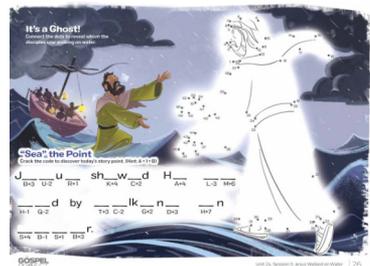


UPPER ELEM Flight Plan February 15th



<p>Lesson</p>	<p>Jesus Walked on Water</p>
<p>Bible Passage</p>	<p>Matthew 14, Mark 6, John 6</p>
<p>Story Point</p>	<p>Jesus showed He is God by walking on water.</p>
<p>Key Passage</p>	<p>“Lord my God, you have done many things— your wondrous works and your plans for us; none can compare with you. If I were to report and speak of them, they are more than can be told.” Psalm 40:5</p>
<p>Big Picture Q & A</p>	<p>Why did Jesus perform miracles? Jesus performed miracles to glorify God, to show He is the Son of God, and to care for people.</p>



leader bible study

Jesus had just fed more than five thousand people on the shores of the Sea of Galilee. After sending away the people and directing His disciples to go back across the sea, Jesus went to a mountain to pray. It was late, and He sought to be alone with His Father. Jesus was preparing to fulfill His Father's plan. Before long, He would die on the cross and rescue people from sin.

While Jesus prayed, the disciples struggled to cross the sea. A storm came and tossed their boat up and down. They didn't make any progress against the waves. Then, in the early morning hours, they saw a figure walking toward them on the water. They thought it was a ghost, but it was Jesus!

Peter asked Jesus to command him to come out on the water, and Jesus called to him. Peter walked on the water too—until he remembered the storm. Peter took his eyes off of Jesus, and he began to sink. Peter cried out to Jesus, "Save me!"

Jesus took Peter by the hand, and they got into the boat. The wind and waves calmed. Though Peter had doubted, the disciples worshiped Jesus. Clearly He was no ordinary man; this was the Son of God—the promised Messiah!

Jesus proved that He can be trusted. His miracles, teaching, death, and resurrection showed that He is who He says He is. As you teach kids, encourage them to look to Jesus in faith every day. We can seek Him for our salvation and for help as we live in this world. Even in the midst of fear and doubt, we can hold out our empty hands and cry, "Lord, save me!" He will answer, and we can respond in worship of our Lord and Savior.

Vision for Grace Airways
We navigate the scriptures,
training up bold disciples,
on our ongoing journey to Jesus!

Gospel—Centered Preparation:

The heart of preparation is rooted in your understanding of the gospel and your personal application of the story.

After your study ask yourself:

- How do the verse and Big Picture Question connect to this story?
- What am I excited to teach from this passage?
- The main point this week is: _____
- Where is the gospel in this story?

February Focus: Jesus shows He is God



FEB 1st: Jesus Calmed a Storm

Matthew 8, Mark 4-5, Luke 8

Story point: Jesus calmed a storm to show the disciples He is God



FEB 8th: Jesus Fed a Crowd

Matthew 14, Mark 6, Luke 9, John 6

Story Point: Jesus miraculously fed a crowd with five loaves and two fish.



FEB 15th: Jesus Walked on Water

Matthew 14, Mark 6, John 6

Story Point: Jesus showed He is God by walking on water.



FEB 22nd: Jesus Showed His Glory

Matthew 17, Mark 9, Luke 9

Story Point: Jesus showed His glory to Peter, James and John.



Co-Pilot—Included Preparation:

On a Sunday morning, the Pilot is leading everyone in our ongoing journey to Jesus— that includes both flyers and Co-Pilots! The more consistency and continuity we have between Pilots, the better we can prepare our helpers to succeed and grow! With that consistency comes the mentorship aspect for our youth volunteers in particular, and utilizing our adult co-pilots as well: sharing activities, engaging them in the morning, and encouraging their involvement.

As you prepare for the lesson, ask yourself:

- **Does my planning allow for Co-Pilot participation throughout the morning?**
- **How did I prepare my Co-Pilot to help with classroom management?**
- **What specific activities will my Co-Pilot assist with today?**
- **In what ways can I encourage my Co-Pilot?**

Engagement

- Sit with child during the story
- Playing alongside flyers
- Reengage chatty/distracted kids
- Ask to volunteer an example during discussion
- Help play to Co-Pilot's strengths

Activities

- Attendance stickers
- Timeline
- Joining in the verse and BPQ&A
- Assigned to a specific flyer
- Helping find books in the Bible
- Leading crafts & songs

Encouragement

- Thank you for stepping in there!
- You did a great job with _____.
- You really helped me while I was _____.
- Thank you for being _____'s buddy today.
- Your help really made this morning go smoothly.
- _____ was the right thing to do. You handled it well!
- I'm so glad you are here today!

Sunday Morning Flight Plan



Take Off

- Open in Prayer
- Hook
- BPO and A & Key Passage
- Timeline & Introduce Story

10 Min

Journey

- Attendance & Bible Sticker
- Bible Story
- God's Attributes

15 Min

Flight Lab

- Experience of the Bible Story
(Make connections through an activity & motion)

15 Min

Pilot's Log

- Pray
- Calm activity during pick-up
- Give activity sheets to parents as they pick up students

5 Min

PICK UP:

First Service:
Around 9:45

Second Service:
Around 11:45



10 min Take Off

Celebrate being here! Introduce the morning.

Open in Prayer

Hook

Prompt kids to talk about a time they felt alone. Feeling alone is a normal part of being human. Today, we will learn about a time Jesus' disciples felt afraid, and Jesus was not with them. Do you think they might have felt alone?

Big Picture Question

When you hear about the miracle Jesus performed in today's Bible story, think about our big picture question. Jesus didn't do miracles to impress people or show off. ***Why did Jesus perform miracles? Jesus performed miracles to glorify God, to show He is the Son of God, and to care for people.***

Key Passage

Show the key passage poster. Lead the boys and girls to read together Psalm 40:5. King David wrote Psalm 40. We can find this psalm in the Old Testament. David experienced God's care and deliverance for himself, and he knew God has wonderful plans for His people too.

Timeline/Introduce Bible Story:

A couple weeks ago, we learned about a time Jesus' disciples were overwhelmed by a storm. They thought they were going to die! When they cried out to Jesus, **Jesus calmed a storm to show the disciples He is God.** Another time, Jesus was teaching on a crowd when the disciples realized the people needed to eat. But they did not have enough food for everyone. **Jesus miraculously fed a crowd with five loaves and two fish.** After sending away the crowd and telling His disciples to go back across the sea, Jesus went to a mountain to pray. He met the disciples again on the sea

Transition to Bible Story: (OPTIONAL) Show the Bible Story Video.



15 Min Journey

Where we travel into God's word

Bible Story

Open your Bible to **Matthew 14; Mark 6; John 6**. Read from the Bible or use your storytelling skills to help you tell the story.

While the disciples were on the sea, Jesus was alone, praying up on a mountain. Jesus' time on earth would not last much longer. Jesus was getting ready to complete His Father's plan. Before long, He would die on the cross and rescue people from sin.

The disciples were crossing the sea in their boat. Once again, they were having some trouble. Strong winds pushed the boat, and they couldn't make much progress. Imagine how tired they were when they looked up and saw something that terrified them!

What did the disciples see? Look in your Bibles at Matthew 14:25-26. [Allow kids to read the verses and respond.] The disciples thought they were seeing a ghost, but the figure was Jesus.

Peter wanted to walk on the water too. Jesus told him to come out on the water, and Peter walked to Him. The wind and waves were still strong. What happened when Peter took his eyes off Jesus? Look at Matthew 14:30. [Allow kids to read the verse and respond.] Jesus showed He is God by walking on water, but Peter was afraid and began to sink. He cried out to Jesus, and Jesus reached out and caught him. They got into the boat, and the wind stopped. The disciples worshiped Jesus as the Son of God.



Jesus proved that He can be trusted. His miracles, teaching, death, and resurrection showed that He is who He says He is. Only Jesus can save us when we look to Him in faith.

Jesus Walked on Water

Matthew 14; Mark 6; John 6

STORY POINT: JESUS SHOWED HE IS GOD BY WALKING ON WATER.

Jesus had been teaching crowds of people by the Sea of Galilee. It was getting late, so He told His disciples to get into the boat and go to the other side of the sea. Jesus went up on the mountain to pray by Himself.

That evening, the boat was far from the shore. The wind blew, and the waves tossed the boat around.

Around three in the morning, Jesus came toward His disciples, walking on the sea. The disciples were terrified.

“It’s a ghost!” they cried.

Right away, Jesus spoke to them. “Have courage! It’s Me. Do not be afraid.”

Peter answered, “Lord, if it really is You, tell me to come to You on the water.”

So Jesus said, “Come!”

Peter got out of the boat and started walking on the water toward Jesus. But when Peter saw how strongly the wind was blowing, he was afraid. Peter began to sink.

“Lord, save me!” he cried.

Jesus reached out His hand and grabbed Peter. Jesus said, “Why did you doubt?”

They got into the boat and the wind stopped.

Then everyone in the boat worshiped Jesus and said, “Truly You are the Son of God.”



Christ Connection: Jesus proved that He can be trusted. His miracles, teaching, death, and resurrection showed that He is who He says He is. Only Jesus can save us when we look to Him in faith.

FOLD

Discussion & Bible Skills

Distribute Bibles. Guide boys and girls to open their Bibles to Matthew 14. Explain Jesus' walking on water is recorded in the Gospels of Matthew, Mark, and John. Choose a volunteer to read aloud Matthew 14:29-31. **Jesus showed He is God by walking on water.** This happened on the Sea of Galilee. Peter wanted to walk on the water too. Jesus commanded Peter to come out of the boat. Peter walked on water, but he began to sink when he saw how strong the wind was. Lead the group to discuss:

- 1. Why were Jesus' disciples afraid when they saw Jesus walking on water?** *the disciples first thought Jesus was a ghost. They knew they were witnessing something no ordinary person could do. Jesus again showed His power over creation as the Son of God. (Isa. 40:26.)*
- 2. How can we have courage in scary situations?** *Remind kids of Jesus' words to His disciples: "Have courage! It is I. Don't be afraid." Assure kids that they are not alone. Jesus is with them through the Holy Spirit. Encourage kids to keep their eyes on Jesus. We can rely on Him for strength and courage when we need it. (Option: read Ps. 27:14.)*
- 3. How can we encourage others to not give up during difficult times?** *Help kids identify Jesus' power and strength even when we are weak. Point out that when Jesus got into the boat, the wind stopped. Assure them that all believers can persevere in trials with the hope that one day, Jesus will return and bring ultimate peace, making every wrong thing right. We can pray for others and remind them of the truth about Jesus. (Option: Choose a volunteer to read James 1:12.)*

God's attributes- helping the children understand what God is like, shown to us in the Bible. In today's story we see that God is:

-Powerful -In Control

Travel Guide:

Use the travel guide for maps, charts, etc... as useful with helping the children learn and understand today's story.



15 min Flight Lab

Instill Wonder as you experience the Bible
CHOOSE ONE ACTIVITY

Key Passage Activity

Cut paper into thin strips, approximately 1 1/2 inches in width. Write each word or phrase of the key passage on a separate strip. Mix up the strips and distribute them among the kids. Guide kids to order the strips according to the key passage and connect them as a paper chain, using tape to fasten the ends together into links. Invite volunteers to say the verse from memory. Thank each kid for her efforts. Encourage all kids to continue working to memorize the passage.

Walk on what?

Guide the kids to mimic you as you call out different surfaces and pretend to walk on that surface. Allow volunteers to suggest surfaces to mimic walking on.

Suggested surfaces: pavement, quicksand, slippery ice, a very steep hill, water

- Humans struggle to walk on some surfaces, such as slippery things or hills that are too steep. One thing that people cannot walk on is water. Our bodies are much too dense, and our feet push right through the surface. Today we will learn about a time Jesus miraculously walked on water anyway.

Cross the Lake

Form two teams of kids. Provide each team with two sheets of blue construction paper. Instruct the teams to line up on one side of the room. When you say go, the first player in each team will use the construction paper to cross the room by laying one sheet down, stepping onto it, laying the next down, stepping to it, then grabbing the first and repeating the process like stepping stones. The first team to have each team member cross and return wins.

- That was a tough way to walk across the room, but it wasn't impossible. Today we will hear about a time Jesus did something usually impossible.

Wave Mural

Provide a large sheet of paper. Allow the kids to remove a shoe and trace a footprint on the paper. Provide markers, crayons, and other craft supplies to the kids to decorate the paper to look like waves. You may hang the mural in a hallway or on a focal wall for kids to look at and remember this story.

- **Jesus showed He is God by walking on water.** When you remember this story, remember that when God calls you to take a step of faith, you can trust Him no matter what happens next. You probably won't ever walk on water, but there are many other difficult things—maybe even things that feel impossible—that God might ask you to do. Everything God does is for His glory and our good. When we take steps of faith to obey God, we can trust that He will use us in His wonderful plans.

Eyes on Jesus

Form two teams of kids. Give each player a plastic egg and a spoon. Instruct teams to line up on one side of the room. Position a bucket for each team on the opposite side of the room and tape a copy of the Bible story picture to the wall above each bucket.

Explain that the first player on each team will race to the bucket with an egg on her spoon, but she must keep her eyes on Jesus the whole time. When a kid drops her egg into the bucket, the next player may begin. If a player drops her egg, she should start over.

- Was it easy or difficult to keep your eyes on Jesus? What in your life might distract you from Jesus? [*Allow kids to respond.*]

Today we will learn about a time one of Jesus' disciples took his eyes off of Jesus!

Walk, march, skip, hop

Using the painter's tape, make six parallel lines of tape about a foot apart on the floor. Invite the children to line up at the first line. Instruct them to take walking steps, stepping only on each line. After they finish walking, instruct them to take marching steps only on each line. Repeat with skipping and hopping steps.

- We had fun walking and skipping together. **Jesus walked on water** out to the boat where Peter and His disciples were. Peter wanted to walk to Jesus on the water, and he was able to until he saw how windy it was. Then he began to sink into the water. Jesus saved Peter and showed Peter and us that we can trust Him. Jesus' life, death, and resurrection showed that He is who He says He is. When we look to Jesus and trust Him, He will save us from our sin.



5 min Pilot's log

Where we prepare to depart.

Pray:

If time, share prayer requests and allow kids to record in the **prayer journal section of their *Travel Guide***.

ALWAYS CLOSE THE MORNING WITH PRAYER.

This is how we model incorporating prayer into their lives.

Waiting for parents/Activity Page:

Tie back into the lesson, remind them of the Big Picture Question/verse, etc...

Be sure to **re-set expectations on what their choices are while waiting for mom and dad:**

- Activity page
- Key Passage Activity (See next page for list of options)
- Coloring page
- Gospel Kit Activities
- Anything quiet at the tables you are ok with (*origami, free draw on blank paper, hangman game at white board, putting Book of the Bible cards in order, etc....*)

Be sure that the Co-Pilots hand out the Activity sheet to each child or to parents so they can go home with families.

Key Passage Review Extra Ideas:

Invite kids to sit around tables. Give each kid a pencil. Show the key passage poster and lead them to read it aloud.

Give a piece of paper to one kid at each table. Instruct him to write down the first word of the key passage and pass the paper to the person on his right. That person will write down the second word, pass the paper to her right, and so on. Kids will pass the paper around the table, writing one word at a time until they finish the key passage. When kids finish, invite groups one at a time to say the key passage together.

Display the key passage poster. Lead the kids to read it aloud. Then challenge them to read it in various ways: whispering, shouting, quickly, slowly, and so on.

Form two groups of kids. Call on the first group to say the key passage together. Then call on the second group to say it.

Prompt the first group to say the passage a few phrases at a time, pausing for the second group to echo. When kids finish saying the key passage, lead the second group to begin and the first group to echo.

Instruct kids to sit or stand in a circle. Choose one kid to begin by saying the first word of the key passage. Guide kids to say the key passage, one word at a time, moving around the circle.

Allow kids to look at the key passage poster if they need help remembering the words. Continue around the circle a few times. Consider shouting, "Switch!" and letting kids move to another place in the circle before playing again. *Or toss the ball to different kids rather than go in order.*

Before the session, write out the key passage on a chalkboard or dry erase board in eight separate phrases. Display the phrases where kids can see them. Give each kid a marker and eight craft sticks. Instruct kids to copy from the board, writing each phrase on a separate stick. Then instruct kids to mix up their sticks and then quickly rearrange the phrases in the correct order. Kids may work individually or in pairs. Provide rubber bands for kids to bundle their sticks and keep them as a method of practicing the key passage during the week.

Prayer Extra Ideas:

Prayer Chain—In small groups, ask children/co-pilot to write prayer requests on a few paper strips. Connect paper strips into a chain and display our growing conversation to the Lord. Feel free to revisit older requests as well.

Painted Rocks—Have each child choose a painted rock to write on. Write a word of encouragement, a word about Jesus, a name, etc. The goal is to take it with them and place it somewhere near their typical living space—a neighbor’s house, a store, a playground, etc. Then pray over the place or the people who are there.

Pointing to a Map—Choose one or two kiddos to spin/close their eyes/find a certain color (you can be creative and have fun) and point to a country on the map. Place a pin in the place(s) and pray over it as a group. Even if you don’t know anything about the country, we can lift up the people, pray for Jesus’ light to shine there, the Gospel to be active there, and churches to grow, etc.

Looking out the Window—Grab a dry erase marker, have the kids gather at the windows, and look outside. Ask the children to look for 3 things they can see out of the window to pray over. Using the dry erase marker, write those things on the window (Pre-K & K may draw things) and then pray over those things. Feel free to leave them on the window, so whenever we look through, those things are brought to our mind to pray for again.

Head Shoulders Knees and Toes—Pray through the song.

- Head (mind, imagination, thoughts, creativity)
- Shoulders (physical strength, things we might be dealing with)
- Knees (dancing, playing, jumping, etc.)
- Toes (walking and following after Jesus, standing strong in our faith)
- Eyes, ears, mouth & nose (seeing goodness, listening to Him, speaking truthful words, our senses, etc.)

Preschool Carpet Bag Prayers— Choose an item(s) out of the carpet bag. Discuss the item and different people/things the item could represent (car—driving safely, mechanics, trips, first responders, etc) Encourage kids to “think outside the bag” and help them make connections. Pray over the people, places, and things that were discussed.

You're
ready
for
Sunday!

