

# LOWER ELEM Flight Plan February 8th

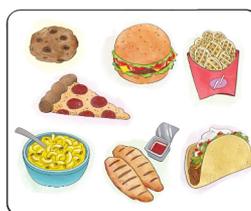


<p><b>Lesson</b></p>	<p><b>Jesus Fed a Crowd</b></p>
<p><b>Bible Passage</b></p>	<p>Matthew 14, Mark 6, Luke 9, John 6</p>
<p><b>Story Point</b></p>	<p>Jesus miraculously fed a crowd with five loaves and two fish.</p>
<p><b>Key Passage</b></p>	<p>“Lord my God, you have done many things— your wondrous works and your plans for us; none can compare with you. If I were to report and speak of them, they are more than can be told.” Psalm 40:5</p>
<p><b>Big Picture Q &amp; A</b></p>	<p><b>Why did Jesus perform miracles?</b> Jesus performed miracles to glorify God, to show He is the Son of God, and to care for people.</p>



## A Simple Feast

**INSTRUCTIONS:** Cook the one food you would serve if you had no table & large flat mat with only two loaves of bread.



**INSTRUCTIONS:** Cook the one food you would serve if you had no table & large flat mat with only two loaves of bread.

**INSTRUCTIONS:** Cook the one food you would serve if you had no table & large flat mat with only two loaves of bread.

**WHAT TO DO:**  
- Jesus and the disciples walked back to the boat.  
- They sat down on the boat.  
- Jesus took the five loaves of bread and gave thanks.  
- He broke the bread and gave it to the disciples.  
- The disciples gave it to the people.  
- The people ate and were satisfied.  
- There were twelve baskets of bread left over.

**WHAT TO DO:**  
- Jesus and the disciples walked back to the boat.  
- They sat down on the boat.  
- Jesus took the five loaves of bread and gave thanks.  
- He broke the bread and gave it to the disciples.  
- The disciples gave it to the people.  
- The people ate and were satisfied.  
- There were twelve baskets of bread left over.

**WHAT TO DO:**  
- Jesus and the disciples walked back to the boat.  
- They sat down on the boat.  
- Jesus took the five loaves of bread and gave thanks.  
- He broke the bread and gave it to the disciples.  
- The disciples gave it to the people.  
- The people ate and were satisfied.  
- There were twelve baskets of bread left over.

**WHAT TO DO:**  
- Jesus and the disciples walked back to the boat.  
- They sat down on the boat.  
- Jesus took the five loaves of bread and gave thanks.  
- He broke the bread and gave it to the disciples.  
- The disciples gave it to the people.  
- The people ate and were satisfied.  
- There were twelve baskets of bread left over.

**WHAT TO DO:**  
- Jesus and the disciples walked back to the boat.  
- They sat down on the boat.  
- Jesus took the five loaves of bread and gave thanks.  
- He broke the bread and gave it to the disciples.  
- The disciples gave it to the people.  
- The people ate and were satisfied.  
- There were twelve baskets of bread left over.

# leader bible study

Jesus' disciples had been working hard, teaching people and healing them. Jesus called them to go away with Him to a desolate place so they could rest. By now, Jesus' popularity was so great that finding a place to be alone was difficult. When Jesus and His disciples crossed the Sea of Galilee, the crowd of people were already waiting for them on the other side.

Jesus saw the crowds, but He wasn't frustrated or angry. He didn't tell them to go away. Instead, He had compassion on them because they were lost—like sheep without a shepherd. Jesus is the Good Shepherd who seeks and saves the lost. (See Luke 19:10; John 10:14.)

The miracle Jesus performed that evening—feeding 5,000 men plus women and children—is the only miracle during Jesus' earthly ministry that is recorded in all four Gospels. The same God who provided manna for the Israelites in the wilderness multiplied loaves and fish to satisfy the crowd.

But Jesus' didn't intend to only meet people's physical needs. He came to satisfy their spiritual needs as well. In John 6:35, Jesus said, "I am the bread of life." He said that no one who comes to Him will ever be hungry, and no one who believes in Him will ever be thirsty again.

Jesus is the bread that came down from heaven. (See John 6:41.) God provided His Son as the perfect sacrifice to take away our sins. At the first Lord's Supper, Jesus broke bread—a symbol of His death on the cross. (See Matt. 26:26.)

As you teach kids this Bible story, help them know that God can and will provide for our needs. Kids can trust Him for their "daily bread." (See Matt. 6:11.) God met our greatest need in giving us salvation through Jesus. Will He not graciously give us all things? (Rom. 8:32)

**Vision for Grace Airways**  
We navigate the scriptures,  
training up bold disciples,  
on our ongoing journey to Jesus!

## Gospel—Centered Preparation:

The heart of preparation is rooted in your understanding of the gospel and your personal application of the story.

### After your study ask yourself:

- How do the verse and Big Picture Question connect to this story?
- What am I excited to teach from this passage?
- The main point this week is: \_\_\_\_\_
- Where is the gospel in this story?

## February Focus: Jesus shows He is God



### **FEB 1st: Jesus Calmed a Storm**

*Matthew 8, Mark 4-5, Luke 8*

**Story point:** Jesus calmed a storm to show the disciples He is God



### **FEB 8th: Jesus Fed a Crowd**

*Matthew 14, Mark 6, Luke 9, John 6*

**Story Point:** Jesus miraculously fed a crowd with five loaves and two fish.



### **FEB 15th: Jesus Walked on Water**

*Matthew 14, Mark 6, John 6*

**Story Point:** Jesus showed He is God by walking on water.



### **FEB 22nd: Jesus Showed His Glory**

*Matthew 17, Mark 9, Luke 9*

**Story Point:** Jesus showed His glory to Peter, James and John.



## Co-Pilot—Included Preparation:

On a Sunday morning, the Pilot is leading everyone in our ongoing journey to Jesus— that includes both flyers and Co-Pilots! The more consistency and continuity we have between Pilots, the better we can prepare our helpers to succeed and grow! With that consistency comes the mentorship aspect for our youth volunteers in particular, and utilizing our adult co-pilots as well: sharing activities, engaging them in the morning, and encouraging their involvement.

As you prepare for the lesson, ask yourself:

- Does my planning allow for Co-Pilot participation throughout the morning?
- How did I prepare my Co-Pilot to help with classroom management?
- What specific activities will my Co-Pilot assist with today?
- In what ways can I encourage my Co-Pilot?

### Engagement

- Sit with child during the story
- Playing alongside flyers
- Reengage chatty/distracted kids
- Ask to volunteer an example during discussion
- Help play to Co-Pilot's strengths

### Activities

- Attendance stickers
- Timeline
- Joining in the verse and BPQ&A
- Assigned to a specific flyer
- Helping find books in the Bible
- Leading crafts & songs

### Encouragement

- Thank you for stepping in there!
- You did a great job with \_\_\_\_\_.
- You really helped me while I was \_\_\_\_\_.
- Thank you for being \_\_\_\_\_'s buddy today.
- Your help really made this morning go smoothly.
- \_\_\_\_\_ was the right thing to do. You handled it well!
- I'm so glad you are here today!

# Sunday Morning Flight Plan



## Take Off

- Open in Prayer
- Hook
- BPO and A & Key Passage
- Timeline & Introduce Story

10 Min

## Journey

- Attendance & Bible Sticker
- Bible Story
- God's Attributes

15 Min

## Flight Lab

- Experience of the Bible Story  
(Make connections through an activity & motion)

15 Min

## Pilot's Log

- Pray
- Calm activity during pick-up
- Give activity sheets to parents as they pick up students

5 Min

PICK UP:

First Service:  
Around 9:45

Second Service:  
Around 11:45



# 10 min Take Off

*Celebrate being here! Introduce the morning.*

## Open in Prayer

### Hook

Prompt kids to talk about how they behave when they are really hungry. Do they get cranky when they are hungry? Today we will learn about a time many people were growing very hungry and how Jesus provided for them.

### Big Picture Question

Our big picture question is all about Jesus' miracles. Jesus didn't do miracles just to impress people. ***Why did Jesus perform miracles?*** A miracle is something amazing done with God's power that would normally be impossible. Remember, the answer has three explanations for why Jesus performed miracles. ***Jesus performed miracles [hold up one finger] to glorify God, [hold up a second finger] to show He is the Son of God, and [hold up a third finger] to care for people.***

### Key Passage

Show the key passage poster. Lead the boys and girls to read together Psalm 40:5. God's works and plans are good. Everything He does is right. We can trust Him to meet our needs and keep all His promises.

### Timeline/Introduce Bible Story:

Last time we heard the story of Jesus' calming a storm. Jesus' disciples knew Jesus was a good man and a good teacher. But when Jesus calmed the wind and the waves, He showed His disciples that He is also God. God rules the sea and stills its waves. [See Ps. 89:9.] As God the Son, Jesus has power over nature. Today's Bible story is called "Jesus Fed a Crowd." What do you think we will learn about Jesus today? Let's find out.

Transition to Bible Story: (OPTIONAL) Show the Bible Story Video.



# 15 Min Journey

*Where we travel into God's word*

## Bible Story

Open your Bible to **Matthew 14; Mark 6; Luke 9; John 6**. Read from the Bible or use your storytelling skills to help you tell the story.

Sometimes I think about how frustrated the disciples probably felt at the start of this story. They were tired, hungry, and trying to get a break from the crowd of people who all followed Jesus. When they saw the huge crowd waiting for Jesus on the other side of the Sea of Galilee, they probably had a lot of anger bubbling up inside them. I know I would have.

But how did Jesus respond? The Bible tells us that He saw them and felt compassion. He knew that the crowd was filled with people who were like lost sheep. Jesus is the Good Shepherd, and He wanted to take care of the people.

Jesus didn't say, "Don't worry, I'm going to do a miracle to feed everyone." Instead, He helped His disciples take on the challenge a little bit at a time. First, they found what little food was available. Then, they helped get the whole crowd seated. Next, they passed out the food bit by bit. It's possible they kept expecting the food to run out after each person. But by the end, they had gathered more in leftovers than they had to begin with! **Jesus miraculously fed a crowd with five loaves and two fish.**



*In a way, this can help us see what following Jesus can be like. We won't usually know ahead of time what God's plan for us is. Sometimes we might feel frustrated or overwhelmed. But we can trust Jesus each step of the way. His plans are perfect. He will help us push through and obey. By feeding the five thousand, Jesus provided for the physical needs of the crowd. The next day, Jesus called Himself the bread of life. (John 6:35) Only Jesus is able to satisfy our souls forever by providing forgiveness, peace with God, and eternal life.*

# Jesus Fed a Crowd

Matthew 14; Mark 6; Luke 9; John 6

**STORY POINT: JESUS MIRACULOUSLY FED A CROWD WITH FIVE LOAVES AND TWO FISH.**

Jesus' disciples had been healing people and teaching them. So Jesus said to them, "Let's go to a quiet place where we can be alone and get some rest." Jesus and His disciples got into a boat to cross the Sea of Galilee, but many people ran ahead of Jesus. When Jesus and His disciples got to the shore, the people were already there waiting for them. Jesus saw the crowd and He cared about them because they were like sheep who needed a shepherd. So Jesus taught the people many things about God's kingdom, and He healed people who were sick.

By this time, it was late in the day. Jesus' disciples came to Him and said, "Tell the people to go away to buy themselves something to eat." But Jesus said, "You give them something to eat."

Jesus' disciples were confused. "We can't feed this many people," they said. Jesus asked them, "How many loaves of bread do you have? Go look." Jesus' disciple Andrew said, "A boy here has five loaves and two fish."

Jesus took the five loaves of bread and the two fish. He looked up to heaven, and then He blessed the bread. The disciples passed out the food to the people, and everyone ate until they were full. Jesus fed about five thousand men that day, plus women and children.



*Christ Connection: By feeding the five thousand, Jesus provided for the physical needs of the crowd. The next day, Jesus called Himself the bread of life. (John 6:35) Only Jesus is able to satisfy our souls forever by providing forgiveness, peace with God, and eternal life.*

## Discussion & Bible Skills

Distribute a Bible to each kid. Help kids find one of the accounts of Jesus' feeding five thousand. (*Matthew 14; Mark 6; Luke 9; or John 6*) Discuss the four gospels. Remind the kids that each gospel tells the story of Jesus' life, death, and resurrection, each from a slightly different perspective. Remind kids that all four are perfectly true. Lead the group to discuss:

1. **Why had Jesus and His disciples crossed over the Sea of Galilee?** (*to be alone, Matt. 14:13*)
2. **What did the disciples want to do with the hungry crowd of people?** (*send them away to buy their own food, Matt. 14:15*)
3. **How many baskets full of leftovers did the disciples gather?** (*12, Matt. 14:20*)
4. **What does this story show about Jesus?** *think about the compassion Jesus shows. Jesus wants to meet the needs of people. He met their physical needs by healing them and feeding them, but also meets spiritual needs. Jesus taught about God*
5. **Why did Jesus call himself the bread of life?** *think about the role of bread in Old Testament stories. Remind them about the manna God provided and the significance of the unleavened bread at Passover. Help them see that, just as bread represents a basic necessity—food—Jesus is necessary to have spiritual life with God.*
6. **How can we learn to trust Jesus more?** *Guide kids to discuss ways we can grow in faith, such as studying the Bible, gathering together as a church, praying, and even fasting. Help kids understand what those disciplines are and how we do them.*

**God's attributes-** helping the children understand what God is like, shown to us in the Bible. In today's story we see that God is:

- Powerful -Provider

## Travel Guide:

Use the travel guide for maps, charts, etc... as useful with helping the children learn and understand today's story.



15 min

# Flight Lab

*Instill Wonder as you experience the Bible*  
**CHOOSE ONE ACTIVITY**

## Key Passage Activity

Write each word or phrase of the key passage on a separate index card. For larger groups, you may wish to make more than one set. Mix up the cards and distribute them among the kids. Challenge the kids to see how quickly they can arrange the cards in the correct order.

## Hot Bread

Instruct the kids to sit in a circle. Provide one kid with a beanbag, paper wad, or small ball. Tell him to imagine it is a hot loaf of bread fresh from an oven. Play music or sing a song. While the music plays, the kids will pass the “loaf” around the circle. At random intervals, stop the music. The kid holding the “loaf” must say how much bread she could eat and then sit out the rest of the round. Play as time allows or until one kid remains.

- One loaf of bread might be enough for all of us to eat, but do you think five loaves would be enough for more than 5,000 people? No way! Today we learned about a time Jesus used five loaves to miraculously feed thousands and thousands of people.

## Fish in the Sea

Encourage children to select a colorful chenille stem and a few beads. Show children how to bend their chenille stem at the middle to make their fish’s nose. Then guide them to thread pony beads on each end of the chenille stem. Help children tightly twist the ends of their stems together about an inch from the end of the chenille stems. Bend out the wire ends to create the tail of the fish. Use tape to cover any sharp points. Discuss how many of the kids like to eat fish. Ask if they would rather eat bread, fish, or both.

- Look at all the fish you made! A boy offered Jesus two fish and five loaves of bread to feed the hungry crowd of people. That was not enough food for so many people. But with that little bit of food, **Jesus fed a crowd** of over 5,000 people. Only Jesus can give us everything we need. Jesus gives us forgiveness, peace with God, and life forever with Him.

## More Than Enough

Ask the kids to sit in a circle. Provide one kid with a sheet of brown construction paper. Instruct her to tear off a small amount and pass the rest of the sheet to her right.

Each kid will follow suit, tearing off a small bit and passing the rest. Count how many times the single sheet can go around the circle before it is all torn.

- It doesn't matter how small of a piece you tear off, eventually, the sheet of paper would be gone. **Jesus miraculously fed a crowd with five loaves and two fish.** No matter how much of the bread or fish people ate, there was always more left for the next person. The Bible tells us that at the end of the meal, the disciples collected the leftover scraps. It was more than they had when they started!

In a way, this is like Jesus. No matter how many people we share Jesus with, He is always more than enough. His power never runs out, so there is no one whom Jesus cannot save. Everyone who trusts in Jesus for salvation will have eternal life with God. Jesus is the greatest treasure and the best provision we can have. And because He is more than enough, sharing His love will never decrease the amount of love He still has for us.

## Food Charades

Before the session, list various foods on separate index cards: *corn on the cob, popcorn, taco, sandwich, ice cream, soup, cereal, hot dog, chips, spaghetti*, and so on. Call on one kid at a time to draw a card and act out preparing and eating the food. The group should try to guess the food.

- Show me how you might eat bread and fish. [*Pause for kids to respond.*] In the Bible story we will hear today, Jesus and His disciples were with a large crowd of people, and they didn't have anything to eat. Jesus told the disciples to give the people something to eat. Let's find out what they did.

## Grocery List

Tape a large sheet of paper to a focal wall. Form two or more teams of kids. Give each team a pen. Explain that kids will make a grocery list. Write the word *bread* at the top of the list. Explain that when a team adds an item to the list, the item must begin with the last letter of the previous word. For example, the second word must begin with *d* because *bread* ends with *d*.

A team can quietly discuss and send one team member to add an item to the list. Then play passes to the next team. Continue as time allows or until kids run out of ideas.

(Sample sequence: bread, donut, tomato, oatmeal, lasagna, apple, egg, ginger, radish, honey, yogurt, tuna, asparagus, spinach)

- Imagine the grocery list you would need to buy enough food to feed more than 5,000 people! In today's Bible story, we will see how Jesus fed a crowd with just five loaves of bread and two fish.



# 5 min Pilot's log

*Where we prepare to depart.*

## **Pray:**

If time, share prayer requests and allow kids to record in the **prayer journal section of their *Travel Guide***.

**ALWAYS CLOSE THE MORNING WITH PRAYER.**

This is how we model incorporating prayer into their lives.

## **Waiting for parents/Activity Page:**

Tie back into the lesson, remind them of the Big Picture Question/verse, etc...

Be sure to **re-set expectations on what their choices are while waiting for mom and dad:**

- Activity page
- Key Passage Activity (See next page for list of options)
- Coloring page
- Gospel Kit Activities
- Anything quiet at the tables you are ok with (*origami, free draw on blank paper, hangman game at white board, putting Book of the Bible cards in order, etc....*)

**Be sure that the Co-Pilots hand out the Activity sheet to each child or to parents so they can go home with families.**

## Key Passage Review Extra Ideas:

Invite kids to sit around tables. Give each kid a pencil. Show the key passage poster and lead them to read it aloud.

Give a piece of paper to one kid at each table. Instruct him to write down the first word of the key passage and pass the paper to the person on his right. That person will write down the second word, pass the paper to her right, and so on. Kids will pass the paper around the table, writing one word at a time until they finish the key passage. When kids finish, invite groups one at a time to say the key passage together.

\*\*\*

Display the key passage poster. Lead the kids to read it aloud. Then challenge them to read it in various ways: whispering, shouting, quickly, slowly, and so on.

\*\*\*

Form two groups of kids. Call on the first group to say the key passage together. Then call on the second group to say it.

Prompt the first group to say the passage a few phrases at a time, pausing for the second group to echo. When kids finish saying the key passage, lead the second group to begin and the first group to echo.

\*\*\*

Instruct kids to sit or stand in a circle. Choose one kid to begin by saying the first word of the key passage. Guide kids to say the key passage, one word at a time, moving around the circle.

*Allow kids to look at the key passage poster if they need help remembering the words.* Continue around the circle a few times. Consider shouting, "Switch!" and letting kids move to another place in the circle before playing again. *Or toss the ball to different kids rather than go in order.*

\*\*\*

Before the session, write out the key passage on a chalkboard or dry erase board in eight separate phrases. Display the phrases where kids can see them. Give each kid a marker and eight craft sticks. Instruct kids to copy from the board, writing each phrase on a separate stick. Then instruct kids to mix up their sticks and then quickly rearrange the phrases in the correct order. Kids may work individually or in pairs. Provide rubber bands for kids to bundle their sticks and keep them as a method of practicing the key passage during the week.

## Prayer Extra Ideas:

**Prayer Chain**—In small groups, ask children/co-pilot to write prayer requests on a few paper strips. Connect paper strips into a chain and display our growing conversation to the Lord. Feel free to revisit older requests as well.

\*\*\*

**Painted Rocks**—Have each child choose a painted rock to write on. Write a word of encouragement, a word about Jesus, a name, etc. The goal is to take it with them and place it somewhere near their typical living space—a neighbor’s house, a store, a playground, etc. Then pray over the place or the people who are there.

\*\*\*

**Pointing to a Map**—Choose one or two kiddos to spin/close their eyes/find a certain color (you can be creative and have fun) and point to a country on the map. Place a pin in the place(s) and pray over it as a group. Even if you don’t know anything about the country, we can lift up the people, pray for Jesus’ light to shine there, the Gospel to be active there, and churches to grow, etc.

\*\*\*

**Looking out the Window**—Grab a dry erase marker, have the kids gather at the windows, and look outside. Ask the children to look for 3 things they can see out of the window to pray over. Using the dry erase marker, write those things on the window (Pre-K & K may draw things) and then pray over those things. Feel free to leave them on the window, so whenever we look through, those things are brought to our mind to pray for again.

\*\*\*

**Head Shoulders Knees and Toes**—Pray through the song.

- Head (mind, imagination, thoughts, creativity)
- Shoulders (physical strength, things we might be dealing with)
- Knees (dancing, playing, jumping, etc.)
- Toes (walking and following after Jesus, standing strong in our faith)
- Eyes, ears, mouth & nose (seeing goodness, listening to Him, speaking truthful words, our senses, etc.)

\*\*\*

**Preschool Carpet Bag Prayers**— Choose an item(s) out of the carpet bag. Discuss the item and different people/things the item could represent (car—driving safely, mechanics, trips, first responders, etc) Encourage kids to “think outside the bag” and help them make connections. Pray over the people, places, and things that were discussed.

You're  
ready  
for  
Sunday!

