

# PREK Flight Plan February 15th



<b>Lesson</b>	<b>Jesus Walked on Water</b>
<b>Bible Passage</b>	Matt 14; Mark 6; John 6
<b>Story Point</b>	Jesus walked on water
<b>Key Passage</b>	Lord my God, you have done many things—your wondrous works and your plans for us; none can compare with you. Psalm 40:5
<b>Big Picture Q &amp; A</b>	<b>Why did Jesus perform miracles?</b> Jesus performed miracles to show He is the Son of God.



## Sink or Float?

**INSTRUCTIONS:** Draw an arrow to show you think it will sink or float. Circle the one you think will float or sink.



# leader bible study

Jesus had just fed more than five thousand people on the shores of the Sea of Galilee. After sending away the people and directing His disciples to go back across the sea, Jesus went to a mountain to pray. It was late, and He sought to be alone with His Father. Jesus was preparing to fulfill His Father's plan. Before long, He would die on the cross and rescue people from sin.

While Jesus prayed, the disciples struggled to cross the sea. A storm came and tossed their boat up and down. They didn't make any progress against the waves. Then, in the early morning hours, they saw a figure walking toward them on the water. They thought it was a ghost, but it was Jesus!

Peter asked Jesus to command him to come out on the water, and Jesus called to him. Peter walked on the water too—until he remembered the storm. Peter took his eyes off of Jesus, and he began to sink. Peter cried out to Jesus, "Save me!"

Jesus took Peter by the hand, and they got into the boat. The wind and waves calmed. Though Peter had doubted, the disciples worshiped Jesus. Clearly He was no ordinary man; this was the Son of God—the promised Messiah!

Jesus proved that He can be trusted. His miracles, teaching, death, and resurrection showed that He is who He says He is. As you teach preschoolers, encourage them to look to Jesus in faith every day. We can seek Him for our salvation and for help as we live in this world. Even in the midst of fear and doubt, we can hold out our empty hands and cry, "Lord, save me!" He will answer, and we can respond in worship of our Lord and Savior.



Vision for Grace Airways  
We navigate the scriptures,  
training up bold disciples,  
on our ongoing journey to Jesus!

### Gospel—Centered Preparation:

The heart of preparation is rooted in your understanding of the gospel and your personal application of the story.

#### After your study ask yourself:

- How do the verse and Big Picture Question connect to this story?
- What am I excited to teach from this passage?
- The main point this week is: \_\_\_\_\_
- Where is the gospel in this story?

## February Focus: Jesus the Miracle Worker



### **Feb 1st: Jesus Calmed a Storm**

*Matt 8, Mark 4-5, Luke 8*

**Story point:** Jesus calmed a storm



### **Feb 8th: Jesus Fed a Crowd**

*Matt 14, Mark 6, Luke 9, John 6*

**Story Point:** Jesus fed a crowd



### **Feb 15th: Jesus Walked on Water**

*Matt 14, Mark 6, John 6*

**Story Point:** Jesus walked on water



### **Feb 22nd: Jesus Showed His Glory**

*Matt 17, Mark 9, Luke 9*

**Story Point:** Jesus showed His glory to Peter, James, and John



## Co-Pilot—Included Preparation:

**On a Sunday morning, the Pilot is leading everyone in our ongoing journey to Jesus**— that includes both flyers and Co -Pilots! The more consistency and continuity we have between Pilots, the better we can prepare our helpers to succeed and grow! With that consistency comes the mentorship aspect for our youth volunteers in particular, and utilizing our adult co -pilots as well: sharing activities, engaging them in the morning, and encouraging their involvement.

**As you prepare for the lesson, ask yourself:**

- **Does my planning allow for Co-Pilot participation throughout the morning?**
- **How did I prepare my Co-Pilot to help with classroom management?**
- **What specific activities will my Co-Pilot assist with today?**
- **In what ways can I encourage my Co-Pilot?**

### Engagement

- Sit with child during the story
- Playing alongside flyers
- Reengage chatty/distracted kids
- Ask to volunteer an example during discussion
- Help play to Co-Pilot's strengths

### Activities

- Attendance stickers
- Timeline
- Joining in the verse and BPQ&A
- Assigned to a specific flyer
- Helping find books in the Bible
- Leading crafts & songs

### Encouragement

- Thank you for stepping in there!
- You did a great job with \_\_\_\_\_.
- You really helped me while I was \_\_\_\_\_.
- Thank you for being \_\_\_\_\_'s buddy today.
- Your help really made this morning go smoothly.
- \_\_\_\_\_ was the right thing to do. You handled it well!
- I'm so glad you are here today!

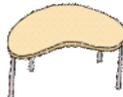
# Morning Routine



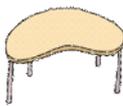
Stay with this order.

Adjust pictures on schedule according to your plan.

Review schedule with the children at the start of the morning.

	<b>Take Off</b> VBS song Verse/BPO	5 Min
	<b>Journey</b> Prayer Bible Story God Attributes	 10 Min
	<b>Flight Lab</b> Bible Story Activity	15 Min
	<b>Free Play</b> Inside or on playground	10 Min

At congregation last song—clean up/move inside

	<b>Pilot's Log</b> Prayer Take Home Page Settle and Review	 5 Min
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# 5 min Take Off

*Celebrate & being here! Introduce the morning*

## Gather

As the children enter, have them gather at the TV to begin with worship/singing.

Have your co-pilot check attendance.

## Song

Do a song or 2 of your choice as time allows to help children prepare for the lesson,

## Key passage

Transition from singing into the Verse Song. Lead the kids with the hand motions in the video!

**Lord my God, you have done many things—your wondrous works and your plans for us; none can compare with you.**

**Psalm 40:5**

## Big picture question

***Why did Jesus perform miracles?***

*Jesus performed miracles to show He is the Son of God.*

*Repeat the question 2-3 times for learning!*

## Transition to the Bible Story

Clap a simple rhythm for the children to copy, use a finger play, etc... Set expectations for the children: "my turn to talk, your turn to listen, eyes on me, hands in your lap"

Choosing the same transition every week works super well with child and kindergarten ages.

## Bible Connection Ideas

### Bible FingerPlay:

1, 2 (hold up fingers) The Bible is true (hands like book), God loves me (cross arms, point to me) and God loves you (cross arms, point to class)

### Bible Foundation Motions:

- The Bible is **True** (*thumbs up*)
- The Bible is How God **Speaks to Us** (*cup hands around mouth as if you were shouting*)
- The Bible is **Different** from other stories (*cross your arms and point in opposite directions*)
- The Bible points to **Jesus** (*ASL sign for Jesus*)

## Fingerplay Ideas

### Open Shut them:

*Hold hands in front as you open and shut them while saying:*

Open shut them, open shut them, give a little clap

Open shut them, open shut them, lay them in your lap.

Creep them creep them, slowly to your chin

Open wide your little mouth (pause), but do not let them in!

### Active Preparing to sit and listen:

I stomp my feet, I clap my hands, I jump up from the ground.

I stomp my feet, I clap my hands, I turn myself around.

I stomp my feet , I clap my hands, I sit myself right down

I stomp my feet (*while sitting*) , I clap my hands, I do not make a sound (*finger over lips, spoken in a whisper*).



# 10 Min Journey

*Where we travel into God's word*

## Introduce the Bible Story

Use our Bible Finger play each week to transition to the Story.

• God's Word tells us amazing true stories about Jesus. Today's story comes from all four Gospels. **Point to the Bible story picture on their timeline.** The Bible tells us the big story of how God rescues sinners through His Son, Jesus.

## Tell the Bible Story

Using the pictures, tell the Bible Story or watch the video (*This lesson is on pages 211-213 in the It's All About Jesus Bible Storybook*). Tell the story using your own words keeping eye-contact with the children.

• The disciples looked out from their boat and saw Jesus. **Jesus walked on water!** Peter wanted to walk on the water too. Jesus told him to come. Peter started walking on the water toward Jesus. But then Peter saw how windy it was, and he was afraid. Peter began to sink, but Jesus reached out and saved Peter. When they got into the boat, the wind stopped. Jesus showed that we can trust Him. When we look to Jesus and trust Him, He will save us from our sin.

## Talk about the Bible Story

Show the Bible story picture as you ask the following questions.

1. **What did Jesus tell His disciples to do while He went to pray?** (*get into a boat, go to the other side of the sea*)
2. **In the middle of the night, who did the disciples see?** (*Jesus*)
3. **What was Jesus doing?** (*Jesus walked on water*)
4. **Who also wanted to walk on water?** (*Peter*)
5. **Who saved Peter when he sank?** (*Jesus*)
6. **Why did Jesus perform miracles?** *Jesus performed miracles to show He is the Son of God.*

**God's attributes-** helping the children understand what God is like, shown to us in the Bible. In today's story we see that God is:

**- In Control - Powerful**

**Have a student place the story picture on the 'timeline'**

## Age Appropriate Bible Story

Use your own words—Trust the Holy Spirit to speak through you

### Jesus Walked on Water — Matt 14; Mark 6; John 6

Jesus had been teaching people by the sea. It was getting late, so He told His disciples to get into a boat and go to the other side of the sea. Jesus went up on a mountain to pray by Himself.

That evening, the boat was far from the shore when the wind started to blow. Big waves tossed the boat up and down. Jesus was still on the mountain alone. In the middle of the night, Jesus walked on the sea toward His disciples. When the disciples saw Jesus, they were very afraid!

“It’s a ghost!” they cried.

Jesus spoke to them right away. “It’s Me,” He said. “Don’t be afraid!”

Jesus’ disciple Peter said, “Lord, if it really is You, tell me to come to You on the water.”

So Jesus said, “Come!”

Peter got out of the boat. He started walking on the water toward Jesus. But then Peter saw how windy it was, and he was afraid. Peter began to sink into the water.

“Lord, save me!” Peter cried.

Jesus reached out and grabbed Peter. “Why didn’t you trust Me?” Jesus asked.

They got into the boat and the wind stopped. Everyone in the boat worshiped Jesus. “You really are the Son of God,” they said.

**Christ Connection:** *Jesus showed that we can trust Him. His life, death, and resurrection showed that Jesus is who He says He is. When we look to Jesus and trust Him, He will save us from our sin.*

## Picture Card Lesson

*Use your own words—Trust the Holy Spirit to speak through you!*

### Jesus Walked on Water — Matt 14; Mark 6; John 6

**Card 1:** Jesus had been teaching people by the sea. It was getting late, so He told His disciples to get into a boat and go to the other side of the sea. Jesus went up on a mountain to pray.

**Card 2:** The night, a storm came. The wind blew and big waves tossed the boat from side to side. Jesus came down from the mountain and walked on the water towards the disciples in the boat.

**Card 3:** When the disciples saw Jesus, they were very afraid! “It’s a ghost!” they cried. Jesus spoke to them right away. “It’s Me,” He said. “Don’t be afraid!” Jesus’ disciple Peter said, “Lord, if it really is You, tell me to come to You on the water.” So Jesus said, “Come!”

**Card 4:** Peter started walking on the water toward Jesus. But then Peter saw how windy it was, and he was afraid. Peter began to sink into the water and cried “Lord, save me!” Jesus reached out and grabbed Peter. “Why didn’t you trust Me?” Jesus asked.

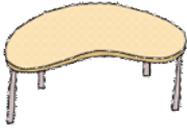
**Card 5:** They got into the boat and the wind stopped. Everyone in the boat worshiped Jesus. “You really are the Son of God,” they said.

**Christ Connection:** *Jesus showed that we can trust Him. His life, death, and resurrection showed that Jesus is who He says He is. When we look to Jesus and trust Him, He will save us from our sin.*

#### Bible Storytelling Tips:

**Make a storm:** As you tell the Bible story, lightly mist the children with water, flash the lights, turn on a fan, play thunderstorm sounds from an electronic device, and let the children experience what stormy water might feel like.

**Draw and tell:** On a large sheet of paper or dry erase board, draw while telling the Bible story. Begin by drawing a mountain shape on the top portion and a wavy sea on the bottom. Add the following to the drawing as the story unfolds: a boat, men in the boat, and Jesus and Peter walking on the water.



# 15 min Flight lab

*Learning the story in an interactive way*

*Choose from below or use your own idea-however the Lord leads.  
Then go into free-play.*

## **Take a trust walk**

Invite children to sit in a circle. Choose a child and tell him to shut his eyes or if he wishes, you may cover his eyes with a blindfold. Take the child's hand and carefully lead him around the room and back to his place in the circle. Repeat with each child as time allows.

- You had to trust me in order to go on a walk with me around the room. In today's Bible story, Peter had to trust Jesus in order to take a walk someplace special with Him.

## **Sink the bowl**

Fill a shoebox-sized plastic bin two-thirds full of water. Float a small foam bowl on the surface of the water. Help the children to carefully place aquarium gems, large marbles, or polished stones in the bowl one by one until the bowl sinks. Count out loud how many items can go in the bowl before it sinks. Repeat the experiment several times to see if that number changes.

- In our Bible story today one of Jesus' friends, His disciple named Peter, walked on water with Jesus until he saw the wind and the waves. He was afraid and began to sink like our bowl.

## **Paint with water**

Provide colorful construction paper, paintbrushes, and small cups with a little water. Encourage children to "paint" with water, assisting as needed. Talk about the Bible story as they paint.

- Jesus walked on the water to His friends. People cannot walk on water. Jesus' friends believed He is God's Son because **JESUS SHOWED HE IS GOD'S SON**. Jesus did what only God can do.

## Make waves

Form pairs. Give each pair a beach towel and show them how to hold a corner in each hand. Guide children to make waves by moving the towel up and down. Lead the children to make big waves and small waves by moving the towel up and down quickly or slowly. For added fun, toss foam balls on the towels and challenge children to bounce a ball up and down while keeping it on the towel.

(optional variation, use a parachute and do this as a group)

- We made big and little waves with our beach towels. The disciples were in a boat at night on the sea. The wind started to blow, and the waves tossed the boat up and down. At midnight Jesus came walking toward the disciples on the water, and He didn't sink. When Jesus saved Peter and got into the boat with him, the wind and the waves stopped. Jesus can do things no one else can do. ***Why did Jesus perform miracles? Jesus performed miracles to show He is the Son of God.***

## Make sensory bottles

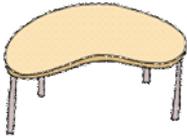
Fill small bottles with water, oil, and blue food color. Add items such as glitter, pom-poms, and beads. Seal the lid with duct tape. Guide children to shake and roll the bottles and examine the contents. Talk about the Bible story.

- Items sink or float in water, and people sink or float. Jesus walked on the water to His friends. **JESUS SHOWED HE IS GOD'S SON.**

## Float boats

Provide a plastic bin with an inch of water and plastic boats. Invite children to float boats. Gently rock the bin. Keep towels handy. Retell the story.

- When he walked on water to Jesus, Peter looked at the big waves and was afraid. Jesus helped Peter when he started to sink. **JESUS SHOWED HE IS GOD'S SON.** Jesus showed that we can trust Him.



## 5 Min Pilot's Log

*Where we prepare to go home*

After flight lab, allow the children to play. **When congregation begins last song, move to the tables.**

### ***Pause and settle***

- Signal the end of free play, (use the time-timer to count down)
- Sing the clean-up song and guide children to clean their areas. Wash hands or use hand sanitizer if needed.
- Have children sit around the table.

### ***ALWAYS CLOSE THE MORNING WITH PRAYER.***

***This is how we model incorporating prayer into their lives.***

- After prayer, hand out the activity/coloring page. Direct children accordingly to complete the page. Remind children of what they can take away from today's lesson.

If a child finishes the activity/coloring page while waiting for mom and dad or is not interested, only offer options that can be completed at the table (playdough, puzzle, select a book to examine, practice the verse, etc) **Keep children at the table to maintain a calm and quiet environment for easy transition to mom and dad.**

When parents pick up their children, as appropriate share something their child enjoyed doing or did well during the morning.

**Be sure that the Co-Pilots hand out the Activity sheet to each child or to parents. Have your Co-Pilot encourage parents to use this to talk to their kids about what they learned in class today.**

## PREK/K Prayer Extra Ideas:

**Prayer Chain** — in small groups, ask children for their prayer requests and have the Pilot or Co-Pilot write them on a few strips of paper. Connect strips into a chain and display our growing conversation with the Lord. Feel free to revisit old prayer requests as well.

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**Pointing to a Globe** — Have a child or Co-Pilot spin the globe and place their finger on a country. Place a star sticker on the place(s) and pray over it as a group. We will provide a PreK/K age geography book to help guide discussion and prayer. Even if you don't know anything about the country, we can lift up the people, pray for Jesus, light to shine there, the Gospel to be active there, and churches to grow, etc.

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**Looking out the Window** — Grab a dry-erase marker, have the kids gather at the windows, and look outside. Ask the children to look for 3 things they can see out of the window to pray over. Using the dry-erase marker, write or draw these things on the window then pray over them.

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**Preschool Carpet Bag Prayers**— Choose an item(s) out of the carpet bag. Discuss the item and different people/things the item could represent (car—driving safely, mechanics, trips, first responders, etc) Encourage kids to “think outside the bag” and help them make connections. Pray over the people, places, and things that were discussed.

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**Head Shoulders Knees and Toes**—Pray through the song.

- Head (mind, imagination, thoughts, creativity)
- Shoulders (physical strength, things we might be dealing with)
- Knees (dancing, playing, jumping, etc.)
- Toes (walking and following after Jesus, standing strong in our faith)
- Eyes, ears, mouth & nose (seeing goodness, listening to Him, speaking truthful words, our senses, etc.)

**You're  
ready for  
Sunday!**

