun. When we believe the truth of the gospel, it transforms our lives so that we become lights in the world. But how brightly we shine depends a lot on how much time we spend with Jesus, the source of our light. We study our Bibles, pray, and fellowship with other believers to help us grow in our relationship with Jesus, so that we can shine His light onto everyone we meet.

## Window Tracing

Tape copies of the tracing picture onto a large window. Provide tracing paper and guide kids to trace the pictures. Point out how the light coming through the window helps the picture show up through the paper.

As kids work, review the Bible story. Ask them to identify the people in the picture. (*Peter, James, John, Moses, Jesus, Elijah*) Review who Moses and Elijah were. In the Old Testament, God called Moses to lead the Israelites out of Egypt. Later, Elijah was a prophet to Israel. If time allows, invite kids to use colored pencils to fill in their pictures.

- **Jesus showed His glory to Peter, James, and John.** Jesus said He would die, rise from the dead, and return to heaven. One day, Jesus will come back to earth in His glory to make all things new. We look forward to that day. While we wait, God calls us to share the gospel with others so they can share in the joy of knowing Jesus, the Son of God, and seeing His glory when He returns.

Challenge kids to share today's Bible story with a friend or family member this week.



# 5 min Pilot's log

*Where we prepare to depart.*

## **Pray:**

If time, share prayer requests and allow kids to record in the **prayer journal section of their *Travel Guide***.

**ALWAYS CLOSE THE MORNING WITH PRAYER.**

This is how we model incorporating prayer into their lives.

## **Waiting for parents/Activity Page:**

Tie back into the lesson, remind them of the Big Picture Question/verse, etc...

Be sure to **re-set expectations on what their choices are while waiting for mom and dad:**

- Activity page
- Key Passage Activity (See next page for list of options)
- Coloring page
- Gospel Kit Activities
- Anything quiet at the tables you are ok with (*origami, free draw on blank paper, hangman game at white board, putting Book of the Bible cards in order, etc....*)

**Be sure that the Co-Pilots hand out the Activity sheet to each child or to parents so they can go home with families.**

## Key Passage Review Extra Ideas:

Invite kids to sit around tables. Give each kid a pencil. Show the key passage poster and lead them to read it aloud.

Give a piece of paper to one kid at each table. Instruct him to write down the first word of the key passage and pass the paper to the person on his right. That person will write down the second word, pass the paper to her right, and so on. Kids will pass the paper around the table, writing one word at a time until they finish the key passage. When kids finish, invite groups one at a time to say the key passage together.

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Display the key passage poster. Lead the kids to read it aloud. Then challenge them to read it in various ways: whispering, shouting, quickly, slowly, and so on.

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Form two groups of kids. Call on the first group to say the key passage together. Then call on the second group to say it.

Prompt the first group to say the passage a few phrases at a time, pausing for the second group to echo. When kids finish saying the key passage, lead the second group to begin and the first group to echo.

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Instruct kids to sit or stand in a circle. Choose one kid to begin by saying the first word of the key passage. Guide kids to say the key passage, one word at a time, moving around the circle.

*Allow kids to look at the key passage poster if they need help remembering the words.* Continue around the circle a few times. Consider shouting, "Switch!" and letting kids move to another place in the circle before playing again. *Or toss the ball to different kids rather than go in order.*

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Before the session, write out the key passage on a chalkboard or dry erase board in eight separate phrases. Display the phrases where kids can see them. Give each kid a marker and eight craft sticks. Instruct kids to copy from the board, writing each phrase on a separate stick. Then instruct kids to mix up their sticks and then quickly rearrange the phrases in the correct order. Kids may work individually or in pairs. Provide rubber bands for kids to bundle their sticks and keep them as a method of practicing the key passage during the week.

## Prayer Extra Ideas:

**Prayer Chain**—In small groups, ask children/co-pilot to write prayer requests on a few paper strips. Connect paper strips into a chain and display our growing conversation to the Lord. Feel free to revisit older requests as well.

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**Painted Rocks**—Have each child choose a painted rock to write on. Write a word of encouragement, a word about Jesus, a name, etc. The goal is to take it with them and place it somewhere near their typical living space—a neighbor’s house, a store, a playground, etc. Then pray over the place or the people who are there.

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**Pointing to a Map**—Choose one or two kiddos to spin/close their eyes/find a certain color (you can be creative and have fun) and point to a country on the map. Place a pin in the place(s) and pray over it as a group. Even if you don’t know anything about the country, we can lift up the people, pray for Jesus’ light to shine there, the Gospel to be active there, and churches to grow, etc.

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**Looking out the Window**—Grab a dry erase marker, have the kids gather at the windows, and look outside. Ask the children to look for 3 things they can see out of the window to pray over. Using the dry erase marker, write those things on the window (Pre-K & K may draw things) and then pray over those things. Feel free to leave them on the window, so whenever we look through, those things are brought to our mind to pray for again.

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**Head Shoulders Knees and Toes**—Pray through the song.

- Head (mind, imagination, thoughts, creativity)
- Shoulders (physical strength, things we might be dealing with)
- Knees (dancing, playing, jumping, etc.)
- Toes (walking and following after Jesus, standing strong in our faith)
- Eyes, ears, mouth & nose (seeing goodness, listening to Him, speaking truthful words, our senses, etc.)

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**Preschool Carpet Bag Prayers**— Choose an item(s) out of the carpet bag. Discuss the item and different people/things the item could represent (car—driving safely, mechanics, trips, first responders, etc) Encourage kids to “think outside the bag” and help them make connections. Pray over the people, places, and things that were discussed.

You're  
ready  
for  
Sunday!



