

# PREK Flight Plan February 8th



<p><b>Lesson</b></p>	<p><b>Jesus Fed a Crowd</b></p>
<p><b>Bible Passage</b></p>	<p>Matt 14; Mark 6; Luke 9; John 6</p>
<p><b>Story Point</b></p>	<p>Jesus fed a crowd</p>
<p><b>Key Passage</b></p>	<p>Lord my God, you have done many things—your wondrous works and your plans for us; none can compare with you. Psalm 40:5</p>
<p><b>Big Picture Q &amp; A</b></p>	<p><b>Why did Jesus perform miracles?</b> Jesus performed miracles to show He is the Son of God.</p>



### How Many?

	5
	2
	12
	1

**How Many? Answer Key**

**1. How many loaves of bread?**  
5 loaves of bread

**2. How many fish?**  
2 fish

**3. How many baskets?**  
12 baskets

**4. How many men?**  
1 man

**5. How many people?**  
A large crowd of people

**6. How many miracles?**  
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**7. How many miracles did Jesus perform?**  
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**8. How many miracles did Jesus perform?**  
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# leader bible study

Jesus' disciples had been working hard, teaching people and healing them. Jesus called them to go away with Him to a desolate place so they could rest. By now, Jesus' popularity was so great that finding a place to be alone was difficult. When Jesus and His disciples crossed the Sea of Galilee, the crowd of people were already waiting for them on the other side.

Jesus saw the crowds, but He wasn't frustrated or angry. He didn't tell them to go away. Instead, He had compassion on them because they were lost—like sheep without a shepherd. Jesus is the Good Shepherd who seeks and saves the lost. (See Luke 19:10; John 10:14.)

The miracle Jesus performed that evening—feeding 5,000 men plus women and children—is the only miracle during Jesus' earthly ministry that is recorded in all four Gospels. The same God who provided manna for the Israelites in the wilderness multiplied loaves and fish to satisfy the crowd.

But Jesus' didn't intend to only meet people's physical needs. He came to satisfy their spiritual needs as well. In John 6:35, Jesus said, "I am the bread of life." He said that no one who comes to Him will ever be hungry, and no one who believes in Him will ever be thirsty again.

Jesus is the bread that came down from heaven. (See John 6:41.) God provided His Son as the perfect sacrifice to take away our sins. At the first Lord's Supper, Jesus broke bread—a symbol of His death on the cross. (See Matt. 26:26.)

As you teach preschoolers this Bible story, help them know that God can and will provide for our needs. Preschoolers can trust Him for their "daily bread." (See Matt. 6:11.) God met our greatest need in giving us salvation through Jesus. Will He not graciously give us all things? (Rom. 8:32)

Vision for Grace Airways  
We navigate the scriptures,  
training up bold disciples,  
on our ongoing journey to Jesus!

### Gospel—Centered Preparation:

The heart of preparation is rooted in your understanding of the gospel and your personal application of the story.

#### After your study ask yourself:

- How do the verse and Big Picture Question connect to this story?
- What am I excited to teach from this passage?
- The main point this week is: \_\_\_\_\_
- Where is the gospel in this story?

## February Focus: Jesus the Miracle Worker



### **Feb 1st: Jesus Calmed a Storm**

*Matt 8, Mark 4-5, Luke 8*

**Story point:** Jesus calmed a storm



### **Feb 8th: Jesus Fed a Crowd**

*Matt 14, Mark 6, Luke 9, John 6*

**Story Point:** Jesus fed a crowd



### **Feb 15th: Jesus Walked on Water**

*Matt 14, Mark 6, John 6*

**Story Point:** Jesus walked on water



### **Feb 22nd: Jesus Showed His Glory**

*Matt 17, Mark 9, Luke 9*

**Story Point:** Jesus showed His glory to Peter, James, and John



## Co-Pilot—Included Preparation:

**On a Sunday morning, the Pilot is leading everyone in our ongoing journey to Jesus**— that includes both flyers and Co -Pilots! The more consistency and continuity we have between Pilots, the better we can prepare our helpers to succeed and grow! With that consistency comes the mentorship aspect for our youth volunteers in particular, and utilizing our adult co -pilots as well: sharing activities, engaging them in the morning, and encouraging their involvement.

**As you prepare for the lesson, ask yourself:**

- **Does my planning allow for Co-Pilot participation throughout the morning?**
- **How did I prepare my Co-Pilot to help with classroom management?**
- **What specific activities will my Co-Pilot assist with today?**
- **In what ways can I encourage my Co-Pilot?**

### Engagement

- Sit with child during the story
- Playing alongside flyers
- Reengage chatty/distracted kids
- Ask to volunteer an example during discussion
- Help play to Co-Pilot's strengths

### Activities

- Attendance stickers
- Timeline
- Joining in the verse and BPQ&A
- Assigned to a specific flyer
- Helping find books in the Bible
- Leading crafts & songs

### Encouragement

- Thank you for stepping in there!
- You did a great job with \_\_\_\_\_.
- You really helped me while I was \_\_\_\_\_.
- Thank you for being \_\_\_\_\_'s buddy today.
- Your help really made this morning go smoothly.
- \_\_\_\_\_ was the right thing to do. You handled it well!
- I'm so glad you are here today!

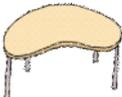
# Morning Routine



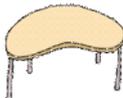
Stay with this order.

Adjust pictures on schedule according to your plan.

Review schedule with the children at the start of the morning.

	<b>Take Off</b> VBS song Verse/BPO	5 Min
	<b>Journey</b> Prayer Bible Story God Attributes	 10 Min
	<b>Flight Lab</b> Bible Story Activity	15 Min
	<b>Free Play</b> Inside or on playground	10 Min

At congregation last song—clean up/move inside

	<b>Pilot's Log</b> Prayer Take Home Page Settle and Review	 5 Min
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# 5 min Take Off

*Celebrate & being here! Introduce the morning*

## Gather

As the children enter, have them gather at the TV to begin with worship/singing.

Have your co-pilot check attendance.

## Song

Do a song or 2 of your choice as time allows to help children prepare for the lesson,

## Key passage

Transition from singing into the Verse Song. Lead the kids with the hand motions in the video!

**Lord my God, you have done many things—your wondrous works and your plans for us; none can compare with you.**

**Psalm 40:5**

## Big picture question

***Why did Jesus perform miracles?***

*Jesus performed miracles to show He is the Son of God.*

*Repeat the question 2-3 times for learning!*

## Transition to the Bible Story

Clap a simple rhythm for the children to copy, use a finger play, etc... Set expectations for the children: "my turn to talk, your turn to listen, eyes on me, hands in your lap"

Choosing the same transition every week works super well with child and kindergarten ages.

## Bible Connection Ideas

### Bible FingerPlay:

1, 2 (hold up fingers) The Bible is true (hands like book), God loves me (cross arms, point to me) and God loves you (cross arms, point to class)

### Bible Foundation Motions:

- The Bible is **True** (*thumbs up*)
- The Bible is How God **Speaks to Us** (*cup hands around mouth as if you were shouting*)
- The Bible is **Different** from other stories (*cross your arms and point in opposite directions*)
- The Bible points to **Jesus** (*ASL sign for Jesus*)

## Fingerplay Ideas

### Open Shut them:

*Hold hands in front as you open and shut them while saying:*

Open shut them, open shut them, give a little clap

Open shut them, open shut them, lay them in your lap.

Creep them creep them, slowly to your chin

Open wide your little mouth (pause), but do not let them in!

### Active Preparing to sit and listen:

I stomp my feet, I clap my hands, I jump up from the ground.

I stomp my feet, I clap my hands, I turn myself around.

I stomp my feet , I clap my hands, I sit myself right down

I stomp my feet (*while sitting*) , I clap my hands, I do not make a sound (*finger over lips, spoken in a whisper*).



# 10 Min Journey

*Where we travel into God's word*

## Introduce the Bible Story

Use our Bible Finger play each week to transition to the Story.

• God's Word tells us amazing true stories about Jesus. Today's story comes from all four Gospels. **Point to the Bible story picture on their timeline.** The Bible tells us the big story of how God rescues sinners through His Son, Jesus.

## Tell the Bible Story

Using the pictures, tell the Bible Story or watch the video (*This lesson is on pages 209-210 in the It's All About Jesus Bible Storybook*). Tell the story using your own words keeping eye-contact with the children.

• Jesus had been teaching and healing people all day. They got hungry, so Jesus told His disciples to feed them. The men knew they would need a lot of food. A boy offered his lunch, five loaves of bread and two fish, but that was not nearly enough. Jesus took the bread and fish, thanked God for it, and then broke it into pieces. **Jesus fed a crowd** of over 5,000 people. The next day, Jesus would say that He is the bread of life. Only Jesus can give us everything we need.

## Talk about the Bible Story

Show the Bible story picture as you ask the following questions.

1. **What did Jesus teach people?** (about God and His kingdom)
2. **How much food did the boy give to Jesus?** (five loaves of bread and two fish)
3. **Would 5 loaves of bread and 2 fish be enough to feed a crowd?** (no)
4. **Was five loaves and two fish enough for Jesus to feed a crowd?** (yes)
5. **How many people did Jesus feed?** (more than 5,000)
6. **Why did Jesus perform miracles?** *Jesus performed miracles to show He is the Son of God.*

**God's attributes-** helping the children understand what God is like, shown to us in the Bible. In today's story we see that God is:

**- Provider - Powerful**

**Have a student place the story picture on the 'timeline'**

## Age Appropriate Bible Story

Use your own words—Trust the Holy Spirit to speak through you

### Jesus Fed a Crowd — Matt 14; Mark 6; Luke 9; John 6

Jesus' disciples had been healing people and teaching them. They were working so hard, they did not even have time to eat! So Jesus said, "Let's go to a quiet place and rest."

Jesus and the disciples got into a boat to cross the sea, but people ran along the shore and followed them. A crowd of people was waiting when Jesus and His friends got to the other side of the sea. Jesus saw the crowd, and He cared about the people. They needed someone to help them and show them how to live. So Jesus taught the people about God and His kingdom, and He healed people who were sick.

Now it was getting late, and Jesus' disciples came to Him and said, "Tell the people to go get something to eat."

But Jesus said, "You give them something to eat."

The disciples were confused. "We can't feed this many people!" they said. "It would cost a lot of money to buy enough bread for them to eat."

"How many loaves of bread do you have?" Jesus asked.

One of Jesus' friends said, "A boy here has five loaves of bread and two fish, but that is not enough."

Jesus told the disciples to tell everyone to sit down. So all the people sat down on the grass. Jesus took the five loaves of bread and two fish. He looked up to heaven, and then He blessed the bread. Then Jesus broke the bread and fish into pieces and gave it to His disciples. They gave the food to the people, and everyone ate until full.

Then Jesus told the disciples to collect any leftover food. They collected 12 baskets full of bread and fish! Jesus fed about five thousand men that day, plus women and children.

**Christ Connection:** *Jesus gave the people food so they would not be hungry. The next day, Jesus said that He is the bread of life. (John 6:35) Only Jesus can give us everything we need. Jesus gives us forgiveness, peace with God, and life forever with Him.*

## Picture Card Lesson

*Use your own words—Trust the Holy Spirit to speak through you!*

**Jesus Fed a Crowd** — *Matt 14; Mark 6; Luke 9; John 6*

**Card 1:** Jesus' disciples had been healing people and teaching them. They were working so hard, they did not even have time to eat! So Jesus said, "Let's go to a quiet place and rest."

**Card 2:** A crowd of people followed them, and Jesus taught the crowd about God and his Kingdom. It was late and the disciples came to Jesus and said, "Tell the people to go get something to eat." But Jesus said, "You give them something to eat."

**Card 3:** "We can't feed this many people!" they said. "It would cost a lot of money." "How many loaves of bread do you have?" Jesus asked. A boy from the crowd brought five loaves of bread and two fish to Jesus, but it wasn't enough. But Jesus told the disciples to tell everyone to sit down.

**Card 4:** Jesus took the five loaves of bread and two fish. He looked up to heaven, and then He blessed the bread. Then the disciples gave the food to all the people and everyone ate until full.

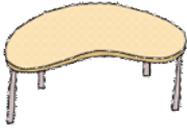
**Card 5:** Then Jesus told the disciples to collect any leftover food. They collected 12 baskets full of bread and fish! Jesus fed about five thousand men that day, plus women and children.

**Christ Connection:** *Jesus gave the people food so they would not be hungry. The next day, Jesus said that He is the bread of life. (John 6:35) Only Jesus can give us everything we need. Jesus gives us forgiveness, peace with God, and life forever with Him.*

### Bible Storytelling Tips:

**Play out a picnic:** Place a large picnic or stadium blanket on the floor. Sit with the children on the blanket and tell the Bible story. Display bread and fish on a plate for children to see.

**Tell the story outside:** Lead preschoolers outside using a walking rope, if possible. Gather onto a large sheet or blanket. Sit in a shady place to tell the Bible story.



# 15 min Flight lab

*Learning the story in an interactive way*

*Choose from below or use your own idea-however the Lord leads.  
Then go into free-play.*

## **Get into groups**

Gather the children into one large group. Tell the children that you are going to randomly call out a number from one to five and they are to get into small groups of that number and sit down. For example, call out “two.” Children will get into groups of two and sit down. Children that are “left over” will help you “check” the groups to make sure there are the right number of people in each group. After all the groups are formed, gather everyone back into the same large group and call out another number. Play as time allows, offering assistance as needed.

- Good job sitting in groups! In today’s Bible story, Jesus was teaching a very large group of people. It was getting late, and the people needed something to eat. Jesus instructed them to get into groups and to sit down on the grass. Listen to the story to hear how **Jesus fed a crowd** with just a little food.

## **Play out a picnic**

Set out a picnic basket, blanket, plastic picnic dishes, and play food. Encourage children to spread out the blanket and arrange the dishes on the blanket as if they are sitting down for a picnic. Then, encourage the children to place the food on the dishes and pretend that they are having an outdoor picnic.

- Today, we will hear a Bible story about how **Jesus fed a crowd** of people after He finished teaching them about God. They ate their food while seated on the ground outside. It was a little like our picnic here.

## **Gather “bread” in a basket**

Crumple pieces of paper and spread the paper wads around the room. Make sure there are enough paper wads for each child to retrieve several. Display the bin or basket. Invite children to retrieve several. Display the bin or basket.

. Invite children to pretend the paper wads are pieces of bread. Guide them to scatter around the room, picking up the “bread,” and tossing it into the basket.

- We pretended to toss bread into a basket. **Jesus fed a crowd** of over 5,000 people with just five loaves of bread and two fish. He fed the people so that they would not be hungry. All the people ate until they were full, and then Jesus’ friends gathered 12 baskets of leftover food. Jesus did an amazing miracle that only He could have done. ***Why did Jesus perform miracles? Jesus performed miracles to show that He is the Son of God.*** Jesus is the bread of life. He gives us everything we need.

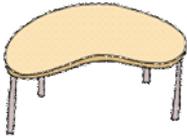
## **Paint bread**

Post an Allergy Alert. Pour a small amount of milk into several foam bowls. Place a few drops of food color in each cup of milk and mix thoroughly. Give a child a slice of bread on a foam plate. Lead her to paint her bread with the colored milk using a clean paintbrush. When children finish painting their bread, show them how to sprinkle a little bit of cinnamon and sugar on top. Set up a toaster oven in a safe place. Toast each child’s bread to serve during snack.

- In a little while, we will eat our painted bread for a snack so that we will not be hungry. Jesus fed the people some food so that they would not be hungry. In the Book of John in the Bible, Jesus called Himself the bread of life. **Jesus fed a crowd**, but He came to do so much more. Jesus gives us everything we need. Jesus will give us forgiveness, peace with God, and life forever when we trust in Him.

## **Sort fish**

Stack sheets of red, yellow, and blue construction paper. Cut out simple fish shapes, large and small, before the session. Guide children to sort the fish by color or size. Retell the Bible story.



# 5 Min Pilot's Log

*Where we prepare to go home*

After flight lab, allow the children to play. **When congregation begins last song, move to the tables.**

## ***Pause and settle***

- Signal the end of free play, (use the time-timer to count down)
- Sing the clean-up song and guide children to clean their areas. Wash hands or use hand sanitizer if needed.
- Have children sit around the table.

## ***ALWAYS CLOSE THE MORNING WITH PRAYER.***

***This is how we model incorporating prayer into their lives.***

- After prayer, hand out the activity/coloring page. Direct children accordingly to complete the page. Remind children of what they can take away from today's lesson.

If a child finishes the activity/coloring page while waiting for mom and dad or is not interested, only offer options that can be completed at the table (playdough, puzzle, select a book to examine, practice the verse, etc) **Keep children at the table to maintain a calm and quiet environment for easy transition to mom and dad.**

When parents pick up their children, as appropriate share something their child enjoyed doing or did well during the morning.

**Be sure that the Co-Pilots hand out the Activity sheet to each child or to parents. Have your Co-Pilot encourage parents to use this to talk to their kids about what they learned in class today.**

## PREK/K Prayer Extra Ideas:

**Prayer Chain** — in small groups, ask children for their prayer requests and have the Pilot or Co-Pilot write them on a few strips of paper. Connect strips into a chain and display our growing conversation with the Lord. Feel free to revisit old prayer requests as well.

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**Pointing to a Globe** — Have a child or Co-Pilot spin the globe and place their finger on a country. Place a star sticker on the place(s) and pray over it as a group. We will provide a PreK/K age geography book to help guide discussion and prayer. Even if you don't know anything about the country, we can lift up the people, pray for Jesus, light to shine there, the Gospel to be active there, and churches to grow, etc.

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**Looking out the Window** — Grab a dry-erase marker, have the kids gather at the windows, and look outside. Ask the children to look for 3 things they can see out of the window to pray over. Using the dry-erase marker, write or draw these things on the window then pray over them.

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**Preschool Carpet Bag Prayers**— Choose an item(s) out of the carpet bag. Discuss the item and different people/things the item could represent (car—driving safely, mechanics, trips, first responders, etc) Encourage kids to “think outside the bag” and help them make connections. Pray over the people, places, and things that were discussed.

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**Head Shoulders Knees and Toes**—Pray through the song.

- Head (mind, imagination, thoughts, creativity)
- Shoulders (physical strength, things we might be dealing with)
- Knees (dancing, playing, jumping, etc.)
- Toes (walking and following after Jesus, standing strong in our faith)
- Eyes, ears, mouth & nose (seeing goodness, listening to Him, speaking truthful words, our senses, etc.)

**You're  
ready for  
Sunday!**

